

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Male Sprint Overall Winners

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	1	Greg Remaly	18	45	1	11:05.5	3:11.3	1	36:41.8	0:57.5	3	19:19.5	1:11:15.8
2	2	Samuel Grant	71	36	2	11:54.2	2:50.3	3	40:09.3	1:08.0	1	18:26.2	1:14:28.2
3	3	Joseph Shields	161	40	3	13:26.7	2:27.2	2	39:58.5	1:18.0	2	19:00.7	1:16:11.3

Male Sprint Masters Overa Winn

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	9	Joey Harrington	49	44	3	15:47.4	3:46.8	1	45:45.0	2:11.1	1	21:12.9	1:28:43.3
2	13	Donald White	41	62	1	14:37.8	3:18.5	3	48:10.4	1:48.3	2	23:53.0	1:31:48.2
3	14	Chris Simms	9	49	2	15:23.9	3:36.4	2	47:02.5	2:02.0	3	24:03.8	1:32:08.8

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General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Male 15 to 19

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	66	Liam Combs	87	19	1	16:37.8	8:08.0	1	1:01:38.1	1:41.0	1	26:52.3	1:54:57.3

Male 20 to 24

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	65	Thomas Glass	19	24	4	19:53.5	9:58.1	1	53:36.8	3:39.0	2	27:49.2	1:54:56.7
2 *	76	Matteo Gleason	30	20	3	19:00.5	5:55.0	2	1:03:01.1	1:54.3	3	28:28.0	1:58:19.1
3 *	95	Kiavash Seraj	166	24	5	23:15.4	8:15.2	3	1:10:14.1	5:00.5	1	23:18.3	2:10:03.7
4	109	Ethan Kassar	29	21	1	16:44.7	8:12.1	4	1:18:55.1	1:19.7	4	40:34.5	2:25:46.2

Male 25 to 29

Place			----- Swim -----				T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	6	Alexander Tan	158	25	1	11:39.2	3:12.8	2	45:27.0	1:23.0	1	20:41.9	1:22:24.0
2 *	10	Kyle Curnutt	112	27	7	19:06.3	5:09.0	1	34:44.1	1:31.8	10	29:02.0	1:29:33.5
3 *	20	Thomas Manzoni	85	26	3	12:44.3	3:42.5	7	54:23.5	1:12.5	4	23:35.9	1:35:38.8
4	25	Isaiah Ward	36	28	6	17:51.6	5:25.9	3	48:47.9	1:07.5	6	24:42.9	1:37:55.9
5	27	Blake Dickler	64	29	5	17:42.7	4:34.4	6	51:18.9	2:03.1	3	22:48.7	1:38:27.9
6	31	Matthew Godin	92	27	2	12:12.6	5:50.9	8	54:52.9	1:39.6	7	25:13.9	1:39:50.1
7	34	Jonathan Rosero	126	28	8	19:50.1	5:27.2	5	50:47.1	2:34.2	2	22:22.6	1:41:01.3
8	37	David Gachuz	108	27	9	20:21.5	6:03.3	4	49:54.1	2:16.6	5	23:43.3	1:42:19.0
9	67	Sam Roberts	7	26	4	17:03.3	5:35.7	9	1:03:07.2	1:22.4	9	27:53.7	1:55:02.4
10	107	Philip Carter	46	26	10	25:02.1	5:09.8			1:26:49.5	8	26:34.6	2:23:36.1

Race Date
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General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Male 30 to 34

Place			----- Swim -----				T1	----- Bike -----			T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	
1 *	7	Kevin Broderick	133	33	1	12:13.5	4:01.3	1	45:44.3	1:04.4	3	22:52.3	1:25:56.1	
2 *	16	Lance Pittman	173	34	4	18:06.0	4:18.4	2	46:50.2	1:58.3	2	21:31.2	1:32:44.3	
3 *	17	Rafael Terreri	155	31	6	18:51.1	3:43.5	3	47:36.4	1:36.0	1	21:22.5	1:33:09.7	
4	35	Austin Fuglestad	68	30	3	15:48.6	4:23.4	4	53:51.4	2:22.8	4	24:35.7	1:41:02.1	
5	44	Ian Sorensen	95	31	2	14:25.8	4:32.2	5	57:23.9	1:54.6	6	27:22.2	1:45:39.0	
6	52	Eric Turner	40	33	5	18:30.8	4:47.8	6	58:35.0	1:19.9	5	27:01.6	1:50:15.3	
7	112	Weston Howard	90	34	7	24:33.4	6:32.8	7	1:20:27.3	3:11.6	7	34:01.9	2:28:47.2	

