




- **Smithfield SPRINT**
April 4 | Smithfield, VA
- **Rumpus in Bumpass OLYMPIC & SPRINT**
April 25 | Lake Anna, VA
- **Smith Mountain Lake SPRINT**
May 2 | Smith Mountain Lake, VA
- **Kinetic PROLOGUE, LONG COURSE, OLYMPIC & SPRINT**
May 8-10 | Lake Anna, VA
- **Rock Hall OLYMPIC & SPRINT**
May 30-31 | Rock Hall, MD
- **Independence OLYMPIC & SPRINT**
May 31 | Quakertown, PA
- **Jamestown PROLOGUE, OLYMPIC & SPRINT**
June 5-6 | Williamsburg, VA
- **Poconos PROLOGUE, LONG COURSE, OLYMPIC & SPRINT**
June 12-14 | Hawley, PA
- **General Smallwood OLYMPIC & SPRINT**
June 20 | Indian Head, MD
- **Lums Pond OLYMPIC & SPRINT**
June 21 | Bear, DE
- **Diamond in the Rough OLYMPIC & SPRINT**
July 11 | Perryville, MD
- **Colonial Beach OLYMPIC & SPRINT**
July 11-12 | Colonial Beach, VA
- **Tidewater SPRINT**
July 18 | Hampton, VA
- **Culpeper OLYMPIC & SPRINT**
August 1 | Culpeper, VA
- **Top of Delaware SPRINT**
August 2 | Newark, DE
- **North East OLYMPIC & SPRINT**
August 23 | North East, MD
- **Patriots PROLOGUE, LONG COURSE, OLYMPIC & SPRINT**
September 11-13 | Williamsburg, VA
- **DiamondMan OLYMPIC & SPRINT**
September 13 | Bear, DE
- **SavageMan PROLOGUE, 20, 30 & 70**
September 18-20 | Deep Creek, MD
- **Giant Acorn PROLOGUE, OLYMPIC & SPRINT**
September 25-27 | Lake Anna, VA
- **MarshMan SPRINT**
September 27 | Downingtown, PA
- **Waterman's LONG COURSE, OLYMPIC & SPRINT**
October 3-4 | Rock Hall, MD
- **Pleasants Landing OLYMPIC & SPRINT**
October 10 | Lake Anna, VA
- **Kinetic Cup OLYMPIC & SPRINT (DL)**
October 17 | Smith Mountain Lake, VA

SPRINT / OLYMPIC / LONG COURSE (HALF) TRIATHLONS
AQUABIKE / RELAY / PROLOGUE (SWIM-RUN)



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