

Race Date  
May 11, 2025

Kinetic Sprint Triathlon 2025  
Age Group Results

Male Sprint Overall Winners

| Place |         |              |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |      | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|--------------|--------|-----|------------------|---------|------|---------|------------------|------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name         | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1     | 1       | Greg Remaly  | 1109   | 45  | 2                | 11:26.7 | 1:32 | 35:49.7 |                  |      |      | 1:08.7 | 2               | 18:35.9 | 5:59  | 1:07:01.2 |
| 2     | 2       | Caleb Harlow | 1122   | 19  | 3                | 11:34.0 | 1:33 | 39:42.3 |                  |      |      | 0:48.8 | 1               | 18:32.3 | 5:58  | 1:10:37.5 |
| 3     | 3       | Chris Roy    | 1003   | 55  | 1                | 11:11.3 | 1:30 | 41:22.5 |                  |      |      | 1:06.8 | 3               | 21:59.9 | 7:05  | 1:15:40.7 |

Male Sprint Masters Overa Winn

| Place |         |                   |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |      | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|-------------------|--------|-----|------------------|---------|------|---------|------------------|------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name              | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1     | 4       | David Stubbs      | 1037   | 51  | 1                | 13:00.8 | 1:44 | 41:01.7 |                  |      |      | 0:54.6 | 2               | 21:54.5 | 7:03  | 1:16:51.8 |
| 2     | 9       | Michael Adams     | 1201   | 50  | 3                | 14:08.2 | 1:53 | 43:17.1 |                  |      |      | 1:03.6 | 1               | 21:01.2 | 6:46  | 1:19:30.3 |
| 3     | 12      | Matthew Spaulding | 1152   | 47  | 2                | 13:57.7 | 1:52 | 45:03.7 |                  |      |      | 0:58.9 | 3               | 22:22.7 | 7:12  | 1:22:23.1 |

Race Date  
May 11, 2025

# Kinetic Sprint Triathlon 2025

## Age Group Results

### Male 15 to 19

| Place |         |                  |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |           | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|------------------|--------|-----|------------------|---------|------|---------|------------------|-----------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name             | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time      | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 10      | Roman Steis      | 1178   | 19  | 3                | 12:29.6 | 1:40 | 48:07.0 |                  |           |      | 1:04.2 | 1               | 19:12.0 | 6:11  | 1:20:52.9 |
| 2 *   | 14      | Cameron Roy      | 1207   | 17  | 1                | 9:58.9  | 1:20 | 50:57.4 |                  |           |      | 0:47.2 | 3               | 22:04.2 | 7:06  | 1:23:47.9 |
| 3 *   | 26      | Gavin Harrington | 1052   | 18  | 2                | 11:31.4 | 1:32 | 51:14.1 |                  |           |      | 1:09.5 | 2               | 21:57.3 | 7:04  | 1:25:52.3 |
| 4     | 67      | River Haught     | 1089   | 17  | 4                | 14:01.8 | 1:52 | 56:05.5 |                  |           |      | 2:12.6 | 4               | 25:19.9 | 8:09  | 1:37:39.9 |
| 5     | 76      | Lucas Price      | 1213   | 18  | 5                | 16:41.4 | 2:14 | 3:20.3  | 2                | 50:39.7   | 14.4 | 2:01.4 | 5               | 26:34.3 | 8:33  | 1:39:17.2 |
| 6     | 103     | Leo Volkov       | 1150   | 18  | 7                | 19:12.7 | 2:34 | 2:58.1  | 1                | 50:10.6   | 14.6 | 1:27.7 | 7               | 33:38.5 | 10:50 | 1:47:27.7 |
| 7     | 151     | Carter Gwaltney  | 1117   | 16  | 6                | 17:23.4 | 2:19 | 6:03.9  | 3                | 1:00:46.4 | 12.0 | 1:53.4 | 6               | 33:33.2 | 10:48 | 1:59:40.4 |
| 8     | 174     | Justin Harris    | 1157   | 15  | 9                | 21:50.1 | 2:55 | 5:06.2  | 4                | 1:03:31.0 | 11.5 | 1:20.5 | 8               | 37:53.8 | 12:12 | 2:09:41.9 |
| 9     | 194     | Alex Elliott     | 1227   | 18  | 8                | 21:45.5 | 2:54 | 4:59.3  | 5                | 1:16:23.0 | 9.58 | 2:38.5 | 9               | 41:49.3 | 13:28 | 2:27:35.7 |

### Male 20 to 24

| Place |         |                 |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |         | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|-----------------|--------|-----|------------------|---------|------|---------|------------------|---------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name            | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time    | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 6       | Vaden Padgett   | 1155   | 23  | 1                | 13:45.7 | 1:50 | 43:11.3 |                  |         |      | 1:00.4 | 1               | 19:59.2 | 6:26  | 1:17:56.8 |
| 2 *   | 80      | Matthew Zeiders | 1040   | 23  | 2                | 17:38.6 | 2:21 | 3:47.7  | 1                | 56:01.3 | 13.1 | 1:11.1 | 2               | 22:36.9 | 7:17  | 1:41:15.7 |

