

Pleasants Landing Olympic & Sprint Triathlon 2024

2024 Pleasants Landing Spt OV Women

Place	Name	Bib No	Swim			T1	Bike			T2	Run			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Sylvie Aardema-Gagnon	385	2	12:44.2	1:42	1:33.9	1	32:08.0	22.8	1:43.7	3	23:02.5	7:25	1:11:12.3
2	Ellie Harlow	507	7	13:50.5	1:51	1:24.0	4	34:27.7	21.2	1:28.6	2	21:48.3	7:01	1:12:59.2
3	Anna Stevenson	534	5	13:44.5	1:50	2:01.7	6	35:41.1	20.5	1:37.5	1	21:34.8	6:57	1:14:39.8
4	Milana Berry	450	1	11:56.4	1:36	2:00.0	5	35:22.1	20.7	1:45.4	13	24:59.6	8:03	1:16:03.8
5	Jess Saalfield	416	13	16:20.1	2:11	1:58.9	3	33:51.5	21.6	1:50.2	4	23:43.1	7:38	1:17:44.1
6	Chrysanthi Euripides	466	6	13:48.4	1:50	1:27.0	11	38:16.8	19.1	1:34.4	5	24:13.4	7:48	1:19:20.2
7	Jan Morris	426	4	13:24.3	1:47	2:33.5	14	38:32.3	19.0	2:25.9	15	25:55.4	8:21	1:22:51.7
8	Olivia Prevost	494	8	14:36.9	1:57	1:48.2	16	40:05.6	18.3	1:38.8	9	24:42.5	7:57	1:22:52.2
9	Marciane Foote	303	21	17:11.9	2:18	2:47.9	7	36:10.9	20.2	2:21.6	7	24:21.0	7:50	1:22:53.6
10	Erika Carlson	448	18	16:50.5	2:15	2:46.6	13	38:22.8	19.1	2:36.7	6	24:15.9	7:49	1:24:52.6
11	Rachel Heisig	457	35	18:25.6	2:27	2:09.2	8	36:13.5	20.2	2:04.7	19	26:13.7	8:27	1:25:06.8
12	Aimee West	514	19	17:01.5	2:16	1:59.2	9	37:32.8	19.5	2:02.2	20	26:33.8	8:33	1:25:09.7
13	Caileigh Foveaux	405	3	13:01.4	1:44	2:34.1	25	43:05.2	17.0	2:27.9	18	26:12.9	8:26	1:27:21.6
14	Melissa Hill	519	24	17:42.3	2:22	3:04.3	10	37:41.8	19.4	3:06.6	17	26:08.0	8:25	1:27:43.3
15	Rozanne Larsen	332	40	19:22.4	2:35	2:35.1	2	33:02.2	22.2	2:30.8	32	30:18.2	9:45	1:27:48.8
16	Emma Sweeney	324	12	16:08.4	2:09	3:02.2	19	41:37.5	17.6	1:36.7	16	26:07.6	8:25	1:28:32.5
