

General Smallwood Oympic and Sprint Triathlon 2025

Race Date

April 26, 2025

Overall Results

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Jon Bruccoleri	306	3	22:09.9	14:47	3:25.8	4	1:05:03.5	22.1	0:58.2	3	39:20.2	6:20	2:10:57.7
2	Henry Stewart	321	29	27:29.1	18:19	3:57.9	1	1:02:19.2	23.1	1:41.5	1	38:47.0	6:14	2:14:14.9
3	Bryan Frank	374	12	23:57.1	15:58	3:22.9	5	1:05:26.8	22.0	0:59.3	11	40:46.1	6:34	2:14:32.3
4	Brian Skinnell	411	5	22:31.7	15:01	3:54.3	10	1:07:19.6	21.4	1:28.0	5	39:29.3	6:21	2:14:43.1
5	Jake Drumheller	542	8	23:10.3	15:27	3:56.9	3	1:04:51.9	22.2	1:32.7	22	43:26.7	7:00	2:16:58.6
6	Brent Hinckley	400	2	19:22.2	12:55	4:32.4	11	1:08:01.6	21.2	1:15.0	28	44:07.2	7:06	2:17:18.6
7	James Ryan	455	27	26:51.9	17:55	3:35.0	6	1:06:24.9	21.7	1:37.6	6	39:43.9	6:24	2:18:13.5
8	Tyler Rivenbark	551	34	27:58.7	18:39	3:26.9	7	1:07:03.5	21.5	1:39.2	2	39:13.4	6:19	2:19:21.9
9	Ian McDonough	529	4	22:22.2	14:55	2:41.8	15	1:09:02.5	20.9	1:03.2	35	45:03.8	7:15	2:20:13.8
10	Nikolai Jenkins	515	13	24:13.9	16:09	3:28.4	20	1:11:17.2	20.2	1:25.3	9	40:35.6	6:32	2:21:00.6
11	Benjamin Prejean	423	6	22:38.4	15:06	3:38.3	55	1:16:30.7	18.8	1:16.7	17	41:43.3	6:43	2:25:47.5
12	Gabriel Szybalski	549	38	28:19.3	18:53	4:04.6	25	1:11:47.0	20.1	1:35.6	16	41:41.1	6:43	2:27:27.7
13	Sean Luitjens	326	20	26:16.7	17:31	4:38.5	14	1:08:31.6	21.0	2:05.8	44	46:36.2	7:30	2:28:09.1
14	Adam Carlson	496	54	29:52.1	19:55	4:07.0	19	1:11:13.7	20.2	1:34.7	21	43:23.0	6:59	2:30:10.6
15	Gregory Long	375	24	26:38.8	17:46	4:07.0	37	1:13:42.0	19.5	1:58.3	31	44:40.5	7:11	2:31:06.8
16	Ben Causak	516	70	31:16.8	20:51	4:17.5	29	1:12:19.8	19.9	1:50.4	13	41:29.8	6:41	2:31:14.4
