

COMPLETE OVERALL RESULTS

2014 Kinetic Half 2014

Spotsylvania, VA 5/10/14 9:00am

Directed By Virginia Triathlon Series

Place Rank	Bib Co Rank	Ag S	NAME	city/state	Rank	SWIM Rank	T1
			T2 Rank	RUN PENALTY	TIME DQ		
1	204	44 M	Kelly Williamson	Fairfax VA	24	30:29	59 2:26
1	2:11:32	29	1:11 4	1:27:33			
2	87	37 M	Robert Green	Midlothian VA	6	27:16	4 1:33
2	2:18:04	2	0:44 13	1:31:44			
3	524	26 M	Jacob Gilden	Arlington VA	64	32:33	86 2:41
11	2:24:29	27	1:09 1	1:21:56			
4	254	40 M	Brian Lovett	Allentown PA	3	25:54	7 1:46
12	2:24:51	3	0:53 10	1:30:32			
5	415	39 M	Brady Dehoust	Reston VA	59	32:20	104 2:47
5	2:20:52	19	1:06 3	1:27:23			
6	392	29 M	Matt Mlachak	Poquoson VA	128	35:25	23 2:05
9	2:23:56	46	1:19 9	1:29:56			
7	2:22:26	170	2:11 21	1:34:34			
8	279	28 M	Ryan Hunt	Washington DC	88	33:35	41 2:19
33	2:32:00	20	1:06 2	1:24:10			
9	283	23 M	Quinn Giroux	Blacksburg VA	1	24:31	3 1:31
29	2:30:42	14	1:02 24	1:35:35			
10	205	40 M	Joel Bell	Virginia Beach VA	48	31:41	17 2:02
6	2:21:20	5	0:55 44	1:39:43			
11	525	33 M	Daniel Royce	Richmond VA	2	25:47	21 2:05
34	2:32:03	10	0:58 28	1:36:54			
12	320	44 M	Darren Wrigley	Warrenton VA	124	35:15	37 2:15
10	2:24:23	15	1:03 22	1:35:08			
13	3 MM	37 M	Kevin Soeder	Jacksonville NC	137	35:46	24 2:06
30	2:31:18	9	0:58 6	1:28:07			
14	227	43 M	Terry Mannion Jr	West Chester PA	41	31:15	27 2:06
23	2:29:31	95	1:38 20	1:34:31			
15	143	27 M	Ronald Papa	Arlington VA	4	26:50	116 2:56
62	2:36:59	38	1:15 12	1:31:25			
16	268	38 M	Chad Wolf	Alexandria VA	44	31:23	70 2:33
26	2:30:12	57	1:22 16	1:33:58			
17	344	44 M	John Schlosser	Kennett Square PA	22	30:22	49 2:23
8	2:23:16	82	1:31 34	1:38:41	4:00	4:40:10	
18	63	45 M	Steven Smith	Hampton VA	40	31:13	148 3:12
28	2:30:42	54	1:21 11	1:30:33	4:00	4:40:59	
19	151	36 M	Adam Goerge	Ruckersville VA	72	32:51	48 2:22
35	2:32:18	41	1:17 19	1:34:22			
20	110	24 M	Mohammad Saad	Cary NC	135	35:44	94 2:43
49	2:35:24	75	1:28 5	1:27:54			
21	385	23 M	Wyatt Lowdermilk	Blacksburg VA	75	32:53	56 2:25
16	2:27:34	36	1:14 41	1:39:35			
22	336	35 M	Jack Basile	Macungie PA	78	32:55	9 1:55
18	2:28:13	8	0:58 54	1:41:58			
23	29	47 M	Patrick Leonard	Falls Church VA	99	34:04	95 2:44
17	2:27:56	127	1:48 45	1:39:43			
24	85	24 M	James Sheridan	Ellicott City MD	29	30:37	6 1:43
45	2:35:08	26	1:08 32	1:38:13			
25	31	47 M	Scott Baldwin	Reston VA	74	32:53	66 2:31
47	2:35:17	16	1:04 23	1:35:11			
26	358	52 M	David Phillips	Arlington VA	109	34:45	134 3:08
24	2:29:37	70	1:27 30	1:38:01			
27	79	23 M	Ian Rappaport	Charlottesville VA	97	34:02	5 1:43
20	2:28:23	39	1:16 53	1:41:42			
28	215	20 M	Dylan Keightley	Alexandria VA	5	26:53	39 2:16
113	2:43:26	122	1:46 18	1:34:18			
29	331	40 M	Bryson Filbert	Potomac MD	35	30:59	57 2:26
40	2:34:28	121	1:46 43	1:39:37			
30	399	33 M	Andrew Cross	Kailua HI	133	35:41	8 1:47

32	2:31:49	84	1:33	37	1:39:15	4:50:02				
31.	98	29	M	Steven Keller	Newport News VA	60	32:25	51	2:23	
36	2:33:26	45	1:19	49	1:40:52	4:50:23				
32.	315	39	M	Geoffrey Defilippi	Fredericksburg VA	20	29:47	44	2:20	
68	2:37:42	40	1:17	39	1:39:21	4:50:26				
33.	276	47	M	John Fitzgerald	Chesapeake VA	92	33:48	38	2:16	
41	2:34:31	7	0:56	38	1:39:20	4:50:49				
34.	2	MM	27	M	Craig Miller	Alexandria VA	47	31:36	10	1:55
43	2:35:01	12	0:59	51	1:41:22	4:50:51				
35.	56	42	M	Adam Frager	Newport News VA	52	31:56	45	2:21	
31	2:31:36	74	1:27	61	1:43:58	4:51:16				
36.	370	33	M	Michael Wolfe	Virginia Beach VA	127	35:20	122	2:58	
64	2:37:10	24	1:07	26	1:35:55	4:52:29				
37.	348	38	M	James Wilson	Washington DC	171	37:00	36	2:14	
14	2:26:41	49	1:20	70	1:45:43	4:52:57				
38.	224	49	M	Charles Smith	Roanoke VA	68	32:45	35	2:12	
27	2:30:14	44	1:18	76	1:46:43	4:53:09				
39.	338	35	M	Brady Nelson	Arlington VA	89	33:39	29	2:07	
51	2:35:27	33	1:13	52	1:41:23	4:53:46				
40.	352	35	M	Kai Fillion	Washington DC	166	36:53	353	5:10	
80	2:39:08	246	2:47	8	1:29:52	4:53:49				
41.	413	32	M	Charles Kaplan	Alexandria VA	104	34:34	78	2:38	
85	2:40:00	55	1:22	27	1:36:08	4:54:40				
42.	312	33	M	Matthew Diehl	Catasauqua PA	116	35:02	79	2:39	
15	2:27:32	21	1:06	86	1:48:30	4:54:46				
43.	528	37	M	John Dougherty	Richmond VA	56	32:11	100	2:46	
76	2:38:36	124	1:48	47	1:40:27	4:55:46				
44.	180	29	F	Sarah Breevoort	Charlottesville VA	85	33:21	47	2:22	
88	2:40:20	83	1:32	33	1:38:16	4:55:48				
45.	164	37	M	Chris Lombardi	Washington DC	45	31:25	129	3:06	
142	2:47:42	96	1:38	15	1:33:17	4:57:07				
46.	248	36	M	Jeffrey McCroskey	Norfolk VA	95	33:53	33	2:10	
65	2:37:14	35	1:13	57	1:42:54	4:57:22				
47.	309	46	M	Rich Joy	Alexandria VA	80	33:03	132	3:07	
60	2:36:41	68	1:26	58	1:43:08	4:57:23				
48.	83	25	M	Alex Spott	Scranton PA	162	36:47	31	2:08	
79	2:39:02	56	1:22	35	1:38:53	4:58:10				
49.	362	28	M	Mark Castrovinci	Raleigh NC	81	33:09	60	2:27	
100	2:41:55	102	1:40	36	1:39:11	4:58:20				
50.	289	21	M	Matthew Sarge	San Jose CA	23	30:25	171	3:20	
211	2:55:27	107	1:43	7	1:28:39	4:59:33				
51.	523	53	M	Vincent Ortiz	Chesapeake VA	207	38:21	170	3:20	
82	2:39:26	219	2:35	25	1:35:54	4:59:33				
52.	403	66	M	William Wren	Arlington VA	19	29:47	145	3:11	
71	2:38:18	136	1:51	81	1:47:31	5:00:36				
53.	153	43	M	Chuck McGee	Urbana MD	164	36:50	263	4:08	
38	2:34:18	295	3:27	55	1:42:00	5:00:41				
54.	172	55	M	John Mazur	Arlington VA	58	32:20	204	3:35	
56	2:36:21	106	1:43	77	1:47:19	5:01:15				
55.	94	51	M	Eric Mackem	Reston VA	100	34:08	150	3:13	
42	2:34:39	171	2:12	79	1:47:25	5:01:36				
56.	166	38	M	Alejandro Escobar	Arlington VA	36	31:06	130	3:07	
129	2:45:54	90	1:36	48	1:40:51	5:02:32				
57.	108	29	F	Brielle Dana	Rockville MD	101	34:10	69	2:32	
123	2:44:53	32	1:12	46	1:40:01	5:02:47				
58.	57	50	M	James Godek	Va Beach VA	252	39:50	208	3:37	
54	2:35:51	81	1:30	56	1:42:40	5:03:25				
59.	243	46	M	Jeff Fox	Richmond VA	61	32:27	22	2:05	
70	2:38:11	13	1:02	96	1:49:45	5:03:28				
60.	218	21	M	Stephen Jordan	Blacksburg VA	67	32:44	2	1:23	
112	2:43:13	4	0:54	68	1:45:34	5:03:46				
May-10-2014		3:38:19pm								