### Male 25 to 29

| Place        |                |                 |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-----------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 22             | Matt Asper      | 1038          | 28         | 1                | 16:07.2     | 2:09        | 2:52.9      | 1                | 43:09.6     | 17.0        | 1:24.1      | 1               | 22:04.7     | 7:06        | 1:25:38.7   |
| 2 *          | 166            | Matthew Rice    | 1007          | 25         | 2                | 18:04.2     | 2:25        | 8:36.9      | 2                | 59:16.8     | 12.3        | 4:19.9      | 3               | 36:22.8     | 11:43       | 2:06:40.8   |
| 3 *          | 183            | Craig Close     | 1197          | 29         | 3                | 20:12.4     | 2:42        | 8:09.7      | 3                | 1:12:54.4   | 10.0        | 2:19.3      | 2               | 32:38.9     | 10:31       | 2:16:14.9   |
| 4            | 201            | Jose Cruz Tapia | 1035          | 28         | 4                | 33:48.3     | 4:30        | 11:31.1     | 4                | 1:18:26.7   | 9.33        | 4:38.4      | 4               | 44:32.6     | 14:20       | 2:52:57.3   |

# Kinetic Sprint Triathlon 2025

Race Date

May 11, 2025

## Age Group Results

### Male 30 to 34

| Place        |                |                 |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-----------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 16             | Dan Traxler     | 1102          | 32         | 1                | 13:21.9     | 1:47        | 48:35.0     |                  |             |             | 1:00.1      | 2               | 21:19.1     | 6:52        | 1:24:16.3   |
| 2 *          | 23             | Marco Villar    | 1226          | 34         | 8                | 16:02.9     | 2:08        | 3:07.5      | 1                | 43:17.9     | 16.9        | 2:07.2      | 1               | 21:03.4     | 6:47        | 1:25:39.0   |
| 3 *          | 46             | Skyler McMurray | 1051          | 32         | 10               | 16:45.0     | 2:14        | 4:13.5      | 3                | 48:22.0     | 15.1        | 1:32.1      | 3               | 22:18.9     | 7:11        | 1:33:11.8   |
| 4            | 62             | Hunter Watson   | 1168          | 30         | 9                | 16:32.5     | 2:12        | 3:57.2      | 4                | 50:12.4     | 14.6        | 1:23.2      | 6               | 23:51.9     | 7:41        | 1:35:57.2   |
| 5            | 65             | Nathaniel Fryer | 1059          | 33         | 3                | 14:48.9     | 1:59        | 3:46.0      | 2                | 47:49.0     | 15.3        | 2:12.3      | 12              | 28:16.1     | 9:06        | 1:36:52.4   |
| 6            | 77             | Dante Williams  | 1147          | 30         | 6                | 15:44.1     | 2:06        | 3:20.3      | 7                | 53:13.3     | 13.8        | 3:01.0      | 7               | 24:13.0     | 7:48        | 1:39:31.9   |
| 7            | 79             | Peter Broccoli  | 1128          | 30         | 5                | 15:17.6     | 2:02        | 3:08.8      | 9                | 54:02.5     | 13.5        | 1:38.6      | 9               | 26:24.5     | 8:30        | 1:40:32.2   |
| 8            | 83             | Talal Beidas    | 1125          | 30         | 13               | 22:16.4     | 2:58        | 2:44.7      | 5                | 51:05.1     | 14.3        | 1:15.5      | 8               | 25:00.8     | 8:03        | 1:42:22.6   |
| 9            | 95             | Eric Marks      | 1141          | 34         | 2                | 14:32.3     | 1:56        | 3:37.2      | 11               | 1:02:33.6   | 11.7        | 1:12.1      | 4               | 22:53.4     | 7:22        | 1:44:48.8   |
| 10           | 100            | Logan Hester    | 1182          | 32         | 11               | 18:59.0     | 2:32        | 4:58.5      | 6                | 52:34.5     | 13.9        | 1:59.1      | 11              | 27:52.1     | 8:58        | 1:46:23.5   |
| 11           | 113            | Jeremy King     | 1053          | 33         | 7                | 15:45.3     | 2:06        | 3:58.0      | 10               | 58:51.1     | 12.4        | 2:55.8      | 10              | 27:50.5     | 8:58        | 1:49:20.8   |
| 12           | 115            | Peter Arvanitis | 1129          | 31         | 12               | 20:55.7     | 2:47        | 3:48.3      | 8                | 53:31.4     | 13.7        | 0:57.6      | 13              | 30:19.2     | 9:46        | 1:49:32.4   |
| 13           | 120            | Duncan Hamra    | 1036          | 30         | 4                | 15:02.4     | 2:00        | 3:22.3      | 12               | 1:07:07.7   | 10.9        | 1:13.5      | 5               | 23:43.0     | 7:38        | 1:50:29.1   |