17	William Weinlandt	556	74	31:34.6	21:03	3:58.6	12	1:08:04.9	21.2	1:54.3	41	46:22.2	7:28	2:31:54.8
18	Mark Simons	421	17	24:55.0	16:37	3:18.6	77	1:19:26.1	18.1	2:05.2	18	42:19.2	6:49	2:32:04.3
19	Sean Buruschkin	386	99	34:04.4	22:43	3:56.5	2	1:04:37.2	22.3	1:46.1	54	48:12.8	7:46	2:32:37.1
20	Jamil Madati	371	37	28:15.4	18:50	5:11.1	16	1:09:14.7	20.8	2:06.2	48	47:54.7	7:43	2:32:42.4
21	Evan Farley	514	56	30:02.2	20:01	4:20.4	31	1:13:06.6	19.7	1:31.3	24	43:46.3	7:03	2:32:47.0
22	Jordan Krinsky	448	76	31:47.3	21:12	4:30.0	43	1:14:36.8	19.3	1:21.3	10	40:40.8	6:33	2:32:56.3
23	Jiawei Bai	458	101	34:08.7	22:46	6:16.4	13	1:08:24.6	21.0	2:12.0	20	43:20.6	6:59	2:34:22.5
24	Jack Ferrell	429	67	31:00.9	20:41	5:13.7	33	1:13:17.8	19.6	1:56.1	19	43:07.4	6:56	2:34:36.0
25	Fox Larson	398	83	32:05.8	21:24	4:58.9	39	1:13:55.5	19.5	2:12.8	15	41:36.3	6:42	2:34:49.4
26	David Stenzel	379	79	31:55.8	21:17	4:01.0	22	1:11:23.1	20.2	1:57.4	38	45:33.2	7:20	2:34:50.7
27	Thomas McReal	367	39	28:33.0	19:02	5:05.5	84	1:20:28.7	17.9	1:02.0	7	39:52.0	6:25	2:35:01.4
28	Mitch Rider	489	28	27:23.7	18:16	5:38.2	40	1:14:07.3	19.4	1:45.5	40	46:12.9	7:26	2:35:07.8
29	Nathan Lindley	567	11	23:45.6	15:50	4:17.7	68	1:17:23.2	18.6	1:36.4	57	48:21.2	7:47	2:35:24.4
30	Maxwell Gustafson	545	23	26:28.7	17:39	4:10.6	28	1:12:14.4	19.9	1:41.9	75	50:49.2	8:11	2:35:24.9
31	Slavi Krastanov	500	84	32:24.5	21:36	4:10.7	9	1:07:08.8	21.4	1:48.3	67	49:53.3	8:02	2:35:25.7
32	Steven Gia Yupang	554	55	29:59.4	20:00	5:06.4	38	1:13:54.7	19.5	2:10.7	30	44:15.0	7:07	2:35:26.4
33	Derek Zeller	331	9	23:26.4	15:38	4:04.7	36	1:13:34.7	19.6	1:35.8	97	53:04.5	8:32	2:35:46.3

