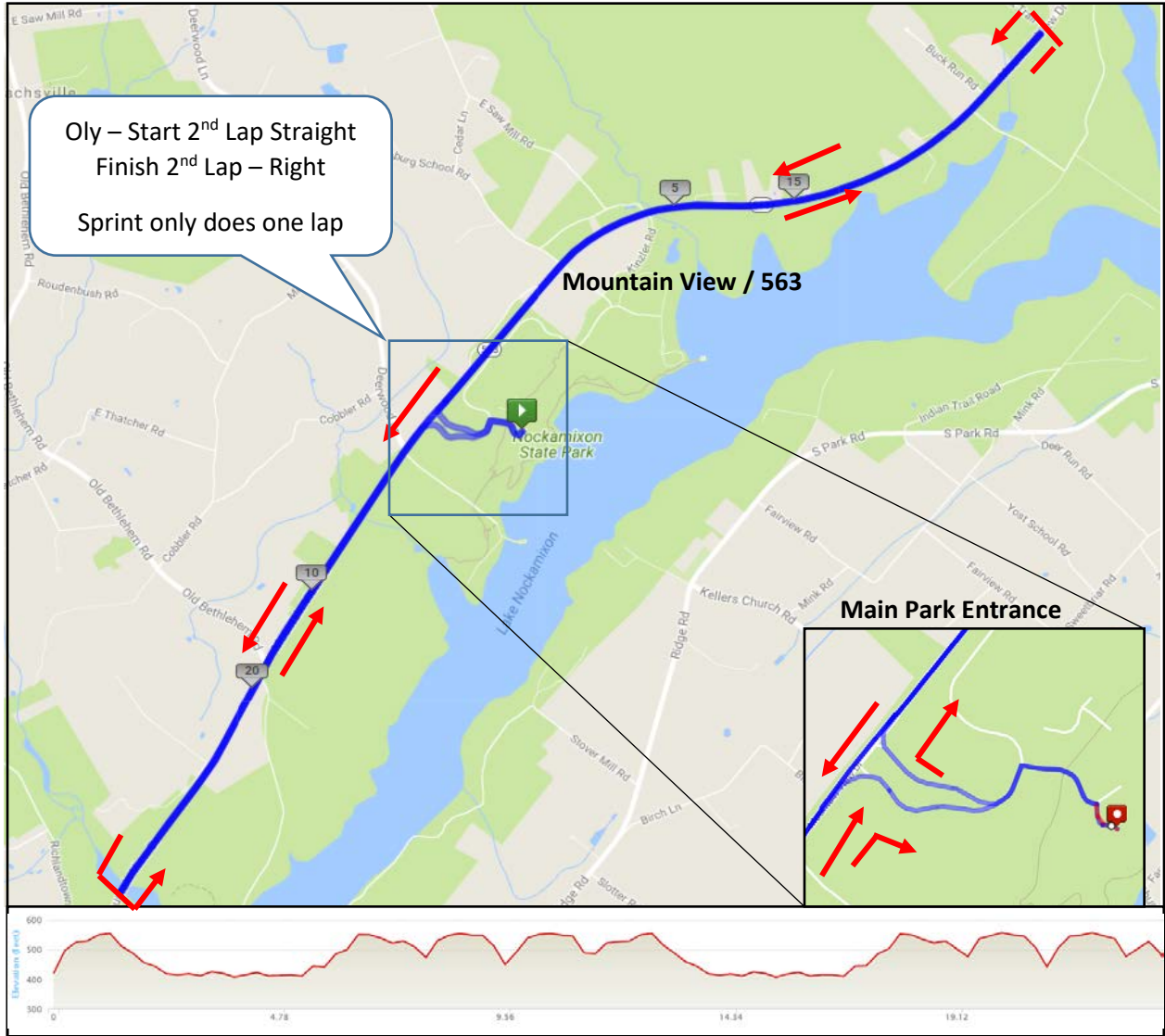


Independence Triathlon Swim Course_1500 / 750 Meters



In Water Start
Sprint is a one loop swim, Olympic is two loops.
Athletes can swim on either side of orange buoys,
yellow triangles must be on your right.
Water temperature is expected to be in the mid 70's.