### Male 35 to 39

| Place |         |                  | ----- Swim ----- |     |     |         |      | T1      | ----- Bike ----- |         |      | T2     | ----- Run ----- |         |      | Total     |
|-------|---------|------------------|------------------|-----|-----|---------|------|---------|------------------|---------|------|--------|-----------------|---------|------|-----------|
| Place | Overall | Name             | Bib No           | Age | Rnk | Time    | Pace | Time    | Rnk              | Time    | Rate | Time   | Rnk             | Time    | Pace | Time      |
| 1 *   | 7       | David Miller     | 1195             | 36  | 1   | 13:21.4 | 1:47 | 42:19.0 |                  |         |      | 0:49.9 | 3               | 22:06.9 | 7:07 | 1:18:37.3 |
| 2 *   | 18      | Ryan Davis       | 1229             | 39  | 3   | 14:31.1 | 1:56 | 48:16.1 |                  |         |      | 1:04.3 | 1               | 20:45.0 | 6:41 | 1:24:36.6 |
| 3 *   | 35      | Vito Bertucci    | 1191             | 39  | 2   | 13:36.4 | 1:49 | 51:08.9 |                  |         |      | 2:03.0 | 2               | 21:20.0 | 6:52 | 1:28:08.5 |
| 4     | 38      | Richard Birlew   | 1146             | 36  | 4   | 16:05.8 | 2:09 | 45:19.1 |                  |         |      | 1:16.1 | 7               | 26:00.4 | 8:22 | 1:28:41.6 |
| 5     | 44      | Edward Ruzek     | 1020             | 38  | 5   | 16:23.2 | 2:11 | 2:35.2  | 2                | 48:37.6 | 15.1 | 1:48.1 | 4               | 22:44.2 | 7:19 | 1:32:08.5 |
| 6     | 51      | Brian Holton     | 1115             | 36  | 7   | 18:12.4 | 2:26 | 2:50.3  | 3                | 48:47.5 | 15.0 | 1:17.7 | 5               | 22:48.2 | 7:20 | 1:33:56.3 |
| 7     | 97      | Joe Thompson     | 1078             | 37  | 9   | 18:40.7 | 2:29 | 3:54.9  | 4                | 52:18.1 | 14.0 | 2:05.3 | 8               | 27:53.2 | 8:59 | 1:44:52.4 |
| 8     | 117     | Nicholas Edwards | 1093             | 37  | 8   | 18:37.7 | 2:29 | 3:18.0  | 6                | 57:02.1 | 12.8 | 2:22.5 | 9               | 28:46.2 | 9:16 | 1:50:06.6 |

## Kinetic Sprint Triathlon 2025

Age Group Results

## Male 35 to 39

| Place |         |                |        | ----- Swim ----- |     |         |      | T1     | ----- Bike ----- |         |      | T2     | ----- Run ----- |         |       | Total     |
|-------|---------|----------------|--------|------------------|-----|---------|------|--------|------------------|---------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name           | Bib No | Age              | Rnk | Time    | Pace | Time   | Rnk              | Time    | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 9     | 124     | Michael Hanlon | 1049   | 38               | 10  | 30:10.1 | 4:01 | 4:33.2 | 1                | 48:24.5 | 15.1 | 2:59.7 | 6               | 25:42.0 | 8:16  | 1:51:49.7 |
| 10    | 145     | Chad Bartlett  | 1062   | 39               | 6   | 17:40.8 | 2:21 | 4:14.9 | 5                | 52:35.2 | 13.9 | 1:34.9 | 10              | 41:35.6 | 13:23 | 1:57:41.6 |

## Male 40 to 44

| Place |         |                   |        |     | ----- Swim ----- |         | T1   | ----- Bike ----- |     |           | T2   | ----- Run ----- |     |         | Total |           |
|-------|---------|-------------------|--------|-----|------------------|---------|------|------------------|-----|-----------|------|-----------------|-----|---------|-------|-----------|
| Place | Overall | Name              | Bib No | Age | Rnk              | Time    | Pace | Time             | Rnk | Time      | Rate | Time            | Rnk | Time    | Pace  | Time      |
| 1 *   | 13      | Conor Shapiro     | 1161   | 40  | 3                | 14:17.1 | 1:54 | 44:36.8          |     |           |      | 1:30.5          | 2   | 22:42.7 | 7:19  | 1:23:07.2 |
| 2 *   | 17      | Darren Leslie     | 1072   | 43  | 1                | 12:07.5 | 1:37 | 46:06.7          |     |           |      | 1:20.7          | 6   | 24:52.0 | 8:00  | 1:24:27.2 |
| 3 *   | 27      | Tim Pappas        | 1043   | 44  | 4                | 15:22.0 | 2:03 | 47:23.7          |     |           |      | 1:41.4          | 1   | 21:29.4 | 6:55  | 1:25:56.6 |
| 4     | 31      | Brent Depuy       | 1120   | 41  | 5                | 15:55.4 | 2:07 | 3:00.9           | 1   | 43:06.1   | 17.0 | 1:41.0          | 4   | 23:11.2 | 7:28  | 1:26:54.8 |
| 5     | 48      | Dan Sanders       | 1030   | 43  | 2                | 12:45.8 | 1:42 | 54:13.6          |     |           |      | 2:09.5          | 5   | 24:05.6 | 7:45  | 1:33:14.5 |
| 6     | 60      | Kelly Haycock     | 1065   | 42  | 6                | 17:38.6 | 2:21 | 4:30.0           | 2   | 48:50.7   | 15.0 | 1:27.4          | 3   | 23:03.7 | 7:25  | 1:35:30.6 |
| 7     | 106     | Daniel Balberchak | 1114   | 43  | 7                | 17:48.6 | 2:22 | 3:27.8           | 3   | 55:25.6   | 13.2 | 1:49.9          | 8   | 29:42.6 | 9:34  | 1:48:14.6 |
| 8     | 152     | Matthew Derose    | 1099   | 44  | 8                | 24:34.5 | 3:17 | 4:47.5           | 4   | 1:02:19.3 | 11.7 | 2:05.9          | 7   | 26:53.9 | 8:39  | 2:00:41.4 |