Place Rank	Bib	Co	Ag	S	NAME	city/state	Rank	SWIM	Rank	T1
					T2 Rank	RUN PENALTY TIME DQ				
61.	298		38	M	Thomas Pulham	Washington DC	111	34:49	152	3:13
93	2:40:44		48		1:19 60 1:43:45	5:03:48				
62.	394		21	M	Dane King	DeWitt VA	28	30:36	16	2:00
67	2:37:35		58		1:22 109 1:52:47	5:04:19				
63.	236		45	M	Jed Vanichkachorn	Manakin Sabot VA	102	34:24	119	2:57
92	2:40:39		52		1:21 72 1:46:10	5:05:29				
64.	327		35	M	Travis Eads	Lewisburg WV	7	27:18	26	2:06
52	2:35:39		97		1:38 154 1:59:41	5:06:21				
65.	363		35	M	Dan Beckmann	Centreville VA	356	44:06	221	3:43
73	2:38:29		216		2:33 29 1:37:41	5:06:30				
66.	208		49	M	Isidoro Reverte	Herndon VA	65	32:35	388	5:52
44	2:35:02		103		1:40 105 1:52:05	5:07:13				
67.	324		43	F	Laura Whitlow	Roanoke VA	12	27:41	256	4:02
111	2:43:11		249		2:48 73 1:46:24	4:00 5:08:04				
68.	67		37	F	Erin Wreski	Virginia Beach VA	146	36:13	71	2:33
119	2:43:49		69		1:26 63 1:44:04	5:08:05				
69.	265		43	M	Philip Baetcke	Reston VA	94	33:52	63	2:29
130	2:46:00		37		1:15 71 1:45:59	5:09:33				
70.	181		36	M	Thomas Genareo	Lakewood NY	230	39:12	97	2:45
78	2:38:59		42		1:17 80 1:47:25	5:09:37				
71.	99		27	F	Holli Finneren	Washington DC	198	37:57	20	2:05
59	2:36:36		11		0:59 107 1:52:43	5:10:17				
72.	174		33	F	MacKenzie Yates	Washington DC	93	33:51	28	2:06
137	2:47:06		47		1:19 74 1:46:25	5:10:45				
73.	379		31	M	Kyle Aarons	Washington DC	243	39:27	312	4:35
55	2:35:54		191		2:22 90 1:48:43	5:10:59				
74.	53		54	M	Tim Duffey	Arlington VA	191	37:44	234	3:52
87	2:40:08		60		1:23 89 1:48:37	5:11:42				
75.	20		33	F	Elisha Cook	Chesapeake VA	177	37:11	77	2:38
128	2:45:50		18		1:05 67 1:45:32	5:12:14				
76.	258		47	M	Stephan Hess	Penn Laird VA	130	35:31	278	4:15
115	2:43:44		130		1:49 78 1:47:21	5:12:38				
77.	187		37	M	Andrew Jones	Arlington VA	134	35:42	91	2:43
75	2:38:36		34		1:13 126 1:54:59	5:13:10				
78.	343		35	M	Stephen Miller	Hampton VA	254	39:54	74	2:36
91	2:40:26		50		1:21 99 1:50:03	5:14:17				
79.	393		46	M	Ian Hoffman	Washington DC	208	38:21	68	2:32
96	2:41:17		207		2:27 97 1:50:01	5:14:36				
80.	203		42	F	Kasha Williamson	Fairfax VA	197	37:55	65	2:30
120	2:43:55		142		1:53 87 1:48:33	5:14:43				
81.	251		43	F	Tjede McVey	Landenberg PA	122	35:10	53	2:24
114	2:43:41		133		1:51 106 1:52:31	5:15:34				
82.	410		41	M	Bryan Peachey	Raleigh NC	125	35:17	106	2:49
107	2:42:58		101		1:39 111 1:52:55	5:15:37				
83.	161		36	M	Sebastien Audy	Washington DC	294	41:24	296	4:24
118	2:43:48		100		1:39 65 1:44:29	5:15:43				
84.	17 MM		32	M	David Becerra	Virginia Beach VA	193	37:48	175	3:23
153	2:49:04		87		1:34 62 1:44:03	5:15:50				
85.	520		33	M	Alex Rock	Washington DC	323	42:17	98	2:45
103	2:42:41		71		1:27 83 1:47:35	5:16:44				
86.	369		23	M	Guy Skord	Annapolis MD	136	35:45	151	3:13
248	3:01:34		156		2:04 17 1:34:10	5:16:44				
87.	184		37	M	Patrick Pannett	Washington DC	239	39:20	103	2:47
104	2:42:45		62		1:24 75 1:46:34	4:00 5:16:48				
88.	169		44	F	Olwen Huxley	Washington DC	38	31:08	89	2:42
84	2:39:51		63		1:24 166 2:01:50	5:16:53				
89.	190		28	M	Jon Poole	Alexandria VA	129	35:30	84	2:40
161	2:50:01		6		0:55 91 1:48:46	5:17:51				
90.	137		23	M	Andrew Cole	San Jose CA	11	27:34	174	3:23
138	2:47:07		61		1:24 147 1:58:55	5:18:21				
91.	152		57	M	Thomas Jones	Ashburn VA	169	36:58	233	3:51
148	2:48:07		187		2:21 82 1:47:35	5:18:50				
92.	384		29	M	Javier Montenegro	Frederick MD	331	42:40	80	2:39
94	2:41:05		158		2:06 100 1:50:36	5:19:03				

