

# #G Kinetic

## 2025 Race Categories

Participants who must declare a category of Age Group, Clydesdale, Athena, Collegiate and Military must compete in that category the **entire** year to be eligible for series awards. Here is a description of each category:

### 1) Age Group

- Participants will automatically compete in their respective age group unless they declare to compete in one of the other specific categories.
- If you choose to compete in an Age Group, you must remain in your age group for the entire event season determined by the USAT “aging up” policy for season (see “Age Group Classification” below).
- Rules only apply to Kinetic Multisports events.

### 2) Clydesdale

- Men 220 lbs. and over.
- If you choose to race Clydesdale, you must remain in the Clydesdale category for the entire event season.
- If during the season your weight drops below 220 lbs. – you may switch to another category for other Kinetic Multisports events, **HOWEVER**, you will start over in series points. In other words, you will not be able to transfer your points into your age group category.
- **EXAMPLE:** You do 4 events as a Clydesdale and accumulate a total of 3125 series ranking points in the Clydesdale category. You then switch to your age group and compete in 3 more events. You accumulate a total of 2435 points for these 3 events in your age group. In the series rankings – you’re listed in the Clydesdale category with 3125 points, and you’re also listed in your age group with 2435 points. You’re not eligible for series awards in either category as you must compete in a minimum of 5 events in a particular category to be eligible for awards. However, you will be given credit for doing 7 events.
- Rules only apply to Kinetic Multisports events.

### 3) Athena

- Women 165 lbs. and over

**EXAMPLE:** You do 4 events as an Athena and accumulate a total of 3125 series ranking points in the Athena category. You then switch to your age group and compete in 3 more events. You accumulate a total of 2435 points for these 3 events in your age group. In the series rankings – you’re listed in

the Athena category with 3125 points, and you're also listed in your age group with 2435 points. You are not eligible for series awards in either category as you must compete in a minimum of 5 events in a particular category to be eligible for awards. However, you will be given credit for doing 7 events

## **5) Collegiate**

College Student through December 31<sup>st</sup>. So, if you graduate in the spring, you are still eligible to compete in the collegiate category in the fall races of that year.

## **6) Military**

Active Duty|Retired|Vetran|First Responder|Law enforcement|Fire|EMS

EXAMPLE: You do 4 events as Military and accumulate a total of 3125 series ranking points in the Military category. You then switch to your age group and compete in 3 more events. You accumulate a total of 2435 points for these 3 events in your age group. In the series rankings – you're listed in the Military category with 3125 points, and you're also listed in your age group with 2435 points. You are not eligible for series awards in either category as you must compete in a minimum of 5 events in a particular category to be eligible for awards. However, you will be given credit for doing 7 events

## **7) Aquabike**

- Anyone may race in the Aquabike category
- Scoring for the Aquabike is based on Overall finish not Age Group
- You may switch between Triathlon & Aquabike throughout the season, each will have their own series scoring.

## **7) Physically Challenged**

- PT categories refer to those with physical impairments, such as athletes with impaired range of movement or amputee athletes who use approved prosthesis (for example, a specialty prosthetic leg known as a running blade) or other supportive devices during the bike and run segments.
- Scoring for the PC category is based on Overall finish not Age Group