

# Watermans Sprint Triathlon 2024

Race Date

September 29, 2024

## Age Group Results

Run

### Sprint Age Group

### Male 30 to 34

#### Male Sprint Overall Winners

Place	Name	City	Age	O'all	Time
1	Greg Remaly	Charlottesville VA	44	3	1:03:30.9
2	Vincenzo Marchione	Middletown DE	47	1	1:07:12.1
3	Blair Saunders	Newark DE	59	33	1:12:20.5

Place	Name	City	Age	O'all	Time
1	* Tyler Wilkinson	Rockville MD	34	8	1:22:17.6
2	* Daniel Kalinowski	Washington DC	34	26	1:27:55.9
3	* Benjamin Grisafe	Owings Mills MD	31	65	1:29:14.4
4	Grant Samms	Rockville MD	33	133	1:30:44.5
5	Brian Thai	Silver Spring MD	33	78	1:42:04.4
6	David Ross	Lancaster PA	34	117	1:48:44.6
7	Benjamin Walsh	Dunkirk MD	31	191	1:49:34.3
8	Daniel Erichsen-Teal	Washington DC	33	99	1:51:23.4
9	Brian Furlong	Rockville MD	34	155	1:54:45.3

#### Male Sprint Masters Overa Winn

Place	Name	City	Age	O'all	Time
1	Donald White	Fuquay-Varina NC	61	25	1:18:33.0
2	Erin Kelman	Germantown MD	47	4	1:18:39.6
3	Ryan Hudson	Washington DC	42	20	1:18:42.4

### Male 35 to 39

#### Male 14 and Under

Place	Name	City	Age	O'all	Time
1	* Nathaniel Davis	Silver Spring MD	14	202	1:38:03.4

Place	Name	City	Age	O'all	Time
1	* Jacob McDermott	Takoma Park MD	38	97	1:25:13.5
2	* Edward Street	Severna Park MD	39	12	1:27:17.7
3	* Conor Mulroe	Washington DC	39	46	1:27:22.4
4	John Greene	Washington DC	38	32	1:28:45.6
5	Austen Musso	Washington DC	37	31	1:32:36.8
6	Scott Salinger	Gambrills MD	39	136	1:37:49.9
7	Adam Vanwagner	Ashton MD	35	94	1:41:11.3
8	Daniel Gray	Arlington VA	35	205	1:46:48.5
9	William Jordan	White Post VA	39	179	1:48:16.7
10	Gregory Rosen	Alexandria VA	37	113	1:49:28.7
11	Patrick Teal	Saint Louis MO	35	98	1:51:15.8
12	Jonathan Dudley	Ellicott City MD	39	235	1:52:23.6
13	Josh Heching	Silver Spring MD	39	169	1:52:46.5
14	Christopher Newman	Arlington VA	37	104	1:53:05.7
15	Keith Miccio	Leesburg VA	35	193	1:54:32.1
16	Bill Gwynn	Rock Hall MD	38	229	2:00:27.0

#### Male 15 to 19

Place	Name	City	Age	O'all	Time
1	* Adam Heist	Annapolis MD	16	15	1:16:58.6
2	* Kirikou Matunda	Philadelphia PA	18	18	1:26:53.8
3	* Eamon Degrande	Arlington VA	16	76	1:31:19.4
4	Liam Danford	Havertown PA	17	142	1:34:30.8
5	Vincent Zhu	Swarthmore PA	16	174	1:47:07.9

### Male 40 to 44

#### Male 20 to 24

Place	Name	City	Age	O'all	Time
1	* Elliott Kruth	York PA	20	11	1:24:41.9
2	* Aidan Melvin	Joppa MD	21	19	1:26:38.8
3	* Nathan Blackwelder	Chesapeake	20	23	1:36:18.6
4	Ethan Kannel	York PA	22	166	1:40:14.8
5	Michael Dorsey	Millersville MD	23	73	1:41:37.5
6	Clayton McComas	Annapolis MD	24	161	1:47:14.9
7	Matthew Lischin	Ellicott City MD	23	215	1:57:33.0
8	Eric Collier	Flemington NJ	24	184	2:07:58.6

