

General Smallwood Oympic and Sprint Triathlon 2025

Race Date

April 26, 2025

Overall Results

Place	Name	Bib No	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total			
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Jon Bruccoleri	306	3	22:09.9	14:47	3:25.8	4	1:05:03.5	22.1	0:58.2	4	39:20.2	6:20	2:10:57.7
2	Henry Stewart	321	41	27:29.1	18:19	3:57.9	1	1:02:19.2	23.1	1:41.5	2	38:47.0	6:14	2:14:14.9
3	Bryan Frank	374	15	23:57.1	15:58	3:22.9	5	1:05:26.8	22.0	0:59.3	12	40:46.1	6:34	2:14:32.3
4	Brian Skinnell	411	5	22:31.7	15:01	3:54.3	10	1:07:19.6	21.4	1:28.0	6	39:29.3	6:21	2:14:43.1
5	Jake Drumheller	542	9	23:10.3	15:27	3:56.9	3	1:04:51.9	22.2	1:32.7	23	43:26.7	7:00	2:16:58.6
6	Brent Hinckley	400	2	19:22.2	12:55	4:32.4	11	1:08:01.6	21.2	1:15.0	29	44:07.2	7:06	2:17:18.6
7	James Ryan	455	38	26:51.9	17:55	3:35.0	6	1:06:24.9	21.7	1:37.6	7	39:43.9	6:24	2:18:13.5
8	Tyler Rivenbark	551	49	27:58.7	18:39	3:26.9	7	1:07:03.5	21.5	1:39.2	3	39:13.4	6:19	2:19:21.9
9	Ian McDonough	529	4	22:22.2	14:55	2:41.8	15	1:09:02.5	20.9	1:03.2	37	45:03.8	7:15	2:20:13.8
10	Nikolai Jenkins	515	16	24:13.9	16:09	3:28.4	20	1:11:17.2	20.2	1:25.3	10	40:35.6	6:32	2:21:00.6
11	Benjamin Prejean	423	6	22:38.4	15:06	3:38.3	63	1:16:30.7	18.8	1:16.7	18	41:43.3	6:43	2:25:47.5
12	Gabriel Szybalski	549	53	28:19.3	18:53	4:04.6	25	1:11:47.0	20.1	1:35.6	17	41:41.1	6:43	2:27:27.7
13	Sean Luitjens	326	29	26:16.7	17:31	4:38.5	14	1:08:31.6	21.0	2:05.8	49	46:36.2	7:30	2:28:09.1
14	Adam Carlson	496	82	29:52.1	19:55	4:07.0	19	1:11:13.7	20.2	1:34.7	22	43:23.0	6:59	2:30:10.6
15	Gregory Long	375	34	26:38.8	17:46	4:07.0	37	1:13:42.0	19.5	1:58.3	33	44:40.5	7:11	2:31:06.8
16	Anna Fedotova	468	148	34:30.4	23:00	8:06.8	97	1:20:24.5	17.9	3:31.5	1	24:38.7	3:58	2:31:12.1
17	Ben Causak	516	102	31:16.8	20:51	4:17.5	29	1:12:19.8	19.9	1:50.4	14	41:29.8	6:41	2:31:14.4
18	William Weinlandt	556	107	31:34.6	21:03	3:58.6	12	1:08:04.9	21.2	1:54.3	45	46:22.2	7:28	2:31:54.8
19	Mark Simons	421	23	24:55.0	16:37	3:18.6	92	1:19:26.1	18.1	2:05.2	19	42:19.2	6:49	2:32:04.3
20	Sean Buruschkin	386	140	34:04.4	22:43	3:56.5	2	1:04:37.2	22.3	1:46.1	62	48:12.8	7:46	2:32:37.1
21	Jamil Madati	371	52	28:15.4	18:50	5:11.1	16	1:09:14.7	20.8	2:06.2	56	47:54.7	7:43	2:32:42.4
22	Evan Farley	514	84	30:02.2	20:01	4:20.4	31	1:13:06.6	19.7	1:31.3	25	43:46.3	7:03	2:32:47.0
23	Sarah Baugh	391	7	22:46.0	15:11	4:14.9	45	1:14:52.6	19.2	1:49.9	69	49:06.6	7:54	2:32:50.2
24	Jordan Krinsky	448	109	31:47.3	21:12	4:30.0	43	1:14:36.8	19.3	1:21.3	11	40:40.8	6:33	2:32:56.3
25	Jiawei Bai	458	142	34:08.7	22:46	6:16.4	13	1:08:24.6	21.0	2:12.0	21	43:20.6	6:59	2:34:22.5
26	Jack Ferrell	429	96	31:00.9	20:41	5:13.7	33	1:13:17.8	19.6	1:56.1	20	43:07.4	6:56	2:34:36.0
27	Fox Larson	398	119	32:05.8	21:24	4:58.9	39	1:13:55.5	19.5	2:12.8	16	41:36.3	6:42	2:34:49.4
28	David Stenzel	379	114	31:55.8	21:17	4:01.0	22	1:11:23.1	20.2	1:57.4	41	45:33.2	7:20	2:34:50.7
29	Thomas McReal	367	55	28:33.0	19:02	5:05.5	100	1:20:28.7	17.9	1:02.0	8	39:52.0	6:25	2:35:01.4
30	Roxanne Wegman	381	39	27:02.7	18:02	3:33.4	51	1:15:33.3	19.1	1:06.4	54	47:49.3	7:42	2:35:05.4
31	Mitch Rider	489	40	27:23.7	18:16	5:38.2	40	1:14:07.3	19.4	1:45.5	44	46:12.9	7:26	2:35:07.8
32	Nathan Lindley	567	12	23:45.6	15:50	4:17.7	79	1:17:23.2	18.6	1:36.4	65	48:21.2	7:47	2:35:24.4
33	Maxwell Gustafson	545	32	26:28.7	17:39	4:10.6	28	1:12:14.4	19.9	1:41.9	91	50:49.2	8:11	2:35:24.9

