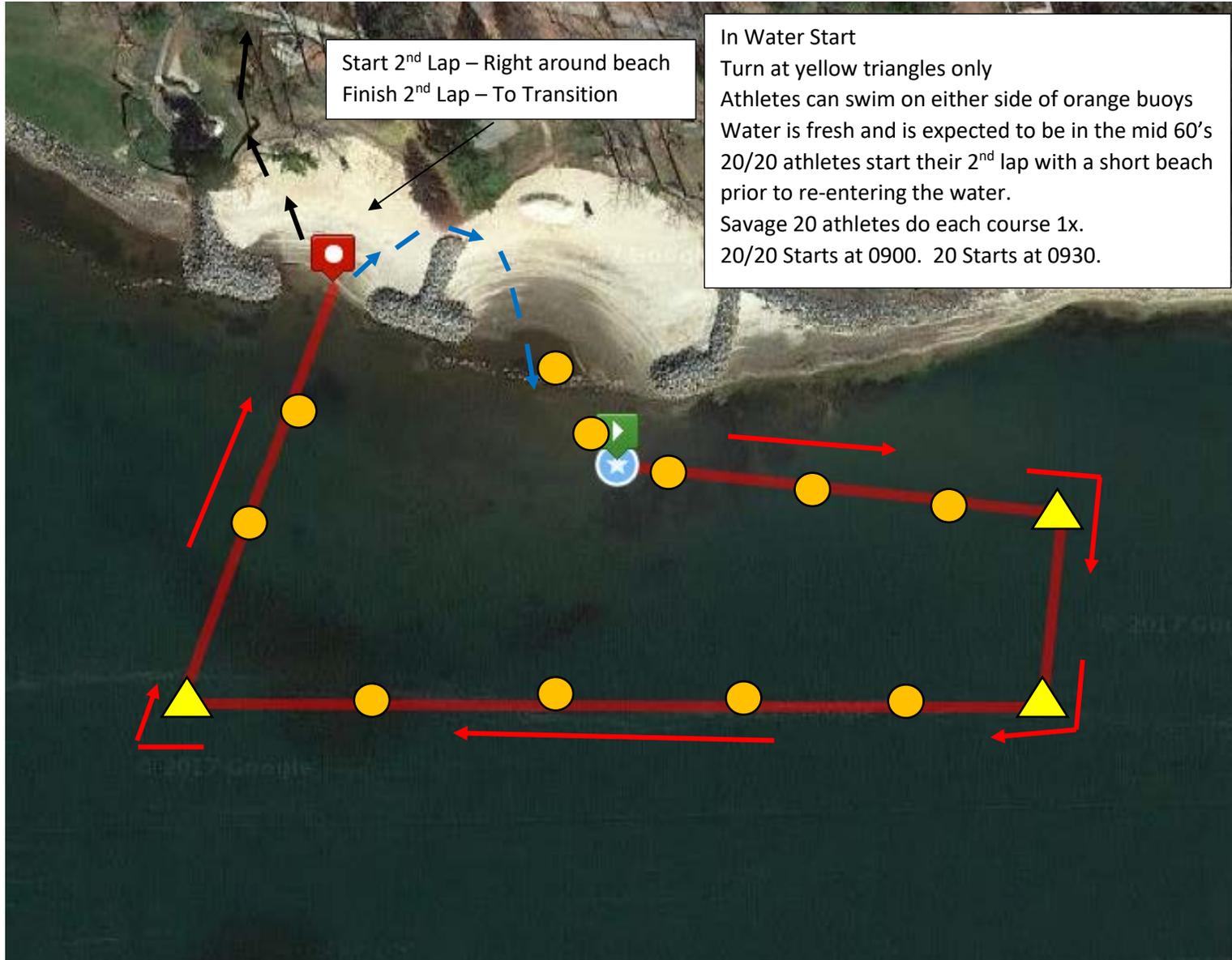


### Savage 20-20 Triathlon Swim Course\_500 meter (2x)

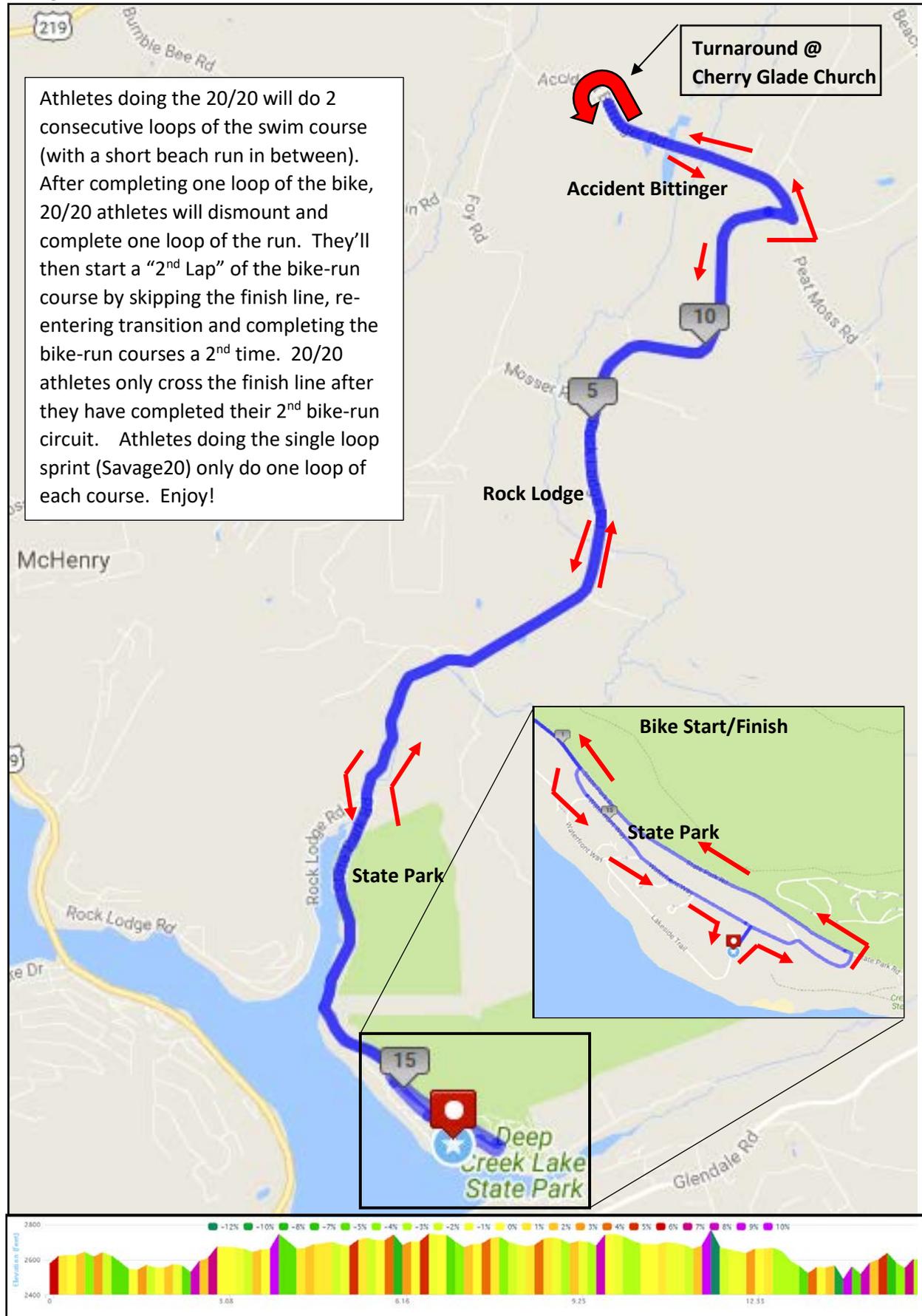


Start 2<sup>nd</sup> Lap – Right around beach  
Finish 2<sup>nd</sup> Lap – To Transition

In Water Start  
Turn at yellow triangles only  
Athletes can swim on either side of orange buoys  
Water is fresh and is expected to be in the mid 60's  
20/20 athletes start their 2<sup>nd</sup> lap with a short beach prior to re-entering the water.  
Savage 20 athletes do each course 1x.  
20/20 Starts at 0900. 20 Starts at 0930.