*Overall place within gender

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Overall Results

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Anthony Wamwea	449	110	35:34.9	23:43	5:45.4	23	1:11:38.7	20.1	2:18.4	8	40:29.7	6:31	2:35:47.2
35	Carr Kizzier	562	59	30:20.4	20:14	4:29.3	18	1:10:50.0	20.3	2:11.8	51	48:01.1	7:44	2:35:52.8
36	Marcos Cogo	472	26	26:42.0	17:48	5:59.8	59	1:16:49.7	18.7	2:24.7	29	44:13.1	7:07	2:36:09.5
37	Suraj Girish	385	52	29:44.5	19:50	4:24.7	26	1:11:56.2	20.0	2:02.6	53	48:11.0	7:45	2:36:19.2
38	Thomas Smith	484	50	29:32.4	19:42	4:25.7	46	1:15:13.6	19.1	2:20.3	36	45:13.8	7:17	2:36:46.1
39	Michael Kramer	519	63	30:33.4	20:22	3:30.6	17	1:09:35.9	20.7	1:03.2	87	52:08.6	8:24	2:36:51.9
40	Andrew Bremer	523	40	28:35.7	19:04	4:45.4	71	1:18:09.3	18.4	1:28.6	27	44:01.4	7:05	2:37:00.5
41	Gabriel Smith	314	89	32:40.9	21:47	3:46.8	69	1:17:31.7	18.6	2:01.4	14	41:32.7	6:41	2:37:33.7
42	Ian Altendorfer	528	33	27:39.6	18:26	4:41.0	44	1:14:44.7	19.3	1:25.8	60	49:07.3	7:54	2:37:38.5
43	Michael Pomaes	552	16	24:31.6	16:21	4:44.7	72	1:18:15.7	18.4	2:37.7	46	47:34.5	7:39	2:37:44.4
44	Charles Kreger	559	18	25:27.2	16:58	3:51.9	53	1:16:27.9	18.8	1:35.9	71	50:22.8	8:06	2:37:45.9
45	Robert Cowden	377	35	28:05.5	18:44	3:49.6	86	1:20:52.8	17.8	1:49.0	26	44:01.1	7:05	2:38:38.2
46	Kyle Futch	469	46	29:02.0	19:21	6:41.4	34	1:13:20.8	19.6	1:54.8	56	48:19.6	7:47	2:39:18.9
47	Jason Luttrell	527	86	32:25.9	21:37	5:49.8	8	1:07:04.8	21.5	4:31.1	66	49:46.7	8:01	2:39:38.5
48	Rogelio Maese	355	77	31:47.7	21:12	4:20.9	52	1:16:18.4	18.9	2:24.3	42	46:27.4	7:29	2:41:18.9
49	Yingqi Liu	399	123	37:13.9	24:49	4:12.7	24	1:11:42.8	20.1	2:36.3	39	45:47.6	7:22	2:41:33.5
50	Christopher Cottone	336	47	29:09.0	19:26	6:21.1	47	1:15:32.2	19.1	2:10.7	58	48:37.9	7:50	2:41:51.1
51	Nathan Welsh	431	14	24:27.0	16:18	4:30.6	99	1:25:17.6	16.9	0:54.3	45	47:06.8	7:35	2:42:16.4
52	Ryan Lynch	575	60	30:25.3	20:17	6:20.9	21	1:11:20.3	20.2	1:53.7	88	52:16.9	8:25	2:42:17.4
53	Dan Muscarella	561	108	35:10.2	23:27	4:10.4	61	1:16:54.5	18.7	2:29.3	32	44:40.7	7:11	2:43:25.3
54	Will Fleury	311	92	32:57.4	21:58	6:11.9	56	1:16:37.0	18.8	2:45.1	37	45:16.6	7:17	2:43:48.2
55	Aristidis Mereos	574	32	27:38.8	18:26	5:50.9	92	1:23:25.0	17.3	3:03.8	34	44:50.8	7:13	2:44:49.5
56	Winfield Wilson	509	109	35:10.5	23:27	3:58.6	41	1:14:26.6	19.3	1:16.4	69	50:04.2	8:03	2:44:56.5
57	John Troll	403	75	31:40.5	21:07	5:36.7	42	1:14:30.7	19.3	1:34.8	90	52:29.4	8:27	2:45:52.3
58	Clint Roberts	414	51	29:39.1	19:46	4:36.0	60	1:16:51.1	18.7	2:06.4	93	52:47.3	8:30	2:46:00.1
59	Benjamin Brim	460	10	23:27.6	15:38	4:20.7	106	1:26:05.1	16.7	1:29.3	72	50:38.7	8:09	2:46:01.5
60	Jed Bell	570	126	37:47.2	25:11	6:14.8	80	1:19:49.4	18.0	2:51.5	12	40:49.8	6:34	2:47:32.8
61	David Adams	360	105	34:27.5	22:58	4:10.2	45	1:15:12.0	19.1	1:27.4	89	52:20.8	8:25	2:47:38.1
62	David Weiss	328	58	30:15.5	20:10	5:02.9	87	1:21:07.6	17.7	3:25.7	49	47:56.2	7:43	2:47:48.1
63	Keith Hansen	344	85	32:24.9	21:37	4:15.4	66	1:17:15.9	18.6	2:41.6	80	51:17.2	8:15	2:47:55.0
64	Richard McCaffery	401	93	33:03.6	22:02	7:18.4	51	1:16:01.9	18.9	5:05.8	43	46:27.7	7:29	2:47:57.5
65	Seth Litchfield	530	81	32:00.6	21:20	4:20.4	27	1:11:58.1	20.0	1:54.7	129	58:01.6	9:20	2:48:15.6
66	Hunter Sonnenberg	571	132	38:51.0	25:54	4:15.0	48	1:15:37.9	19.0	1:48.2	52	48:04.4	7:44	2:48:36.7