## Male 45 to 49

| Place |         |                       | ----- Swim ----- |     |     |         |      | T1      | ----- Bike ----- |         |      | T2     | ----- Run ----- |         |      | Total     |
|-------|---------|-----------------------|------------------|-----|-----|---------|------|---------|------------------|---------|------|--------|-----------------|---------|------|-----------|
| Place | Overall | Name                  | Bib No           | Age | Rnk | Time    | Pace | Time    | Rnk              | Time    | Rate | Time   | Rnk             | Time    | Pace | Time      |
| 1 *   | 32      | Chris Simms           | 1022             | 49  | 3   | 14:40.0 | 1:57 | 45:55.1 |                  |         |      | 2:02.7 | 4               | 24:20.8 | 7:50 | 1:26:58.7 |
| 2 *   | 39      | Alexander Goncareenco | 1194             | 45  | 2   | 14:15.8 | 1:54 | 47:41.0 |                  |         |      | 1:21.4 | 8               | 25:48.6 | 8:18 | 1:29:06.9 |
| 3 *   | 41      | Matt Klicka           | 1185             | 48  | 9   | 18:15.4 | 2:26 | 2:56.9  | 1                | 44:19.4 | 16.5 | 1:24.5 | 3               | 23:42.8 | 7:38 | 1:30:39.1 |
| 4     | 45      | Rick Black            | 1118             | 45  | 1   | 12:03.7 | 1:36 | 50:09.9 |                  |         |      | 1:15.0 | 11              | 29:13.8 | 9:25 | 1:32:42.5 |
| 5     | 47      | John Edwards          | 1224             | 45  | 8   | 17:33.2 | 2:20 | 3:14.0  | 5                | 49:45.9 | 14.7 | 1:39.0 | 1               | 21:01.9 | 6:46 | 1:33:14.1 |

## Kinetic Sprint Triathlon 2025

Race Date

May 11, 2025

Age Group Results

## Male 45 to 49

| Place        |                |                   |               |            | ----- Swim ----- |             | ----- T1 ----- |             | ----- Bike ----- |             | ----- T2 ----- |             | ----- Run ----- |             | ----- Total ----- |             |
|--------------|----------------|-------------------|---------------|------------|------------------|-------------|----------------|-------------|------------------|-------------|----------------|-------------|-----------------|-------------|-------------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>       | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u>    | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u>    | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u>       | <u>Time</u> |
| 6            | 54             | Drew Morgan       | 1163          | 46         | 5                | 16:09.5     | 2:09           | 3:47.9      | 2                | 47:09.8     | 15.5           | 2:20.2      | 7               | 24:55.7     | 8:01              | 1:34:23.2   |
| 7            | 64             | Justin Pierce     | 1069          | 49         | 10               | 18:53.4     | 2:31           | 3:10.7      | 3                | 47:22.5     | 15.5           | 2:26.5      | 5               | 24:41.7     | 7:57              | 1:36:35.1   |
| 8            | 66             | Wesley Parker     | 1170          | 48         | 4                | 15:32.8     | 2:04           | 5:00.6      | 4                | 49:36.2     | 14.8           | 2:39.2      | 6               | 24:46.1     | 7:58              | 1:37:35.0   |
| 9            | 69             | Diego Turo        | 1130          | 47         | 7                | 17:13.7     | 2:18           | 3:29.1      | 6                | 51:24.2     | 14.2           | 1:58.1      | 2               | 23:42.2     | 7:38              | 1:37:47.5   |
| 10           | 110            | Joseph Phillips   | 1084          | 47         | 11               | 19:20.3     | 2:35           | 5:10.3      | 7                | 53:52.6     | 13.6           | 1:32.8      | 10              | 28:51.2     | 9:17              | 1:48:47.3   |
| 11           | 123            | Krishna Thotakura | 1046          | 48         | 6                | 16:21.0     | 2:11           | 7:50.2      | 8                | 58:10.2     | 12.6           | 2:31.3      | 9               | 26:55.8     | 8:40              | 1:51:48.7   |
| 12           | 181            | Warren Connell    | 1188          | 48         | 12               | 22:24.8     | 2:59           | 5:50.3      | 9                | 1:06:01.4   | 11.1           | 2:52.5      | 12              | 38:06.8     | 12:16             | 2:15:16.0   |