93.	25	42 M	Michael Sliwa	Washington DC	46	31:34	167	3:19
125	2:45:39	67	1:25 66 1:45:14	12:00 5:19:08				
94.	238	33 M	Patrick Burns	Arlington VA	168	36:58	124	2:59
135	2:46:50	111	1:44 103 1:51:18	5:19:46				
95.	201	49 M	James Lutz	Reston VA	298	41:34	138	3:09
81	2:39:25	22	1:07 125 1:54:50	5:20:03				
96.	43	31 F	Allie Silverman	Washington DC	165	36:51	195	3:31
195	2:53:54	116	1:45 64 1:44:26	5:20:25				
97.	7 MM	45 M	Rodolfo Quispe	Cedar Point NC	385	46:54	300	4:25
63	2:37:00	73	1:27 102 1:50:48	5:20:34				
98.	300	41 M	Brent McDufie	Gaithersburg MD	163	36:49	61	2:28
117	2:43:47	25	1:08 132 1:56:30	5:20:39				
99.	402	42 F	Kristin McCann	Alexandria VA	304	41:47	142	3:10
216	2:56:29	110	1:44 31 1:38:06	5:21:14				
100.	26	33 F	Bethann Sliwa	Washington DC	280	40:50	82	2:39
170	2:50:59	77	1:29 69 1:45:38	5:21:33				
101.	262	38 F	Carol Cohen	Arlington VA	306	41:51	112	2:54
207	2:55:16	88	1:34 50 1:40:54	5:22:27				
102.	163	29 F	Christina Nutting	Washington DC	53	31:57	34	2:11
185	2:52:57	31	1:12 120 1:54:30	5:22:44				
103.	361	36 M	Todd Stafford	Leesburg VA	160	36:46	295	4:23
72	2:38:23	159	2:06 168 2:02:03	5:23:39				
104.	466 C	32 M	Frank Scalzo	Rotterdam Junction NY	278	40:48	96	2:44
101	2:42:00	315	3:55 123 1:54:45	5:24:10				
105.	355	25 M	Dan Binder	Washington DC	17	28:39	203	3:35
174	2:51:21	132	1:50 149 1:59:04	5:24:26				
106.	522	55 M	Joseph Baird	2647 Falls Church VA	217	38:44	215	3:40
58	2:36:33	109	1:43 179 2:04:02	5:24:40				
107.	19	31 M	Daniel Riegel	Washington DC	366	44:47	161	3:15
176	2:51:39	120	1:46 42 1:39:36	4:00 5:25:01				
108.	328	42 M	Stephen Hunnius	Alexandria VA	126	35:19	394	6:06
124	2:45:18	343	4:37 117 1:54:03	5:25:22				
109.	390	56 F	Debi Bernardes	King George VA	71	32:49	40	2:17
191	2:53:33	232	2:43 128 1:55:03	5:26:22				
110.	129	48 F	Juda McGannon	Hunt Valley MD	108	34:41	191	3:29
224	2:57:08	72	1:27 95 1:49:42	5:26:26				
111.	303	35 M	David Taylor	Stafford VA	262	40:19	131	3:07
157	2:49:13	118	1:45 104 1:52:05	5:26:27				
112.	128	38 M	Giovanni Cordova	Reston VA	259	40:04	329	4:49
136	2:46:52	139	1:52 112 1:53:00	5:26:35				
113.	341	47 F	Stephenie Winter	Wrightsville Beach NC	149	36:17	32	2:10
131	2:46:00	192	2:22 156 2:00:00	5:26:47				
114.	74	36 M	Matthew Strom	Washington DC	241	39:22	197	3:33
90	2:40:24	236	2:45 162 2:01:18	5:27:20				
115.	231	34 M	Lucas Paganini	Washington DC	105	34:35	160	3:15
151	2:49:02	147	1:58 121 1:54:33	4:00 5:27:22				
116.	139	37 F	Julie Parks	Alexandria VA	121	35:09	83	2:40
188	2:53:17	64	1:24 129 1:55:12	5:27:40				
117.	6	58 M	Greg Guinther	Richmond VA	113	34:51	55	2:25
98	2:41:18	104	1:41 200 2:07:33	5:27:46				
118.	375	46 M	Michael Whitehurst	South Mills NC	200	37:59	189	3:28
205	2:54:37	53	1:21 101 1:50:46	5:28:10				
119.	5 MM	39 M	Joel Freyenhagen	Stone Ridge VA	203	38:08	375	5:29
139	2:47:10	241	2:47 124 1:54:50	5:28:22				
120.	21	43 M	Mark Lindsay	High Point NC	184	37:28	251	4:00
194	2:53:53	301	3:35 94 1:49:40	5:28:33				
May-10-2014			3:38:19pm					

COMPLETE OVERALL RESULTS
2014 Kinetic Half 2014
Spotsylvania, VA 5/10/14 9:00am
Directed By Virginia Triathlon Series

Place	Bib Co	Ag S	NAME	city/state	Rank	SWIM Rank	T1
Rank	Bike	Rank	T2 Rank	RUN PENALTY	TIME DQ		
121.	274	43 F	Michelle Joubran	Washington DC	55	32:00	114 2:55

162	2:50:14	126	1:48	165	2:01:46		5:28:41				
122.	121	47 M	Mark Downes			Bel Air MD		84	33:19	75	2:37
99	2:41:45	108	1:43	139	1:57:37	12:00	5:28:59				
123.	133	48 M	Michaelson Buchanan			Richmond VA		185	37:30	188	3:28
89	2:40:23	217	2:34	186	2:05:09		5:29:02				
124.	15 MM	33 M	Glen Cook			Silver Spring MD		79	32:56	268	4:11
241	3:00:55	168	2:10	92	1:48:53		5:29:03				
125.	396	48 F	Diana Lohmeyer			Vienna VA		120	35:07	81	2:39
204	2:54:34	145	1:56	130	1:55:22		5:29:37				
126.	374	50 M	Carlos Silva			Potomac MD		250	39:41	165	3:18
214	2:56:07	51	1:21	93	1:49:21		5:29:46				
127.	77	51 M	Carl Schneider			Ellicott City MD		355	44:05	92	2:43
105	2:42:47	91	1:36	150	1:59:11		5:30:20				
128.	162	51 M	Fernando Carbone			Bethesda MD		229	39:11	352	5:10
209	2:55:20	163	2:08	88	1:48:36		5:30:23				
129.	58	30 M	Bryan Snyder			Gaithersburg MD		145	36:12	143	3:11
190	2:53:28	226	2:40	127	1:55:00		5:30:29				
130.	136	34 M	Nick Husson			King George VA		232	39:15	248	4:00
276	3:05:01	269	3:02	40	1:39:25		5:30:41				
131.	288	37 M	Daniel Shomaker			Norfolk VA		118	35:03	330	4:50
182	2:52:32	273	3:03	133	1:56:30		5:31:56				
132.	97	29 M	Karl Ulmanis			Lexington Park MD		183	37:23	238	3:54
160	2:49:53	185	2:19	146	1:58:52		5:32:19				
133.	373	55 F	Susan Swanson			Norfolk VA		107	34:39	46	2:22
169	2:50:58	23	1:07	177	2:03:47		5:32:51				
134.	116	28 M	Michael Buonocore			Arlington VA		234	39:16	125	2:59
147	2:47:59	337	4:26	145	1:58:51		5:33:30				
135.	104	44 M	Guillermo Cabrera			Washington DC		328	42:23	225	3:46
230	2:58:12	86	1:34	84	1:47:39		5:33:31				
136.	404	39 M	Lee Younts			Richmond VA		189	37:37	115	2:55
158	2:49:15	165	2:09	169	2:02:07		5:34:01				
137.	378	34 F	Erin Green			Wilmington NC		86	33:21	216	3:40
222	2:57:06	98	1:38	142	1:58:25		5:34:09				
138.	134	53 M	Phillip Kardis			Falls Church VA		206	38:16	276	4:13
155	2:49:08	172	2:13	158	2:00:26		5:34:14				
139.	347	45 F	Christy Jones			Fayetteville NC		327	42:23	344	5:06
317	3:10:45	321	4:02	14	1:32:04		5:34:17 Y				
140.	200	62 M	Dennis Rainear			Richmond VA		144	36:09	128	3:05
57	2:36:24	199	2:25	230	2:12:56	4:00	5:34:57				
141.	84	55 M	Ed Norlander			Culpeper VA		279	40:48	25	2:06
172	2:51:03	65	1:24	155	1:59:42		5:35:01				
142.	92	33 M	Justin Markel			Havre De Grace MD		196	37:51	210	3:38
146	2:47:58	176	2:14	174	2:03:29		5:35:08				
143.	188	42 F	Jennifer Boynton			Alexandria VA		179	37:15	76	2:37
178	2:52:15	89	1:35	163	2:01:31		5:35:11				
144.	100	28 F	Sarah Thomas			Virginia Beach VA		14	28:03	90	2:42
141	2:47:32	285	3:15	237	2:14:22		5:35:52				
145.	311	55 F	Mary Catherine Malin			McLean VA		96	33:53	113	2:55
245	3:01:10	66	1:24	135	1:56:41		5:36:02				
146.	377	42 F	Misty Brown			Wilmington NC		76	32:54	105	2:49
159	2:49:24	135	1:51	218	2:10:32		5:37:27				
147.	406	42 M	Vaughn Temple			Frederick MD		83	33:16	269	4:11
121	2:44:20	332	4:18	229	2:12:23		5:38:26				
148.	209	51 M	David Kulik			Bethesda MD		202	38:06	364	5:18
242	3:00:57	105	1:42	110	1:52:48		5:38:49				
149.	109 MC	43 M	Jeff Halper			Derwood MD		159	36:44	154	3:14
109	2:43:01	93	1:38	236	2:14:15		5:38:50				
150.	294	26 F	Stevie Smith			Washington DC		103	34:26	229	3:47
247	3:01:17	188	2:21	138	1:57:16		5:39:06				
151.	356	39 M	Michael Read			Burke VA		316	42:09	231	3:50
186	2:53:02	319	3:59	134	1:56:40		5:39:38				
152.	313	59 M	Rob Colburn			Ashburn VA		106	34:38	109	2:51
154	2:49:05	258	2:54	216	2:10:28		5:39:54				
153.	389	42 M	John Schmidt			Falls Church VA		194	37:49	305	4:29
206	2:54:43	119	1:45	167	2:01:54		5:40:39				
154.	293	54 M	Keith Alston			Chesapeake VA		307	41:54	392	6:04
208	2:55:17	286	3:15	119	1:54:29		5:40:58				
155.	305	27 M	Martin Jacaruso			Graham NC		227	39:04	52	2:23