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			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
67	David McCready	480	106	34:32.6	23:02	4:51.2	30	1:12:27.1	19.9	1:19.2	119	55:55.9	9:00	2:49:06.1
68	Don Gray	359	100	34:04.6	22:43	4:59.9	64	1:17:09.3	18.7	1:19.6	83	51:37.2	8:18	2:49:10.9
69	Ryan Woock	363	107	35:06.8	23:25	4:47.5	67	1:17:16.6	18.6	2:29.4	64	49:32.2	7:58	2:49:12.7
70	John Sheehan	324	42	28:49.0	19:13	4:24.6	83	1:20:26.6	17.9	2:12.8	102	53:49.1	8:40	2:49:42.2
71	Jon McArthur	564	61	30:26.5	20:18	6:13.0	70	1:17:58.4	18.5	2:13.9	104	53:56.7	8:41	2:50:48.6
72	Randall Moreland	389	117	36:12.5	24:08	4:56.9	32	1:13:17.1	19.6	1:49.9	113	55:14.1	8:53	2:51:30.7
73	Denis Motisi	388	135	39:17.0	26:11	5:46.0	89	1:22:37.1	17.4	1:10.3	23	43:38.8	7:01	2:52:29.4
74	Daniel Labarca	578	1	15:36.3	10:24	23:55.6	58	1:16:44.6	18.8	2:04.5	121	56:22.3	9:04	2:54:43.6
75	Ben Cukor	543	15	24:30.8	16:21	9:13.5	79	1:19:33.9	18.1	4:08.6	128	57:32.6	9:16	2:54:59.6
76	Jonathan Messing	383	71	31:17.8	20:52	6:22.3	82	1:20:26.4	17.9	3:06.3	109	54:32.2	8:47	2:55:45.2
77	Dan Wanous	555	57	30:07.7	20:05	4:34.4	49	1:15:56.2	19.0	1:31.6	146	1:03:41.8	10:15	2:55:51.9
78	Kurt Kautman	413	69	31:15.2	20:50	6:05.9	76	1:19:15.4	18.2	3:43.0	116	55:40.5	8:58	2:56:00.2
79	Matt McOmber	361	73	31:29.3	21:00	7:00.6	75	1:19:02.0	18.2	3:07.1	115	55:31.8	8:56	2:56:11.0
80	Tyler Duncan	312	82	32:03.6	21:22	6:48.0	90	1:22:39.6	17.4	3:37.7	78	51:02.1	8:13	2:56:11.0
81	Owen Marzolf-Miller	563	72	31:28.6	20:59	4:56.2	108	1:26:31.7	16.6	1:15.5	86	52:07.0	8:23	2:56:19.1
82	Connor Morningred	417	88	32:39.8	21:47	5:03.3	100	1:25:29.3	16.8	2:04.7	84	51:59.9	8:22	2:57:17.1
83	Raymond Anderson	320	151	42:47.1	28:31	6:40.4	35	1:13:31.4	19.6	2:36.1	85	52:06.9	8:23	2:57:42.1
84	Florian Duverger	342	121	37:02.7	24:42	5:56.6	50	1:15:57.1	19.0	2:01.2	125	56:46.6	9:08	2:57:44.4
85	Bryce Jackson	430	78	31:48.5	21:12	5:09.4	124	1:30:03.2	16.0	2:00.9	61	49:16.8	7:56	2:58:19.0
86	Marc Pirner	483	116	36:07.8	24:05	6:10.2	62	1:16:56.8	18.7	2:51.6	124	56:41.1	9:07	2:58:47.6
87	Peter Claise	510	91	32:46.8	21:51	5:40.4	93	1:23:35.7	17.2	3:47.6	98	53:25.2	8:36	2:59:15.8
88	Brian McGill	422	43	28:56.4	19:18	7:46.8	81	1:20:06.5	18.0	4:07.9	131	58:35.4	9:26	2:59:33.3
89	Tim Walkawicz	568	22	26:27.2	17:38	8:19.2	57	1:16:37.8	18.8	1:52.7	153	1:06:55.4	10:46	3:00:12.5
90	Cameron Schwartz	579	102	34:11.9	22:48	4:22.9	109	1:26:32.2	16.6	2:35.9	95	52:55.6	8:31	3:00:38.7
91	Sean Oconnor	466	98	33:40.5	22:27	5:04.1				1:37:29.2	33	44:44.2	7:12	3:00:58.1
92	John Stires	508	49	29:23.4	19:36	5:08.3	152	1:41:11.7	14.2	1:54.6	25	44:00.6	7:05	3:01:38.9
93	Greg Gagnon	474	30	27:33.1	18:22	6:33.9	97	1:25:08.5	16.9	2:41.4	133	59:49.2	9:38	3:01:46.2
94	Mathieu Cros	352	125	37:44.3	25:10	4:32.7	119	1:29:00.3	16.2	1:00.8	65	49:33.8	7:59	3:01:52.1
95	Luke Britton	349	138	40:17.4	26:52	6:06.9	96	1:25:00.9	16.9	2:37.7	62	49:27.3	7:58	3:03:30.5
96	Nick Wong	300	48	29:23.0	19:35	6:44.8	111	1:26:55.4	16.6	2:24.4	130	58:11.3	9:22	3:03:39.1
97	Cameron Wilcox	301	44	28:57.7	19:18	6:53.8	95	1:24:56.0	17.0	1:48.0	135	1:01:12.5	9:51	3:03:48.2
98	Nick Smith	558	128	37:59.8	25:20	6:21.5	88	1:21:30.1	17.7	3:15.0	114	55:26.5	8:55	3:04:33.1
99	Konrad Niwa	427	94	33:18.2	22:12	5:01.5	136	1:33:14.2	15.4	1:43.7	82	51:30.3	8:17	3:04:48.2

