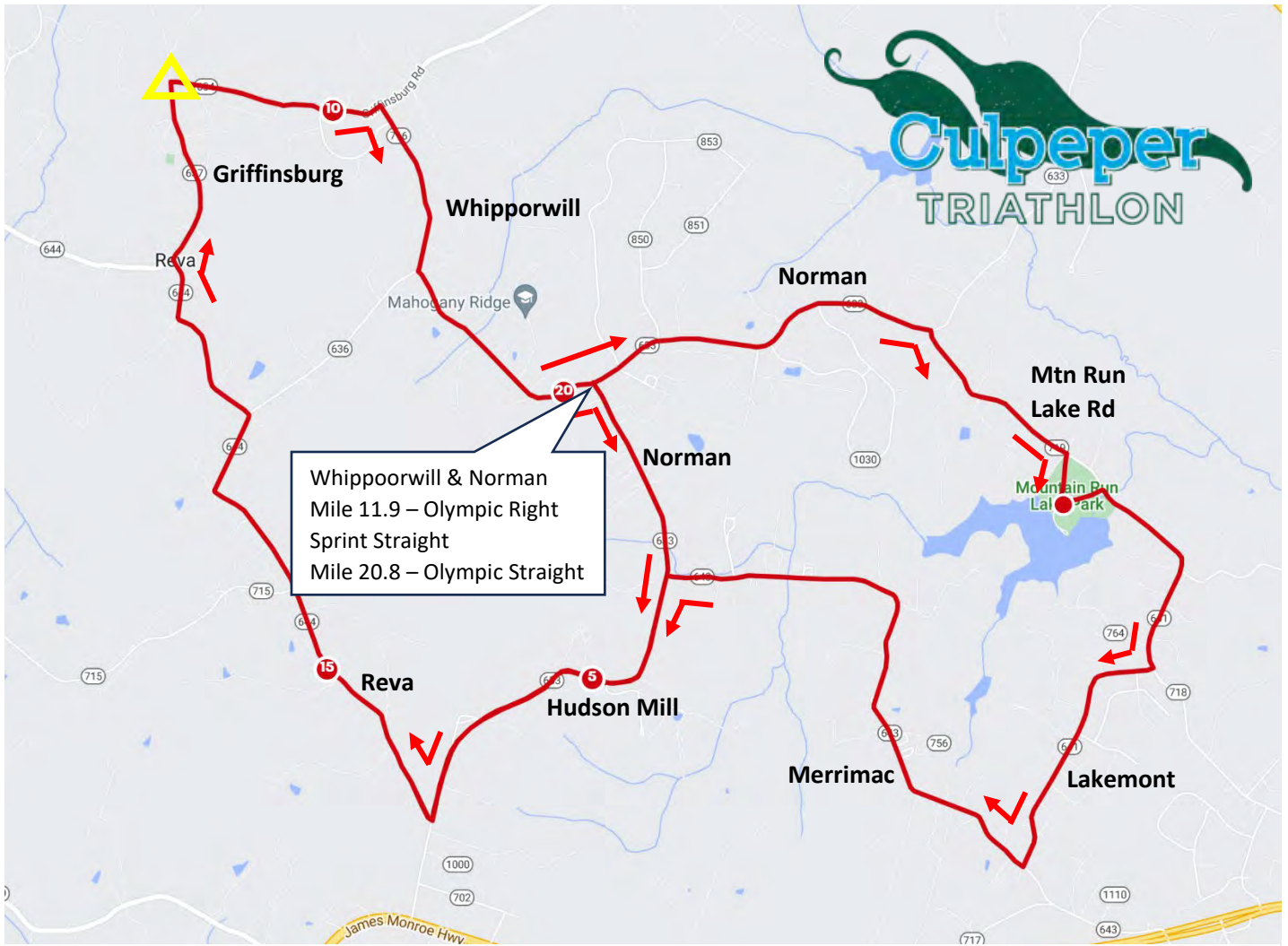




The Culpeper Triathlon Swim Course takes place in Mountain Run Lake. This time trial start swim features a 750-meter swim course done once for the Sprint or twice for the Olympic. Athletes will swim counterclockwise with yellow triangle turn buoys on your left shoulder, orange buoys on either side. Athletes must swim through the double yellow “gate” prior to starting their 2nd Lap (Olympic Only) or turning to the finish.

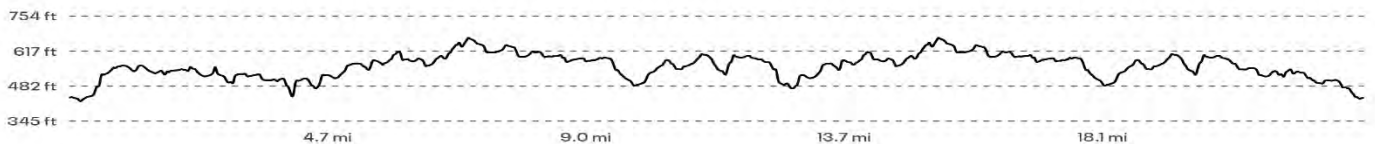
Culpeper Triathlon Bike Course_22.7 / 14.3 Miles