164	2:50:30	206	2:27	198	2:06:56	5:41:18				
156.	105	46 M	Mike Stanton			Washington DC	271	40:30	159	3:15
226	2:57:17	293	3:24	137	1:57:14	5:41:38				
157.	334	22 F	Alyssa Kasher			Carmel IN	31	30:54	123	2:58
268	3:04:15	134	1:51	164	2:01:45	5:41:42				
158.	24	40 M	Ben Guthrie			Olney MD	175	37:07	372	5:26
213	2:56:00	358	5:39	141	1:58:03	5:42:13				
159.	217	30 F	Caroline Rinella			Lynchburg VA	150	36:20	252	4:00
183	2:52:34	252	2:49	197	2:06:37	5:42:17				
160.	192	25 M	Enser Cole			Falls Church VA	16	28:33	192	3:31
202	2:54:24	30	1:11	241	2:14:47	5:42:24				
161.	173	31 M	Camilo Ramirez			Washington DC	237	39:19	331	4:50
144	2:47:50	123	1:48	209	2:09:00	5:42:44				
162.	18 MF	30 F	Jessica Johnson			Bethesda MD	158	36:41	200	3:34
289	3:06:20	218	2:35	114	1:53:39	5:42:46				
163.	247	46 M	David Culbertson			Pittsboro NC	238	39:19	277	4:13
180	2:52:22	228	2:42	181	2:04:20	5:42:54				
164.	340	50 M	Lowell Gould			Rocky Point NC	82	33:16	1	1:20
134	2:46:32	1	0:43	279	2:21:17	5:43:05				
165.	531	42 M	Reza Mahbod			Arlington VA	244	39:27	317	4:38
199	2:54:15	303	3:38	161	2:01:14	5:43:08				
166.	229	48 M	Andrew Heck			Amsterdam NY	326	42:22	244	3:56
212	2:55:52	76	1:29	153	1:59:38	5:43:15				
167.	150	24 M	Benjamin Han			Clifton VA	156	36:35	42	2:19
310	3:09:31	131	1:49	116	1:53:59	5:44:11				
168.	45	54 M	Daun Sigafoose			Abingdon MD	57	32:16	181	3:25
74	2:38:30	112	1:44	312	2:29:10	5:45:04				
169.	122	31 M	Roy Cheeks			Baltimore MD	283	40:56	136	3:08
198	2:54:01	43	1:18	191	2:05:45	5:45:05				
170.	13 MM	49 M	Brian Buckles			Silver Spring MD	223	38:58	196	3:33
237	2:59:41	251	2:49	157	2:00:07	5:45:06				
171.	376	46 M	Scott Firestine			Hopewell VA	247	39:36	153	3:13
179	2:52:20	94	1:38	206	2:08:42	5:45:27				
172.	14 MM	36 M	Andrew Sergent			Lake Ridge VA	324	42:18	289	4:21
177	2:52:01	197	2:24	184	2:04:41	5:45:44				
173.	342	45 M	Marty DeJoseph			Wilmington NC	147	36:14	183	3:26
193	2:53:51	224	2:39	214	2:09:38	5:45:47				
174.	469 A	42 F	Michele Bull			Eldersburg MD	297	41:31	273	4:12
152	2:49:02	238	2:46	205	2:08:29	5:45:58				
175.	235	50 M	George Janvier			Annapolis MD	335	43:00	280	4:15
167	2:50:44	298	3:33	183	2:04:34	5:46:03				
176.	118	32 M	Bruce Chambliss			Halethorpe MD	73	32:52	18	2:02
156	2:49:11	144	1:53	273	2:20:34	5:46:30				
177.	138	31 M	Matthew Husson			Fredericksburg VA	173	37:02	270	4:11
341	3:14:43	233	2:43	85	1:48:06	5:46:43				
178.	130	37 M	Thomas Cook			King George VA	132	35:37	139	3:09
304	3:08:48	157	2:05	136	1:57:11	5:46:49				
179.	467 C	33 M	Jonathan Potterton			Virginia Beach VA	221	38:54	121	2:58
127	2:45:46	277	3:05	253	2:17:07	5:47:48				
180.	64	28 M	Kevin Hageman			Arlington VA	242	39:23	347	5:07
294	3:07:07	272	3:03	113	1:53:16	5:47:54				
May-10-2014			3:38:19pm							

COMPLETE OVERALL RESULTS
2014 Kinetic Half 2014
Spotsylvania, VA 5/10/14 9:00am
Directed By Virginia Triathlon Series

Place	Bib Co	Ag S	NAME	city/state	Rank	SWIM Rank	T1	
Rank	Bike	Rank	T2 Rank	RUN PENALTY TIME DQ				
181.	202	39 M	Christopher Busher	Sandy Hook VA	248	39:39	250	4:00
233	2:58:52	239	2:46	171	2:02:51	5:48:07		
182.	400	47 M	Robert Woods	Stafford VA	365	44:44	147	3:12
168	2:50:54	99	1:39	175	2:03:43	4:00	5:48:10	
183.	411	41 M	David Gallagher	Richmond VA	140	35:59	261	4:07
187	2:53:06	265	2:59	227	2:12:01	5:48:10		

184.	223	53 M	Joel Isely	Poquoson VA	66	32:35	58	2:26
203	2:54:29	166	2:10	252	2:16:56			
185.	480 MC	51 M	Michael Kemen	Bel Air MD	257	40:00	108	2:50
126	2:45:40	261	2:58	254	2:17:18			
186.	264	47 M	Tim Rohrbaugh	Haywood VA	253	39:50	172	3:21
143	2:47:47	204	2:26	247	2:16:05			
187.	397	48 F	Mary Lynn Hansen	Woodstock MD	233	39:16	127	3:03
133	2:46:05	125	1:48	264	2:19:43			
188.	71	38 M	Dan Menmuir	Woodbridge VA	220	38:52	219	3:43
201	2:54:16	114	1:44	225	2:11:36			
189.	225	49 F	Julie Kennedy	Falls Church VA	352	43:52	177	3:23
240	3:00:38	85	1:33	159	2:00:52			
190.	12 MM	42 M	J.P. McDonough	Oakton VA	346	43:28	141	3:10
200	2:54:15	117	1:45	204	2:08:03			
191.	33	31 F	Lillian Thomas	Germantown MD	8	27:21	99	2:45
339	3:14:08	138	1:51	188	2:05:17			
192.	272	31 F	Molly Giammarco	Washington DC	228	39:10	237	3:53
342	3:15:00							
193.	242	41 M	Marius Jovaisa	Vilnius AK	344	43:20	284	4:18
284	3:06:05	141	1:53	131	1:55:50			
194.	323	47 F	B. Lynn Follansbee	Bethesda MD	246	39:32	262	4:08
275	3:04:50							
195.	221	45 M	John McManus	McLean VA	90	33:41	193	3:31
140	2:47:27	129	1:49	299	2:25:25			
196.	195	48 M	Greg Coleman	Alexandria VA	318	42:12	198	3:33
197	2:54:00	113	1:44	217	2:10:30			
197.	198	47 M	Bill Burk	McLean VA	258	40:03	327	4:49
281	3:05:28	234	2:44	148	1:58:59			
198.	106	30 F	Allison Nordberg	Washington DC	192	37:46	163	3:18
309	3:09:30	305	3:44	140	1:57:51			
199.	211	42 M	Mike Bruwelheide	Virginia Beach VA	216	38:41	207	3:36
192	2:53:38	313	3:53	231	2:13:01			
200.	360	42 M	Timothy Willis	Silver Spring MD	322	42:17	384	5:43
166	2:50:44	231	2:43	226	2:11:47			
201.	333	31 F	Kim Kelly	Alexandria VA	261	40:15	271	4:12
328	3:12:41	137	1:51	118	1:54:17			
202.	285	45 M	Chris Tolsdorf	West Chester PA	43	31:21	184	3:26
217	2:56:29	160	2:06	272	2:20:27			
203.	387	49 M	Larry Goldstein	Bel Air MD	152	36:25	299	4:25
145	2:47:57	215	2:32	284	2:22:43			
204.	171	43 M	Rich Grove	Ashburn VA	303	41:47	391	6:03
184	2:52:39	326	4:09	215	2:09:41			
205.	257	51 M	Kevin Chidwick	Manakin Sabot VA	143	36:07	260	4:07
223	2:57:08	196	2:23	239	2:14:42			
206.	275	31 M	Anthony Hipple	Virginia Beach VA	350	43:45	169	3:19
196	2:53:59	161	2:07	201	2:07:39			
207.	44	52 M	David Sullivan	Alexandria VA	407	50:15	186	3:27
307	3:08:54	203	2:25	98	1:50:02			
208.	23	35 F	Kristin Herring	Newport News VA	305	41:49	386	5:50
366	3:21:36	214	2:32	59	1:43:23			
209.	245	27 F	Casey Crowley	Rockville MD	155	36:32	282	4:17
239	3:00:35	220	2:36	222	2:11:26			
210.	316	40 M	Matt McCormack	Alexandria VA	63	32:32	224	3:45
231	2:58:21	259	2:55	258	2:18:03			
211.	228	40 M	Eriks Richters	Washington DC	209	38:28	340	5:01
271	3:04:46	271	3:03	182	2:04:24			
212.	301	31 M	Chris Murrer	Washington DC	236	39:18	292	4:23
280	3:05:26	242	2:47	178	2:03:49			
213.	381	36 M	Josh Lemasters	Culpeper VA	345	43:27	389	5:59
270	3:04:40	300	3:33	143	1:58:29			
214.	407	54 M	William Sickenberger	Reston VA	77	32:54	307	4:31
163	2:50:21	254	2:53	301	2:25:58			
215.	290	61 M	Jim Waterhouse	Valatie NY	372	45:30	334	4:52
210	2:55:22	278	3:05	203	2:07:59			
216.	306	26 M	Alexander Merrick-Tagore	Richmond VA	273	40:31	311	4:35
173	2:51:05	247	2:47	256	2:17:51			
217.	177	37 M	Joel Cohen	Arlington VA	281	40:51	425	8:41
288	3:06:13	334	4:22	108	1:52:43			

