

### Watermans Half Swim Course 1.2 Miles

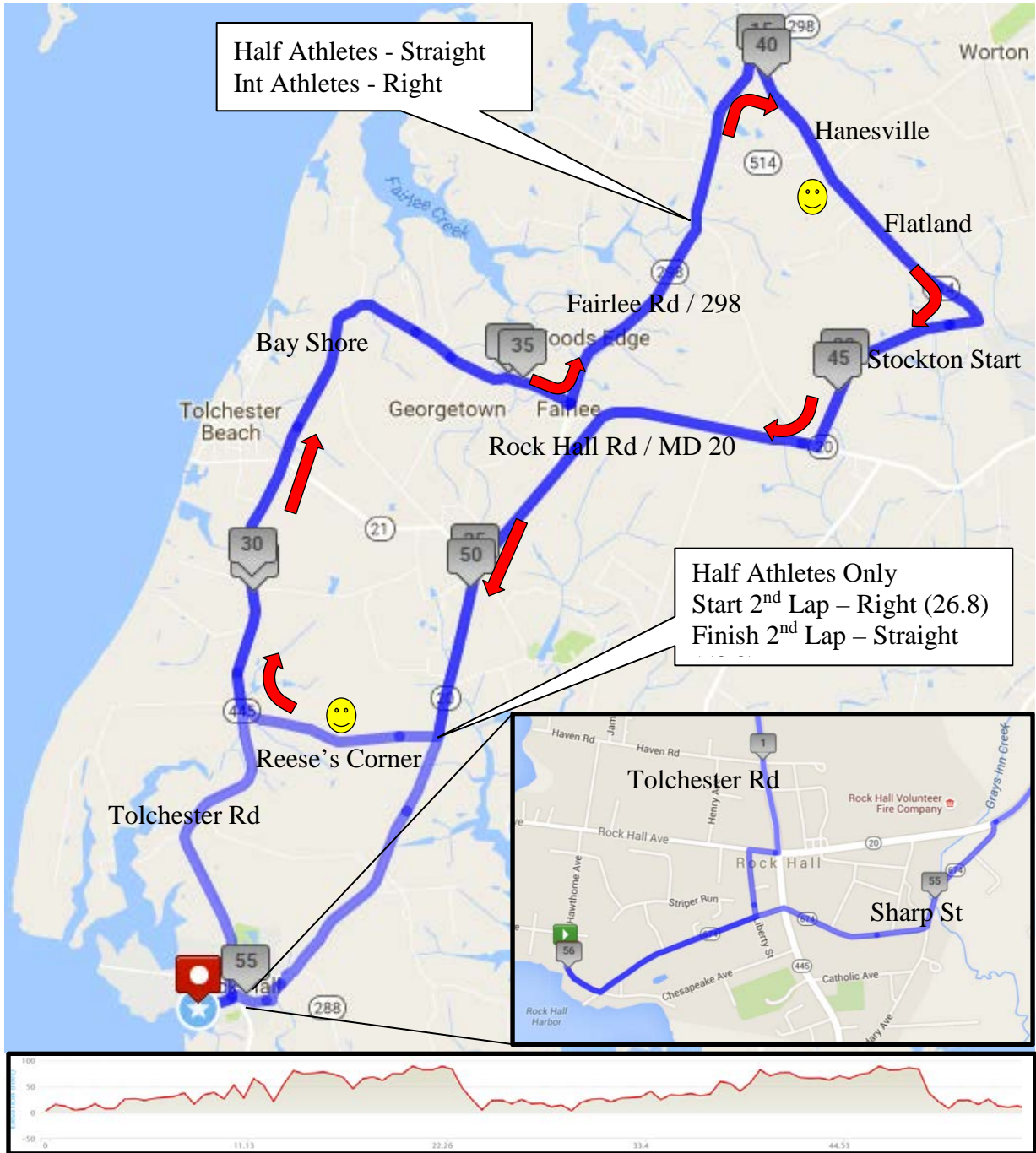


### Watermans Half – 1.2 Miles

This two loop swim course starts adjacent to the Watermans Restaurant, at swim exit. Athletes will do two entire loops of the course. Yellow triangles will serve as your turn buoys, there are orange round buoys to get you to the turns. When you approach the swim exit the first time, start your 2<sup>nd</sup> lap. When you approach it the second time, you'll finish your second lap, climb out and run down the dock to transition! The International will start 30 minutes later at the City Dock.

**General Notes:** Swim start is a 5 minute walk from transition. There is one pre-race meeting at 7:45AM. Any gear left at swim start will be taken back to the finish line.