Whippoorwill & Norman
Mile 11.9 – Olympic Right
Sprint Straight
Mile 20.8 – Olympic Straight

Elevation

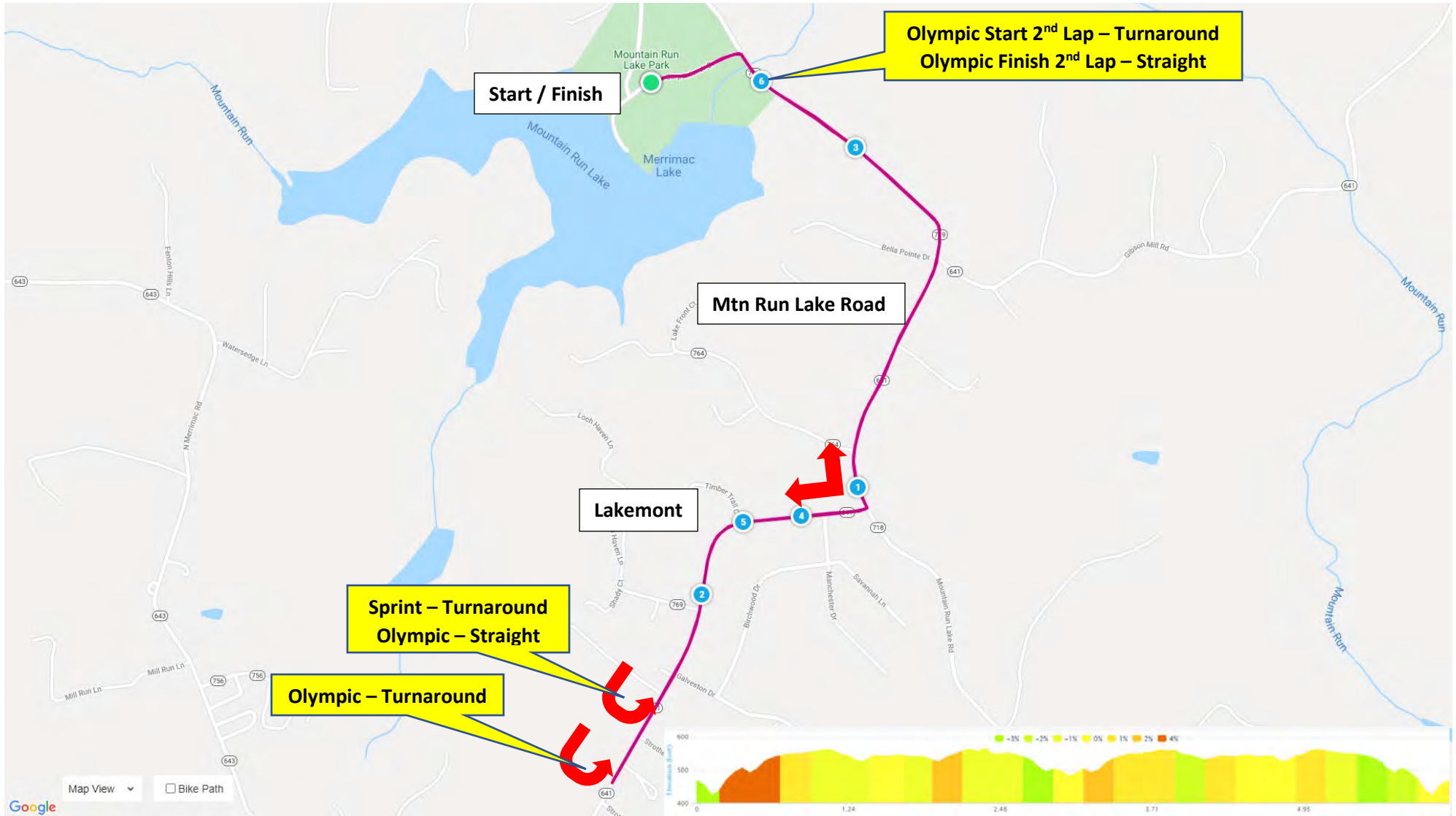
Start **439 ft** Max **672 ft** Gain **1,159 ft**



The Culpeper Triathlon has a beautiful bike course through rural Culpeper County with amazing farmland and Blue Ridge Mountain views. The Olympic distance race will start their 2nd loop by turning right on Norman Road at mile 11.9. At 20.8 they'll go straight on Norman to complete their 2nd lap. Please note that the course is open to traffic, the intersections will be controlled by law enforcement. There are several multiple sharp turns throughout, as always a pre-ride is recommended.



Culpeper Triathlon Run Course_3.1 / 6.2 Miles



Culpeper Triathlon Site Layout

Race Site Address
Mountain Run Lake Park
16283 J B Carpenter Jr Dr
Culpeper, VA 22701

Bicycles will be held in transition until all cyclists are in (approx. 10:15am).

Having a dedicated lane for the run course means ALL CARS EXIT LEFT to 522 and 29 until run course is clear, approx. 11:15am. THANK YOU!