Male 35 to 39

Place				----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total	
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	4	David Miller	164	36	2	13:16.4	2:30.8	1	43:41.0	0:53.8	2	20:46.5	1:21:08.7
2 *	8	Mike Nyman	91	35	7	15:55.9	3:19.6	2	45:41.7	1:28.6	1	20:23.3	1:26:49.3
3 *	11	Quinn Chasan	47	35	1	12:50.6	3:45.0	4	50:07.3	1:10.3	3	22:43.4	1:30:36.7
4	19	Francisco Llarena Arias	88	35	3	14:39.3	3:23.3	3	49:42.1	0:58.2	7	26:03.7	1:34:46.8
5	26	Edward Ruzek	25	38	8	17:36.5	3:48.4	5	51:55.5	1:44.9	4	22:52.6	1:37:58.0
6	33	Daniel Kalinowski	100	35	6	15:38.7	4:53.4	8	55:19.7	1:41.9	5	23:04.8	1:40:38.7
7	36	Paul Koehler	42	37	4	14:59.6	5:21.8	6	52:21.0	2:28.2	8	26:36.5	1:41:47.3
8	49	Michael Batakis	118	36	5	15:25.9	7:44.5	7	54:45.6	3:37.2	9	27:05.2	1:48:38.6
9	57	Joshua Russell	157	35	9	18:18.6	5:05.0	9	1:02:44.2	1:05.1	6	25:05.0	1:52:18.1
10	106	David Sachrison	136	36	10	26:15.8	12:13.8	10	1:08:13.7	4:07.0	10	32:30.5	2:23:21.0
11	122	Rodrigo Diaz	59	39	11	34:51.3	10:03.6	11	1:33:57.7	1:21.5	11	42:18.9	3:02:33.3

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General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Male 40 to 44

Place			----- Swim -----				T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	18	Nikhil Oak	134	41	1	13:45.2	3:54.1	3	52:07.1	1:42.0	2	23:04.8	1:34:33.2
2 *	21	Brent Depuy	86	41	2	16:50.2	5:26.6	1	47:49.3	1:57.2	3	23:50.6	1:35:54.2
3 *	22	Thomas Johnson	99	40	6	19:06.9	6:00.9	2	50:10.9	2:10.2	1	19:52.4	1:37:21.4
4	43	Peter Cosentino	175	40	3	17:16.0	5:22.4	4	52:59.9	2:10.9	7	27:40.4	1:45:29.9
5	56	Chris Murphy	79	41	7	19:31.7	7:03.5	6	57:42.6	3:00.9	5	24:40.9	1:51:59.8
6	61	Kyle Grevengoed	11	42	8	20:59.0	4:44.7	5	56:19.8	1:18.6	8	29:29.0	1:52:51.3
7	73	Jason Zodda	109	42	4	18:11.3	6:50.6	7	1:05:30.9	0:52.1	6	26:04.6	1:57:29.7
8	92	Ryan Hogan	80	40	5	18:59.3	8:11.8	8	1:14:50.2	2:53.9	4	24:01.9	2:08:57.3

Male 45 to 49

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time		
1 *	15	Christopher Piper	103	48	1	14:30.4	3:56.6	1	49:06.9	3:29.7	1	21:31.6	1:32:35.3		
2 *	28	Chris Morrisette	125	45	3	17:43.7	4:11.6	2	52:38.5	1:30.5	2	22:24.3	1:38:28.8		
3 *	89	Dennis Dangelo	140	48	4	22:46.5	7:15.1	3	1:02:19.8	2:12.7	3	32:38.7	2:07:12.9		

Male 50 to 54

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	
1 *	29	Kevin Spielman	98	54	1	18:49.3	3:53.8	1	50:14.5	1:27.9	2	24:41.8	1:39:07.4		
2 *	69	David Zodda	131	52	3	19:33.2	7:12.3	3	57:02.2	3:44.3	4	27:50.5	1:55:22.7		
3 *	81	David Langston	27	53	5	32:55.6	5:27.9	2	51:42.2	1:18.2	5	29:12.5	2:00:36.5		
4	94	Ernesto Garcia	93	50	4	28:06.1	7:56.1	4	1:03:35.2	2:37.5	3	27:29.5	2:09:44.7		