Place	Name	City	Age	O'all	Time
1	* Andrew Dufour	Olney MD	44	106	1:20:15.6
2	* Jacob Bitterman	Rockville MD	40	29	1:22:51.5
3	* Matthew Palmer	Arnold MD	43	42	1:25:40.7
4	Winfield Wilson	Washington DC	42	41	1:25:59.6
5	Zack Greene	Arnold MD	43	61	1:27:40.3
6	Patrick McHenry	Washington DC	41	10	1:29:53.7
7	Matthieu Pegon	Washington DC	41	120	1:30:23.8
8	Mark Day	Washington DC	40	115	1:31:51.0
9	Ken Merriam	Bethesda MD	44	131	1:37:59.2
10	Keith Jones	Bethesda MD	43	124	1:41:41.2
11	Aaron Gussman	Great Falls VA	43	82	1:41:41.6
12	Adam Carroll	Saint Leonard MD	44	231	1:49:58.1
13	Sigurd Neubauer	Silver Spring MD	44	156	1:50:29.5
14	Erik Kenerson	Washington DC	43	195	1:53:27.9
15	Hudson Delee	Rockville MD	42	263	2:00:20.6
16	James Baniewicz	Reston VA	41	275	2:12:43.7

#### Male 25 to 29

Place	Name	City	Age	O'all	Time
1	* Matt Jones	Reston VA	29	6	1:20:57.5
2	* Gabriel Benson	Maplewood NJ	27	2	1:22:36.3
3	* Joel Schuck	Maurertown VA	28	47	1:31:42.9
4	Matthew Warnick	Silver Spring MD	28	45	1:31:47.5
5	Aaron Dane	Bethesda MD	27	68	1:32:07.8
6	Morgan Baxter	Rockville MD	26	40	1:33:03.8
7	Domenic Bongiovanni	Columbia MD	25	70	1:37:28.4
8	Jimmy Stevens	Washington DC	27	100	1:46:02.0
9	Andrew Carr	Arlington VA	25	87	1:50:44.3
10	Gabriel Esteves	Washington DC	27	145	1:51:20.8
11	Hans-Andrew Gibbs	Forest Hill MD	28	234	1:58:45.4
12	Joshua Webb	Barrington NH	26	164	2:03:06.3
13	Hans Gibbs	Columbia MD	29	245	2:05:27.4
14	Patrick Talsania	Silver Spring MD	28	218	2:07:28.2
15	Jacob Wurman	Harleysville PA	26	75	2:12:07.3

### Male 45 to 49

Place	Name	City	Age	O'all	Time
1	* Matthew Malloy	Bethesda MD	47	22	1:19:30.8
2	* Luke Hancock	Hummelstown PA	46	49	1:22:23.4
3	* Brian Hawthorne	Ellicott City MD	47	63	1:24:07.3
4	Brad Ballard	Middletown DE	49	149	1:27:29.2
5	John Chinnici	Havertown PA	48	137	1:27:40.9
6	Tim Schnelle	Fairfax VA	49	121	1:30:22.6
7	Gregory Smith	Arnold MD	49	66	1:32:09.6

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Run

### Sprint Age Group

#### Male 45 to 49

Place	Name	City	Age	O'all	Time
8	John Stires	Washington DC	48	16	1:32:37.7
9	Joseph Martin	Coatesville PA	48	163	1:34:02.2
10	Jeffrey Bell	Washington DC	46	152	1:34:50.7
11	Jason McCullough	Washington DC	49	151	1:35:03.5
12	Richard Lyew	Washington DC	46	58	1:38:52.0
13	Misha Solodovnikov	Washington DC	45	111	1:39:15.2
14	Jeff Roderick	Leesburg VA	48	154	1:42:38.9
15	Howard Chan	Washington DC	47	60	1:44:26.8
16	Nordan Delizo	Rock Hall MD	47	127	1:44:44.5
17	Kelly Raiser	Pikesville MD	49	160	1:44:46.2
18	David Hall	Media PA	49	217	1:51:00.0
19	George Peterson	Bethesda MD	47	39	1:56:38.5