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Slavi Krastanov	500	120	32:24.5	21:36	4:10.7	9	1:07:08.8	21.4	1:48.3	80	49:53.3	8:02	2:35:25.7
35	Steven Gia Yupang	554	83	29:59.4	20:00	5:06.4	38	1:13:54.7	19.5	2:10.7	31	44:15.0	7:07	2:35:26.4
36	Derek Zeller	331	10	23:26.4	15:38	4:04.7	36	1:13:34.7	19.6	1:35.8	120	53:04.5	8:32	2:35:46.3
37	Anthony Wamwea	449	157	35:34.9	23:43	5:45.4	23	1:11:38.7	20.1	2:18.4	9	40:29.7	6:31	2:35:47.2
38	Carr Kizzier	562	88	30:20.4	20:14	4:29.3	18	1:10:50.0	20.3	2:11.8	59	48:01.1	7:44	2:35:52.8
39	Marcos Cogo	472	36	26:42.0	17:48	5:59.8	67	1:16:49.7	18.7	2:24.7	30	44:13.1	7:07	2:36:09.5
40	Suraj Girish	385	77	29:44.5	19:50	4:24.7	26	1:11:56.2	20.0	2:02.6	61	48:11.0	7:45	2:36:19.2
41	Thomas Smith	484	71	29:32.4	19:42	4:25.7	48	1:15:13.6	19.1	2:20.3	38	45:13.8	7:17	2:36:46.1
42	Michael Kramer	519	92	30:33.4	20:22	3:30.6	17	1:09:35.9	20.7	1:03.2	107	52:08.6	8:24	2:36:51.9
43	Deborah Battaglia	553	24	25:13.2	16:49	3:24.3	72	1:17:03.3	18.7	1:35.6	78	49:40.7	8:00	2:36:57.3
44	Andrew Bremer	523	56	28:35.7	19:04	4:45.4	82	1:18:09.3	18.4	1:28.6	28	44:01.4	7:05	2:37:00.5
45	Gabriel Smith	314	126	32:40.9	21:47	3:46.8	80	1:17:31.7	18.6	2:01.4	15	41:32.7	6:41	2:37:33.7
46	Ian Altendorfer	528	47	27:39.6	18:26	4:41.0	44	1:14:44.7	19.3	1:25.8	70	49:07.3	7:54	2:37:38.5
47	Michael Pomaes	552	19	24:31.6	16:21	4:44.7	84	1:18:15.7	18.4	2:37.7	52	47:34.5	7:39	2:37:44.4
48	Charles Kreger	559	25	25:27.2	16:58	3:51.9	61	1:16:27.9	18.8	1:35.9	85	50:22.8	8:06	2:37:45.9
49	Robert Cowden	377	50	28:05.5	18:44	3:49.6	102	1:20:52.8	17.8	1:49.0	27	44:01.1	7:05	2:38:38.2
50	Kyle Futch	469	64	29:02.0	19:21	6:41.4	34	1:13:20.8	19.6	1:54.8	64	48:19.6	7:47	2:39:18.9
51	Jason Luttrell	527	122	32:25.9	21:37	5:49.8	8	1:07:04.8	21.5	4:31.1	79	49:46.7	8:01	2:39:38.5
52	Rogelio Maese	355	110	31:47.7	21:12	4:20.9	60	1:16:18.4	18.9	2:24.3	47	46:27.4	7:29	2:41:18.9
53	Yingqi Liu	399	176	37:13.9	24:49	4:12.7	24	1:11:42.8	20.1	2:36.3	42	45:47.6	7:22	2:41:33.5
54	Christopher Cottone	336	65	29:09.0	19:26	6:21.1	50	1:15:32.2	19.1	2:10.7	66	48:37.9	7:50	2:41:51.1
55	Emily Isaacson	444	134	33:11.9	22:08	4:25.3	54	1:15:39.7	19.0	1:40.7	51	47:07.9	7:35	2:42:05.8
56	Nathan Welsh	431	17	24:27.0	16:18	4:30.6	126	1:25:17.6	16.9	0:54.3	50	47:06.8	7:35	2:42:16.4
57	Ryan Lynch	575	89	30:25.3	20:17	6:20.9	21	1:11:20.3	20.2	1:53.7	109	52:16.9	8:25	2:42:17.4
58	Marina McPhail	441	20	24:44.3	16:30	4:57.5	113	1:23:32.3	17.2	3:59.1	39	45:14.5	7:17	2:42:28.0
59	Dan Muscarella	561	154	35:10.2	23:27	4:10.4	69	1:16:54.5	18.7	2:29.3	34	44:40.7	7:11	2:43:25.3
60	Will Fleury	311	130	32:57.4	21:58	6:11.9	64	1:16:37.0	18.8	2:45.1	40	45:16.6	7:17	2:43:48.2
61	Aisling O'Connell	487	45	27:34.7	18:23	3:46.0	130	1:25:35.3	16.8	2:27.6	32	44:24.8	7:09	2:43:48.6
62	Julia Follick	546	48	27:42.1	18:28	3:39.5	106	1:22:02.9	17.6	1:39.2	67	48:49.0	7:51	2:43:52.9
63	Mia Mikowski	442	86	30:08.3	20:06	3:28.1	78	1:17:21.1	18.6	1:48.9	100	51:39.0	8:19	2:44:25.6
64	Aristidis Mereos	574	46	27:38.8	18:26	5:50.9	112	1:23:25.0	17.3	3:03.8	36	44:50.8	7:13	2:44:49.5
65	Winfield Wilson	509	155	35:10.5	23:27	3:58.6	41	1:14:26.6	19.3	1:16.4	83	50:04.2	8:03	2:44:56.5
66	John Troll	403	108	31:40.5	21:07	5:36.7	42	1:14:30.7	19.3	1:34.8	111	52:29.4	8:27	2:45:52.3