## Male 50 to 54

| Place        |                |                |               |            | ----- Swim ----- |             | ----- T1 ----- |             | ----- Bike ----- |             | ----- T2 ----- |             | ----- Run ----- |             | ----- Total ----- |             |
|--------------|----------------|----------------|---------------|------------|------------------|-------------|----------------|-------------|------------------|-------------|----------------|-------------|-----------------|-------------|-------------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>    | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u>    | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u>    | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u>       | <u>Time</u> |
| 1 *          | 15             | Dexter Steis   | 1175          | 52         | 2                | 14:27.4     | 1:56           | 45:55.4     |                  |             |                | 1:50.4      | 2               | 21:57.9     | 7:04              | 1:24:11.2   |
| 2 *          | 28             | Scott McLallen | 1050          | 54         | 1                | 11:46.2     | 1:34           | 50:10.1     |                  |             |                | 1:08.7      | 3               | 23:08.4     | 7:27              | 1:26:13.5   |
| 3 *          | 71             | David Karasik  | 1235          | 54         | 4                | 18:24.1     | 2:27           | 3:06.0      | 2                | 49:14.9     | 14.9           | 2:52.2      | 4               | 24:26.8     | 7:52              | 1:38:04.2   |
| 4            | 88             | Brian Hawkins  | 1064          | 53         | 6                | 19:20.6     | 2:35           | 2:43.9      | 3                | 50:13.4     | 14.6           | 1:21.7      | 7               | 29:48.7     | 9:36              | 1:43:28.4   |
| 5            | 90             | David Callaway | 1070          | 51         | 3                | 15:29.7     | 2:04           | 3:31.1      | 4                | 50:31.4     | 14.5           | 3:33.0      | 8               | 31:09.1     | 10:02             | 1:44:14.5   |
| 6            | 131            | Rex Pagerie    | 1004          | 54         | 11               | 25:34.3     | 3:25           | 4:04.5      | 5                | 54:27.5     | 13.4           | 1:09.6      | 5               | 28:17.7     | 9:06              | 1:53:33.8   |
| 7            | 133            | Francisco Mesa | 1098          | 51         | 9                | 24:52.2     | 3:19           | 6:31.8      | 1                | 47:17.0     | 15.5           | 2:34.2      | 10              | 32:33.0     | 10:29             | 1:53:48.3   |
| 8            | 144            | Dan Cardile    | 1204          | 51         | 7                | 19:37.3     | 2:37           | 5:01.0      | 8                | 1:00:20.6   | 12.1           | 3:21.6      | 6               | 28:54.6     | 9:18              | 1:57:15.4   |
| 9            | 154            | Tom Shakow     | 1219          | 53         | 8                | 19:54.4     | 2:39           | 4:33.9      | 9                | 1:01:05.0   | 12.0           | 1:46.0      | 11              | 33:57.2     | 10:56             | 2:01:16.5   |
| 10           | 162            | John Mory      | 1212          | 53         | 13               | 28:53.0     | 3:51           | 5:12.9      | 6                | 55:06.7     | 13.3           | 2:44.4      | 9               | 32:31.6     | 10:28             | 2:04:28.6   |
| 11           | 173            | Thomas Hughes  | 1232          | 53         | 10               | 24:58.8     | 3:20           | 8:15.7      | 7                | 56:43.2     | 12.9           | 3:36.9      | 12              | 35:52.1     | 11:33             | 2:09:26.9   |
| 12           | 197            | Trey Eckels    | 1044          | 51         | 12               | 26:57.8     | 3:36           | 7:35.7      | 10               | 1:11:04.9   | 10.3           | 3:33.2      | 13              | 48:29.2     | 15:36             | 2:37:41.1   |

## Kinetic Sprint Triathlon 2025

Race Date

May 11, 2025

Age Group Results

## Male 55 to 59

| Place |         |                   |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |         | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|-------------------|--------|-----|------------------|---------|------|---------|------------------|---------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name              | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time    | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 24      | Charles Kreger    | 1018   | 55  | 1                | 13:05.3 | 1:45 | 47:24.2 |                  |         |      | 1:25.6 | 1               | 23:54.6 | 7:42  | 1:25:49.8 |
| 2 *   | 36      | David McCready    | 1162   | 58  | 5                | 15:50.1 | 2:07 | 2:54.6  | 1                | 43:13.8 | 16.9 | 1:13.2 | 5               | 24:58.9 | 8:02  | 1:28:10.7 |
| 3 *   | 42      | Jeffrey Loomis    | 1071   | 55  | 4                | 15:46.9 | 2:06 | 48:09.7 |                  |         |      | 3:31.1 | 3               | 24:14.7 | 7:48  | 1:31:42.5 |
| 4     | 52      | David Hart        | 1135   | 57  | 6                | 16:03.3 | 2:08 | 2:46.0  | 6                | 49:25.0 | 14.8 | 1:43.8 | 2               | 24:11.2 | 7:47  | 1:34:09.5 |
| 5     | 59      | Michael Rosenthal | 1048   | 57  | 2                | 15:06.4 | 2:01 | 2:52.4  | 3                | 47:29.4 | 15.4 | 1:49.9 | 6               | 27:35.0 | 8:53  | 1:34:53.3 |
| 6     | 61      | Scott Engelbrecht | 1144   | 58  | 9                | 17:33.6 | 2:20 | 3:30.7  | 2                | 45:04.3 | 16.2 | 1:36.4 | 8               | 28:02.9 | 9:02  | 1:35:48.0 |
| 7     | 70      | Steve Green       | 1015   | 58  | 3                | 15:44.2 | 2:06 | 3:26.9  | 4                | 48:25.8 | 15.1 | 1:30.5 | 10              | 28:55.8 | 9:19  | 1:38:03.3 |
| 8     | 84      | Alan Eaton        | 1106   | 55  | 7                | 16:11.1 | 2:09 | 4:38.9  | 7                | 51:28.6 | 14.2 | 2:06.1 | 9               | 28:04.3 | 9:02  | 1:42:29.2 |
| 9     | 98      | Ramon Paris       | 1234   | 58  | 13               | 25:26.9 | 3:24 | 2:59.6  | 5                | 49:14.5 | 14.9 | 2:47.7 | 4               | 24:31.1 | 7:54  | 1:44:59.9 |
| 10    | 125     | Jordan Price      | 1047   | 58  | 10               | 18:12.7 | 2:26 | 4:45.9  | 9                | 55:19.2 | 13.2 | 2:47.4 | 11              | 30:54.9 | 9:57  | 1:52:00.4 |
| 11    | 134     | George Deeb       | 1165   | 55  | 8                | 16:20.8 | 2:11 | 3:29.8  | 8                | 55:13.2 | 13.3 | 1:42.3 | 13              | 37:15.6 | 12:00 | 1:54:01.9 |
| 12    | 135     | Thomas Grier      | 1217   | 56  | 11               | 20:41.5 | 2:46 | 4:58.9  | 11               | 58:33.2 | 12.5 | 2:11.3 | 7               | 27:40.3 | 8:54  | 1:54:05.3 |
| 13    | 165     | David Gervasio    | 1026   | 58  | 12               | 21:30.8 | 2:52 | 5:24.2  | 10               | 58:21.9 | 12.5 | 3:10.9 | 12              | 36:54.8 | 11:53 | 2:05:22.8 |

