

Race Date  
October 05, 2024

# Pleasants Landing Olympic & Sprint Triathlon 2024

## Overall Finish List

			<b>Sprint Aquabike</b>						<b>Female</b>			
<b>Place</b>			<b>Swim</b>		<b>T1</b>		<b>Bike</b>		<b>Total</b>			
<b>Overall</b>	<b>Name</b>	<b>Bib No</b>	<b>Rnk</b>	<b>Time</b>	<b>Pace</b>	<b>Rnk</b>	<b>Time</b>	<b>Pace</b>	<b>Rnk</b>	<b>Time</b>	<b>Rate</b>	<b>Time</b>
1	Monika Lukens	302	5	19:07.2	2:33	2	2:43.8		1	32:27.8	22.5	54:18.8
2	Elizabeth Cohan	376	1	13:57.4	1:52	1	2:24.6		4	42:18.9	17.3	58:41.0
3	Elizabeth Carroll	379	6	20:39.7	2:45	3	2:50.6		2	38:47.4	18.9	1:02:17.8
4	Lauren Lastowka	462	3	15:04.0	2:01	7	4:40.2		5	43:55.5	16.7	1:03:39.7
5	Erin Island	557	4	17:37.5	2:21	6	4:08.6		3	42:07.6	17.4	1:03:53.7
6	Calle Biles	370	2	14:51.0	1:59	5	3:39.7		6	51:49.1	14.1	1:10:19.9
7	Olga Harris	530	7	24:47.2	3:18	8	5:53.8		7	52:16.0	14.0	1:22:57.1
8	Jennifer Christian	343	8	25:10.8	3:21	4	3:28.4		9	1:13:24.4	10.0	1:42:03.6
9	Sarah Fowler	345	9	36:42.9	4:54	9	5:54.1		8	1:04:03.3	11.4	1:46:40.4
WS	Tara Steel	400	WS	8:39.8	1:09		4:37.4			59:10.9	12.4	1:12:28.3

  

<b>Place</b>			<b>Swim</b>		<b>T1</b>		<b>Bike</b>		<b>Total</b>			
<b>Overall</b>	<b>Name</b>	<b>Bib No</b>	<b>Rnk</b>	<b>Time</b>	<b>Pace</b>	<b>Rnk</b>	<b>Time</b>	<b>Pace</b>	<b>Rnk</b>	<b>Time</b>	<b>Rate</b>	<b>Time</b>
1	Neil Semmel	304	1	14:48.9	1:59	1	1:57.6		1	29:28.6	24.8	46:15.2
2	Robert Peiffer	527	3	21:07.7	2:49	2	2:39.0		3	38:07.3	19.2	1:01:54.0
3	Todd Ebitz	549	4	21:21.4	2:51	4	3:27.7		2	37:42.7	19.4	1:02:32.0
4	Alonzo Crittenden	316	5	23:04.4	3:05	5	3:52.3		4	39:59.4	18.3	1:06:56.1
5	Ben Abrams	465	2	19:15.2	2:34	3	3:24.9		5	44:35.4	16.4	1:07:15.6