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
67	Clint Roberts	414	72	29:39.1	19:46	4:36.0	68	1:16:51.1	18.7	2:06.4	114	52:47.3	8:30	2:46:00.1
68	Benjamin Brim	460	11	23:27.6	15:38	4:20.7	138	1:26:05.1	16.7	1:29.3	87	50:38.7	8:09	2:46:01.5
69	Renee Loll	357	100	31:09.9	20:47	4:21.5	83	1:18:11.7	18.4	2:03.0	86	50:26.4	8:07	2:46:12.6
70	Ayako Watanabe	482	81	29:51.7	19:54	4:12.3	90	1:19:12.0	18.2	1:32.7	108	52:12.3	8:24	2:47:01.3
71	Jed Bell	570	180	37:47.2	25:11	6:14.8	95	1:19:49.4	18.0	2:51.5	13	40:49.8	6:34	2:47:32.8
72	David Adams	360	147	34:27.5	22:58	4:10.2	47	1:15:12.0	19.1	1:27.4	110	52:20.8	8:25	2:47:38.1
73	David Weiss	328	87	30:15.5	20:10	5:02.9	104	1:21:07.6	17.7	3:25.7	57	47:56.2	7:43	2:47:48.1
74	Keith Hansen	344	121	32:24.9	21:37	4:15.4	76	1:17:15.9	18.6	2:41.6	96	51:17.2	8:15	2:47:55.0
75	Richard McCaffery	401	131	33:03.6	22:02	7:18.4	58	1:16:01.9	18.9	5:05.8	48	46:27.7	7:29	2:47:57.5
76	Anna Callahan	485	181	37:49.3	25:13	4:33.9	52	1:15:37.8	19.0	2:19.9	55	47:51.1	7:42	2:48:12.1
77	Seth Litchfield	530	116	32:00.6	21:20	4:20.4	27	1:11:58.1	20.0	1:54.7	166	58:01.6	9:20	2:48:15.6
78	Krista Sermon	491	97	31:01.1	20:41	4:50.2	86	1:18:38.4	18.3	1:46.8	106	52:08.4	8:23	2:48:25.1
79	Hunter Sonnenberg	571	192	38:51.0	25:54	4:15.0	53	1:15:37.9	19.0	1:48.2	60	48:04.4	7:44	2:48:36.7
80	David McCready	480	149	34:32.6	23:02	4:51.2	30	1:12:27.1	19.9	1:19.2	151	55:55.9	9:00	2:49:06.1
81	Don Gray	359	141	34:04.6	22:43	4:59.9	73	1:17:09.3	18.7	1:19.6	99	51:37.2	8:18	2:49:10.9
82	Ryan Woock	363	152	35:06.8	23:25	4:47.5	77	1:17:16.6	18.6	2:29.4	76	49:32.2	7:58	2:49:12.7
83	Jenna Hager	520	113	31:55.1	21:17	4:37.8	49	1:15:28.6	19.1	2:18.7	142	55:13.1	8:53	2:49:33.5
84	John Sheehan	324	58	28:49.0	19:13	4:24.6	99	1:20:26.6	17.9	2:12.8	128	53:49.1	8:40	2:49:42.2
85	Jon McArthur	564	90	30:26.5	20:18	6:13.0	81	1:17:58.4	18.5	2:13.9	130	53:56.7	8:41	2:50:48.6
86	Katie Skiff	470	187	38:21.8	25:35	4:13.6	57	1:15:59.6	18.9	1:51.9	88	50:41.3	8:09	2:51:08.4
87	Randall Moreland	389	164	36:12.5	24:08	4:56.9	32	1:13:17.1	19.6	1:49.9	143	55:14.1	8:53	2:51:30.7
88	Denis Motisi	388	196	39:17.0	26:11	5:46.0	107	1:22:37.1	17.4	1:10.3	24	43:38.8	7:01	2:52:29.4
89	Caroline Bayless	557	43	27:33.9	18:23	4:49.1	75	1:17:15.5	18.6	2:28.0	182	1:00:34.0	9:45	2:52:40.7
90	Natalie Lewis	503	54	28:27.5	18:58	4:04.9	152	1:28:12.4	16.3	2:23.3	82	49:59.0	8:03	2:53:07.3
91	Kate Dannemiller	531	37	26:45.5	17:50	4:52.5	136	1:26:04.2	16.7	2:32.5	119	53:02.8	8:32	2:53:17.6
92	Averiel Brininger	420	75	29:43.5	19:49	5:48.2	153	1:28:34.3	16.3	3:29.6	43	45:57.7	7:24	2:53:33.5
93	Jennie Bourgo	325	28	26:05.1	17:23	4:30.8	116	1:23:52.8	17.2	2:23.1	163	57:20.3	9:14	2:54:12.3
94	Daniel Labarca	578	1	15:36.3	10:24	23:55.6	66	1:16:44.6	18.8	2:04.5	153	56:22.3	9:04	2:54:43.6
95	Ben Cukor	543	18	24:30.8	16:21	9:13.5	94	1:19:33.9	18.1	4:08.6	165	57:32.6	9:16	2:54:59.6
96	Ingrid Mercer	435	26	25:52.6	17:15	4:56.3	103	1:21:03.3	17.8	2:07.1	188	1:01:16.2	9:52	2:55:15.7
97	Jonathan Messing	383	103	31:17.8	20:52	6:22.3	98	1:20:26.4	17.9	3:06.3	136	54:32.2	8:47	2:55:45.2
98	Dan Wanous	555	85	30:07.7	20:05	4:34.4	55	1:15:56.2	19.0	1:31.6	203	1:03:41.8	10:15	2:55:51.9
99	Jessica Carothers	495	98	31:03.5	20:42	5:35.2	150	1:28:00.9	16.4	2:01.0	71	49:12.0	7:55	2:55:52.7

