

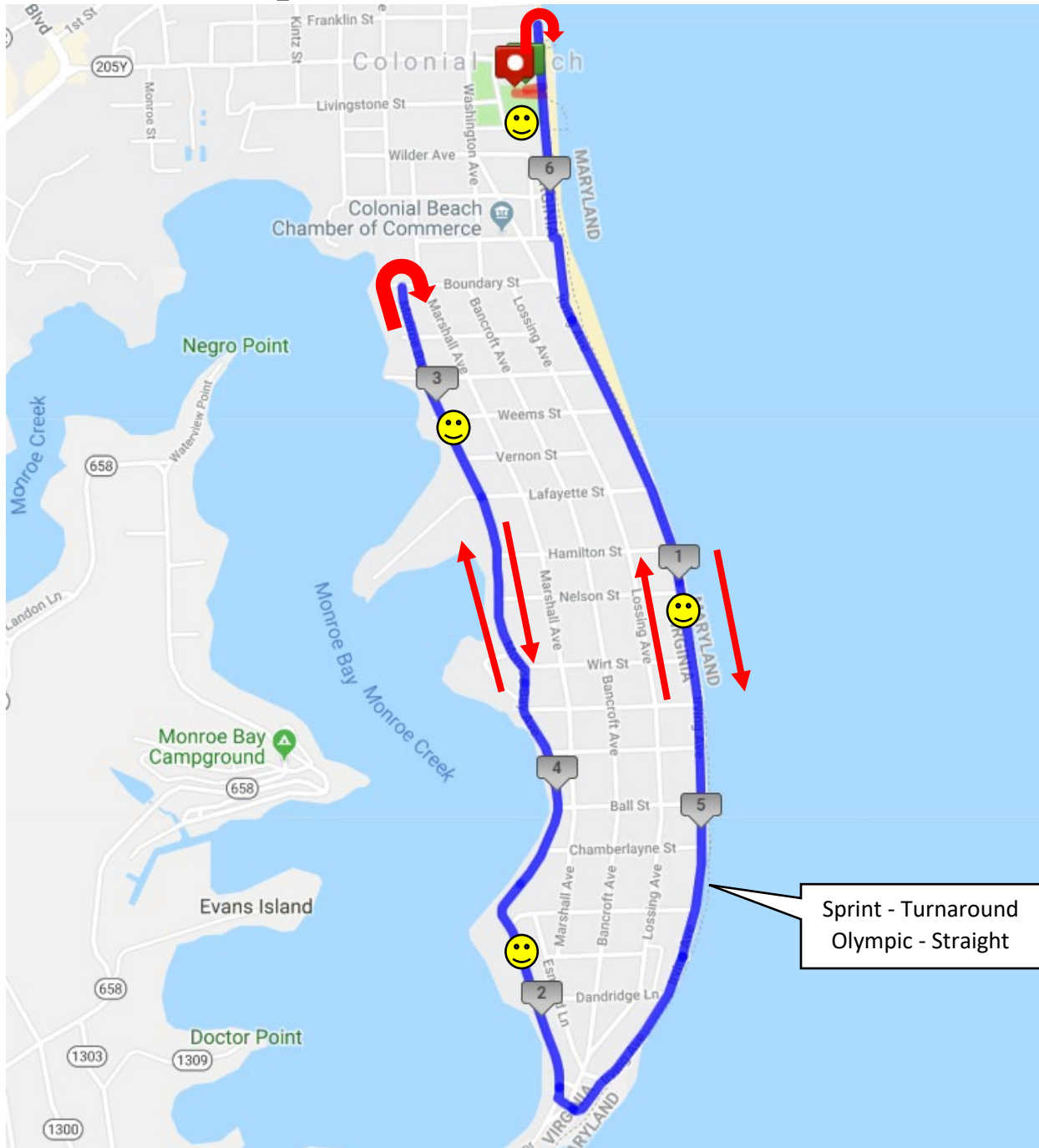
Colonial Beach Triathlon Swim Course



Swim course is in brackish water and will not be wetsuit legal. There can be a current, so the course direction may be reversed the morning of the race.



Colonial Beach Run Course_6.2 / 3.1 Miles



Run course is out and back in nature, flat, with little to no shade. Epic waterfront views throughout the course. Water and Gatorade are available approximately every mile.



Colonial Beach Site Layout