17	Ella Stufflebeem	491	9	15:34.1	2:05	2:56.2	34	44:14.0	16.5	2:32.6	10	24:48.9	7:59	1:30:05.9
18	Natalie Wu	510	43	20:03.5	2:40	1:54.9	20	41:45.7	17.5	1:56.9	11	24:55.3	8:01	1:30:36.6
19	Sophia Hanway	480	32	18:08.3	2:25	3:35.9	26	43:10.3	17.0	2:41.5	14	25:17.1	8:08	1:32:53.2
20	Nicole Davidow	477	11	15:56.4	2:08	3:52.2	46	45:26.4	16.1	2:25.7	21	26:34.3	8:33	1:34:15.1
21	Stacy Crawford	476	30	18:06.5	2:25	3:24.7	12	38:18.1	19.1	3:32.8	41	31:40.7	10:12	1:35:03.1
22	Danae Rudy	485	14	16:35.8	2:13	2:39.6	50	45:58.6	15.9	2:00.6	27	28:01.5	9:01	1:35:16.4
23	Amy Bolton	307	26	17:49.8	2:23	3:47.0	39	44:45.4	16.4	2:49.5	23	26:59.9	8:41	1:36:11.7
24	Tyla Simpson	497	37	18:51.5	2:31	3:28.7	62	47:29.6	15.4	2:11.9	8	24:41.5	7:57	1:36:43.4
25	Lilah Pittman	547	50	21:43.7	2:54	2:36.6	23	42:31.7	17.2	3:01.9	22	26:59.4	8:41	1:36:53.4
26	Sally Stras	470	36	18:26.7	2:28	2:39.2	21	41:52.9	17.5	2:38.0	40	31:35.8	10:10	1:37:12.8
27	Megin Kennett	562	17	16:50.2	2:15	5:13.2	45	45:18.9	16.2	2:28.3	25	27:45.7	8:56	1:37:36.5
28	Lisa Carlisle	412	44	20:23.8	2:43	3:19.7	17	40:11.4	18.2	3:00.6	45	31:50.3	10:15	1:38:46.0
29	Lindsey Esquirell	410	31	18:06.6	2:25	2:28.2	48	45:32.9	16.1	2:20.6	34	30:51.3	9:56	1:39:19.8
30	Melissa Morella	471	23	17:32.8	2:20	3:46.0	51	46:00.7	15.9	3:38.7	28	28:45.1	9:15	1:39:43.4
31	Kendyll Lewis	404	34	18:23.4	2:27	3:00.0	63	47:46.0	15.3	2:47.4	30	29:29.9	9:30	1:41:26.9
32	Rebecca Wolf	417	66	23:58.4	3:12	3:33.3	30	43:26.0	16.9	2:43.5	26	27:52.3	8:58	1:41:33.7
33	Ava Boyer	511	38	19:02.2	2:32	3:04.6	79	50:39.9	14.4	2:14.9	24	27:45.4	8:56	1:42:47.2