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100	Caitlin Blankenship	340	59	28:49.8	19:13	5:04.0	118	1:24:24.7	17.1	4:35.6	117	52:59.2	8:32	2:55:53.4
101	Kurt Kautman	413	101	31:15.2	20:50	6:05.9	91	1:19:15.4	18.2	3:43.0	148	55:40.5	8:58	2:56:00.2
102	Matt McOmber	361	105	31:29.3	21:00	7:00.6	89	1:19:02.0	18.2	3:07.1	146	55:31.8	8:56	2:56:11.0
103	Tyler Duncan	312	118	32:03.6	21:22	6:48.0	108	1:22:39.6	17.4	3:37.7	94	51:02.1	8:13	2:56:11.0
104	Owen Marzolf-Miller	563	104	31:28.6	20:59	4:56.2	140	1:26:31.7	16.6	1:15.5	105	52:07.0	8:23	2:56:19.1
105	Tara Crouch	327	33	26:32.9	17:42	4:52.0	109	1:22:45.7	17.4	1:26.2	184	1:00:46.3	9:47	2:56:23.3
106	Sheila Hall	405	117	32:02.5	21:22	6:23.7	59	1:16:06.8	18.9	2:27.4	179	1:00:01.8	9:40	2:57:02.5
107	Connor Morningred	417	125	32:39.8	21:47	5:03.3	128	1:25:29.3	16.8	2:04.7	103	51:59.9	8:22	2:57:17.1
108	Raymond Anderson	320	219	42:47.1	28:31	6:40.4	35	1:13:31.4	19.6	2:36.1	104	52:06.9	8:23	2:57:42.1
109	Florian Duverger	342	173	37:02.7	24:42	5:56.6	56	1:15:57.1	19.0	2:01.2	159	56:46.6	9:08	2:57:44.4
110	Bryce Jackson	430	111	31:48.5	21:12	5:09.4	163	1:30:03.2	16.0	2:00.9	73	49:16.8	7:56	2:58:19.0
111	Marc Pirner	483	163	36:07.8	24:05	6:10.2	70	1:16:56.8	18.7	2:51.6	156	56:41.1	9:07	2:58:47.6
112	Dot Martin	307	74	29:39.3	19:46	5:39.8	117	1:24:04.6	17.1	2:42.6	161	56:54.4	9:10	2:59:00.9
113	Peter Claise	510	128	32:46.8	21:51	5:40.4	114	1:23:35.7	17.2	3:47.6	122	53:25.2	8:36	2:59:15.8
114	Cindy Johnson	440	13	23:49.9	15:53	6:44.5	166	1:30:07.4	16.0	3:49.3	140	54:57.2	8:51	2:59:28.5
115	Brian McGill	422	60	28:56.4	19:18	7:46.8	96	1:20:06.5	18.0	4:07.9	168	58:35.4	9:26	2:59:33.3
116	Tim Walkawicz	568	31	26:27.2	17:38	8:19.2	65	1:16:37.8	18.8	1:52.7	218	1:06:55.4	10:46	3:00:12.5
117	Cameron Schwartz	579	144	34:11.9	22:48	4:22.9	141	1:26:32.2	16.6	2:35.9	116	52:55.6	8:31	3:00:38.7
118	Sean Oconnor	466	139	33:40.5	22:27	5:04.1				1:37:29.2	35	44:44.2	7:12	3:00:58.1
119	Grace Bielefeld	463	79	29:46.0	19:51	7:02.9	46	1:15:10.4	19.2	1:48.9	219	1:07:21.2	10:50	3:01:09.6
120	Ellen Beahm	316	132	33:05.4	22:04	6:04.4	125	1:25:17.2	16.9	3:15.0	124	53:28.6	8:36	3:01:10.9
121	Ann Graham	573	67	29:18.3	19:32	4:15.5	146	1:27:04.7	16.5	1:47.8	170	58:54.1	9:29	3:01:20.6
122	John Stires	508	70	29:23.4	19:36	5:08.3	213	1:41:11.7	14.2	1:54.6	26	44:00.6	7:05	3:01:38.9
123	Greg Gagnon	474	42	27:33.1	18:22	6:33.9	122	1:25:08.5	16.9	2:41.4	176	59:49.2	9:38	3:01:46.2
124	Mathieu Cros	352	179	37:44.3	25:10	4:32.7	157	1:29:00.3	16.2	1:00.8	77	49:33.8	7:59	3:01:52.1
125	Katherine Gage	382	14	23:54.7	15:56	4:42.4	173	1:31:28.0	15.7	2:12.2	177	59:56.4	9:39	3:02:13.9
126	Ella Weiss	419	76	29:44.4	19:50	4:47.0	134	1:25:50.3	16.8	2:23.2	175	59:46.5	9:37	3:02:31.5
127	Lauren Johnson	550	68	29:21.0	19:34	4:01.8	142	1:26:41.6	16.6	2:12.3	186	1:00:51.3	9:48	3:03:08.2
128	Brianna Bair	517	188	38:23.3	25:36	6:40.0	111	1:23:12.0	17.3	3:07.8	102	51:53.9	8:21	3:03:17.2
129	Luke Britton	349	201	40:17.4	26:52	6:06.9	121	1:25:00.9	16.9	2:37.7	74	49:27.3	7:58	3:03:30.5
130	Nick Wong	300	69	29:23.0	19:35	6:44.8	144	1:26:55.4	16.6	2:24.4	167	58:11.3	9:22	3:03:39.1
131	Melanie Awbrey	365	112	31:49.8	21:13	6:03.9	87	1:18:50.6	18.3	3:39.5	200	1:03:22.9	10:12	3:03:46.9
132	Cameron Wilcox	301	61	28:57.7	19:18	6:53.8	120	1:24:56.0	17.0	1:48.0	187	1:01:12.5	9:51	3:03:48.2

