VIRGINIA|MARYLAND
TRIATHLON SERIES

2015 Culpeper Gran Fondo
30 62 100 CULPEPER, VA

AUGUST 1, 2015

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Ride Guide

Mountain Run Lake Park Culpeper, VA

30 Mile Ride

100K Ride

100 Mile Ride

49 Mile Gravel Grinder

A Message from the Ride

Dear Riders,
It is with great pleasure that I welcome you to the Inaugural Culpeper Gran Fondo! Located in Culpeper, VA at Mountain Run Lake Park, and presented by the Virginia-Maryland Triathlon Series. This ride would not be possible without the support of the town of Culpeper and the hundreds of volunteers.

Training for a Ride , whether it being your first or twentieth, is a challenging endeavor and we know you have worked hard in the weeks and months leading up to this event. Getting to the starting line is a success in itself and we hope to make your Gran Fondo experience positive and fun while helping you to achieve your athletic goals. Myself and the rest of our team thank you for being here and will be doing everything possible to help you reach the finish line.

If you have and questions, concerns, or feedback, please do not hesitate to let us know.

Greg Hawkins—Event Director

Thanks to our sponsors for their support!















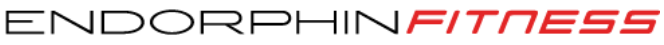












WE DARE YOU TO RIDE

Schedule of Events

Friday, July 31, 2015	Pre-Ride Timeline

3-6:00pm: Packet pickup @ the Bike Stop in Downtown Culpeper

Bike Stop – 120 West Culpeper Street – Culpeper, VA 22701
540-825-2105

Saturday, August 1, 2015	Ride Day Timeline

6:00-7:30 am: Packet pickup (@ ride site)

Mtn Run Lake Park-16100 JB Carpenter Jr. Dr, Culpeper, VA 22701

7:20am: All riders line up to start at 7:30am sharp!

7:30am: ALL RIDE STARTS

11:30am: Post Ride Festival Starts

3:30pm: Course support will end

4:00pm: Post Ride Festival Ends

Ride Day Parking

Parking will be available at the ride site. All cars must be parked by 7:30am The parking lots in the grass fields are within the immediate vicinity to the ride site. Look for signs and volunteers upon arrival at the ride site for additional directions.



Race Site address:
Mountain Run Lake Park
16100 JB Carpenter Jr. Dr
Culpeper, VA 22701

Physical Address

Ride Site: Mountain Run Lake Park

16100 JB Carpenter Jr. Drive

Culpeper, VA 22701 **Directions**

Packet Pickup

Packet Pickup will be at the following times:

Friday July 31st, 3—6:00pm at the Bike Stop in Downtown Culpeper
(120 West Culpeper Street – Culpeper, VA 22701 540-825-2105)

Saturday, August 1st, 6:00—7:30am at Ride Site

Things to bring with you to Packet Pickup:

1. Photo ID—this is REQUIRED! No ID = No Ride!!!
2. Everyone Must sign a waiver at Packet Pick-Up!
3. Questions

-Special notes about Packet Pickup

1. Adults—Each adult must pickup their own Ride packet.
2. Minors—Those under the age of 18 years old may have their parent/guardian sign waiver.



Bike Support

The crew from The Bike Stop out of Culpeper the official bike support sponsor of the Culpeper Gran Fondo will be available on and off the ride course to meet your ride day bike support needs. Stop by their tent for any last minute riding supplies or bike maintenance procedures!

Aid Stations



Aid Stations: There are 4 aid stations located throughout the course.

1. Mile 9/94 – Reva and Griffinsburg Rd
2. Mile 23.4 – Village of Etlan
3. Mile 34/83 – Mt. Calvary Baptists Church (note: this is 200 meters past the turn for mile 34)
4. Mile 59 – Grace Baptist Community Church

Note: All mileage above is in relation to the 101 mile route. All stations will have water, Gatorade, Coke, fruit, granola bars, PB&J sandwiches, portajons and bike technical support.

Post Ride Food

Drinks, fruit, cookies, chips, and assorted candy be provided free of charge to riders following the Ride. All riders will receive BBQ at the finish line. There will also be food available for sale.