218.	350	52 M	Dave Harper	Reston VA	357	44:07	381	5:37
150	2:48:51	227	2:41 246 2:15:58	5:57:13				
219.	183	53 M	Sam Scoggin	Reston VA	32	30:55	194	3:31
221	2:57:05	213	2:32 289 2:23:45	5:57:47				
220.	93	35 M	Frantisek Sova	Towson MD	347	43:29	302	4:28
232	2:58:30	115	1:44 213 2:09:38	5:57:47				
221.	34	36 F	Cherie Burnette	Herndon VA	210	38:28	182	3:26
352	3:17:34	345	4:42 122 1:54:41	5:58:49				
222.	199	43 F	Kristin Swift	St Marys City MD	289	41:13	285	4:18
298	3:07:33	181	2:17 176 2:03:46	5:59:06				
223.	277	38 M	John Rahaghi	Washington DC	325	42:18	209	3:37
267	3:04:01	250	2:48 195 2:06:23	5:59:06				
224.	115	35 F	Elaine Wong	Gaithersburg MD	39	31:12	395	6:10
308	3:09:18	276	3:05 212 2:09:32	5:59:14				
225.	366	42 M	John Percherke	Bristow VA	360	44:27	206	3:36
256	3:02:31	267	3:01 194 2:06:02	5:59:35				
226.	308	47 M	Mark Thalman	Bethesda MD	219	38:50	356	5:14
262	3:03:16	347	4:50 207 2:08:48	6:00:56				
227.	78	38 F	Sara Swenson	Reston VA	33	30:56	101	2:46
227	2:57:19	59	1:23 314 2:29:17	6:01:40				
228.	146	52 F	Joanna Schmickel	Arlington VA	291	41:18	306	4:30
343	3:15:02	175	2:14 151 1:59:19	6:02:21				
229.	319	42 M	Jay Cochran	Montgomery Village MD	395	48:22	396	6:15
132	2:46:01	253	2:52 265 2:19:49	6:03:16				
230.	483 NM	43 M	Donghui Chen	Oak Hill VA	417	53:42	419	7:52
266	3:03:58	329	4:14 115 1:53:55	6:03:40				
231.	194	46 F	Mary Pickering	Arlington VA	199	37:59	110	2:51
306	3:08:54	128	1:49 228 2:12:16	6:03:47				
232.	239	38 M	Joseph Cafferata	Washington DC	181	37:19	315	4:37
323	3:11:08	150	2:01 208 2:08:57	6:04:00				
233.	271	57 M	Vadim Obertyshev	Amsterdam NY	265	40:23	390	6:01
219	2:56:43	344	4:41 249 2:16:22	6:04:09				
234.	145	52 M	John Szczygiel	Arlington VA	343	43:19	258	4:03
234	2:59:00	190	2:22 243 2:15:44	6:04:27				
235.	114	29 M	Kristofer Pachla	Arlington VA	405	49:59	158	3:15
215	2:56:21	28	1:11 234 2:13:54	6:04:38				
236.	364	48 M	Tim Gavin	Athelstan XX	358	44:15	379	5:35
302	3:08:19	167	2:10 187 2:05:10	6:05:27				
237.	337	45 F	Melissa Upchurch	Church Road VA	276	40:45	377	5:32
319	3:10:54	275	3:04 190 2:05:25	6:05:38				
238.	30	29 F	Laura Mancini	Arlington VA	154	36:27	304	4:29
334	3:13:41	182	2:18 210 2:09:17	6:06:12				
239.	353	29 M	Alejandro Carrillo	Kennett Square PA	312	42:04	291	4:22
285	3:06:07	263	2:58 221 2:11:23	6:06:52				
240.	304	54 M	Allen Simcoe	Fredericksburg VA	222	38:56	102	2:47
108	2:43:00	169	2:10 340 2:40:07	6:06:57				
May-10-2014			3:38:19pm					

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COMPLETE OVERALL RESULTS
2014 Kinetic Half 2014
Spotsylvania, VA 5/10/14 9:00am
Directed By Virginia Triathlon Series

Place Rank	Bib Co Bike	Ag S Rank	NAME	city/state	Rank	SWIM Rank	T1
			T2 Rank	RUN PENALTY TIME DQ			
241.	49	29 M	Jonathan Teter	Annapolis MD	397	48:38	363 5:17
292	3:06:47	80	1:30 185 2:04:57	6:07:07			
242.	206	31 F	Janice Kwa	Washington DC	215	38:39	220 3:43
264	3:03:46	270	3:02 261 2:18:49	6:07:57			
243.	332	52 F	Kristina Ament	Alexandria VA	363	44:38	281 4:17
165	2:50:39	336	4:23 292 2:24:10	6:08:05			
244.	412	45 M	Matt Hart	Arlington VA	21	30:09	417 7:35
175	2:51:27	364	6:55 320 2:32:06	6:08:11			
245.	372	45 M	Bernie Conatser	Woodbridge VA	402	49:46	393 6:06
257	3:02:33	324	4:05 192 2:05:53	6:08:21			
246.	527	59 M	Rene Fariss	Virginia Beach VA	384	46:44	341 5:02