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Overall Results

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
133	Nick Smith	558	183	37:59.8	25:20	6:21.5	105	1:21:30.1	17.7	3:15.0	144	55:26.5	8:55	3:04:33.1
134	Konrad Niwa	427	135	33:18.2	22:12	5:01.5	182	1:33:14.2	15.4	1:43.7	98	51:30.3	8:17	3:04:48.2
135	Brian Moran	393	146	34:16.6	22:51	4:41.8	158	1:29:00.8	16.2	3:07.6	127	53:41.8	8:39	3:04:48.7
136	Marco Armendariz	436	160	35:54.4	23:56	6:26.3	85	1:18:35.7	18.3	2:10.3	189	1:01:46.2	9:56	3:04:53.0
137	Nathan Mayer	416	207	41:36.3	27:44	6:55.9	101	1:20:38.9	17.9	5:07.9	89	50:41.7	8:10	3:05:00.8
138	Juan Blyde	408	138	33:40.5	22:27	6:19.0	143	1:26:49.4	16.6	2:24.4	150	55:52.7	9:00	3:05:06.2
139	Alex Stark	310	167	36:13.9	24:09	6:30.1	124	1:25:11.8	16.9	2:50.9	141	55:02.5	8:51	3:05:49.4
140	Kevin Chai	373	162	36:01.8	24:01	9:15.8	133	1:25:44.0	16.8	4:03.9	90	50:48.7	8:11	3:05:54.4
141	Jonathan Wangler	533	171	36:37.4	24:25	5:43.0	119	1:24:45.7	17.0	2:24.4	154	56:25.0	9:05	3:05:55.7
142	Kevin Lass	492	159	35:54.0	23:56	7:11.6	151	1:28:03.9	16.4	2:16.4	129	53:53.9	8:40	3:07:20.0
143	Anthony Lee	366	195	39:06.9	26:05	4:07.9	187	1:35:10.0	15.1	1:12.2	58	47:58.2	7:43	3:07:35.4
144	Claire Caplan	329	106	31:33.9	21:03	7:06.0	165	1:30:04.6	16.0	3:40.3	147	55:36.2	8:57	3:08:01.1
145	John Yang	404	245	52:37.2	35:05	6:04.1	74	1:17:10.1	18.7	2:17.8	81	49:56.0	8:02	3:08:05.3
146	Dave Middleton	330	174	37:06.8	24:45	5:23.6	123	1:25:10.4	16.9	4:51.6	149	55:46.8	8:59	3:08:19.4
147	Dakota Staren	428	197	39:17.0	26:11	5:17.3	135	1:25:59.2	16.7	2:22.8	145	55:30.1	8:56	3:08:26.6
148	John McFadden	390	161	35:59.3	24:00	10:18.4	131	1:25:43.3	16.8	3:47.6	115	52:50.3	8:30	3:08:39.2
149	John Birchwood	535	115	31:55.9	21:17	6:15.9	171	1:31:20.3	15.8	3:02.5	155	56:30.5	9:06	3:09:05.2
150	Daniel Triman	471	27	25:57.7	17:18	8:55.9	170	1:30:52.9	15.8	8:44.2	138	54:34.4	8:47	3:09:05.2
151	Vikas Boda	446	186	38:09.8	25:27	6:00.2	172	1:31:24.3	15.8	4:00.9	84	50:09.0	8:04	3:09:44.5
152	Ridge Blanchard	370	193	38:58.6	25:59	6:43.1	71	1:17:01.6	18.7	3:06.5	208	1:04:00.0	10:18	3:09:50.1
153	Melissa Moore	476	124	32:35.6	21:44	5:12.3	115	1:23:42.7	17.2	2:09.1	217	1:06:42.7	10:44	3:10:22.6
154	Jonathan Gross	518	226	44:02.5	29:22	9:57.5	88	1:18:55.6	18.2	3:53.8	125	53:38.7	8:38	3:10:28.4
155	Zachary Kelsay	497	123	32:28.7	21:39	6:00.6	197	1:37:48.0	14.7	2:50.9	97	51:27.0	8:17	3:10:35.4
156	Ishan Tamrakar	498	208	41:39.7	27:47	4:25.3	93	1:19:30.5	18.1	1:56.4	205	1:03:52.1	10:17	3:11:24.2
157	Brian McNeill	451	190	38:37.9	25:45	8:29.5	132	1:25:43.5	16.8	4:51.1	137	54:32.5	8:47	3:12:14.7
158	Raymond Chian	453	177	37:19.9	24:53	7:19.7	148	1:27:26.8	16.5	3:20.8	160	56:49.1	9:09	3:12:16.4
159	Steve Rossi	426	168	36:21.6	24:14	6:07.9	129	1:25:30.6	16.8	2:43.7	190	1:01:58.8	9:58	3:12:42.8
160	Chris Nidel	339	229	44:26.8	29:38	7:16.7	154	1:28:36.4	16.3	3:28.7	75	49:27.6	7:58	3:13:16.4
161	Ryan Malkiewicz	521	63	28:59.5	19:20	5:27.5	110	1:23:11.8	17.3	4:25.9	233	1:11:33.0	11:31	3:13:37.8
162	Mark Garrett	318	200	40:12.0	26:48	5:43.0	194	1:36:56.7	14.9	1:53.8	68	48:52.3	7:52	3:13:38.0
163	Kymani Brown	303	220	42:59.7	28:40	7:46.2	162	1:29:44.7	16.0	2:36.9	93	50:59.0	8:12	3:14:06.7
164	Selah Wangler	532	150	34:39.2	23:06	5:35.9	190	1:36:12.3	15.0	2:14.9	157	56:43.9	9:08	3:15:26.3
165	Alexandra Gustafson	544	62	28:59.0	19:19	4:51.2	155	1:28:52.8	16.2	4:03.1	228	1:09:25.2	11:10	3:16:11.5

