



A Message from the Ride Director

Dear Riders,

It is with great pleasure that I welcome you to the Culpeper Gran Fondo, presented by Kinetic Multisports. Located at Mountain Run Lake State Park in Culpeper, VA. This ride is one of hidden secrets in our series and we are looking forward to this year's event. This ride would not be possible without the support of the local towns and counties. Please take a moment out of your day to thank all the volunteers and a Police Officer.

Training for a Grand Fondo, whether it being your first or twentieth, is a challenging endeavor and we know you have worked hard in the weeks and months leading up to this event. Getting to the starting line is a success and we hope to make your ride day experience positive and fun while helping you to achieve your athletic goals. The rest of the team and I thank you for being here and will be doing everything possible to help you reach the finish line. If you have any questions, concerns, or feedback, please do not hesitate to let us know.

Greg Hawkins, *Ride Director*



Ride Site Address

Mountain Run Lake Park
16100 JB Carpenter Jr. Dr
Culpeper, VA | [Directions](#)

Schedule of Events

Friday August 2nd, 2019

5-7pm: Packet Pickup @ Ride Site

Saturday Aug 3rd, 2019 Ride Day

****Arrival Time:** Please arrive at the ride site no later than 6:30am**

6am-7am: Packet pickup

7am: 100 Mile & 100K Ride Start!

7:30am: 50K Start!

11:30am: Post Ride Festivities Start

3:30pm: Course support will end

4pm: Post Ride Festivities Ends

Parking

Parking will be available at the ride site. All cars must be parked by 6:45am. The parking lots in the grass fields are within the immediate vicinity to the ride site. Look for signs and volunteers upon arrival at the ride site for additional directions.



Packet Pickup

Things to bring with you to Packet Pickup:

- **Photo ID:** this is REQUIRED! No ID = No Ride!!!
- **Questions!**

Special notes about Packet Pickup:

- **Adults:** Each adult must pick up their **OWN** ride packet.
- **Minors:** Those under the age of 18 years old may have their parent/guardian pickup their packet.
- **Ride Categories:** You **MAY** change ride distances during packet pickup. We do not give refunds for going down in distance. If you go up in distance you will need to pay the difference in fees.



Mountain Run Winery

Mountain Run Winery is holding a party with live music by The Unsuitables and dinner provided by Graze to Griddle Food Truck from 4:00 to 7:30 pm on Saturday after the ride. The winery will be open Friday August 2nd from 4pm to Sunset and from noon to Sunset both Saturday and Sunday of the ride weekend with free wine tastings for riders and their families.

Still need a place to stay for the ride?

Why not camp at Mountain Run Winery?

Email MountainRunWinery@gmail.com for more information about camping Friday and Saturday night.

Ride Numbers

Each athlete will receive Three ride numbers:

1. The smallest number (sticky) should be worn on the front of the cycling helmet.
2. The number with 4 holes is to be worn on your back during the ride.
3. The number with 2 numbers together is to be folded over the top tube or seat post of your bicycle. It is self-adhesive.



Aid Station Guide [HERE](#)

Aid Stations: There are 5 aid stations located throughout the course.

Aid Station	Open	Close
#1 – Reva Rd	8:00AM	3:00PM
#2 – DuCard Vineyard (Etlan)	8:30AM	11:30AM
#3 – W. Hoover	9:00AM	2:30PM
#4 – Good Hope Ch.	10:00AM	1:00PM
#5 – Oak Park	10:30AM	2:30PM
Start / Finish	7:30AM	3:30PM

Note: All stations will have water, Gatorade, Coke, fruit, granola bars, PB&J sandwiches, porta-jons, smiles, laughter, basic tools, bike pumps, bad jokes and tired cyclists.

Post-Ride Food

All riders will receive post-ride food to include a BBQ Meal, Fruits, Snacks, and various drinks. Please remember that the post-ride food & drinks are for the riders only.



Shop Online **HERE**



Ride Jerseys



You can purchase this Jersey when registering or online at our Web Store [HERE](#)

We will have some at the ride, but sizes are not guaranteed!



Ride Course Maps:

[100 Mile Map](#)

[100K Map](#)

[32 Mile Map](#)

For the 100-mile course follow the Green arrows on the signs.

For the 100K course follow the Yellow arrows on the signs.

For the 32 Mile course follow the Orange arrows on the signs.