250	3:01:41	299	3:33	220	2:11:23	6:08:21				
247.	126	31 F	Victoria	Houghton		North Bethesda MD	180	37:17	387	5:52
338	3:14:08	330	4:15	199	2:07:14	6:08:44				
248.	39	57 M	Glenn	Young		Mattaponi VA	119	35:05	62	2:29
263	3:03:29	79	1:29	302	2:26:28	6:08:58				
249.	119	47 M	Alberto	Gonzalez		Rockville MD	204	38:12	267	4:10
251	3:02:11	318	3:57	277	2:21:00	6:09:28				
250.	408	52 M	David	Natoli		Arlington VA	201	38:02	259	4:06
287	3:06:12	240	2:47	260	2:18:34	6:09:38				
251.	318	34 F	Sari	Long		Washington DC	391	47:42	323	4:43
316	3:10:25	225	2:39	180	2:04:19	6:09:47				
252.	273	44 M	David	Joubran		Washington DC	138	35:47	297	4:25
243	3:01:05	140	1:52	305	2:26:49	6:09:56				
253.	240	35 M	Jonathan	Brown		Herndon VA	226	39:04	180	3:25
244	3:01:07	205	2:26	291	2:24:04	6:10:04				
254.	148	43 F	Hillary	Hertler		Washington DC	131	35:36	239	3:55
332	3:13:32	306	3:45	232	2:13:25	6:10:11				
255.	255	45 M	Lloyd	Brown		Bethesda MD	231	39:14	107	2:49
370	3:23:18	194	2:23	172	2:03:12	6:10:55				
256.	286	41 M	Mohammad	Partovi		Gaithersburg MD	383	46:39	398	6:19
261	3:03:05	335	4:22	224	2:11:28	6:11:52				
257.	103	47 M	Gene	Muranko		Baltimore MD	256	39:57	362	5:16
313	3:09:46	152	2:02	242	2:15:28	6:12:27				
258.	167	41 F	Tracey	Melnick		Washington DC	390	47:41	212	3:39
363	3:20:58	151	2:01	144	1:58:30	6:12:47				
259.	132	32 M	Christopher	Linden		Virginia Beach VA	393	47:49	374	5:28
228	2:57:42	308	3:49	263	2:19:15	6:14:01				
260.	386	23 M	Nicholas	Eckhoff		Williamsburg VA	10	27:33	310	4:34
255	3:02:27	195	2:23	333	2:37:14	6:14:10				
261.	259	54 M	Gordon	Harder		Broadalbin NY	359	44:17	355	5:13
321	3:11:04	331	4:16	211	2:09:27	6:14:15				
262.	28	32 F	Elysia	Mahjoub		Baltimore MD	317	42:11	257	4:03
278	3:05:10	184	2:19	276	2:20:59	6:14:40				
263.	321	22 F	Alexandria	Gagnon		Lexington VA	255	39:56	279	4:15
324	3:11:10	274	3:04	250	2:16:36	6:14:58				
264.	101	31 F	Mary	Crosby		Norfolk VA	373	45:31	190	3:29
329	3:12:43	153	2:02	223	2:11:27	6:15:10				
265.	295	29 F	Jamie	Waterhouse		Washington DC	415	53:08	236	3:53
297	3:07:33	284	3:12	202	2:07:45	6:15:29				
266.	368	35 F	Lauren	Danaher		Carrollton VA	172	37:00	179	3:24
320	3:11:03	180	2:16	282	2:22:06	6:15:48				
267.	479 MC	46 M	Michael	Kelleher		Washington DC	295	41:25	314	4:36
269	3:04:27	202	2:25	286	2:22:58	6:15:49				
268.	160	49 M	Kevin	Kusner		Orient OH	195	37:51	412	7:06
336	3:13:49	198	2:24	240	2:14:46	6:15:54				
269.	269	42 M	Bryan	Culipher		Oakton VA	186	37:34	298	4:25
283	3:06:02	183	2:19	304	2:26:45	6:17:03				
270.	244	47 M	Sean	Gideon		Virginia Beach VA	394	48:12	249	4:00
225	2:57:12	189	2:21	300	2:25:25	6:17:08				
271.	191	31 M	Jacob	Stevens-Kittner		Washington DC	178	37:14	214	3:40
396	3:31:23	248	2:48	170	2:02:07	6:17:10				
272.	214	45 M	James	Rinella		Lynchburg VA	235	39:16	357	5:14
236	2:59:24	341	4:33	311	2:28:45	6:17:11				
273.	220	38 F	Kathy	Hsu		Washington DC	378	46:18	217	3:41
273	3:04:48	177	2:15	275	2:20:48	6:17:48				
274.	155	42 M	David	Cuttino		Richmond VA	336	43:04	382	5:38
258	3:02:41	322	4:02	287	2:23:03	6:18:26				
275.	59	45 F	Nina	Cron		Dpo XX	332	42:47	266	4:10
311	3:09:39	262	2:58	268	2:20:06	6:19:38				
276.	345	41 M	Andrew	Boyle		Reston VA	187	37:36	336	4:53
220	2:57:02	363	6:23	325	2:33:53	6:19:44				
277.	170	50 F	Mary	Wagner		Virginia Beach VA	333	42:52	140	3:09
330	3:13:00	154	2:03	262	2:19:03	6:20:05				
278.	113	27 F	Anne Marie	Carson		Arlington VA	367	44:50	241	3:55
382	3:26:25	325	4:07	160	2:01:11	6:20:25				
279.	266	40 M	Mark	Freeman		Reston VA	139	35:52	120	2:58
229	2:58:11	281	3:09	343	2:40:30	6:20:37				
280.	297	27 M	George	Pierson		Arlington VA	240	39:21	365	5:19

374	3:23:38	143		1:53	219	2:10:34		6:20:43					
281.	117	46 F	Joyce Jones				Washington DC		349	43:42	162	3:16	
301	3:08:17	146		1:57	288	2:23:34		6:20:45					
282.	465 C	32 M	Mark Raugust				Washington DC		299	41:36	294	4:23	
274	3:04:49	288		3:18	306	2:26:55		6:20:59					
283.	405	40 M	Justin Abernathy				Washington DC		269	40:29	338	5:01	
312	3:09:45	320		4:00	281	2:21:54		6:21:07					
284.	367	55 M	John Orosch				Springfield VA		249	39:40	201	3:34	
305	3:08:51	310		3:52	296	2:25:14		6:21:10					
285.	325	33 F	Kate Blood				McLean VA		151	36:24	133	3:08	
373	3:23:32	164		2:09	248	2:16:10		6:21:20					
286.	68	34 M	Allen Irwin				Alexandria VA		117	35:03	149	3:12	
300	3:07:58	283		3:12	322	2:32:40		6:22:03					
287.	54	39 F	Kim Perkins				Rockville MD		361	44:27	325	4:44	
235	2:59:02	340		4:30	297	2:25:21	4:00	6:22:03		290	41:15	350	5:10
288.	8 MM	46 M	John Spencer				Burke VA						
347	3:15:37	255		2:53	238	2:14:40	4:00	6:23:33		380	46:18	253	4:01
289.	280	58 F	Lynn Mattucci				Arlington VA						
345	3:15:12	210		2:31	245	2:15:54		6:23:55					
290.	234	51 M	Philip Deeter				Washington DC		396	48:24	240	3:55	
369	3:22:28	307		3:46	193	2:05:59		6:24:30					
291.	478 MC	46 M	Robert Smith				Forest VA		167	36:54	371	5:25	
252	3:02:12	309		3:49	331	2:36:33		6:24:51					
292.	260	23 M	Scott Harder				Broadalbin NY		389	47:30	369	5:24	
326	3:12:13	289		3:18	251	2:16:53		6:25:16					
293.	461	52 M	Rich Carlson				Chantilly VA		404	49:59	337	4:53	
368	3:22:26	245		2:47	189	2:05:24		6:25:27					
294.	252	60 M	Bruce Douglass				Fairfax VA		375	45:39	343	5:05	
254	3:02:21	230		2:42	316	2:29:44		6:25:30					
295.	51	41 M	Gregory McDonough				Washington DC		69	32:45	320	4:40	
331	3:13:27	291		3:21	321	2:32:24		6:26:36					
296.	339	53 M	William Bowen				Annapolis MD		212	38:33	400	6:23	
337	3:13:50	361		6:05	285	2:22:50		6:27:39					
297.	81	26 F	Molly Schmalzbach				Arlington VA		98	34:02	404	6:39	
379	3:25:33	311		3:53	257	2:17:59		6:28:03					
298.	52	41 F	Monique McDonough				Washington DC		337	43:07	245	3:57	
265	3:03:55	292		3:23	326	2:34:09		6:28:29					
299.	314	54 F	Stephanie Colburn				Broadlands VA		161	36:47	230	3:47	
398	3:31:57	222		2:39	233	2:13:42		6:28:50					
300.	82	50 M	Jim Donley				Bethesda MD		311	42:01	287	4:20	
356	3:18:54	294		3:26	270	2:20:22		6:29:01					
May-10-2014			3:38:19pm										

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COMPLETE OVERALL RESULTS
2014 Kinetic Half 2014
Spotsylvania, VA 5/10/14 9:00am
Directed By Virginia Triathlon Series

Place	Bib Co	Ag S	NAME	city/state	Rank	SWIM	Rank	T1
Rank	Bike	Rank	T2 Rank	RUN PENALTY	TIME DQ			
301.	371	28 F	Hilary Heincer	Springfield VA	371	45:17	358	5:15
364	3:21:27	280		3:09	235	2:13:58		6:29:04
302.	11 MM	24 M	Charles Augustine	Virginia Beach VA	287	41:11	283	4:17
361	3:20:38	155		2:04	280	2:21:21		6:29:30
303.	61	32 M	Rob Van Hooser	Alexandria VA	400	49:17	324	4:44
314	3:09:58	179		2:16	267	2:19:59	4:00	6:30:12
304.	212	31 F	Candice Peters	Arlington VA	369	45:02	211	3:38
325	3:11:34	201		2:25	309	2:28:10		6:30:47
305.	179	44 M	Daniele Podini	Washington DC	272	40:30	410	7:02
371	3:23:31	352		5:07	244	2:15:50		6:31:58 Y
306.	70	31 F	Beth Meloy	Washington DC	309	42:01	166	3:18
365	3:21:36	178		2:16	298	2:25:24		6:34:32
307.	196	53 F	Shirley Woodward	Arlington VA	351	43:52	293	4:23
286	3:06:10	200		2:25	341	2:40:13		6:37:01
308.	127	40 F	Sandra Cepeda	Rockville MD	70	32:46	316	4:37
376	3:24:13	211		2:31	323	2:33:23		6:37:29

