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A Message from the Ride Director

Dear Riders,

It is with great pleasure that I welcome you to this year's Culpeper Gran Fondo! Located in Culpeper, VA at Mountain Run Lake Park, and presented by the Virginia-Maryland Triathlon Series. This ride would not be possible without the support of the town of Culpeper and the hundreds of volunteers.

Training for a Ride, whether it being your first or twentieth, is a challenging endeavor and we know you have worked hard in the weeks and months leading up to this event. Getting to the starting line is a success in itself and we hope to make your Gran Fondo experience positive and fun while helping you to achieve your athletic goals. Our team thanks you for being here and will be doing everything possible to help you reach the finish line.

If you have and questions, concerns, or feedback, please do not hesitate to let us know.

Greg Hawkins—Event Director

### Thanks to our sponsors for their support!































### Schedule of Events

#### Friday, August 4th, 2017

#### **Pre-Ride Timeline**

4-6:00pm: Packet pickup @ Ride site

Mtn. Run Lake Park

16100 JB Carpenter Jr. Dr.

Culpeper, VA 22701

#### Saturday, August 5th, 2017

#### **Ride Day Timeline**

6:00-7:30 am: Packet pickup (@ ride site)

Mtn Run Lake Park-16100 JB Carpenter Jr. Dr, Culpeper, VA 22701

6:50am: 100 mile & 100K riders line up to start at 7am sharp!

7:20am: 32 Mile riders line up for 7:30am start

11:30am: Post Ride Festival Starts3:30pm: Course support will end

4:00pm: Post Ride Festival Ends

# Ride Day Parking

Parking will be available at the ride site. All cars must be parked by 7am The parking lots in the grass fields are within the immediate vicinity to the ride site. Look for signs and volunteers upon arrival at the ride site for additional directions.



Race Site address:

Mountain Run Lake Park

16100 JB Carpenter Jr. Dr

Culpeper, VA 22701

## Physical Address

Ride Site: Mountain Run Lake Park

16100 JB Carpenter Jr. Drive

Culpeper, VA 22701 Directions

## Packet Pickup

Things to bring with you to Packet Pickup:

- I. Photo ID—this is REQUIRED! No ID = No Ride!!!
- 2. Everyone Must sign a waiver at Packet Pick-Up!
- 3. Questions
- -Special notes about Packet Pickup
- 1. Adults—Each adult must pickup their own Ride packet.
- 2. Minors—Those under the age of 18 years old may have their parent/guardian sign waiver.

## Mountain Run Winery

Mountain Run Winery is holding a party with live rock music by South Canal Street and dinner provided by the aptly-named "Buns



on the Run" food truck from 5:00 to 8:00 pm on Saturday after the ride. The winery will be open Friday August 4th from 4pm to Sunset and from 11:00 am to 9:00 pm both Saturday and Sunday of the ride weekend with free wine tastings for riders and their families and will also have camping available on Friday & Saturday night. Just like last year.

**Interested in camping** before the race? Mountain Run Winery is opening one of our fields across from the vine-yard for camping both Friday (before the Gran Fondo) and Saturday (before the triathlon). Camping is \$25/tent and we have restrooms, but no showers, on site. If you are interested in camping out please email MountainRunWinery@gmail.com to make a reservation.

The Virginia State Fair just named their Meritage the second best in Virginia.

For more information visit:

http://www.mountainrunwinery.com/culpeper-triathlon



### **Aid Stations**

**Aid Stations:** There are 5 aid stations located throughout the courses.

#### **Aid Stations**

#1 - Reva Rd 8:00AM - 3:00PM

#2 - DuCard Vineyard (Etlan) 8:30AM—11:30AM

#3 - W. Hoover 9:00AM-2:30PM

#4 - Good Hope Ch. 10:00AM - 1:00PM

#5 - Oak Park 10:30AM 2:30PM Start / Finish 7:30AM — 3:30PM

See print out of aid stations **HERE** 

### Post Ride Food

rinks, fruit, cookies, chips, and assorted candy be provided free of charge to riders following the Ride. All riders will receive BBQ at the finish. There will also be food available for sale.

### **Ride Numbers**

Each rider will receive a bike frame number and a bib number.

- The number is to be placed on the top tube or seat post during the ride.
- The bib number can go anywhere on the riders clothing.









