

Race Date
May 18, 2025

Independence Sprint & Olympic Triathlon 2025

Age Group Results

Olympic Aquabike

Male 99 and Under

Place			----- Swim -----					----- T1 -----		----- Bike -----			Total		Total
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Time	Pace
1 *	1	Jared Gentile	481	43	2	25:49.6	1:43	1	1:56.0		1	55:16.2	27.0	1:23:01.9	
2 *	2	Neil Semmel	464	62	1	25:17.7	1:41	2	2:13.5		2	58:45.5	25.4	1:26:16.7	
3 *	3	Mark Mills	492	56	4	38:19.6	2:33	3	3:22.0		3	1:05:25.6	22.8	1:47:07.3	
4	4	Larry Gephart	311	74	3	36:44.5	2:27	4	6:23.9		4	1:15:21.8	19.8	1:58:30.3	
5	9	Rudy Trifun	369	59	5	43:00.4	2:52	5	7:06.0		5	1:25:51.3	17.4	2:15:57.8	

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May 18, 2025

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Age Group Results

Olympic Aquabike

Female 99 and Under

Place			----- Swim -----					----- T1 -----			----- Bike -----			Total	Total
Place	Overall	Name	Bib	Age	Rnk	Time	Pace	Rnk	Time	Pace	Rnk	Time	Rate	Time	Pace
1 *	5	Rachel Sheridan	477	59	1	26:46.5	1:47	4	5:31.6		4	1:26:31.3	17.2	1:58:49.5	
2 *	6	Lisa Hoffmann	319	60	3	34:50.3	2:19	2	4:17.0		1	1:20:21.9	18.6	1:59:29.3	
3 *	7	Natalia Gonzalez Quintero	483	41	2	34:25.6	2:18	1	4:00.6		3	1:23:18.5	17.9	2:01:44.8	
4	8	Kayla Gronkowski	526	29	4	37:14.3	2:29	3	4:23.2		2	1:22:00.7	18.2	2:03:38.3	