Ride Numbers

Each rider will receive a bike frame number.

- The number is to be placed on the top tube or seat post during the ride.







Century Ride—102 miles



◊ The Century Ride Map is posted on the **Culpeper Gran Fondo** page of the VTSMTS website.

Century Ride Course Map 102 Miles





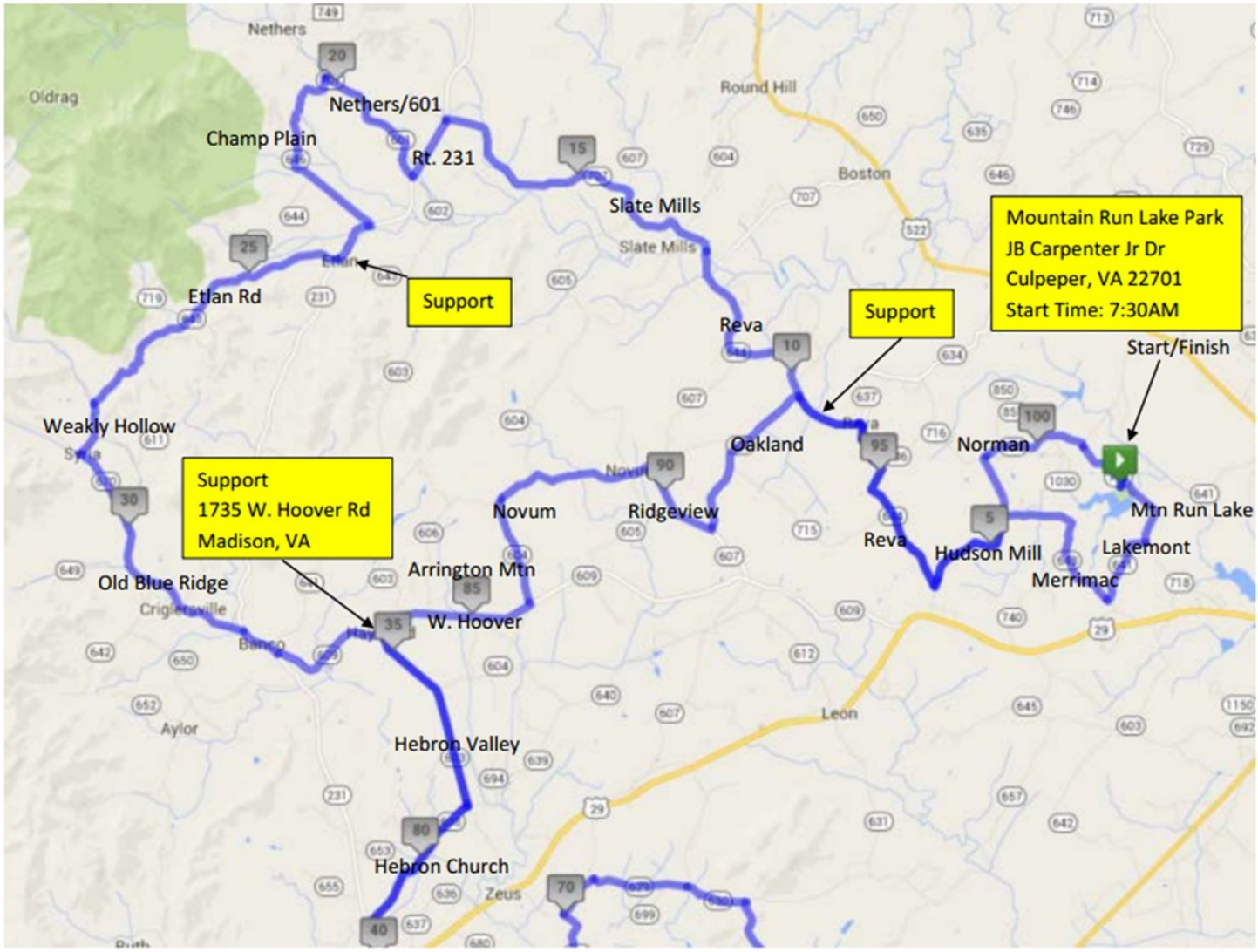
◊ Rider bike numbers will be handed out at Packet Pick Up!