#### Male 50 to 54

Place	Name	City	Age	O'all	Time
1 *	Scott McLallen	Alexandria VA	53	37	1:18:58.6
2 *	Jeffrey Loomis	McLean VA	54	17	1:19:01.5
3 *	Charles Kreger	Centre Hall PA	54	21	1:21:36.5
4	Scott Rogers	Hershey PA	50	74	1:23:47.8
5	Boyd Tomasetti	Falls Church VA	53	34	1:24:32.9
6	Marc Neilson	Bethesda MD	54	71	1:26:47.1
7	Douglas Kaspar	Reston VA	54	28	1:27:14.0
8	Alan De Brauw	Silver Spring MD	52	67	1:27:43.3
9	Roberto Anguizola	Reston VA	51	147	1:39:18.5
10	Erik Bowman	Great Falls VA	53	216	1:41:51.1
11	Robert Jenkins	Towson MD	54	238	1:42:37.3
12	Tom Shakow	Washington DC	52	210	1:49:32.7
13	Greg Geiger	Solomons MD	51	172	1:50:02.5
14	Adam Thomas	Washington DC	51	92	1:50:34.9
15	Trey Eckels	Burke VA	50	285	2:32:41.2

#### Male 55 to 59

Place	Name	City	Age	O'all	Time
1 *	David McCready	Falls Church VA	57	108	1:28:47.1
2 *	Steven Glazerman	Washington DC	56	62	1:31:29.6
3 *	Mike Raue	Bethesda MD	58	144	1:33:09.9
4	Troy Knowlton	Cottage Grove MN	55	93	1:36:59.8
5	Carl Schaumann	Warwick MD	56	139	1:43:22.0
6	John West	Downingtown PA	57	135	1:43:36.2
7	Ivan Cheung	Arlington VA	56	114	1:43:42.5
8	Thomas Grier	Fulton MD	55	138	1:49:24.0
9	Joseph Lopez	Great Falls VA	58	224	1:59:30.1
10	Ted Duncan	Potomac MD	59	253	1:59:31.8
11	David Radzanowski	Washington DC	59	265	2:12:15.0
12	Charlie Parsons	Leesburg VA	55	270	2:20:27.5

#### Male 60 to 64

Place	Name	City	Age	O'all	Time
1 *	Steve Odonnell	East Chatham NY	61	55	1:21:16.5
2 *	Evan Hirsche	Washington DC	60	14	1:22:48.4
3 *	Doug Landau	Herndon VA	64	59	1:23:08.6
4	John Hoffman	Centreville VA	60	101	1:24:40.8
5	Paul Shapiro	Baltimore MD	61	69	1:26:14.7
6	Greg Elman	Cocoa Beach FL	62	128	1:27:43.8
7	David Brindley	Washington DC	61	77	1:28:56.8

8	Harvey Warnick	Silver Spring MD	60	200	1:38:54.8
9	Andrew Rahaman	Arlington VA	61	85	1:39:02.0
10	Joseph Thomas	Alexandria VA	61	196	1:52:41.9
11	Bob Lessick	Baltimore MD	61	261	2:00:14.9
12	Mark Duncan	Annapolis MD	63	157	2:00:41.7
13	Rj Redstrom	Powhatan VA	61	272	2:15:30.5
14	Scott Ticknor	Vienna VA	61	264	2:19:57.8
15	Hans Gibbs	Gaithersburg MD	63	283	2:24:31.0

#### Male 65 to 69

Place	Name	City	Age	O'all	Time
1 *	Robert Hartman	Etters PA	65	105	1:22:36.1
2 *	Rob Colburn	Ashburn VA	69	183	1:34:26.2
3 *	Stephen Auburn	Evanston IL	69	125	1:34:35.6
4	David Travis	Milton DE	69	132	1:35:36.8
5	Mark Van Kirk	Mclean VA	65	206	1:42:20.9
6	Alan Rickard	Chantilly VA	67	281	1:54:41.5
7	Bob Helwig	Rockville MD	68	268	1:55:40.9
8	Tim Gindling	College Park MD	66	282	2:19:33.6
9	Louis Hepp	Milton DE	66	276	2:20:16.7