## Male 60 to 64

| Place |         |                  |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |         | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|------------------|--------|-----|------------------|---------|------|---------|------------------|---------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name             | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time    | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 21      | Joaquín Diz      | 1124   | 62  | 6                | 16:37.8 | 2:13 | 2:07.8  | 2                | 42:57.7 | 17.0 | 1:27.1 | 1               | 21:48.4 | 7:01  | 1:24:59.0 |
| 2 *   | 25      | Donald White     | 1111   | 62  | 3                | 14:43.8 | 1:58 | 2:15.8  | 1                | 42:50.8 | 17.1 | 1:17.1 | 2               | 24:43.5 | 7:58  | 1:25:51.2 |
| 3 *   | 37      | Steve Odonnell   | 1209   | 62  | 4                | 15:04.7 | 2:01 | 46:28.9 |                  |         |      | 1:33.2 | 3               | 25:11.7 | 8:07  | 1:28:18.7 |
| 4     | 73      | Frederick MacKem | 1202   | 62  | 9                | 17:04.9 | 2:17 | 3:59.3  | 4                | 47:38.6 | 15.4 | 3:07.2 | 5               | 27:00.8 | 8:42  | 1:38:51.0 |
| 5     | 86      | Buck Stinson     | 1174   | 62  | 10               | 17:49.2 | 2:23 | 3:21.5  | 7                | 52:09.2 | 14.0 | 2:36.7 | 4               | 26:58.7 | 8:41  | 1:42:55.4 |
| 6     | 91      | Joel Isely       | 1032   | 64  | 5                | 15:26.1 | 2:03 | 3:14.3  | 3                | 47:20.7 | 15.5 | 2:05.8 | 12              | 36:13.0 | 11:39 | 1:44:20.1 |
| 7     | 92      | Charlie Penn     | 1103   | 63  | 12               | 18:57.7 | 2:32 | 3:37.5  | 6                | 50:46.2 | 14.4 | 2:34.3 | 6               | 28:26.3 | 9:09  | 1:44:22.3 |
| 8     | 102     | David Zemo       | 1231   | 60  | 2                | 14:42.2 | 1:58 | 3:39.2  | 5                | 49:20.0 | 14.8 | 1:55.3 | 13              | 37:09.3 | 11:58 | 1:46:46.2 |

Race Date  
May 11, 2025

# Kinetic Sprint Triathlon 2025

## Age Group Results

### Male 60 to 64

| Place        |                |                   |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-------------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>       | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 9            | 112            | Peter Desimone    | 1221          | 60         | 13               | 19:15.3     | 2:34        | 3:48.9      | 8                | 52:37.1     | 13.9        | 2:19.7      | 9               | 31:17.8     | 10:04       | 1:49:19.0   |
| 10           | 137            | Russ Bartlett     | 1222          | 64         | 8                | 16:43.2     | 2:14        | 4:36.3      | 9                | 56:35.0     | 12.9        | 1:52.9      | 11              | 35:29.4     | 11:25       | 1:55:17.0   |
| 11           | 141            | Mike Canning      | 1199          | 60         | 11               | 18:55.1     | 2:31        | 5:10.7      | 10               | 59:05.4     | 12.4        | 3:33.5      | 7               | 29:24.3     | 9:28        | 1:56:09.1   |
| 12           | 149            | John Schlegel     | 1042          | 60         | 1                | 13:19.5     | 1:47        | 1:08:23.6   |                  |             |             | 3:54.2      | 10              | 33:55.1     | 10:55       | 1:59:32.7   |
| 13           | 163            | Walter Sweetser   | 1192          | 62         | 14               | 23:40.9     | 3:09        | 4:48.8      | 11               | 59:43.7     | 12.3        | 6:10.0      | 8               | 30:05.2     | 9:41        | 2:04:28.7   |
| 14           | 170            | Brian Sands       | 1056          | 61         | 7                | 16:38.2     | 2:13        | 7:46.5      | 12               | 1:00:29.9   | 12.1        | 4:56.3      | 14              | 38:24.3     | 12:22       | 2:08:15.4   |
| 15           | 193            | David Radzanowski | 1206          | 60         | 15               | 23:53.2     | 3:11        | 5:22.5      | 13               | 1:12:30.7   | 10.1        | 2:32.3      | 15              | 42:18.0     | 13:37       | 2:26:36.8   |