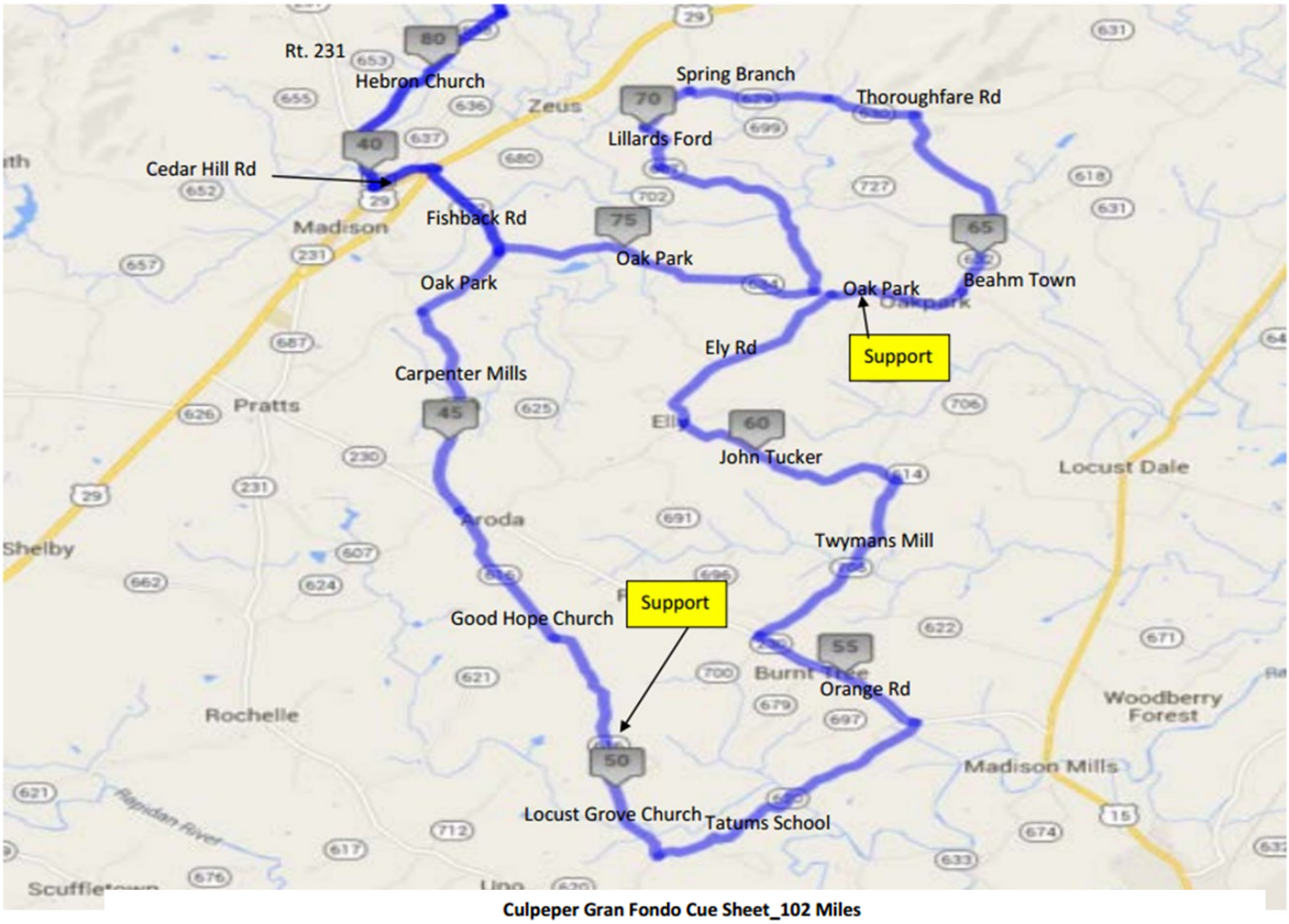
◊ Please wear your number on your top tube or seat post!