\*Overall place within gender

2024 Pleasants Landing Spt OV Women

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Liz Winn	387	64	23:54.9	3:11	2:48.4	33	44:11.1	16.6	2:56.5	29	29:05.1	9:22	1:42:56.2
35	Debra Stroiney	521	53	22:09.8	2:57	2:48.2	18	40:38.2	18.0	3:28.6	53	34:13.5	11:01	1:43:18.6
36	Sarah Mueller	407	49	21:21.7	2:51	3:13.1	42	45:08.1	16.2	3:00.4	36	31:09.9	10:02	1:43:53.4
37	Ellen Marcus	398	52	21:51.3	2:55	3:08.7	43	45:12.9	16.2	3:20.8	35	30:58.3	9:58	1:44:32.3
38	Gina Welc	380	16	16:46.6	2:14	3:39.0	36	44:20.1	16.5	3:17.3	61	36:30.7	11:45	1:44:33.9
39	Kate Abrams	464	22	17:23.2	2:19	3:15.8	55	46:33.6	15.7	2:06.6	58	35:43.5	11:30	1:45:03.0
40	Allison Houck	427	56	22:25.2	2:59	3:13.3	58	47:05.5	15.5	2:21.5	33	30:43.5	9:53	1:45:49.2
41	Lismarie Hernandez	329	68	24:19.8	3:15	2:48.0	28	43:14.6	16.9	2:28.1	47	32:58.6	10:37	1:45:49.4
42	Christine Wallace	425	25	17:42.3	2:22	3:09.0	53	46:21.0	15.8	2:48.2	59	35:48.6	11:32	1:45:49.4
43	Kathryn Gantley	478	82	30:47.2	4:06	3:50.4	24	42:42.1	17.1	3:39.6	12	24:58.5	8:02	1:45:57.9
44	Jo Ann Colbert	350	57	22:34.3	3:01	3:02.7	59	47:07.8	15.5	3:38.9	31	30:05.5	9:41	1:46:29.3
45	Natalie Nogueira	495	28	17:55.6	2:23	4:13.0	47	45:28.1	16.1	3:19.1	60	35:48.7	11:32	1:46:44.6
46	Lauren Charlet	362	27	17:50.4	2:23	4:26.8	73	48:37.6	15.1	3:24.5	48	32:59.1	10:37	1:47:18.6
47	Ilda Rubio	339	54	22:16.6	2:58	3:57.5	31	43:34.5	16.8	4:12.5	54	34:24.1	11:04	1:48:25.4
48	Bethany Yost	447	15	16:45.6	2:14	3:47.8	41	44:57.4	16.3	3:27.5	74	40:39.2	13:05	1:49:37.7
49	Tina Snee	393	77	26:05.3	3:29	2:52.7	60	47:24.7	15.4	2:00.5	37	31:25.6	10:07	1:49:49.0
50	Kim Feucht	438	62	23:33.2	3:08	5:25.0	56	46:40.3	15.7	2:45.9	38	31:28.6	10:08	1:49:53.2
51	Kristen Koch	396	39	19:14.8	2:34	3:02.5	72	48:36.0	15.1	3:02.6	63	37:45.5	12:09	1:51:41.6
52	Mallory Deutsch	565	46	21:06.6	2:49	4:28.7	70	48:30.7	15.1	3:47.0	52	33:57.8	10:56	1:51:50.9
53	Monica Parada	337	73	25:31.8	3:24	4:36.1	52	46:05.6	15.9	4:08.3	39	31:34.2	10:10	1:51:56.2
54	Penney Azcarate	392	69	24:52.4	3:19	4:08.7	38	44:22.5	16.5	4:11.2	55	34:28.3	11:06	1:52:03.2
55	Ariana Burge	436	41	19:26.4	2:36	3:15.2	40	44:53.7	16.3	2:36.2	81	42:33.8	13:42	1:52:45.5
56	Sara Zurmuhlen	313	88	34:00.0	4:32	3:24.9	15	40:01.1	18.3	3:18.7	46	32:12.5	10:22	1:52:57.5
57	Lois Colbert	349	61	23:21.6	3:07	3:41.7	22	42:24.7	17.3	4:04.5	72	39:46.8	12:48	1:53:19.5
58	Bonnie McCreedy	432	60	23:15.2	3:06	3:06.8	44	45:14.8	16.2	3:07.7	65	38:35.8	12:25	1:53:20.6
59	Jenna Burling	486	20	17:05.3	2:17	4:21.1	76	49:38.3	14.7	4:19.6	66	39:02.9	12:34	1:54:27.5
60	Karen Long	501	10	15:46.9	2:06	5:04.7	80	50:47.2	14.4	3:59.0	69	39:23.6	12:41	1:55:01.6
61	Rachel Payne	353	29	17:56.2	2:23	6:49.4	67	48:10.1	15.2	4:29.2	71	39:45.1	12:48	1:57:10.2
62	Annalise Heisig	456	65	23:56.3	3:12	3:28.4	66	48:09.6	15.2	2:44.4	67	39:07.2	12:36	1:57:26.2
63	Kathleen Doswell	322	79	27:17.9	3:38	4:27.8	78	49:47.1	14.7	2:40.4	49	33:43.8	10:51	1:57:57.2
64	Lori Murphy	348	51	21:51.2	2:55	5:52.9	49	45:50.6	16.0	5:16.8	68	39:17.0	12:39	1:58:08.7
65	Thalia Pinto	371	83	31:42.4	4:14	3:43.9	35	44:15.0	16.5	3:24.1	56	35:13.7	11:20	1:58:19.3
66	Carmen Nixon	489	63	23:41.0	3:09	6:48.5	71	48:33.0	15.1	5:33.1	50	33:44.8	10:52	1:58:20.6