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General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Male 50 to 54

Place					-----	Swim	-----	T1	-----	Bike	-----	T2	-----	Run	-----	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>
5	98	Eugene Depasquale	102	54	2	18:57.1		8:27.9	5	1:17:30.5		3:52.9	1	22:40.3		2:11:28.9

Male 55 to 59

Place					-----	Swim	-----	T1	-----	Bike	-----	T2	-----	Run	-----	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>
1 *	23	Theron Thilenius	70	56	1	14:17.7		4:45.0	1	49:03.7		1:54.0	4	27:32.8		1:37:33.4
2 *	40	Jose Idler	82	55	3	15:51.4		4:22.9	4	53:55.4		1:31.0	5	27:33.3		1:43:14.2
3 *	41	James Mitchell	31	55	4	16:00.2		5:26.5	3	53:05.7		1:50.4	6	28:30.1		1:44:53.1
4	42	Forrest Hare	153	57	11	22:30.4		5:29.4	2	49:40.1		1:42.8	2	25:46.3		1:45:09.1
5	46	Jordan Thomas	152	56	10	19:52.4		4:28.4	5	55:08.9		2:48.8	1	24:00.7		1:46:19.4
6	70	Scott Cotoia	151	55	8	18:52.7		7:53.3	8	1:01:50.5		0:50.3	3	27:25.5		1:56:52.5
7	74	J. Michael Monaco	14	58	2	14:47.3		5:22.7	6	1:00:17.4		2:10.4	9	35:30.8		1:58:08.8
8	80	David Rotstein	33	59	9	19:08.6		5:53.3				1:05:34.6	7	29:31.7		2:00:08.3
9	82	Charlie Parsons	111	56	7	17:19.1		6:42.9	7	1:00:47.9		2:45.0	8	33:21.2		2:00:56.3

Male 60 to 64

Place					-----	Swim	-----	T1	-----	Bike	-----	T2	-----	Run	-----	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>
1 *	53	Steve Coffin	154	64	2	18:55.2		5:47.1	3	54:57.0		3:00.4	1	28:19.8		1:50:59.7
2 *	54	Dave Signori	84	60	3	19:08.8		5:19.9	2	53:23.4		1:50.1	3	31:20.4		1:51:02.7
3 *	93	Kenneth Rowe	168	64	4	21:48.6		5:56.0	1	47:05.3		2:03.5	5	52:08.5		2:09:02.0
4	103	Mark Duncan	177	64	5	24:26.9		7:53.2	4	1:14:17.0		4:05.6	2	30:14.2		2:20:57.0
5	121	Keith Stevens	26	62	6	35:39.8		10:18.0	5	1:18:20.8		7:29.3	4	44:12.1		2:56:00.2

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General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Male 65 to 69

Place			----- Swim -----				T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	30	Tom Broderick	56	65	3	18:05.4	4:45.2	1	50:49.4	1:11.8	1	24:30.1	1:39:22.0
2 *	55	Mark Ryan	44	67	5	20:21.8	4:33.1	2	53:41.8	2:03.8	3	30:43.0	1:51:23.7
3 *	64	Michael Davenport	12	65	2	17:13.8	8:42.1	3	56:22.2	4:30.9	2	28:07.0	1:54:56.1
4	68	Jeff Hines	4	66	4	18:09.1	5:22.0	4	58:25.7	2:26.1	4	30:55.8	1:55:18.9
5	75	Mark Van Kirk	148	66	1	15:59.9	6:15.9	5	59:00.9	2:15.7	5	34:41.1	1:58:13.8

Male 70 to 74

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	24	Thomas Stroup	65	71	1	19:03.8	3:30.4	1	48:59.4	1:09.5	1	25:02.0	1:37:45.3
2 *	60	Dennis Barr	69	71	2	20:40.6	4:55.8	2	53:54.7	1:35.7	2	31:34.9	1:52:41.9

Male 75 to 79

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	90	Raymond Kannapell	1	75	1	18:07.1	9:48.7	1	57:42.4	3:31.9	1	38:51.0	2:08:01.3

Male 80 to 84

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	124	Hal Sheldon	32	83	1	30:02.8	15:53.3	1	1:39:03.4	1:54.9	1	1:09:28.9	3:36:23.6