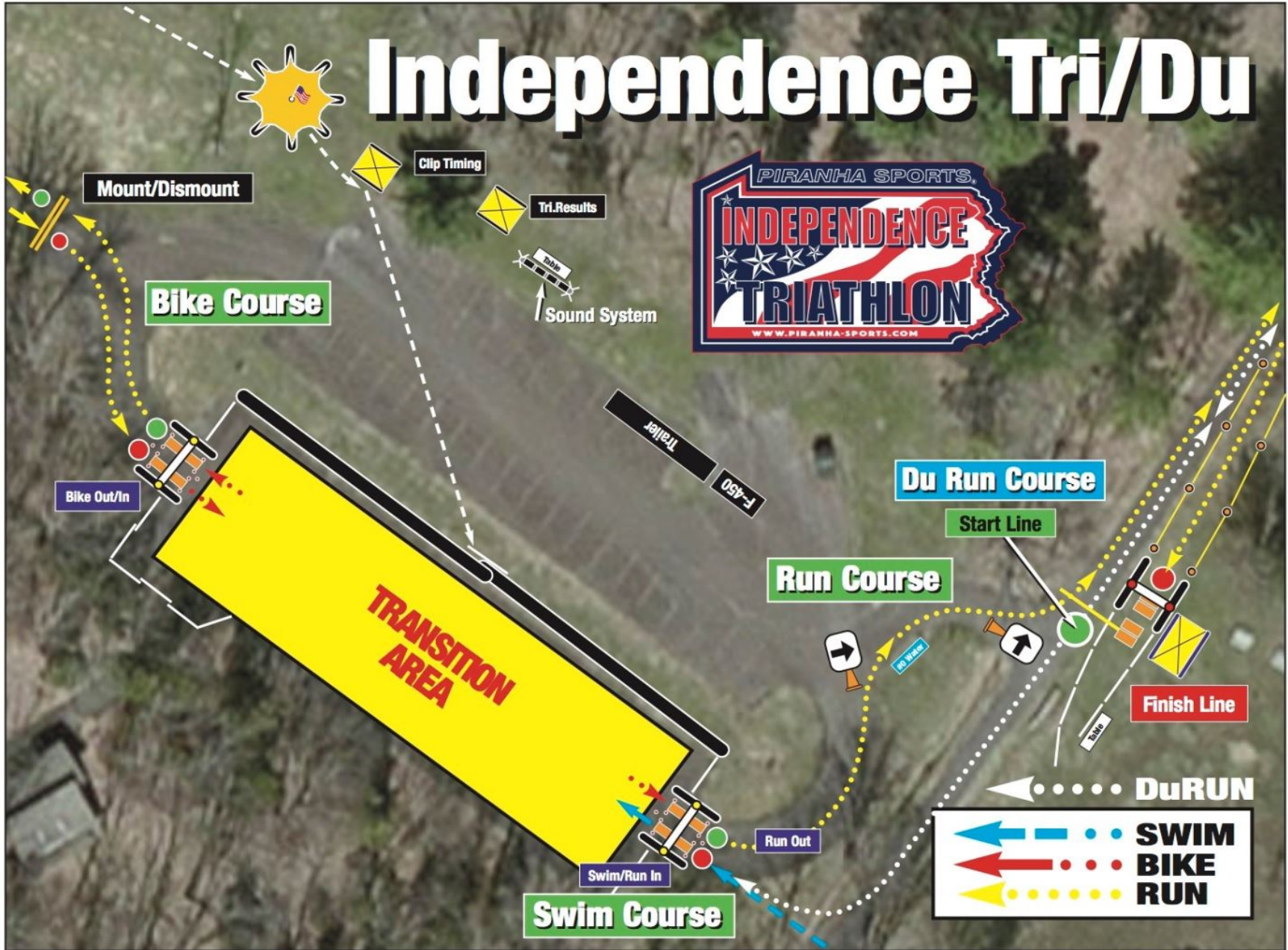
Independence Triathlon Bike Course (24/12 Miles)



Independence Triathlon Run Course (6.2/3.1 Miles)



Independence Tri/Du



DuRUN

- SWIM
- BIKE
- RUN