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			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
100	Brian Moran	393	104	34:16.6	22:51	4:41.8	120	1:29:00.8	16.2	3:07.6	101	53:41.8	8:39	3:04:48.7
101	Marco Armendariz	436	113	35:54.4	23:56	6:26.3	73	1:18:35.7	18.3	2:10.3	136	1:01:46.2	9:56	3:04:53.0
102	Nathan Mayer	416	141	41:36.3	27:44	6:55.9	85	1:20:38.9	17.9	5:07.9	73	50:41.7	8:10	3:05:00.8
103	Juan Blyde	408	97	33:40.5	22:27	6:19.0	110	1:26:49.4	16.6	2:24.4	118	55:52.7	9:00	3:05:06.2
104	Kevin Chai	373	115	36:01.8	24:01	9:15.8	104	1:25:44.0	16.8	4:03.9	74	50:48.7	8:11	3:05:54.4
105	Jonathan Wangler	533	119	36:37.4	24:25	5:43.0	94	1:24:45.7	17.0	2:24.4	122	56:25.0	9:05	3:05:55.7
106	Kevin Lass	492	112	35:54.0	23:56	7:11.6	116	1:28:03.9	16.4	2:16.4	103	53:53.9	8:40	3:07:20.0
107	Anthony Lee	366	134	39:06.9	26:05	4:07.9	138	1:35:10.0	15.1	1:12.2	50	47:58.2	7:43	3:07:35.4
108	John Yang	404	167	52:37.2	35:05	6:04.1	65	1:17:10.1	18.7	2:17.8	68	49:56.0	8:02	3:08:05.3
109	Dave Middleton	330	122	37:06.8	24:45	5:23.6	98	1:25:10.4	16.9	4:51.6	117	55:46.8	8:59	3:08:19.4
110	John McFadden	390	114	35:59.3	24:00	10:18.4	102	1:25:43.3	16.8	3:47.6	94	52:50.3	8:30	3:08:39.2
111	John Birchwood	535	80	31:55.9	21:17	6:15.9	128	1:31:20.3	15.8	3:02.5	123	56:30.5	9:06	3:09:05.2
112	Daniel Triman	471	19	25:57.7	17:18	8:55.9	127	1:30:52.9	15.8	8:44.2	111	54:34.4	8:47	3:09:05.2
113	Vikas Boda	446	130	38:09.8	25:27	6:00.2	129	1:31:24.3	15.8	4:00.9	70	50:09.0	8:04	3:09:44.5
114	Ridge Blanchard	370	133	38:58.6	25:59	6:43.1	63	1:17:01.6	18.7	3:06.5	150	1:04:00.0	10:18	3:09:50.1
115	Jonathan Gross	518	156	44:02.5	29:22	9:57.5	74	1:18:55.6	18.2	3:53.8	100	53:38.7	8:38	3:10:28.4
116	Zachary Kelsay	497	87	32:28.7	21:39	6:00.6	144	1:37:48.0	14.7	2:50.9	81	51:27.0	8:17	3:10:35.4
117	Ishan Tamrakar	498	142	41:39.7	27:47	4:25.3	78	1:19:30.5	18.1	1:56.4	148	1:03:52.1	10:17	3:11:24.2
118	Brian McNeill	451	131	38:37.9	25:45	8:29.5	103	1:25:43.5	16.8	4:51.1	110	54:32.5	8:47	3:12:14.7
119	Raymond Chian	453	124	37:19.9	24:53	7:19.7	114	1:27:26.8	16.5	3:20.8	126	56:49.1	9:09	3:12:16.4
120	Steve Rossi	426	118	36:21.6	24:14	6:07.9	101	1:25:30.6	16.8	2:43.7	137	1:01:58.8	9:58	3:12:42.8
121	Chris Nidel	339	157	44:26.8	29:38	7:16.7	117	1:28:36.4	16.3	3:28.7	63	49:27.6	7:58	3:13:16.4
122	Ryan Malkiewicz	521	45	28:59.5	19:20	5:27.5	91	1:23:11.8	17.3	4:25.9	162	1:11:33.0	11:31	3:13:37.8
123	Mark Garrett	318	137	40:12.0	26:48	5:43.0	141	1:36:56.7	14.9	1:53.8	59	48:52.3	7:52	3:13:38.0
124	Kymani Brown	303	152	42:59.7	28:40	7:46.2	123	1:29:44.7	16.0	2:36.9	77	50:59.0	8:12	3:14:06.7
125	Matthew Ham	540	155	43:46.5	29:11	7:18.6	139	1:36:13.3	15.0	1:48.7	55	48:18.4	7:46	3:17:25.7
126	Riley Hope	513	31	27:34.5	18:23	5:32.6	158	1:47:16.5	13.4	4:03.6	96	53:02.7	8:32	3:17:30.1
127	Gary Van Derveer	323	127	37:55.5	25:17	6:48.1	112	1:27:03.9	16.5	2:21.5	144	1:03:25.0	10:12	3:17:34.1
128	Carl Von Kessler	477	103	34:15.3	22:50	7:38.0	115	1:27:59.5	16.4	4:16.1	145	1:03:25.2	10:12	3:17:34.3
129	Eric Patterson	454	139	41:21.8	27:35	9:39.4	121	1:29:11.9	16.1	4:02.1	105	54:09.6	8:43	3:18:24.9
130	Conal Doyle	348	150	42:42.3	28:28	7:53.8	118	1:28:55.0	16.2	4:42.1	108	54:31.1	8:46	3:18:44.4
131	Joe Allard	335	146	42:19.0	28:13	6:11.1	107	1:26:19.8	16.7	1:53.0	139	1:02:10.9	10:00	3:18:54.1
132	Seth Elieson	394	64	30:42.3	20:28	6:10.3	160	1:49:49.6	13.1	1:43.2	76	50:50.0	8:11	3:19:15.5