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Age Group Results

Sprint Age Group

Female Sprint Overall Winners

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	5	Michelle Christine	110	43	1	13:21.6	2:41.0	1	43:54.6	0:54.6	1	20:23.9	1:21:15.8
2	12	Amy Gardner	160	25	2	13:56.5	3:41.6	2	49:27.5	1:25.4	2	22:41.0	1:31:12.2
3	32	Marciane Foote	2	34	3	17:45.5	4:18.5	3	51:10.7	1:44.5	3	25:08.1	1:40:07.5

Female Sprint Masters Overa Wi

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	38	Carolyn Classen	6	62	1	15:18.5	4:46.1	1	53:21.6	2:22.3	1	26:57.8	1:42:46.5
2	58	April Hartsook	75	58	2	19:38.5	3:51.4	2	54:25.2	1:24.4	2	33:06.4	1:52:26.0
3	78	Jocelyn Roberts	43	50	3	21:15.7	4:22.7	3	58:38.9	1:17.0	3	33:38.7	1:59:13.1

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Age Group Results

Sprint Age Group

Female 15 to 19

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	79	Samantha Sagen	37	16	4	20:14.0	5:55.9	1	1:06:18.3	1:39.0	1	25:13.0	1:59:20.3
2 *	85	Sophie Grigg	35	19	2	17:59.4	6:40.3	2	1:10:18.6	2:00.5	2	27:48.6	2:04:47.6
3 *	110	Angelique Payne	34	19	5	21:44.6	5:46.9	3	1:27:58.2	1:33.1	4	31:19.3	2:28:22.2
4	114	Angelina Calis	57	19	3	19:34.6	5:54.2	5	1:34:11.9	1:17.7	3	28:52.5	2:29:51.1
5	117	Ariana Burge	162	17	1	17:39.1	4:21.5	4	1:33:46.6	3:06.1	5	36:34.6	2:35:28.0

Female 20 to 24

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	48	Rebecca Dicosola	62	24	1	14:15.2	4:43.5	2	1:02:40.4	1:42.4	1	24:53.5	1:48:15.3
2 *	71	Evelyn Baldwin	67	22	2	20:03.6	4:26.4	1	1:01:01.7	1:54.1	2	29:30.8	1:56:56.7
3 *	118	Emma Smith	16	22	3	26:50.5	9:23.0	3	1:23:09.6	2:24.0	3	36:50.8	2:38:38.0

Female 25 to 29

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	39	Claire Sabin	143	27	3	20:38.9	4:22.5	1	54:09.8	1:40.9	1	22:11.9	1:43:04.3
2 *	45	Emily Kahn-Perry	63	29	1	14:50.3	4:46.9	2	57:25.3	2:21.5	2	26:37.2	1:46:01.4
3 *	83	Lajeanne Smith	130	28	2	19:45.7	5:25.9	4	1:05:12.5	1:58.6	3	28:57.8	2:01:20.8
4	86	Emma Haseley	119	27	5	22:24.2	5:22.2	3	1:01:18.1	1:34.6	4	34:17.0	2:04:56.3
5	108	Pooja Keranahalli	171	25	4	22:05.2	5:36.4	6	1:17:06.5	1:41.6	6	38:10.2	2:24:40.1
6	115	Amber Turner	159	27	6	30:05.3	8:00.1	5	1:14:50.1	2:45.4	5	34:37.2	2:30:18.4
7	123	Yocheved Kopel	176	29	7	33:42.3	9:59.7	7	1:30:28.8	3:25.9	7	51:51.6	3:09:28.5

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Female 30 to 34

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	47	Rachel Thompson	22	34	5	20:46.6	4:28.0	1	55:49.9	1:27.9	1	24:32.6	1:47:05.3
2 *	62	Elizabeth Pruchnicki	76	32	1	15:45.1	7:09.0	2	57:09.9	2:50.5	4	30:51.2	1:53:45.9
3 *	63	Lindsay Herra	120	30	3	18:11.5	4:14.6	3	1:00:29.2	2:50.7	3	29:03.7	1:54:49.9
4	72	Lilah Pittman	172	31	6	20:59.3	4:50.4	4	1:01:24.3	2:15.0	2	27:51.9	1:57:21.1
5	88	Mariah Shriner	141	30	4	19:04.7	6:06.3	5	1:06:09.3	2:25.7	5	31:43.4	2:05:29.7
6	100	Jessica Marone	60	31	2	16:19.4	7:39.5	6	1:11:25.9	1:43.5	7	39:51.2	2:16:59.8
7	111	Paola Howard	89	34	7	24:33.2	6:33.3	7	1:20:33.7	3:06.6	6	34:00.0	2:28:47.1