#### Male 70 to 74

Place	Name	City	Age	O'all	Time
1 *	Thomas Stroup	Great Falls VA	70	64	1:23:40.2
2 *	Ed Jordan	Parsonsburg MD	70	52	1:23:42.2
3 *	John Sener	Takoma Park MD	70	192	1:42:32.4
4	Edward Foley	Kennett Square	70	241	2:01:39.2

#### Male 75 to 79

Place	Name	City	Age	O'all	Time
1 *	Timthy Dull	Virginia Beach VA	76	259	2:32:11.2

#### Male 80 to 84

Place	Name	City	Age	O'all	Time
1 *	Hal Sheldon	Crofton MD	82	286	2:58:52.7

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## Age Group Results

Run

### Sprint Age Group

#### Female Sprint Overall Winners

Place	Name	City	Age	O'all	Time
1	Michelle Christine	Leesburg VA	42	7	1:12:57.5
2	Julie Halteman	Elizabethtown PA	32	9	1:17:16.3
3	Jocelyn Saunders	Newark DE	59	56	1:20:45.2

#### Female Sprint Masters Overa Wi

Place	Name	City	Age	O'all	Time
1	Deborah Battaglia	Centre Hall PA	57	51	1:22:50.1
2	Victoria Anderson	Washington DC	44	118	1:24:03.9
3	Leslie Degrande	Arlington VA	44	27	1:24:48.8

#### Female 14 and Under

Place	Name	City	Age	O'all	Time
1 *	Kinsley Cunningham	Chestertown MD	11	96	1:35:53.7
2 *	Anya Zhu	Swarthmore PA	13	227	1:59:58.2

#### Female 15 to 19

Place	Name	City	Age	O'all	Time
1 *	Mabel Margolis	Alexandria VA	16	165	1:36:10.4
2 *	Clare Padula	Philadelphia PA	17	112	1:42:52.5
3 *	Shelby Holtzer	Maplewood NJ	15	197	2:08:46.0

#### Female 20 to 24

Place	Name	City	Age	O'all	Time
1 *	Cailor MacIntyre	Leesburg VA	23	84	1:34:55.6
2 *	Tia Kannel	York PA	23	188	1:51:02.9
3 *	Elise Russell	Annapolis MD	23	90	1:52:09.9
4	Leah Gorman	Columbia MD	22	187	1:58:37.8
5	Mary Salim	Ellicott City MD	23	233	2:00:35.7
6	Greta Michels	Ellicott City MD	22	222	2:09:09.9
7	Ella Parsons	Leesburg VA	23	269	2:20:19.2

#### Female 25 to 29

Place	Name	City	Age	O'all	Time
1 *	Elaina Rahaman	Annandale VA	28	36	1:27:48.9
2 *	Erin McClanahan	Rockville MD	27	30	1:33:59.4
3 *	Kyra Jamison	Washington DC	27	146	1:47:10.2
4	Chandley Schuck	Maurertown VA	29	122	1:47:45.9
5	Carmen Villamizar	Washington DC	28	162	1:48:07.9
6	Grace Klopp	Vienna VA	25	150	1:50:50.9
7	Taylor Sharp	Red Lion PA	26	194	1:51:09.9
8	Marianna Salas	New Orleans LA	27	181	1:52:03.7
9	Lucia Chibán Zamar	Washington DC	28	153	1:52:43.0
10	Lindsey Keller	Washington DC	26	159	1:53:48.9
11	Inga Liu	Alexandria VA	28	119	1:56:57.6
12	Janine Moses	Hyattsville MD	28	239	2:04:52.3

#### Female 30 to 34

Place	Name	City	Age	O'all	Time
1 *	Marciane Foote	Harleysville PA	33	50	1:27:21.9
2 *	Anna Scaramuzza	Reston VA	31	5	1:30:26.3
3 *	Erica Parriott	Ringwood NJ	31	130	1:35:25.5
4	Dakota Staren	Washington DC	30	107	1:40:08.9
5	Megan Kowalski	Annapolis MD	33	140	1:43:23.5