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Overall Results

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
166	Beth Nave	457	194	39:05.1	26:03	6:41.9	127	1:25:19.9	16.9	3:21.1	192	1:02:03.2	9:59	3:16:31.4
167	Marion Snideman	409	165	36:12.7	24:09	4:08.7	185	1:34:25.8	15.2	1:06.0	183	1:00:40.6	9:46	3:16:34.0
168	Mia Williams	432	73	29:39.2	19:46	4:55.5	224	1:44:11.7	13.8	1:19.5	158	56:46.4	9:08	3:16:52.5
169	Elizabeth Harraka	437	178	37:33.2	25:02	5:22.3	198	1:37:56.7	14.7	2:39.5	121	53:23.5	8:36	3:16:55.4
170	Matthew Ham	540	223	43:46.5	29:11	7:18.6	191	1:36:13.3	15.0	1:48.7	63	48:18.4	7:46	3:17:25.7
171	Riley Hope	513	44	27:34.5	18:23	5:32.6	229	1:47:16.5	13.4	4:03.6	118	53:02.7	8:32	3:17:30.1
172	Gary Van Derveer	323	182	37:55.5	25:17	6:48.1	145	1:27:03.9	16.5	2:21.5	201	1:03:25.0	10:12	3:17:34.1
173	Carl Von Kessler	477	145	34:15.3	22:50	7:38.0	149	1:27:59.5	16.4	4:16.1	202	1:03:25.2	10:12	3:17:34.3
174	Alexandria Richter	526	133	33:10.8	22:07	8:20.3	218	1:41:52.5	14.1	8:06.0	46	46:23.7	7:28	3:17:53.4
175	Christine Bertz	378	202	40:30.5	27:00	6:20.2	161	1:29:12.3	16.1	2:54.9	173	59:12.8	9:32	3:18:10.9
176	Eric Patterson	454	205	41:21.8	27:35	9:39.4	159	1:29:11.9	16.1	4:02.1	131	54:09.6	8:43	3:18:24.9
177	Conal Doyle	348	217	42:42.3	28:28	7:53.8	156	1:28:55.0	16.2	4:42.1	135	54:31.1	8:46	3:18:44.4
178	Joe Allard	335	212	42:19.0	28:13	6:11.1	139	1:26:19.8	16.7	1:53.0	194	1:02:10.9	10:00	3:18:54.1
179	Seth Elieson	394	93	30:42.3	20:28	6:10.3	232	1:49:49.6	13.1	1:43.2	92	50:50.0	8:11	3:19:15.5
180	Henriette Donis	407	156	35:24.9	23:37	5:37.3	169	1:30:52.7	15.8	3:02.9	209	1:04:28.9	10:23	3:19:26.9
181	Rudram Das	447	206	41:34.1	27:43	5:34.0	137	1:26:04.6	16.7	2:20.8	206	1:03:55.1	10:17	3:19:28.7
182	Brian Plunkett	512	51	28:09.2	18:46	7:25.9	167	1:30:21.7	15.9	3:53.0	230	1:09:49.4	11:14	3:19:39.3
183	Jp Moran	392	91	30:31.9	20:21	5:21.8	183	1:33:37.2	15.4	1:40.8	225	1:09:10.6	11:08	3:20:22.5
184	Seamus Brown	504	8	22:58.3	15:19	5:34.4	210	1:40:13.1	14.4	2:32.8	227	1:09:23.7	11:10	3:20:42.4
185	Howard Chan	412	238	48:02.0	32:01	8:15.8	164	1:30:04.3	16.0	3:33.4	123	53:25.7	8:36	3:23:21.4
186	Ava Summerfield	580	175	37:12.7	24:49	1:54:24.1					101	51:46.4	8:20	3:23:23.3
187	Karl Vantine	506	57	28:40.3	19:07	11:30.1	160	1:29:12.1	16.1	5:15.2	226	1:09:14.2	11:09	3:23:52.1
188	Ishai Melamede	459	137	33:27.4	22:18	8:04.8	195	1:37:33.2	14.8	1:24.1	204	1:03:50.7	10:16	3:24:20.4
189	Abby Gwaltney	396	170	36:30.2	24:20	4:34.0	188	1:35:44.4	15.0	1:29.2	216	1:06:21.1	10:41	3:24:39.2
190	Natalie Burg	464	189	38:31.2	25:41	9:21.9	175	1:31:58.2	15.7	4:05.2	185	1:00:46.5	9:47	3:24:43.3
191	Olivia Carson	347	151	35:03.9	23:23	10:09.4	181	1:33:06.3	15.5	4:53.4	191	1:02:01.7	9:59	3:25:15.0
192	Joel Depalma	418	236	46:49.9	31:13	6:08.8	147	1:27:21.5	16.5	2:04.5	199	1:03:16.4	10:11	3:25:41.3
193	Nikhil Raheja	548	199	40:06.0	26:44	7:06.9	196	1:37:45.0	14.7	4:43.6	162	56:57.9	9:10	3:26:39.6
194	Alex Overcashier	560	216	42:28.8	28:19	7:15.1	215	1:41:28.3	14.2	1:25.5	132	54:12.2	8:43	3:26:50.1
195	Robert Whitley	415	185	38:03.0	25:22	6:44.1	192	1:36:26.7	14.9	3:45.5	193	1:02:05.1	10:00	3:27:04.6
196	Catherine Subrizi	338	21	24:52.4	16:35	11:11.7	225	1:44:25.3	13.8	2:53.8	211	1:04:36.0	10:24	3:27:59.3
197	Erin Anderson	322	234	45:49.0	30:33	6:06.4	211	1:40:18.9	14.4	1:46.7	134	54:30.3	8:46	3:28:31.4
198	Elizabeth Kilgore	524	218	42:44.5	28:30	6:31.9	193	1:36:30.8	14.9	2:44.7	178	1:00:01.6	9:40	3:28:33.7