\*Overall place within gender

2024 Pleasants Landing Spt OV Women

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
67	Jacquelyn Clark	561	86	32:26.5	4:20	4:52.4	32	44:06.8	16.6	3:28.9	51	33:54.9	10:55	1:58:49.8
68	Julie Flournoy	354	48	21:15.2	2:50	8:38.3	88	54:36.7	13.4	2:52.0	43	31:48.2	10:14	1:59:10.6
69	Kelly Vidunas	355	72	25:25.0	3:23	4:27.5	57	46:46.4	15.6	10:44.1	42	31:47.5	10:14	1:59:10.6
70	Carlie Bissler	453	42	19:33.3	2:36	10:19.6	69	48:23.5	15.1	9:20.0	44	31:49.2	10:15	1:59:25.8
71	Erica Frank	357	55	22:17.4	2:58	6:49.0	65	48:07.9	15.2	2:55.7	73	40:19.6	12:59	2:00:29.8
72	Kerry Smith	358	45	21:06.4	2:49	6:23.7	86	54:05.4	13.5	4:03.3	57	35:39.9	11:29	2:01:18.8
73	Deborah Scott	541	47	21:12.3	2:50	4:49.6	81	50:56.7	14.4	3:07.1	79	42:07.7	13:34	2:02:13.5
74	Katherine Lockhart-Cameron	469	67	24:19.3	3:15	4:30.3	64	47:58.9	15.3	3:28.7	80	42:31.0	13:41	2:02:48.4
75	Anna Necheles	334	58	22:48.5	3:02	4:39.6	75	48:52.5	15.0	4:13.5	83	43:04.6	13:52	2:03:39.0
76	Kimberly Kline	451	74	25:37.6	3:25	5:11.2	84	52:42.7	13.9	2:47.9	62	37:38.6	12:07	2:03:58.2
77	Becca Crawford	525	71	25:17.9	3:22	6:35.7	61	47:27.4	15.4	3:12.6	84	43:35.7	14:02	2:06:09.4
78	Hannah Allebach	533	85	32:20.5	4:19	3:55.3	37	44:21.3	16.5	5:25.0	75	40:51.0	13:09	2:06:53.3
79	Sienna Burge	437	70	25:13.7	3:22	3:06.1	93	57:57.5	12.6	1:54.6	70	39:34.6	12:44	2:07:46.6
80	Mackenzie Doss	543	33	18:20.6	2:27	9:54.6	77	49:40.3	14.7	8:26.7	76	41:53.3	13:29	2:08:15.7
81	Madison Holtz	545	59	22:57.5	3:04	5:19.6	87	54:08.8	13.5	3:56.4	77	41:53.3	13:29	2:08:15.8
82	Ratanak Conquest	552	84	32:19.0	4:19	3:51.0	83	51:37.6	14.2	2:59.8	78	42:04.0	13:32	2:12:51.6
83	Angela McLaughlin	415	87	33:09.4	4:25	5:21.5	74	48:48.6	15.0	6:02.0	86	45:50.7	14:45	2:19:12.5
84	Ann McCreedy	344	78	26:50.4	3:35	4:11.1	91	56:04.3	13.1	3:38.8	87	50:55.7	16:24	2:21:40.5
85	Pat Tarosky	311	89	40:29.6	5:24	6:49.1	92	57:17.0	12.8	3:40.6	64	38:08.4	12:17	2:26:25.0
86	Valerie Reid	411	76	25:58.3	3:28	5:50.4	90	55:43.1	13.1	6:11.3	89	52:52.8	17:01	2:26:36.2
87	Clare Buckley	558	75	25:56.0	3:27	6:37.0	95	1:09:34.4	10.5	2:47.1	82	43:03.4	13:52	2:27:58.0
88	Stela Turelli	310	81	29:18.3	3:54	5:48.3	96	1:11:05.2	10.3	4:22.8	85	45:05.2	14:31	2:35:39.9
89	Cindy Redd	516	80	27:55.5	3:43	7:20.9	94	1:03:11.1	11.6	6:05.1	88	52:41.9	16:58	2:37:14.6
WS	Carley Marcouillier	351	WS	18:56.9	2:32	2:41.3	27	43:12.4	16.9	2:00.7		27:52.3	8:58	1:34:43.8
WS	Ana Shabestar	317	WS	14:53.5	1:59	4:19.6	54	46:32.7	15.7	2:37.5		31:02.4	9:59	1:39:25.9
WS	Kathy Lineburg	361	WS	24:42.2	3:18	4:02.2	82	51:33.4	14.2	2:49.6		30:57.1	9:58	1:54:04.7
WS	Kathryn Simpson	325	WS	31:30.7	4:12	3:43.6	89	54:55.5	13.3	2:23.3		33:34.9	10:49	2:06:08.3
DNF	Luanne Pavco	301												
DNF	Jessica Kent	444	WS	1:08:53.3	9:11		68	48:19.7	15.1					
DNF	Karen Severance	327	WS	36:12.7	4:50	6:22.0	97	1:18:14.3	9.36					
DNF	Tattiana Conquest	430	WS	34:18.2	4:34									
DQ	Carolyn Nascimento	352	DQ	21:50.1	2:55	3:23.6	29	43:16.3	16.9	2:44.0		31:36.8	10:11	1:42:51.0
DQ	Averi Lewis	403	DQ	13:42.9	1:50	3:04.9	85	53:43.2	13.6	2:17.6		31:38.2	10:11	1:44:27.0

\*Overall place within gender