◊ Please follow the signs that direct you on your route

◊ 100 Miles GREEN, 100K YELLOW, 30 Miles ORANGE

Culpeper Gran Fondo 102 Mile Route





Culpeper Gran Fondo Cue Sheet_102 Miles

Turn	Mileage	Next	Turn	Mileage	Next
Right out of Park	0	1.3	Left on Orange Rd (230)	54.1	1.8
Right on Lakemont	1.3	1.0	Right on Twymans Mill Rd (705)	55.9	2.6
Right on N. Merrimac	2.3	2.2	Left on John Tucker (674)	58.5	2.2
Left on Hudsons Mill	4.5	1.6	Right on Ely Rd (607)	60.7	2.6
Right on Reva	6.1	2.6	Right on Oak Park (634)	63.3	0.45
Left on Reva	8.7	0.7	***Aid Station***	***63.75***	0.65
Aid Station	***9.4***	3.2	Left on Beahm Town (632)	64.4	2.8
Left on Slate Mills	12.6	4.8	Left on Thoroughfare (630)	67.2	0.8
Left on 231	17.4	1.0	Road changes to Spring Branch (629)	68	1.3
Right on Nethers Rd (602	18.4	2.0	Left on Lilliards Ford (629)	69.3	0.6
Left on Champe Plain (646)	20.4	2.8	Left on Lilliards Ford (607))	69.9	3.3
Right on 231	23.2	0.5	Right on Oak Park (634)	73.2	3
Right on Etlan Rd (643)	23.7	2.5	Right on Fishback Rd (722)	76.2	1.3
Highest Point of Ride!	***26.2***	2.0	Cross Rt. 29 onto Cedar Hill	77.5	0.7
Left on Weakly Hollow	28.2	0.6	Right on 231	78.2	0.6
Left on Old Blue Ridge Turnpike	28.8	3.7	Right on Hebron Church	78.8	2.1
Right on 231	32.5	0.6	Left on Hebron Valley	80.9	2.7
Left on W. Hoover (609)	33.1	1.7	***Right on W. Hoover - Aid Station***	***83.6***	2.1
Right on Hebron Valley - Aid Station	***34.8***	2.7	Left on Arrington Mtn	85.7	1.5
Right on Hebron Church	37.5	2.0	Turns into Novum	87.2	2.4
Left on 231	39.5	0.7	Right on Ridgeview	89.6	1.2
Left on Cedar Hill Rd	40.2	0.6	Left on Oakland	90.8	2.4
Cross Rt. 29 onto Rt. 722 (Fishback Rd)	40.8	2.5	***Right on Reva - Aid Station***	***93.2***	1
Left on Carpenters Mill Rd (616)	43.3	2.6	Right on Reva	94.2	2.6
Cross Orange Rd and stay on 616	45.9	0.0	Left on Hudsons Mill	96.8	2.4
(name changes to Good Hope Ch)	45.9	1.9	Right on Norman	99.2	1.4
Aid Station (name changes to Locust Grove Ch)	***47.8***	3.1	Right on Mtn Run Lake Rd	100.6	0.9
Left on Tatums School Rd (620)	50.9	3.2	Right into Park	101.5	Done!

Metric Century Ride—100K

◊ The Metric Century Ride Map is posted on the **Culpeper Gran Fondo** page of the VTSMTS website.

Metric Century Ride Course Map 100K (Scroll Down)

◊ Rider bike numbers will be handed out at Packet Pick Up!

◊ Please wear your number on your top tube or seat post!