Female 35 to 39

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	50	Natalie Gandhi	45	36	3	18:42.7	4:21.2	3	58:50.5	1:43.5	1	25:25.1	1:49:03.1
2 *	51	Elizabeth Calabro	55	35	4	19:59.0	4:38.6	1	53:50.3	1:27.4	4	30:07.0	1:50:02.5
3 *	59	Anne Ellyse Kania	169	38	1	17:53.3	5:46.0	2	58:17.1	3:04.9	2	27:31.2	1:52:32.7
4	77	Laura Wixon	117	35	5	21:54.7	4:41.8	4	1:02:32.7	0:50.7	3	29:09.7	1:59:09.7
5	102	Emily Kelly	15	39	2	17:58.4	12:24.8	5	1:12:09.2	5:31.6	5	31:37.8	2:19:42.0
6	120	Ariana Kelly	135	36	6	30:01.8	8:26.9	6	1:31:11.0	2:04.9	6	38:35.8	2:50:20.6

Female 40 to 44

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	91	Virginia Carnrick	170	44	3	22:18.6	6:29.9	2	1:07:05.3	2:23.9	1	30:34.8	2:08:52.8
2 *	96	Lindsey Sandford	104	44	1	18:29.4	9:58.2	1	1:04:12.2	5:16.9	3	32:37.9	2:10:34.7

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Age Group

Female 40 to 44

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time	Time	Time
3 *	104	Elyse Braner	101	41	5	24:14.6	6:40.1	3	1:15:44.3	3:04.8	4	33:23.9			2:23:07.9
4	105	Christina Porras	114	44	6	25:02.1	4:54.0	4	1:18:53.6	2:25.2	2	32:03.9			2:23:19.0
5	116	Carolyn Wooster	21	41	2	22:04.3	8:05.8	5	1:20:24.6	3:39.7	5	38:59.7			2:33:14.2
6	119	Karen Matthes	3	41	4	22:29.6	7:18.0	6	1:31:49.7	3:16.3	6	42:11.2			2:47:05.0

Female 45 to 49

Place			----- Swim -----				T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	97	Debra Stroiney	163	46	1	20:18.4	6:47.8	2	1:04:57.4	3:22.9	1	35:29.8	2:10:56.4
2 *	101	Allison Arnold	165	45	2	26:23.8	7:20.0	1	58:38.6	2:20.7	2	43:24.9	2:18:08.2

Female 50 to 54

Place			----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total				
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>			
1 *	84	Jennie Simms	8	50	1	22:56.3		7:11.9	1	1:01:31.0		2:42.4	1	29:04.3	2:03:26.1

Female 55 to 59

Place			----- Swim -----				T1	----- Bike -----		T2	----- Run -----		Total
Place	Overall	Name	Bib No	Age	Rnk	Time	Time	Rnk	Time	Time	Rnk	Time	Time
1 *	87	Jeanie Kim	139	57	1	20:11.6	6:37.2	1	1:03:13.1	2:21.4	1	33:04.2	2:05:27.6
DQ *	DNF	Nancy Romanyshyn	20	55	DQ	27:20.6	14:05.7						

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025
Age Group Results
Sprint Age Group

Female 60 to 64

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	113	Marie Collins	167	63	1	18:53.3	7:05.1	1	1:18:13.8	2:08.6	1	42:42.4	2:29:03.4

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025
Age Group Results
Sprint Age Group

Non Binary

Place					----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	99	Jaelynn King	17	26	1	18:12.2	6:21.3	1	1:12:32.2	1:44.2	1	36:11.7	2:15:01.7

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Athena

Female 99 and Under

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	1	Margaret Harlow	83	33	1	16:16.2	5:20.3		2	1:04:02.5	3:44.6		1	35:44.9	2:05:08.6
2 *	2	Heather Randall	97	36	2	21:56.3	7:23.9		1	1:02:42.6	5:35.3		3	40:42.2	2:18:20.5
3 *	3	Elizabeth Borja	81	47	3	22:19.0	5:51.0		3	1:15:47.5	2:53.5		2	38:53.9	2:25:45.2

