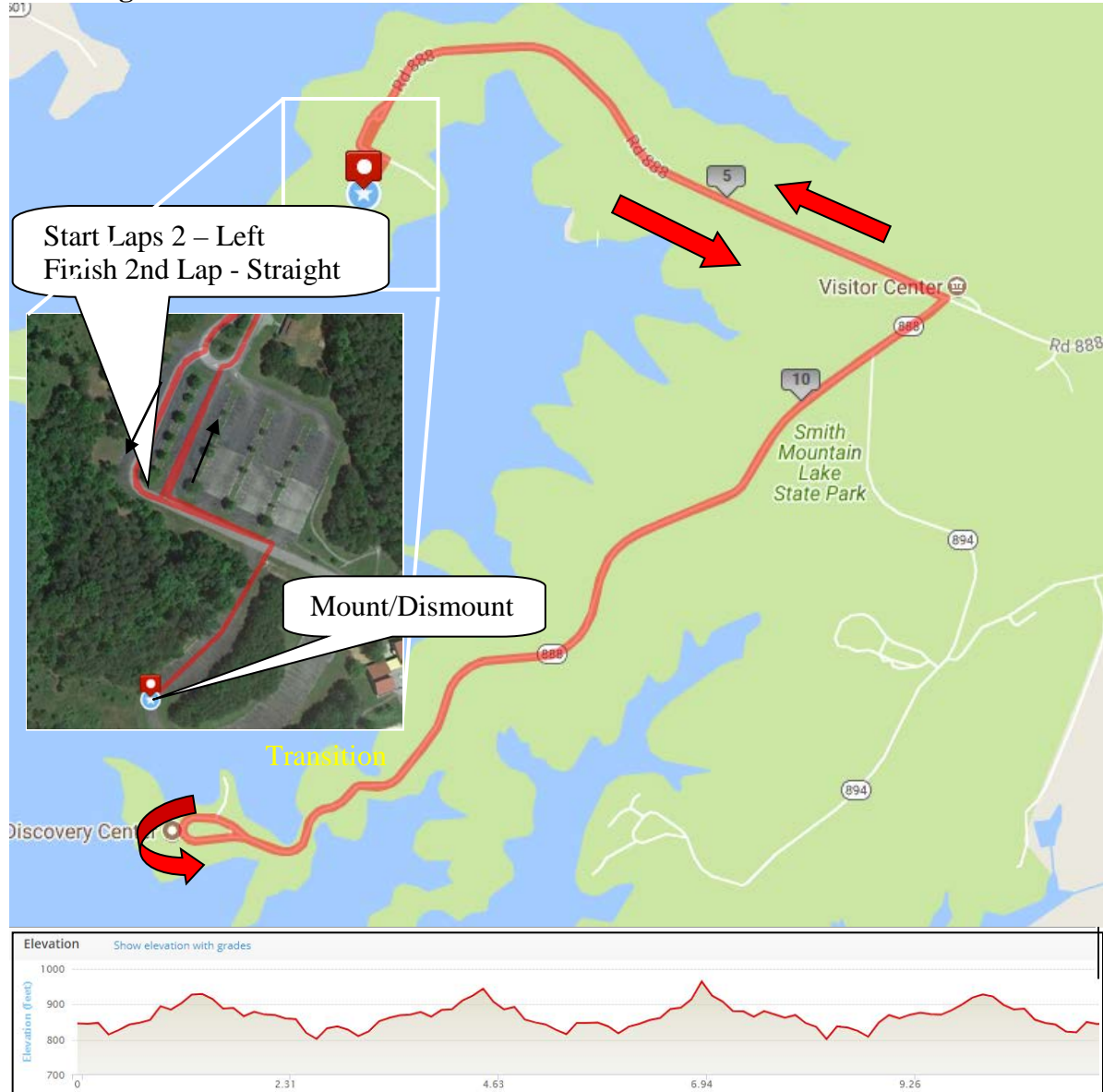


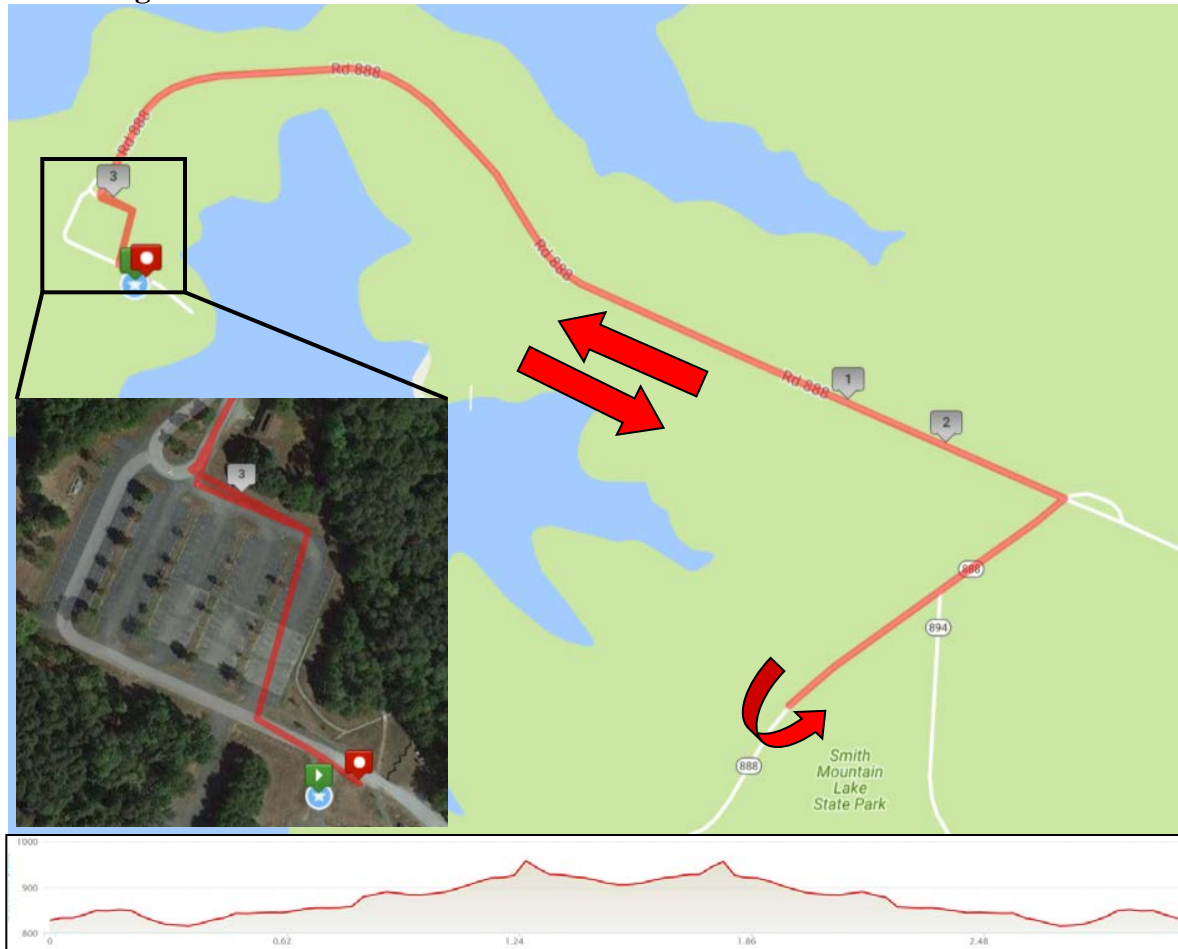
Draft Legal Triathlon Swim Course: 750 Meters



Draft Legal Triathlon Bike Course: 20k



Draft Legal Triathlon Run Course: 5k



Smithfield Sprint - Richmond Sprint – Rumpus in Bumpass - Smith Mountain Lake - Kinetic Triathlon Festival
 General Smallwood Triathlon - Rock Hall Triathlon - Jamestown Triathlon & Gran Fondo - Bath County
 Colonial Beach Triathlon - Culpeper Triathlon & Gran Fondo - Patriots Triathlon
 SavageMan Triathlon - Giant Acorn Triathlon - Waterman's Triathlon