309.	47	55 M	Douglas Hartman	Springfield VA	425	58:23	265	4:09
327	3:12:17	173	2:13 274 2:20:43	6:37:43				
310.	213	40 F	Gretchen Stone	Warrenton VA	421	57:03	422	8:10
367	3:21:55	368	8:08 173 2:03:25	6:38:39				
311.	284	37 M	Adam Sipp	Fredericksburg VA	302	41:43	383	5:42
295	3:07:24	342	4:33 339 2:40:01	6:39:22				
312.	476 MC	49 M	Robert Veland	Virginia Beach VA	412	51:36	376	5:32
291	3:06:32	362	6:05 317 2:29:44	6:39:27				
313.	193	30 F	Jaime Poole	Alexandria VA	148	36:16	227	3:46
400	3:32:26	174	2:13 295 2:24:56	6:39:36				
314.	9 MM	37 M	Jesse Pitzrick	Stafford VA	364	44:42	232	3:51
360	3:20:12	268	3:01 310 2:28:29	6:40:13				
315.	253	38 M	Steven Kim	Gaithersburg MD	362	44:30	213	3:39
348	3:15:58	209	2:31 328 2:34:39	6:41:15				
316.	359	38 M	Patrick Ripley	Richmond VA	382	46:22	378	5:34
349	3:16:10	256	2:53 318 2:30:23	6:41:20				
317.	42	37 M	Brandon Naimola	Washington Dc DC	342	43:11	424	8:37
249	3:01:39	316	3:55 342 2:40:17	4:00 6:41:37				
318.	4 MM	30 M	Thomas MacPhee	Fredericksburg VA	406	50:10	335	4:53
344	3:15:05	353	5:08 303 2:26:31	6:41:44				
319.	69	38 M	Ayal Cohen	Alexandria VA	329	42:26	360	5:15
381	3:26:21	349	4:54 266 2:19:55	4:00 6:42:49				
320.	157	35 M	Dexter Braithwaite	Indian Head MD	427	58:55	423	8:22
322	3:11:08	367	7:59 255 2:17:47	6:44:08				
321.	131	39 M	Martin Weiss	Gaithersburg MD	340	43:08	408	6:50
375	3:24:05	360	6:00 294 2:24:29	6:44:30				
322.	382	45 F	Carrie Ludwig	King George VA	376	46:14	407	6:47
359	3:19:51	355	5:12 307 2:27:20	6:45:22				
323.	470 A	35 F	Jennifer Gibbins	Vienna VA	386	47:11	187	3:28
355	3:18:25	92	1:37 332 2:36:42	6:47:21				
324.	32	35 M	Chad Stewart	Lorton VA	288	41:12	339	5:01
358	3:18:58	354	5:12 334 2:37:14	6:47:35				
325.	125	34 F	Rachel Leahy	Fairfax VA	330	42:26	274	4:12
351	3:17:25	346	4:43 337 2:38:53	6:47:37				
326.	307	53 F	Alison Miller	Blanchard MI	339	43:08	313	4:36
389	3:29:27	279	3:06 308 2:27:36	6:47:52				
327.	287	29 M	Steve Ray	Baltimore MD				
6:48:24								
328.	76	50 F	Cheryl Lasher	Greenwood Village CO	293	41:21	322	4:43
377	3:24:20	339	4:30 327 2:34:28	6:49:20				
329.	222	33 F	Katie MacKintosh	Washington DC	110	34:46	242	3:55
401	3:34:14	264	2:59 329 2:34:54	6:50:46				
330.	111	37 F	Jen Green	Derwood MD	268	40:27	146	3:12
299	3:07:57	237	2:45 351 2:56:43	6:51:03				
331.	207	23 M	James Strane	Irwin PA	296	41:26	87	2:41
420	3:58:02	223	2:39 196 2:06:32	6:51:18				
332.	124	44 M	James Richardson	Chantilly VA	114	34:58	415	7:25
346	3:15:23	356	5:28 346 2:48:26	6:51:38				
333.	230	25 M	Anthony Leonetti	Amsterdam NY	429	1:07:30	264	4:08
335	3:13:47	350	4:56 259 2:18:05	4:00 6:52:24				
334.	391	61 M	Billy Loyd	Morehead City NC	321	42:14	288	4:21
340	3:14:19	260	2:55 347 2:48:50	6:52:37				
335.	89	26 M	Mark Lamont	Columbia MD	320	42:13	326	4:48
296	3:07:30	287	3:15 350 2:55:01	6:52:46				
336.	65	48 F	Alice Loughran	Washington DC	260	40:14	272	4:12
412	3:45:50	186	2:21 271 2:20:24	6:52:59				
337.	281	64 M	Jim Rudge	North Myrtle Beach SC	374	45:32	290	4:22
357	3:18:56	327	4:13 344 2:40:46	6:53:48				
338.	185	59 F	Catherine Lee	Culpeper VA	275	40:33	199	3:34
385	3:27:46	193	2:23 338 2:39:50	6:54:03				
339.	395	24 F	Jasmine Fleenor	Roanoke VA	398	48:55	235	3:53
405	3:38:43	235	2:45 269 2:20:13	6:54:27				
340.	317	37 M	Matthew Watson	Vienna VA	182	37:20	397	6:17
414	3:47:25	333	4:19 283 2:22:34	6:57:53				
341.	477 MC	45 M	John Panek	Bowie MD	387	47:23	321	4:41
390	3:29:29	257	2:53 324 2:33:41	6:58:06				
342.	330	48 M	James Borchelt	Havre De Grace MD	284	41:00	301	4:26
277	3:05:04	296	3:28 356 3:05:46	6:59:43				

343.	107	30 F	Katherine Wilmes	Alexandria VA	353	43:53	205	3:36
408	3:40:48	148	1:58 315 2:29:40	6:59:53				
344.	165	56 M	Brian Gudmundsson	Fredericksburg VA	310	42:01	333	4:52
394	3:31:00	312	3:53 336 2:38:49	7:00:32				
345.	1 MM	32 M	Erik Boyd	Virginia Beach VA	414	53:03	223	3:44
387	3:28:08	328	4:13 319 2:31:48	7:00:55				
346.	256	40 F	Rebecca Bates	Leesburg VA	264	40:20	411	7:04
410	3:41:31	357	5:28 313 2:29:16	7:03:37				
347.	37	30 F	Anne Guzzi	Washington DC	301	41:37	366	5:23
406	3:39:38	208	2:27 335 2:37:37	7:06:41				
348.	55	45 M	Thomas Colucia	Arlington VA	377	46:16	427	9:02
393	3:30:13	348	4:52 330 2:36:29	7:06:50				
349.	16 MM	42 M	Tom Kodera	McLean VA	430	1:09:37	420	7:54
417	3:50:21	212	2:32 152 1:59:33	7:09:56				
350.	270	38 F	Gerarda Culipher	Oakton VA	270	40:29	332	4:51
421	3:58:28	304	3:42 290 2:23:50	7:11:19				
351.	388	39 M	Scott Shaker	Alexandria VA	392	47:45	202	3:34
350	3:16:56	221	2:37 353 3:00:55	7:11:45				
352.	310	25 F	Maryanne Hull	Reston VA	424	57:48	246	3:57
397	3:31:34			7:11:48				
353.	322	38 F	Cynthia Hall	Woodbridge VA	423	57:43	354	5:12
416	3:49:13	266	2:59 278 2:21:07	7:16:12				
354.	463 C	39 M	Sean Perkins	Rockville MD	368	44:57	418	7:41
290	3:06:29	366	7:43 357 3:11:51	7:18:39				
355.	232	52 F	Annette Stang	Monrovia MD	416	53:21	421	8:07
395	3:31:16			7:25:09				
356.	354	45 F	Angela Decint	Falls Church VA	381	46:22	385	5:47
404	3:38:38	359	5:59 349 2:51:45	7:28:29				
357.	383	32 F	Sarah Potterton	Virginia Beach VA	370	45:03	303	4:28
415	3:49:02			7:29:09				
358.	278	66 M	Jim Vance	Culpeper VA	418	54:37	361	5:15
391	3:29:48	314	3:54 354 3:02:10	7:35:43				
359.	282	52 F	Barbara Zanotti	Burke FL	419	55:06	413	7:13
409	3:41:11	351	4:57 348 2:49:22	7:37:49				
360.	346	52 M	Charles Campbell	Leesburg VA	211	38:29	348	5:08
427	4:26:11	365	7:18 293 2:24:14	7:41:18				
May-10-2014			3:38:19pm					

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COMPLETE OVERALL RESULTS
2014 Kinetic Half 2014
Spotsylvania, VA 5/10/14 9:00am
Directed By Virginia Triathlon Series