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
199	Linda Daniel	343	184	38:00.2	25:20	7:56.1	168	1:30:38.8	15.9	4:32.3	221	1:07:45.1	10:54	3:28:52.8
200	Anna Ward	439	166	36:13.3	24:09	6:57.3	201	1:38:35.9	14.6	4:04.0	196	1:03:06.1	10:09	3:28:56.8
201	Caroline Ward	346	214	42:27.0	28:18	6:30.6	207	1:39:53.8	14.4	1:35.3	172	59:00.3	9:30	3:29:27.1
202	Kevin Beiner	445	243	50:55.3	33:57	9:21.9	177	1:32:35.4	15.6	2:30.0	133	54:18.8	8:44	3:29:41.5
203	Sapna Bagalkotkar	313	198	39:42.3	26:28	8:50.7	189	1:35:46.1	15.0	5:43.4	174	59:43.9	9:37	3:29:46.6
204	Erin Marsland	462				44:56.1	209	1:40:11.9	14.4	6:58.0	169	58:42.1	9:27	3:30:48.1
205	Eloic Lacomme Ruiz	315	127	32:46.4	21:51	6:07.6	239	1:57:47.2	12.2	1:59.6	112	52:35.6	8:28	3:31:16.6
206	Dan Paladino	433	213	42:22.9	28:15	11:28.2	178	1:32:44.8	15.5	6:14.5	171	58:54.3	9:29	3:31:44.9
207	Michelle Dimenna	138	80	29:47.6	19:52	5:55.2	237	1:55:35.0	12.5	2:59.4	164	57:30.6	9:15	3:31:48.0
208	Michelle Ohanian	395	153	35:07.0	23:25	5:10.8	184	1:33:57.2	15.3	3:02.9	240	1:14:44.5	12:02	3:32:02.6
209	Juan Gelvez	351	172	36:59.8	24:40	6:36.7	227	1:44:42.0	13.8	1:31.2	195	1:02:25.0	10:03	3:32:14.8
210	John Means	539	136	33:26.7	22:18	6:40.9	217	1:41:51.3	14.1	4:10.1	215	1:06:11.0	10:39	3:32:20.2
211	Miranda Stolz	406	129	32:49.4	21:53	5:29.0	186	1:35:06.4	15.1	2:32.3	242	1:16:25.5	12:18	3:32:22.8
212	Kate Kaufer	478	143	34:09.9	22:47	5:37.4	204	1:39:14.9	14.5	2:51.8	231	1:10:35.4	11:22	3:32:29.5
213	Nisha Athrey	443	237	47:53.2	31:56	6:55.7	220	1:42:01.4	14.1	2:12.9	126	53:39.5	8:38	3:32:42.9
214	Andrew Magowan	350	240	49:28.7	32:59	7:13.2	203	1:39:11.3	14.5	2:59.4	139	54:38.3	8:48	3:33:31.0
215	Michael Lynch	507	78	29:44.7	19:50	5:48.6	202	1:39:08.0	14.5	3:03.7	241	1:15:49.7	12:12	3:33:34.9
216	Eshan Qazi	345	221	43:23.4	28:56	8:12.6	212	1:40:42.0	14.3	2:28.7	180	1:00:09.5	9:41	3:34:56.4
217	Whitaker Swann	354	233	45:44.7	30:30	6:12.8	236	1:54:56.4	12.5	1:04.4	53	47:47.0	7:41	3:35:45.4
218	Eisley Kim	304	231	45:12.5	30:08	9:17.4	179	1:32:47.4	15.5	3:44.6	212	1:04:55.6	10:27	3:35:57.6
219	Robert Hunter	565	211	41:52.5	27:55	9:24.3	176	1:32:26.4	15.6	4:18.7	223	1:08:21.1	11:00	3:36:23.1
220	Lori Wojcik	434	232	45:20.3	30:14	6:03.6	221	1:42:11.8	14.1	3:05.3	181	1:00:34.0	9:45	3:37:15.2
221	Benjamin Lang	566	94	30:51.3	20:34	6:27.0	243	2:07:59.4	11.3	0:54.7	95	51:08.3	8:14	3:37:20.8
222	Simon Reynolds	317	244	52:20.6	34:54	7:38.9	180	1:32:58.6	15.5	2:22.9	197	1:03:11.4	10:10	3:38:32.5
223	Abigail Guerra	525	169	36:23.6	24:16	11:09.1	223	1:42:55.9	14.0	4:01.0	214	1:06:01.8	10:38	3:40:31.6
224	Thaddea Dreyer	450	228	44:16.8	29:31	6:30.6	222	1:42:51.0	14.0	4:01.6	207	1:03:57.9	10:18	3:41:38.2
225	Mckenzie Bowling	364	22	24:53.8	16:36	5:17.7	245	2:19:35.3	10.3	2:42.6	72	49:12.9	7:55	3:41:42.4
226	Brett Abramson	501	95	30:58.6	20:39	6:06.4	240	2:03:55.3	11.6	4:55.9	152	56:12.9	9:03	3:42:09.3
227	Hillary Dolinsky	488	225	43:53.5	29:16	5:52.1	216	1:41:36.3	14.2	3:20.9	220	1:07:36.5	10:53	3:42:19.5
228	Brianna Kurtz	384	239	49:07.3	32:45	7:01.6	205	1:39:19.9	14.5	1:57.4	213	1:05:54.5	10:36	3:43:20.9
229	David Gay	402	215	42:27.2	28:18	6:44.5	208	1:40:05.6	14.4	1:25.8	239	1:13:40.2	11:51	3:44:23.5
230	Alexander Stolar	511	158	35:42.4	23:48	12:08.5	228	1:46:38.4	13.5	7:06.4	198	1:03:12.9	10:10	3:44:48.8
231	Everett Almeida	456	35	26:41.6	17:48	3:55.3	246	2:32:46.7	9.43	2:41.8	5	39:22.4	6:20	3:45:28.0