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Clydesdales

Male 99 and Under

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	1	Greg Ordun	137	44	2	17:06.0	4:11.8		1	52:40.9	1:57.1		1	29:11.9	1:45:07.8
2 *	2	Bruce Schuette	142	54	1	16:24.9	7:15.7		2	57:20.7	2:26.3		2	31:44.2	1:55:11.9
3 *	3	Christopher Lee	144	37	4	32:27.8	8:02.4		3	1:04:16.2	2:59.7		3	36:31.1	2:24:17.4
DQ	DNF	Zachary Cummings	145	42	3	26:37.9	9:35.3		DQ	1:42:41.6	10:54.5				

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Military

Male 99 and Under

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	1	Raniel Hidalgo	113	49	4	19:35.7	5:12.3		1	50:40.4	2:28.0		1	26:21.8	1:44:18.4
2 *	2	Jean-Luc Leclerc	156	32	2	15:58.2	5:49.5		2	55:49.6	1:11.5		4	28:32.4	1:47:21.4
3 *	3	Zach Duffy	147	34	7	26:24.3	6:28.6		3	56:50.6	2:42.7		2	26:28.7	1:58:55.0
4	4	Brant Landreth	39	53	1	15:10.9	6:46.0		4	1:03:14.3	5:05.7		6	36:51.0	2:07:08.1
5	5	Ben Sandford	105	56	5	20:50.1	7:35.6		5	1:04:00.8	5:31.6		5	32:37.1	2:10:35.4
6	6	Leslie Daniel	28	51	6	26:12.7	7:50.5		6	1:08:25.1	4:05.3		3	28:29.8	2:15:03.6

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Collegiate

Male 99 and Under

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>	<u>Time</u>
1	1	Joel Turk	51	27	6	17:23.9	3:00.8	3	50:41.0	1:14.8	1	18:45.4			1:31:06.1
2	2	Jacob Reardon	128	20	4	15:17.6	3:56.2	2	50:40.6	1:49.2	2	19:53.2			1:31:36.8
3	3	Noah Warner	96	19	1	11:57.1	3:23.6	5	56:40.7	1:00.0	4	23:44.6			1:36:46.1
4	4	Andrew Stack	127	26	2	14:55.4	3:01.3	4	54:11.3	1:45.4	6	26:29.9			1:40:23.6
5	5	Daniel Vaizman	48	21	3	14:55.7	3:57.3	1	50:23.6	2:07.9	7	29:09.5			1:40:34.1
6	9	Paul Nassar	52	20	5	17:08.4	5:58.1	6	59:45.0	0:57.6	5	24:27.2			1:48:16.5
7	12	Joshua Flom	50	21	8	18:53.1	5:46.3	7	1:04:02.1	2:19.0	8	29:21.5			2:00:22.2
8	14	Henry Ren	106	21	9	23:18.7	10:18.3	8	1:11:45.3	1:47.1	9	29:46.4			2:16:56.1
9	15	Casey Murphy	74	19	7	18:01.0	4:10.4			1:38:12.3	3	21:54.6			2:22:18.5

Race Date
April 26, 2025

General Smallwood Oympic and Sprint Triathlon 2025

Age Group Results

Sprint Collegiate

Female 99 and Under

Place					----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>		<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	6	Tess Prutow	72	22	1	12:58.0	3:57.6		4	1:01:38.8	1:44.5		2	22:59.4	1:43:18.5
2	7	Anna Homsey	129	21	4	18:09.6	3:59.6		1	58:27.1	1:34.8		3	23:34.3	1:45:45.7
3	8	Madeline Wang	107	21	2	14:38.1	4:41.1		2	1:00:52.6	1:32.0		4	25:24.0	1:47:07.9
4	10	Aleshka McPretl	78	20	6	21:18.9	4:53.3		5	1:02:36.3	1:34.5		1	21:32.4	1:51:55.6
5	11	Emma Kim	94	20	5	19:07.4	5:24.5		3	1:01:38.2	1:19.6		5	26:08.8	1:53:38.7
6	13	Courtney Mahon	58	19	3	18:09.4	6:17.9		8	1:18:09.4	1:10.2		6	27:51.1	2:11:38.2
7	16	Gracie Dogramaci	66	20			27:58.2		7	1:18:05.8	1:12.6		7	36:42.3	2:23:59.2
8	17	Emily Flanagan	73	21	7	25:01.1	6:48.3		6	1:13:29.7	2:41.6		8	47:22.4	2:35:23.2