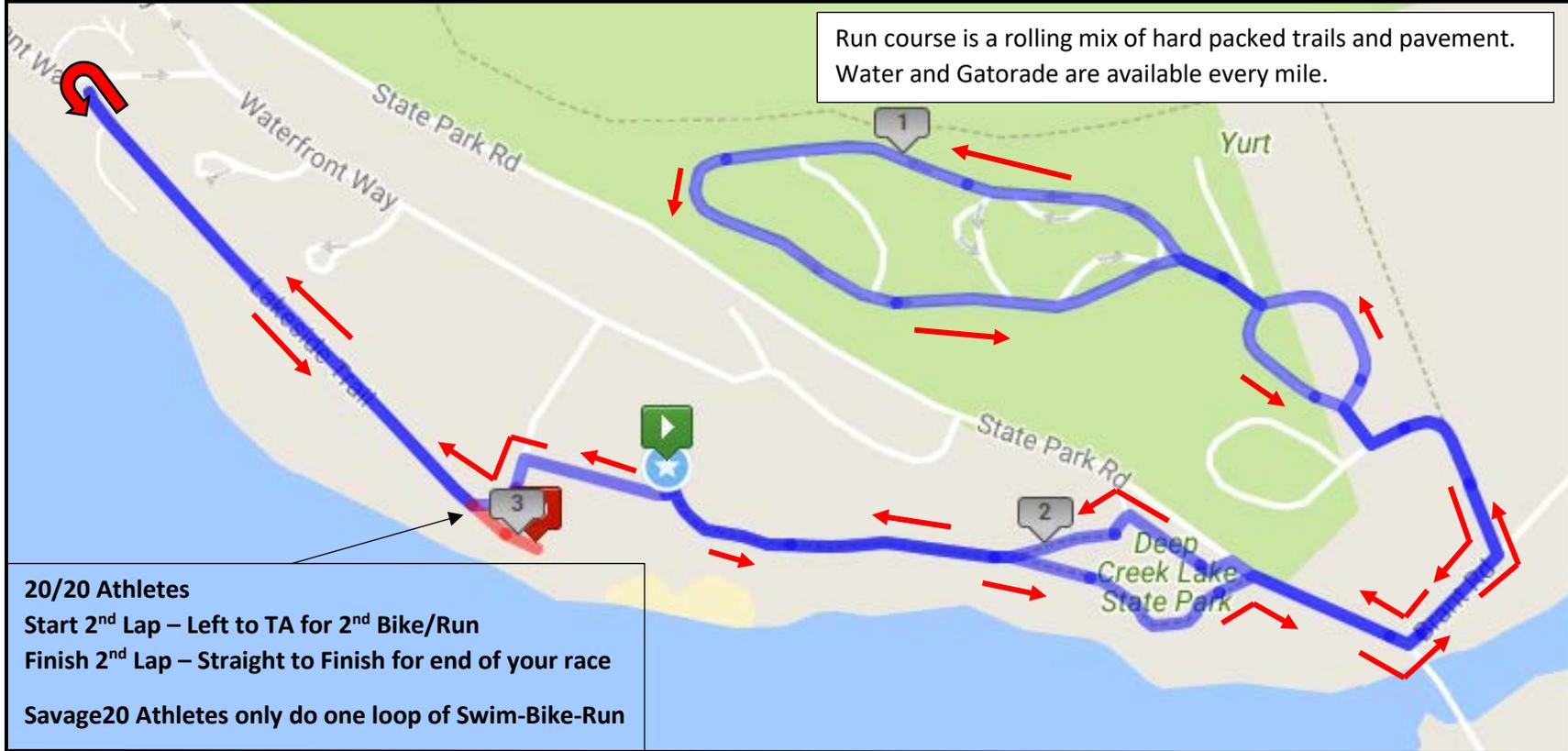
## SavageMan 20-20 Triathlon Bike Course (15.5 Miles)

Athletes doing the 20/20 will do 2 consecutive loops of the swim course (with a short beach run in between). After completing one loop of the bike, 20/20 athletes will dismount and complete one loop of the run. They'll then start a "2<sup>nd</sup> Lap" of the bike-run course by skipping the finish line, re-entering transition and completing the bike-run courses a 2<sup>nd</sup> time. 20/20 athletes only cross the finish line after they have completed their 2<sup>nd</sup> bike-run circuit. Athletes doing the single loop sprint (Savage20) only do one loop of each course. Enjoy!



**Savage 20 Run Course\_3.1 miles**

Run course is a rolling mix of hard packed trails and pavement.  
Water and Gatorade are available every mile.



**20/20 Athletes**  
**Start 2<sup>nd</sup> Lap – Left to TA for 2<sup>nd</sup> Bike/Run**  
**Finish 2<sup>nd</sup> Lap – Straight to Finish for end of your race**  
**Savage20 Athletes only do one loop of Swim-Bike-Run**