General Smallwood Oympic and Sprint Triathlon 2025

Race Date

April 26, 2025

Overall Results

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
232	Stephanie Ciricillo	577	204	41:21.6	27:34	8:46.2	226	1:44:27.3	13.8	6:50.6	210	1:04:33.4	10:23	3:45:59.2
233	John Martin	308	230	44:51.1	29:54	8:06.1	199	1:38:20.4	14.6	3:30.5	234	1:11:33.9	11:31	3:46:22.2
234	Alexander Levesque	493	210	41:51.1	27:54	9:39.9	219	1:41:52.7	14.1	3:41.4	229	1:09:28.8	11:11	3:46:34.1
235	Harper Lindsay	305	203	40:52.7	27:15	9:09.0	214	1:41:17.8	14.2	3:31.0	237	1:12:39.6	11:42	3:47:30.3
236	Drew Finton	387	99	31:04.4	20:43	5:17.9	244	2:13:32.8	10.8	5:06.7	113	52:46.4	8:30	3:47:48.4
237	Amanda Harrison	465	242	50:47.5	33:52	9:42.3	200	1:38:26.0	14.6	2:53.0	232	1:10:53.4	11:25	3:52:42.3
238	Thomas Knox	397	247	57:25.6	38:17	8:56.2	174	1:31:46.2	15.7	8:22.6	224	1:08:37.1	11:03	3:55:07.9
239	John Panek	522	235	46:29.4	31:00	7:34.7	206	1:39:29.4	14.5	4:19.9	245	1:21:56.8	13:11	3:59:50.4
240	Sidney Shea	461	224	43:48.2	29:12	7:37.5	235	1:54:33.7	12.6	3:22.5	236	1:11:51.7	11:34	4:01:13.7
241	Karin Depeppe	505	191	38:45.0	25:50	12:04.4	230	1:47:31.5	13.4	4:55.6	243	1:19:25.0	12:47	4:02:41.7
242	Jacob Nostrand	380	209	41:44.4	27:50	5:43.3	241	2:04:10.6	11.6	2:25.8	235	1:11:38.4	11:32	4:05:42.7
243	Terrence Tittle	309	222	43:31.4	29:01	11:56.6	231	1:49:18.3	13.2	2:55.1	247	1:25:34.4	13:46	4:13:15.9
244	Bonnie McCready	481	241	49:44.3	33:10	7:46.8	234	1:53:01.7	12.7	3:28.2	244	1:19:52.0	12:51	4:13:53.3
245	Aly Cantor	302	227	44:14.7	29:30	10:32.7	242	2:05:10.4	11.5	2:33.3	238	1:13:08.5	11:46	4:15:39.8
246	Lindsay Craig	332	246	52:54.4	35:16	7:01.2	233	1:52:36.3	12.8	2:13.8	246	1:24:55.2	13:40	4:19:41.0
247	Namory Keita	319	248	1:09:07.6	46:05	9:12.8	238	1:57:10.2	12.3	1:57.1	222	1:07:48.0	10:55	4:25:16.0
DQ	Dan Cummings	452	30	26:21.9	17:35	4:45.6	DQ	39:48.4	36.2	14:53.4	DQ	51:29.6	8:17	2:17:19.0
DQ	Mical Honigfort	467	66	29:12.1	19:28	4:36.4				1:11:56.8	DQ	53:32.6	8:37	2:39:18.0
DQ	Frank Rath	368				27:04.0	62	1:16:29.4	18.8	3:36.8	DQ	1:02:33.6	10:04	2:49:43.8