*Overall place within gender

General Smallwood Oympic and Sprint Triathlon 2025

Race Date

April 26, 2025

Overall Results

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
133	Rudram Das	447	140	41:34.1	27:43	5:34.0	105	1:26:04.6	16.7	2:20.8	149	1:03:55.1	10:17	3:19:28.7
134	Brian Plunkett	512	36	28:09.2	18:46	7:25.9	126	1:30:21.7	15.9	3:53.0	161	1:09:49.4	11:14	3:19:39.3
135	Jp Moran	392	62	30:31.9	20:21	5:21.8	137	1:33:37.2	15.4	1:40.8	157	1:09:10.6	11:08	3:20:22.5
136	Seamus Brown	504	7	22:58.3	15:19	5:34.4	150	1:40:13.1	14.4	2:32.8	159	1:09:23.7	11:10	3:20:42.4
137	Howard Chan	412	163	48:02.0	32:01	8:15.8	125	1:30:04.3	16.0	3:33.4	99	53:25.7	8:36	3:23:21.4
138	Karl Vantine	506	41	28:40.3	19:07	11:30.1	122	1:29:12.1	16.1	5:15.2	158	1:09:14.2	11:09	3:23:52.1
139	Ishai Melamede	459	96	33:27.4	22:18	8:04.8	142	1:37:33.2	14.8	1:24.1	147	1:03:50.7	10:16	3:24:20.4
140	Joel Depalma	418	162	46:49.9	31:13	6:08.8	113	1:27:21.5	16.5	2:04.5	143	1:03:16.4	10:11	3:25:41.3
141	Nikhil Raheja	548	136	40:06.0	26:44	7:06.9	143	1:37:45.0	14.7	4:43.6	127	56:57.9	9:10	3:26:39.6
142	Alex Overcashier	560	149	42:28.8	28:19	7:15.1	153	1:41:28.3	14.2	1:25.5	106	54:12.2	8:43	3:26:50.1
143	Robert Whitley	415	129	38:03.0	25:22	6:44.1	140	1:36:26.7	14.9	3:45.5	138	1:02:05.1	10:00	3:27:04.6
144	Kevin Beiner	445	165	50:55.3	33:57	9:21.9	132	1:32:35.4	15.6	2:30.0	107	54:18.8	8:44	3:29:41.5
145	Eloic Lacomme Ruiz	315	90	32:46.4	21:51	6:07.6	163	1:57:47.2	12.2	1:59.6	91	52:35.6	8:28	3:31:16.6
146	Dan Paladino	433	147	42:22.9	28:15	11:28.2	133	1:32:44.8	15.5	6:14.5	132	58:54.3	9:29	3:31:44.9
147	Juan Gelvez	351	120	36:59.8	24:40	6:36.7	156	1:44:42.0	13.8	1:31.2	140	1:02:25.0	10:03	3:32:14.8
148	John Means	539	95	33:26.7	22:18	6:40.9	154	1:41:51.3	14.1	4:10.1	152	1:06:11.0	10:39	3:32:20.2
149	Andrew Magowan	350	164	49:28.7	32:59	7:13.2	147	1:39:11.3	14.5	2:59.4	112	54:38.3	8:48	3:33:31.0
150	Michael Lynch	507	53	29:44.7	19:50	5:48.6	146	1:39:08.0	14.5	3:03.7	166	1:15:49.7	12:12	3:33:34.9
151	Eshan Qazi	345	153	43:23.4	28:56	8:12.6	151	1:40:42.0	14.3	2:28.7	134	1:00:09.5	9:41	3:34:56.4