### Male 65 to 69

| Place        |                |               |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|---------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>   | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 53             | Mark Sposito  | 1137          | 67         | 2                | 15:26.1     | 2:03        | 3:00.9      | 1                | 49:05.3     | 14.9        | 1:58.2      | 1               | 24:48.7     | 7:59        | 1:34:19.4   |
| 2 *          | 74             | Bolling Lewis | 1081          | 67         | 1                | 14:07.4     | 1:53        | 53:19.4     |                  |             |             | 2:13.1      | 4               | 29:14.7     | 9:25        | 1:38:54.6   |
| 3 *          | 75             | Steve Stanton | 1143          | 67         | 3                | 15:46.6     | 2:06        | 3:22.4      | 2                | 49:20.5     | 14.8        | 1:43.4      | 3               | 28:47.2     | 9:16        | 1:39:00.2   |
| 4            | 87             | Mark Ryan     | 1073          | 67         | 5                | 17:11.7     | 2:18        | 2:43.7      | 3                | 49:52.9     | 14.7        | 2:10.8      | 5               | 31:10.7     | 10:02       | 1:43:09.9   |
| 5            | 94             | Terry Basham  | 1016          | 66         | 8                | 19:00.9     | 2:32        | 2:40.3      | 5                | 55:10.5     | 13.3        | 1:51.4      | 2               | 25:44.7     | 8:17        | 1:44:28.0   |
| 6            | 129            | Mark Van Kirk | 1200          | 66         | 4                | 17:01.9     | 2:16        | 4:26.7      | 4                | 53:33.4     | 13.7        | 2:11.4      | 7               | 35:29.5     | 11:25       | 1:52:43.1   |
| 7            | 138            | Herb Finch    | 1110          | 68         | 6                | 18:19.6     | 2:27        | 4:46.7      | 6                | 55:11.2     | 13.3        | 2:40.8      | 6               | 34:38.5     | 11:09       | 1:55:37.0   |
| 8            | 177            | Scott Dawley  | 1169          | 67         | 7                | 18:21.1     | 2:27        | 5:01.8      | 8                | 1:07:29.3   | 10.8        | 2:08.6      | 8               | 38:30.3     | 12:24       | 2:11:31.3   |
| 9            | 190            | Tom Krahling  | 1223          | 69         | 9                | 23:51.6     | 3:11        | 7:26.2      | 7                | 59:28.0     | 12.3        | 4:12.1      | 9               | 49:19.8     | 15:53       | 2:24:17.9   |

Race Date  
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Kinetic Sprint Triathlon 2025  
Age Group Results

Male 70 to 74

| Place |         |               |        |     | ----- Swim ----- |         | T1   |        | ----- Bike ----- |           | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|---------------|--------|-----|------------------|---------|------|--------|------------------|-----------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name          | Bib No | Age | Rnk              | Time    | Pace | Time   | Rnk              | Time      | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 63      | Thomas Stroup | 1076   | 71  | 2                | 19:10.9 | 2:33 | 2:24.9 | 1                | 47:08.4   | 15.5 | 1:23.6 | 1               | 26:26.0 | 8:30  | 1:36:33.9 |
| 2 *   | 93      | Mark Doyle    | 1006   | 70  | 3                | 19:45.1 | 2:38 | 1:55.4 | 3                | 52:14.7   | 14.0 | 1:40.9 | 2               | 28:46.3 | 9:16  | 1:44:22.5 |
| 3 *   | 99      | Dennis Barr   | 1100   | 71  | 1                | 19:07.6 | 2:33 | 2:45.8 | 2                | 50:12.1   | 14.6 | 1:32.2 | 3               | 32:10.0 | 10:21 | 1:45:47.9 |
| 4     | 179     | Ronald Ignotz | 1091   | 72  | 4                | 22:08.4 | 2:57 | 8:00.8 | 4                | 1:05:59.2 | 11.1 | 2:27.1 | 4               | 33:15.5 | 10:42 | 2:11:51.3 |

Male 75 to 79

| Place        |                |             | ----- Swim ----- |            |            | T1          | ----- Bike ----- |             |            | T2          | ----- Run ----- |             |            | Total       |             |             |
|--------------|----------------|-------------|------------------|------------|------------|-------------|------------------|-------------|------------|-------------|-----------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u>    | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u>      | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u>     | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 153            | Jim Vance   | 1088             | 77         | 1          | 20:38.9     | 2:45             | 5:24.6      | 1          | 58:50.6     | 12.4            | 2:27.8      | 1          | 33:37.3     | 10:49       | 2:00:59.4   |