Place	Bib Co	Ag S	NAME	city/state	Rank	SWIM	Rank	T1
Rank	Bike	Rank	T2 Rank	RUN PENALTY TIME DQ				
361.	237	59 F	Deb Wolfe	Centreville VA	431	1:11:36	414	7:20
402	3:35:38	302	3:36 345 2:45:31	7:43:40				
362.	335	51 F	Hope Megonigal	Vienna VA	218	38:45	349	5:09
403	3:37:42	244	2:47 359 3:20:27	7:44:48				
363.	351	33 F	Elizabeth Fox	Alexandria VA	420	56:55	367	5:23
413	3:45:57	317	3:56 352 2:58:27	7:50:35				
364.	471 A	36 F	Katie Herold	Fairfax VA	292	41:19	318	4:38
419	3:53:38	323	4:04 358 3:16:12	7:59:49				
365.	401	53 M	Mike Mitchell	Washington DC	428	1:01:14	426	8:47
8:01:49								
366.	168	35 F	Elynn Walter	Washington DC	413	51:46	416	7:30
425	4:12:19	290	3:18 355 3:02:22	8:17:14				
318	3:10:52	442 BM	Roy Waters	Brookeville, MD	251	39:45	405	6:43
398		32 M	Justin Moyer	Mechanicsville VA	13	27:53	13	1:57
4	2:19:45	17	1:04					
95		27 M	Bryan Piacentini	Manakin-Sabot VA	15	28:16	11	1:55
3	2:19:32	78	1:29					
357		47 F	Susan Brewton	Washington DC	224	39:03	178	3:24
260	3:02:55	149	2:00					
135		53 M	Lawrence Bowers	Chesapeake VA	62	32:32	93	2:43

61	2:36:53	162	2:07						
		226	53 F Maggie Crnic	Falls Church VA	285	41:04	226	3:46	
399	3:32:14	229	2:42						
		75	68 M Scott Lasher	Greenwood Village CO	348	43:38	118	2:56	
418	3:53:16	243	2:47						
		468 A	33 F Valerie Dix	Woodbridge VA	341	43:11	228	3:47	
423	4:01:59	282	3:12						
		149	48 F Michele Potter	Germantown MD	245	39:29	359	5:15	
293	3:06:55	297	3:31						
		216	51 M David Socolof	Chevy Chase MD	277	40:47	351	5:10	
181	2:52:29	338	4:29						
		219 BM	44 M Darren Rentch	Washington DC	18	29:42	67	2:31	
13	2:24:54								
		458 BM	38 M Adrian Cox	Washington DC	157	36:37	176	3:23	
19	2:28:19								
		427 BF	44 F Patty Shoaf	Durham NC	188	37:37	14	1:58	
21	2:28:57								
		462 BM	27 M Thomas Walton-Cale	Richmond VA	214	38:39	50	2:23	
22	2:29:00								
		186	34 M Scott Yates	Washington DC	37	31:06	15	1:58	
25	2:29:42								
		444 BM	29 M David Huntington	Chesapeake VA	141	36:02	88	2:41	
37	2:34:09								
		62 BM	42 M Craig Ellis	Herndon VA	190	37:40	155	3:14	
39	2:34:22								
		460 BM	56 M Bill Gary	Ashland VA	91	33:43	157	3:15	
46	2:35:12								
		447 BM	44 M Anthony Guida	Silver Spring MD	50	31:50	156	3:14	
48	2:35:20								
		455 BM	29 M Ryan Siler	Arlington VA	115	35:00	85	2:41	
50	2:35:25								
		450 BM	46 M David Connor	Fairfax VA	112	34:50	43	2:20	
53	2:35:49								
		456 BM	47 M Richard Jenrette	Washington DC	170	36:59	135	3:08	
66	2:37:18								
		418 BF	29 F Liz Whiteley	Washington DC	9	27:24	30	2:07	
69	2:37:45								
		441 BM	34 M Rob Berschinski	Washington DC	42	31:16	222	3:44	
77	2:38:45								
		80	51 M Serge Vanderbreetstraeten	Alexandria VA	176	37:10	243	3:56	
83	2:39:48								
		424 BF	48 F Jennifer Rentch	Washington DC	123	35:13	19	2:03	
86	2:40:02								
		436 BF	43 F Monica Robbers	Arlington VA	30	30:46	111	2:54	
95	2:41:05								
		35 BM	40 M Michael Johnson	Leesburg VA	87	33:25	126	3:00	
97	2:41:18								
		429 BF	38 F Michelle McKenna	Reston VA	25	30:31	368	5:24	
102	2:42:25								
		449 BM	50 M Wayne McAllister	Leesburg VA	54	32:00	54	2:24	
106	2:42:51								
		437 BF	46 F Julie Paddison	Durham NC	142	36:04	137	3:09	
110	2:43:06								
		459 BM	55 M Rick Hyatt	Henrico VA	225	39:03	72	2:34	
116	2:43:45								
		439 BM	40 M Cliff Congo	Vienna VA	286	41:05	309	4:32	
122	2:44:29								
		435 BF	37 F Kelly Britt	Chesterfield VA	153	36:26	168	3:19	
149	2:48:34								
		90	60 M Masaki Takahashi	McLean VA					
171	2:51:02								
		448 BM	50 M Christopher Vaughan	Washington DC	27	30:35	64	2:29	
189	2:53:19								
		434 BF	38 F Zuzana Michalcova	Alexandria VA	282	40:56	254	4:01	
218	2:56:41								
		299	30 M James Williams	Washington DC	300	41:37	399	6:23	
238	3:00:04								
		417 BF	34 F Stephanie Brealey	Washington DC	274	40:33	144	3:11	

246	3:01:17	422 BF	33 F	Addie Schroeder	Arlington VA	314	42:04	255	4:02
253	3:02:18	423 BF	34 F	Alison Eddy	Arlington VA	313	42:04	319	4:39
259	3:02:43	438 BF	37 F	Kathleen Bergin	Washington DC	26	30:32	164	3:18
272	3:04:47	428 BF	31 F	Rachael Bosch	Washington DC	338	43:08	73	2:36
279	3:05:25	526	34 F	Sandara Ospina	Washington DC	334	42:53	308	4:31
282	3:05:40	529 BF	37 F	Brenda Seyler	Glen Allen VA	401	49:40	342	5:03
303	3:08:23	60	46 M	Thomas Robison	Alexandria VA	410	50:51	406	6:45
315	3:10:06	86	46 M	William Isola	Kensington MD	379	46:18	286	4:20
333	3:13:32	430 BF	28 F	Anne Forney	Arlington VA	213	38:33	185	3:27
353	3:18:08	445 BM	36 M	Azad Shademan	Washington DC	263	40:20	370	5:25
354	3:18:25	46	44 F	Cris Howard	Reston VA	205	38:13	173	3:21
362	3:20:47	431 BF	52 F	Evelyn Adams	Alexandria VA	308	41:58	346	5:06
372	3:23:32	420 BF	56 F	Tamara Smith	Falls Church VA	399	48:57	373	5:26
378	3:25:15	446 BM	39 M	Brent Kynaston	Haymarket VA	319	42:12	401	6:25
380	3:25:45	425 BF	40 F	Khristyn Brimmeier	Washington DC	174	37:06	380	5:37
383	3:26:38								
	May-10-2014			3:38:19pm					

COMPLETE OVERALL RESULTS
2014 Kinetic Half 2014
Spotsylvania, VA 5/10/14 9:00am
Directed By Virginia Triathlon Series

Place	Bib	Co	Ag	S	NAME	city/state	Rank	SWIM	Rank	T1
Rank	Bike		Rank		T2 Rank	RUN PENALTY TIME DQ				
	416 BF		48 F		Maureen Williams	Alexandria VA	267	40:26	117	2:56
384	3:26:56									
	453 BM		63 M		Jeffrey Anspacher	Takoma Park MD	409	50:45	429	12:00
386	3:27:58									
	433 BF		31 F		Sarah Coble	Marshall VA	411	51:09	403	6:33
388	3:28:41									
	443 BM		54 M		Erik Jorgensen	Chesapeake VA	266	40:25	402	6:31
392	3:30:02									
	419 BF		35 F		Becky Baltes	Silver Spring MD	408	50:31	275	4:12
407	3:40:34									
	421 BF		33 F		Mina Mahdavi	Washington DC	403	49:56	218	3:43
411	3:42:54									
	457 BM		32 M		Michael Hitchings	Fairfax VA	315	42:07	409	7:01
422	3:59:21									
	452 BM		68 M		Kurt Konieczny	Amsterdam NY	422	57:26	428	9:52
424	4:04:41									
	493 BF		26 F		Daryl Cooch	Aldie VA	426	58:45	345	5:06
426	4:16:40									
	296		26 M		Paul Koehler	Arlington VA	51	31:52	247	4:00
	474 MC		41 M		Lance Nobles	Potomac Falls VA	354	44:02	328	4:49
	451 BM		51 M		Steven Feldman	Washington DC	34	30:58		
	38		45 M		Joe Barnes	Virginia Beach VA	388	47:25		
	May-10-2014				3:38:19pm					

433 records processed.