**Watermans Half Bike Course\_55.7 Miles**



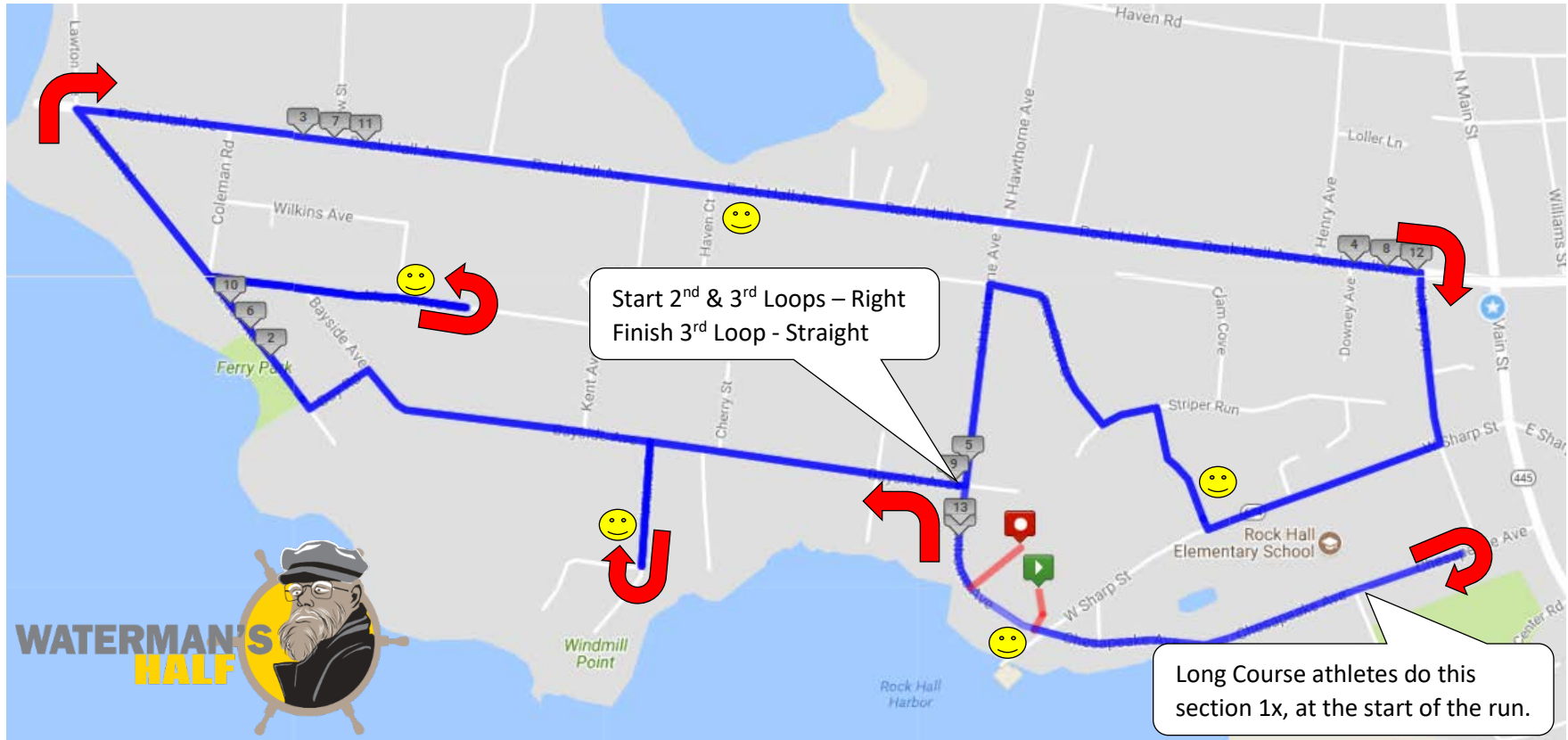
*\*Note: the elevation chart is misleading as the course goes a maximum of 80' above sea level\**



**Watermans Half Cue Sheet – Note this is a 2 Loop Course**

<b>Mileage</b>	<b>Note</b>
0.0	Proceed West on Sharp St
0.4	Turn Left on Liberty St
0.55	Turn Right on Rock Hall Ave
0.60	Turn Left on N. Main/Tolchester (MD 445)
6.50	Cross over Tolchester Beach (MD 21) as Tolchester turns into Bay Shore Rd
10.7	Turn Left on Fairlee Rd, (MD 298)
<b>13.0</b>	<b><i>Maintain Straight on 298 as International turns right</i></b>
14.8	Turn Right on Hanesville Rd
H2O	<i>Water/Gatorade Bottle Handoff</i>
18.44	Turn Right on Stockton Startt Rd
20.70	Turn Right on Chesterton Rd (MD 20)
<b>21.73</b>	<b><i>Caution as International Distance Cyclists merge into Half Course</i></b>
26.65	<b><i>Start 2<sup>nd</sup> Lap</i></b> – Turn Right on Reese’s Corner
H2O	<i>Water/Gatorade Bottle Handoff</i>
28.75	Turn Right on Tolchester Road
31.36	Cross over Tolchester Beach (MD 21) as Tolchester turns into Bay Shore Rd
35.56	Turn Left on Fairlee Rd, (MD 298)
<b>37.86</b>	<b><i>Maintain Straight on 298 as International turns right</i></b>
39.71	Turn Right on Hanesville Rd
H2O	<i>Water/Gatorade Bottle Handoff</i>
43.29	Turn Right on Stockton Startt Rd
45.57	Turn Right on Chesterton Rd (MD 20)
<b>46.58</b>	<b><i>Caution as International Distance Cyclists merge into Half Course</i></b>
51.53	<b><i>Finish 2<sup>nd</sup> Lap</i></b> – Maintain Straight on Rock Hall Rd (MD 20)
54.44	Turn Left on Sharp St (MD 674)
54.75	Veer Right on Sharp St
55.10	Maintain Straight across S. Main Street
55.60	Dismount Bike

## Watermans Triathlon Long Course Run\_13.1 Miles\_3 Loops



The Waterman's Half Run Course starts with a short 1/3 mile out and back section then gets into the groove with three 4.2 mile loops. It is completely flat and has little to no shade. Water, Gatorade and ice will be available approximately every mile on the route. The Waterman's International Course uses a lot of the same route, but turns right on S. Hawthorne to create a shorter loop. There are beautiful views of the Chesapeake Bay, sailboats, and nautically themed yards throughout!