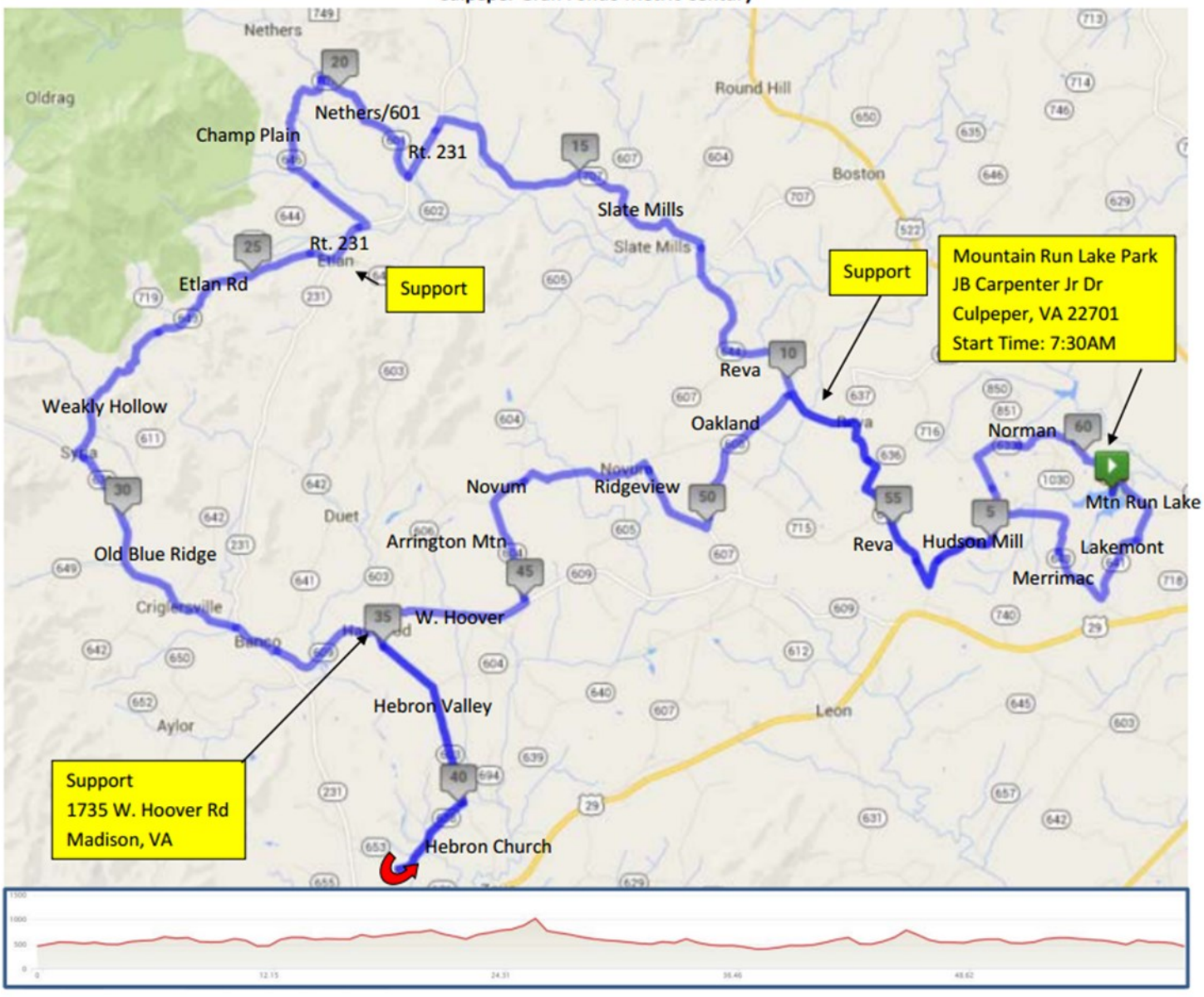
◊ Please follow the signs that direct you on your route

◊ 100 Miles GREEN, 100K YELLOW, 30 Miles ORANGE





Culpeper Gran Fondo Metric Century



32 Mile Ride



◊ The 30 Mile Ride Map is posted on the **Culpeper Gran Fondo** page of the VTSMTS website.

