Draft Legal Triathlon Swim Course: 750 Meters

Swim Course: 750 Meters
Anticipated Water Temp: 60-65F
Yellow Buoys: Turns
Orange Buoys: Sighting only and located approximately every 75-100 meters
Yellow, inflatable “wiggly” man will be at the swim finish to sight on.
Draft Legal Triathlon Bike Course: 20k

Start 2nd Lap – Turnaround
Finish 2nd Lap - Straight

Bike Finish
Bike Start
TRANSITION
Draft Legal Triathlon Run Course: 5k

FINISH

Smith Mountain Lake State Park

KINETIC MULTISPORTS