152	Whitaker Swann	354	160	45:44.7	30:30	6:12.8	161	1:54:56.4	12.5	1:04.4	47	47:47.0	7:41	3:35:45.4
153	Eisley Kim	304	159	45:12.5	30:08	9:17.4	134	1:32:47.4	15.5	3:44.6	151	1:04:55.6	10:27	3:35:57.6
154	Robert Hunter	565	145	41:52.5	27:55	9:24.3	131	1:32:26.4	15.6	4:18.7	155	1:08:21.1	11:00	3:36:23.1
155	Benjamin Lang	566	65	30:51.3	20:34	6:27.0	166	2:07:59.4	11.3	0:54.7	79	51:08.3	8:14	3:37:20.8
156	Simon Reynolds	317	166	52:20.6	34:54	7:38.9	135	1:32:58.6	15.5	2:22.9	141	1:03:11.4	10:10	3:38:32.5
157	Brett Abramson	501	66	30:58.6	20:39	6:06.4	164	2:03:55.3	11.6	4:55.9	120	56:12.9	9:03	3:42:09.3
158	David Gay	402	148	42:27.2	28:18	6:44.5	149	1:40:05.6	14.4	1:25.8	165	1:13:40.2	11:51	3:44:23.5
159	Alexander Stolar	511	111	35:42.4	23:48	12:08.5	157	1:46:38.4	13.5	7:06.4	142	1:03:12.9	10:10	3:44:48.8
160	Everett Almeida	456	25	26:41.6	17:48	3:55.3	168	2:32:46.7	9.43	2:41.8	4	39:22.4	6:20	3:45:28.0
161	John Martin	308	158	44:51.1	29:54	8:06.1	145	1:38:20.4	14.6	3:30.5	163	1:11:33.9	11:31	3:46:22.2
162	Alexander Levesque	493	144	41:51.1	27:54	9:39.9	155	1:41:52.7	14.1	3:41.4	160	1:09:28.8	11:11	3:46:34.1
163	Drew Finton	387	68	31:04.4	20:43	5:17.9	167	2:13:32.8	10.8	5:06.7	92	52:46.4	8:30	3:47:48.4
164	Thomas Knox	397	168	57:25.6	38:17	8:56.2	130	1:31:46.2	15.7	8:22.6	156	1:08:37.1	11:03	3:55:07.9
165	John Panek	522	161	46:29.4	31:00	7:34.7	148	1:39:29.4	14.5	4:19.9	167	1:21:56.8	13:11	3:59:50.4

*Overall place within gender

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Overall Results

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
166	Jacob Nostrand	380	143	41:44.4	27:50	5:43.3	165	2:04:10.6	11.6	2:25.8	164	1:11:38.4	11:32	4:05:42.7
167	Terrence Tittle	309	154	43:31.4	29:01	11:56.6	159	1:49:18.3	13.2	2:55.1	168	1:25:34.4	13:46	4:13:15.9
168	Namory Keita	319	169	1:09:07.6	46:05	9:12.8	162	1:57:10.2	12.3	1:57.1	154	1:07:48.0	10:55	4:25:16.0
DQ	Dan Cummings	452	21	26:21.9	17:35	4:45.6	DQ	39:48.4	36.2	14:53.4	DQ	51:29.6	8:17	2:17:19.0
DQ	Frank Rath	368				27:04.0	54	1:16:29.4	18.8	3:36.8	DQ	1:02:33.6	10:04	2:49:43.8

*Overall place within gender