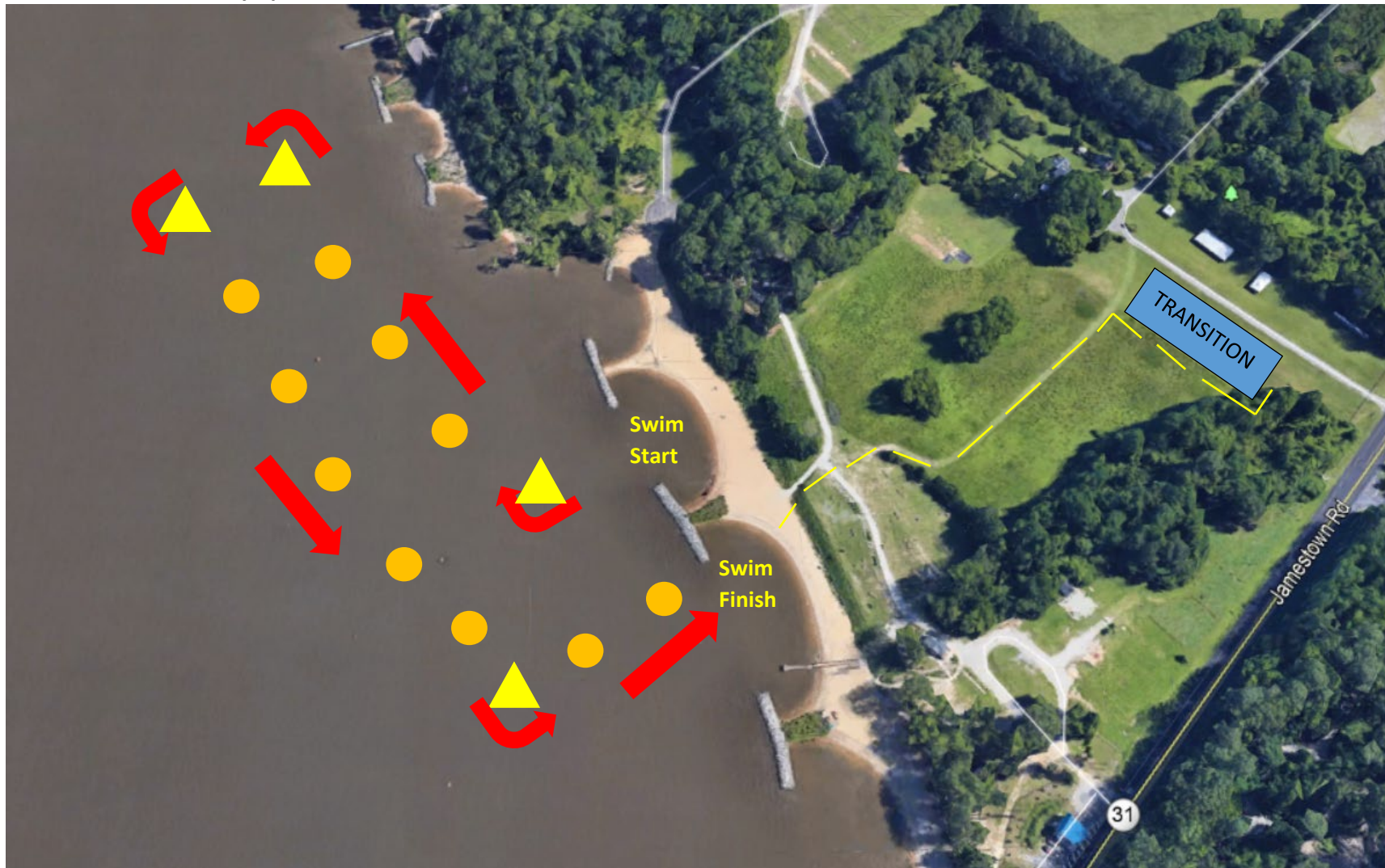


Jamestown Triathlon Olympic Swim Course 1500 Meters

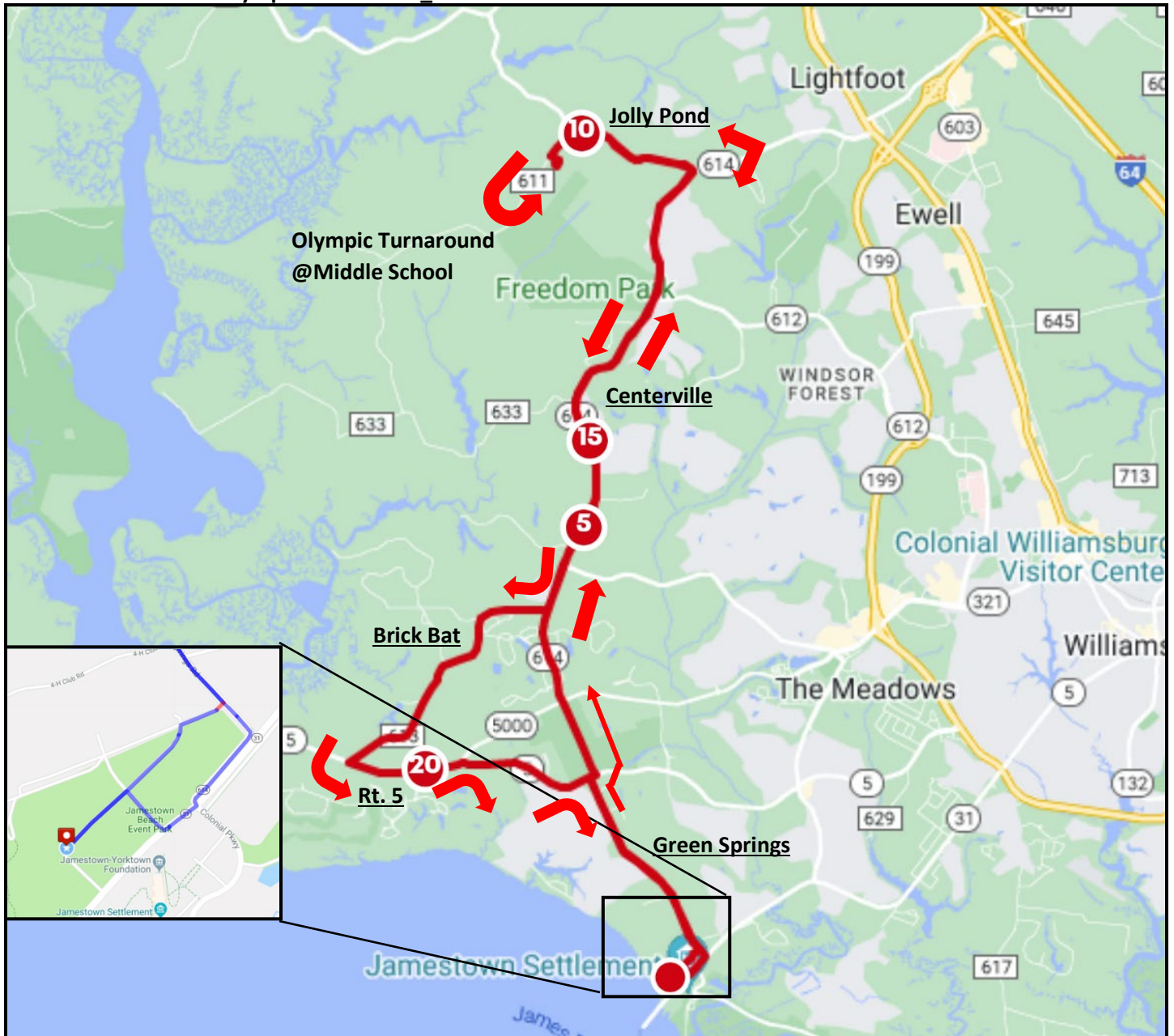


Water is brackish and shallow. If you need assistance, roll on your back and flag one of our lifeguards. Or, swim towards shore and stand up.

Route may be reversed due to currents

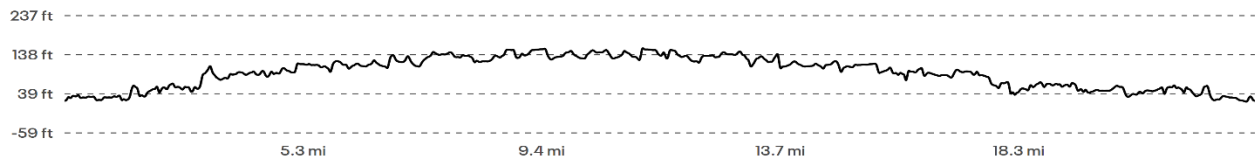


Jamestown Triathlon Olympic Bike Course 24 Miles



Elevation

Start **24 ft** Max **155 ft** Gain **507 ft**



Cue Sheet

- | | |
|---|---|
| Mile 0.5 – Left Jamestown Rd | Mile 11.7 – Right on Centerville Rd |
| Mile 0.6 – Left Green Springs Rd | Mile 16.3 – Right on Brick Bat Rd |
| Mile 2.5 – Right on Rt. 5 | Mile 18.9 – Left on Rt. 5 |
| Mile 2.6 – Left on Centerville Rd | Mile 20.0 – Right on Rt. 5 (Monticello goes straight) |
| Mile 8.7 – Left on Jolly Pond Rd | Mile 21.3 – Right on Green Springs |
| Mile 10.2 – Turnaround at Middle School | Mile 23.2 – Right into park via back entrance |

Jamestown Triathlon Olympic Run Course_6.2 Miles



Jamestown Triathlon Site Layout