6	Mimi Kirk	Rockville MD	32	38	1:51:32.4
7	Kelsey Leinmiller-Renick	Chestertown MD	34	226	1:52:05.4
8	Elissa Laderach	Alexandria VA	32	244	1:53:23.7
9	Jordan Murphy	Severna Park MD	34	185	1:55:44.7
10	Lina Teichmann	Washington DC	34	228	1:57:40.4
11	Laura Singer	Washington DC	30	220	2:01:14.1
12	Stephanie Ryan	Reston VA	32	232	2:06:55.3
13	Savannah McDonald	Gaithersburg MD	32	237	2:14:28.6
14	Madeline Greth	Birdsboro PA	34	267	2:17:49.6
15	Kayla Halkinrude	Washington DC	30	277	2:22:54.1

#### Female 35 to 39

Place	Name	City	Age	O'all	Time
1 *	Kelly Slippey	Lancaster PA	37	53	1:23:44.9
2 *	Sarah Toth	Savage MD	38	43	1:26:25.0
3 *	Laura Harmon	Indiana PA	35	129	1:30:42.5
4	Heather Fisher-Clarke	Rockville MD	39	44	1:32:25.0
5	Kathleen MacGregor	Washington DC	37	86	1:33:45.4
6	Stacey Maresco	Bethesda MD	36	95	1:38:16.5
7	Henriette Keiser	Washington DC	37	186	1:43:50.7
8	Lisa Brown	Rockville MD	35	54	1:45:52.0
9	Miranda Stolz	Washington DC	38	240	1:54:20.0
10	Anna Strong	Clearwater FL	35	230	1:55:15.3
11	Kimberly Forney	Washington DC	38	175	1:56:17.7
12	Sarah Holtzer	Hartsdale NY	35	251	1:58:20.8
13	Mary Carballo	Baltimore MD	39	247	1:59:19.6
14	Audrey Edmonds	Rockville MD	39	249	2:04:06.0
15	Kathy O'Connor	Reston VA	38	213	2:06:53.7
16	Lizeth Marrufo	Sterling VA	37	225	2:23:13.7

#### Female 40 to 44

Place	Name	City	Age	O'all	Time
1 *	Amanda Denney	Newark DE	40	35	1:25:54.7
2 *	Jen Johnston	Bryn Mawr PA	43	24	1:28:42.8
3 *	Fernanda Ruiz	Washington DC	41	79	1:37:22.5
4	Jessica Morris	Severna Park MD	42	123	1:38:59.2
5	Emma Ernst	Bethesda MD	42	109	1:39:04.2
6	Ellen Whiteside Kalisz	Chevy Chase MD	43	72	1:41:32.2
7	Pantea Stevenson	Arlington VA	42	103	1:45:28.5
8	Jolee Porter	Washington DC	40	57	1:46:29.3
9	Amanda Peretich	Prince Frederick	41	212	1:49:57.5
10	Virginia Carnrick	Bethesda MD	43	211	1:59:25.7
11	Elyse Braner	Washington DC	40	203	2:04:35.6
12	Dipa Patel	Arlington VA	44	260	2:06:25.1
13	Jamie Kelly	Somerdale NJ	41	266	2:17:42.8
14	Janetta Brewer	Upper Marlboro	43	189	2:24:22.5
15	Megan Jordan	White Post VA	40	274	2:24:27.9

#### Female 45 to 49

Place	Name	City	Age	O'all	Time
1 *	Helen Lightner	Hamilton VA	46	91	1:27:47.4
2 *	Jennifer Roberts	Kingston PA	48	81	1:30:02.6
3 *	Elizabeth Sylves	Hockessin DE	47	102	1:30:19.8
4	Zong Luo	Swarthmore PA	49	110	1:41:53.4
5	Sormeh Youssefieh	Potomac MD	48	204	1:42:39.9
6	Kristi Cornell	Joppa MD	46	148	1:44:26.4
7	Jennifer Hall	Wilmington DE	48	171	1:46:54.0
8	Mindy Nolt	Lancaster PA	46	158	1:47:03.9
9	Colleen Crino	Washington DC	49	199	1:48:45.3
10	Paige Roderick	Leesburg VA	48	180	1:52:44.9
11	Rebecca Geiser	Lancaster PA	47	236	1:56:39.8