32 Mile Ride Course Map





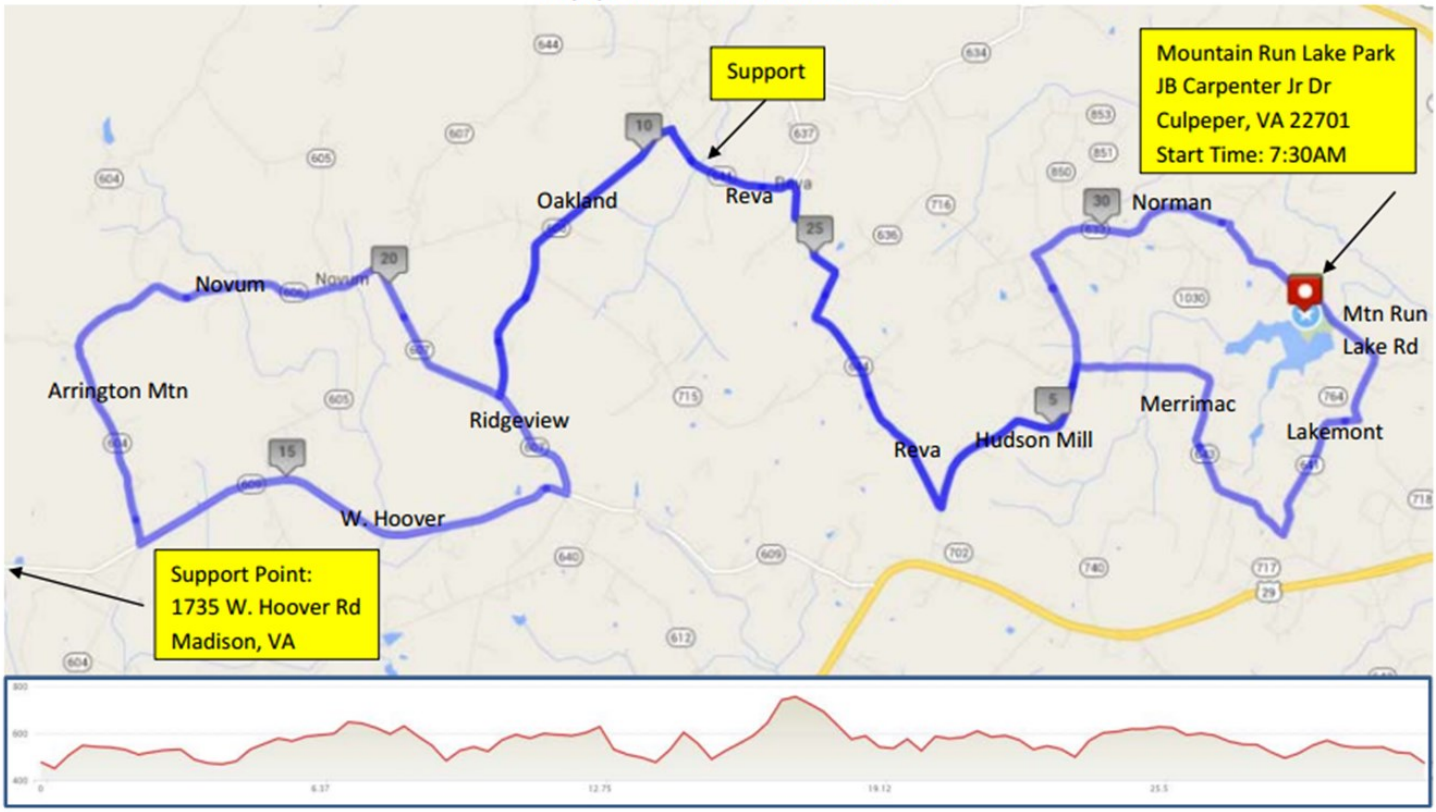
◊ Rider bike numbers will be handed out at Packet Pick Up!

◊ Please wear your number on your top tube or seat post!

◊ Please follow the signs that direct you on your route

◊ 100 Miles GREEN, 100K YELLOW, 30 Miles ORANGE

Culpeper Gran Fondo 32 Mile Route



52 Mile Gravel Grinder Ride

◊ The 49 Mile gravel Grinder Ride Map is posted on the **Culpeper Gran Fondo** page of the VTSMTS website.

52 Mile Ride Course Map

◊ Rider bike numbers will be handed out at Packet Pick Up!

◊ Please wear your number on your top tube or seat post!

◊ Please follow the signs that direct you on your route

◊ 100 Miles GREEN, 100K YELLOW, 30 Miles ORANGE 49 Mile Gravel Grinder Riders will be given a personal Cue Sheet!