### 32 OUTSTANDING EVENTS OF EVERY DISTANCE ACROSS THE GREAT STATES OF VIRGINIA AND MARYLAND.

#### 2017 RACE DATES

- O SMITHFIELD SPRINTS ATURDAY, MARCH 455 MITHFIELD, VA
- RTC SPRINTSATURDAY, APRIL 2 PRICHMOND, VA
- SMITH MOUNTAIN LAKEATURDAY, MAY SMITH MTN LAKE, VA
- O KINETIC HALF & INTERNATION AIATURDAY, MAY 13LAKE ANNA, VA
- O KINETIC SPRINTSUNDAY, MAY 1 LAKE ANNA, VA
- GENERAL SMALLWOOD INTERNATION(MICURDAY, MAY 2/INDIAN HEAD, MD
- O GENERAL SMALLWOOD SPRINGUNDAY, MAY 2 INDIAN HEAD, MD
- O ROCK HALL INTERNATIONAL TURDAY, JUNE PROCK HALL, MD
- O ROCK HALL SPRINTS UNDAY, JUNE AROCK HALL, MD
- O JAMESTOWN INTERNATIONALATURDAY, JUNE 10WILLIAMSBURG, VA
- JAMESTOWN SPRINTSUNDAY, JUNE 1 WILLIAMSBURG, VA
- ST. MARY'S INTERNATIONAL & SPRINTATURDAY, JUNE 17ST. MARYS, MD.
- O COLONIAL BEACH SPRINGATURDAY, JULY & COLONIAL BEACH, VA
- O COLONIAL BEACH INTERNATION MUNDAY, JULY OCOLONIAL BEACH, VA
- O TIDEWATERSATURDAY, JULY 15HAMPTON, VA
- CULPEPER (RAN FONDO\*SATURDAY, AUGUST) CULPEPER VA
- O CULPEPER INT & SPRINTSUNDAY, AUGUST CULPEPER, VA
- O PATRIOT'S HALF & INTERNATIONAL TURDAY, SEPTEMBER WILLIAMSBURG, VA
- PATRIOT'S SPRINTSUNDAY, SEPTEMBER 1/OWILLIAMSBURG, VA
- SAVAGEMAN 20.0 & 30.6 ATURDAY, SEPTEMBER 1 DEEP CREEK, MD
- SAVAGEMAN 70.65UNDAY, SEPTEMBER 17DEEP CREEK, MD
- O GIANT ACORN INTERNATION MATURDAY, SEPTEMBER 2 LAKE ANNA, VA
- GIANT ACORN SPRINGUNDAY, SEPTEMBER 24LAKE ANNA, VA
- WATERMANS HALF & INTERNATIONALTURDAY, SEPTEMBER 3(TROCK HALL, MD)
- WATERMANS SPRINTSUNDAY, OCTOBER TROCK HALL, MD
- O LIBERTY UNIVERSITY INTERNATIONALATURDAY, OCTOBER 45MITH MTN LAKE, VA
  - \* DENOTES CYCLING ONLY EVENT



# Century Ride—101 miles



♦ The Century Ride Map is posted on the **Culpeper Gran Fondo** page of the VTSMTS website.

### Century Ride Course Map 101 Miles

Pdf version HERE Scroll down to see the 101 Mile course.

- A Rider bike numbers will be handed out at Packet Pick Up!
- ♦ Please wear your number on your top tube or seat post!
- Please follow the signs that direct you on your route
- ♦ 100 Miles GREEN, 100K YELLOW, 30 Miles ORANGE



### Metric Century Ride—100K



♦ The Metric Century Ride Map is posted on the **Culpeper Gran Fondo** page of the VTSMTS website.

### Metric Century Ride Course Map 100K

Pdf version HERE (Scroll Down) to see the 100K

- ♦ Rider bike numbers will be handed out at Packet Pick Up!
- ♦ Please wear your number on your top tube or seat post!
- ♦ Please follow the signs that direct you on your route
- ♦ 100 Miles RED, 100K BLUE, 30 Miles WHITE



### 32 Mile Ride



♦ The 30 Mile Ride Map is posted on the **Culpeper Gran Fondo** page of the VTSMTS website.

### 30 Mile Ride Course Map

#### Pdf version HERE

- ♦ Rider bike numbers will be handed out at Packet Pick Up!
- ♦ Please wear your number on your top tube or seat post!
- ♦ Please follow the signs that direct you on your route
- ♦ 100 Miles RED, 100K BLUE, 30 Miles WHITE