# Watermans Sprint Triathlon 2024

Race Date  
September 29, 2024

## Age Group Results

Run

### Sprint Age Group

### Female 65 to 69

#### Female 45 to 49

Place	Name	City	Age	O'all	Time
12	Amanda Rohde	Prince Frederick	46	198	1:59:23.0
13	Brooke Hopper	Kensington MD	47	243	2:04:03.2

Place	Name	City	Age	O'all	Time
1 *	Pamela P Hepp	Milton DE	65	252	1:53:16.5
2 *	Elaine Bowser	Forest Hill MD	67	257	1:57:16.7

### Female 70 to 74

#### Female 50 to 54

Place	Name	City	Age	O'all	Time
1 *	Deb Ryan	Arlington VA	52	88	1:28:09.6
2 *	Jennifer Kron	Washington DC	51	89	1:34:29.4
3 *	Rebecca Barnett	Bear DE	52	83	1:37:14.4
4	Kimberly Noonan	Arlington VA	50	116	1:39:01.8
5	Julia Hinckley	Philadelphia PA	50	173	1:41:14.0
6	Anne Johnston	Flourtown PA	50	143	1:44:37.2
7	Jennifer Elisseff	Baltimore MD	51	141	1:45:04.1
8	Carissa Miller	Bethesda MD	54	246	1:49:59.9
9	Amanda Marr	Washington DC	51	201	1:53:42.6
10	Kathryn Law	Arlington VA	52	168	1:56:26.3
11	Lori Rabensteine	Murrysville PA	53	182	2:02:54.0
12	Amanda Ripley	Washington DC	50	214	2:04:04.5
13	Jocelyn Ballantine	Alexandria VA	53	273	2:07:01.8
14	Krista Knowles	Purcellville VA	51	254	2:12:40.2
15	Katherine Sye	Bethesda MD	53	271	2:19:51.6

Place	Name	City	Age	O'all	Time
1 *	Jose Delp	Whiteford MD	70	248	2:03:34.9

#### Female 55 to 59

Place	Name	City	Age	O'all	Time
1 *	Diane Wack	Catonsville MD	56	48	1:28:04.9
2 *	Kathy Daunt	Haymarket VA	55	13	1:29:47.1
3 *	Michelle Ohanian	Fairfax VA	58	167	1:37:08.7
4	Kelly Gauger	Washington DC	55	176	1:45:25.7
5	Diana Pancu	Joppa MD	55	177	1:46:12.4
6	Bonnie McCready	Falls Church VA	56	258	1:57:45.4
7	Jo Rathbun	Potomac MD	55	250	1:59:31.8
8	Tamara Belt	Washington DC	57	242	2:00:38.8
9	Nancy Hersh	Washington DC	55	221	2:02:44.0
10	Cinnamon Baker	Arlington VA	55	280	2:03:00.0
11	Laura Vukson	Purcellville VA	55	255	2:12:52.8
12	Lissette Sanchez	Alexandria VA	56	278	2:43:31.7
13	Rebecca Gray	Alexandria VA	59	284	2:44:32.1

#### Female 60 to 64

Place	Name	City	Age	O'all	Time
1 *	Susan Kim	Baltimore MD	62	80	1:30:36.2
2 *	Christine MacKrides	Holland PA	60	126	1:31:48.9
3 *	Nancy Forsyth	Lewes DE	61	170	1:41:22.3
4	Lisa Dignazio	Columbia MD	61	190	1:43:22.6
5	Alice Weber	Towson MD	62	207	1:44:58.2
6	Julia Kadison	East Chatham NY	61	178	1:46:17.7
7	Nora Judd	Port Deposit MD	63	223	1:50:27.9
8	Sally Colella	Chevy Chase MD	63	209	1:52:03.9
9	Elizabeth Gleason	Columbus OH	61	134	1:54:39.3
10	Wendy Gross	Bryn Mawr PA	63	219	1:57:53.6
11	Katarina Auer	Arlington VA	60	262	2:02:58.1
12	Sheri Laigle	Silver Spring MD	61	208	2:04:46.5
13	Elizabeth Fuhrman	Rockville MD	62	256	2:05:07.3
14	Julian Potter	Washington DC	63	279	2:30:54.0