Male 80 to 84

| Place        |                |             |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 182            | Brad Kirley | 1126          | 80         | 1                | 22:00.5     | 2:56        | 5:04.1      | 1                | 1:04:41.2   | 11.3        | 2:45.2      | 1               | 41:16.8     | 13:17       | 2:15:48.0   |

Race Date  
May 11, 2025

Kinetic Sprint Triathlon 2025  
Age Group Results

Female Sprint Overall Winners

| Place |         |                    |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |      | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|--------------------|--------|-----|------------------|---------|------|---------|------------------|------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name               | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1     | 5       | Michelle Christine | 1145   | 43  | 2                | 13:27.9 | 1:48 | 42:03.9 |                  |      |      | 0:53.3 | 2               | 20:58.2 | 6:45  | 1:17:23.4 |
| 2     | 8       | Erin Horil         | 1133   | 32  | 1                | 12:31.3 | 1:40 | 44:16.9 |                  |      |      | 1:30.0 | 3               | 21:04.2 | 6:47  | 1:19:22.6 |
| 3     | 11      | Caroline Sanders   | 1041   | 44  | 3                | 14:19.2 | 1:55 | 45:11.6 |                  |      |      | 0:54.8 | 1               | 20:42.8 | 6:40  | 1:21:08.5 |

Female Sprint Masters Overa Wi

| Place |         |                  |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |      | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|------------------|--------|-----|------------------|---------|------|---------|------------------|------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name             | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1     | 19      | Elise Crane      | 1230   | 42  | 1                | 12:55.0 | 1:43 | 48:49.3 |                  |      |      | 0:59.6 | 1               | 22:04.0 | 7:06  | 1:24:48.0 |
| 2     | 20      | Christina Dorrer | 1153   | 52  | 2                | 13:19.3 | 1:47 | 45:15.1 |                  |      |      | 1:34.6 | 3               | 24:40.9 | 7:57  | 1:24:50.0 |
| 3     | 29      | Rachel Savering  | 1097   | 40  | 3                | 13:30.7 | 1:48 | 49:23.8 |                  |      |      | 1:11.9 | 2               | 22:08.5 | 7:08  | 1:26:15.0 |

## Kinetic Sprint Triathlon 2025

Race Date

May 11, 2025

Age Group Results

## Female 15 to 19

| Place        |                |                 | ----- Swim ----- |            |            | T1          | ----- Bike ----- |             |            | T2          | ----- Run ----- |             |            | Total       |             |             |
|--------------|----------------|-----------------|------------------|------------|------------|-------------|------------------|-------------|------------|-------------|-----------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Bib No</u>    | <u>Age</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u>      | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Rate</u>     | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 116            | Nicole Phillips | 1075             | 16         | 1          | 21:38.7     | 2:53             | 2:27.2      | 1          | 1:00:10.8   | 12.2            | 0:52.2      | 1          | 24:39.7     | 7:56        | 1:49:48.7   |

## Female 20 to 24

| Place        |                |                  |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|------------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>      | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 30             | Abbey Whipple    | 1085          | 24         | 2                | 12:25.1     | 1:39        | 49:49.0     |                  |             |             | 1:26.8      | 1               | 22:53.6     | 7:22        | 1:26:34.6   |
| 2 *          | 58             | Jillian Cantrell | 1196          | 24         | 1                | 12:00.9     | 1:36        | 54:21.4     |                  |             |             | 1:33.9      | 3               | 26:52.5     | 8:39        | 1:34:48.8   |
| 3 *          | 72             | Mia Steis        | 1181          | 21         | 3                | 17:06.3     | 2:17        | 2:46.2      | 1                | 52:28.1     | 14.0        | 1:30.7      | 2               | 24:52.6     | 8:00        | 1:38:44.1   |
| 4            | 185            | Jayna Weber      | 1233          | 23         | 4                | 23:20.4     | 3:07        | 6:44.2      | 2                | 1:12:12.8   | 10.1        | 2:22.0      | 4               | 32:55.7     | 10:36       | 2:17:35.2   |
| 5            | 199            | Jesse Pittard    | 1105          | 23         | 5                | 23:22.1     | 3:07        | 3:05.8      | 3                | 1:35:22.5   | 7.67        | 2:30.8      | 5               | 36:27.0     | 11:44       | 2:40:48.4   |

## Female 25 to 29

| Place |         |                    |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |           | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|--------------------|--------|-----|------------------|---------|------|---------|------------------|-----------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name               | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time      | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 49      | Logan Cunningham   | 1166   | 28  | 1                | 14:58.6 | 2:00 | 2:25.7  | 1                | 50:13.2   | 14.6 | 1:35.6 | 1               | 24:35.4 | 7:55  | 1:33:48.6 |
| 2 *   | 56      | Emily Kontos       | 1158   | 27  | 3                | 16:01.4 | 2:08 | 51:24.2 |                  |           |      | 1:37.0 | 2               | 25:29.8 | 8:12  | 1:34:32.5 |
| 3 *   | 119     | Hannah Mont        | 1164   | 28  | 4                | 20:59.7 | 2:48 | 3:56.3  | 2                | 52:37.4   | 13.9 | 2:14.0 | 3               | 30:31.4 | 9:49  | 1:50:18.9 |
| 4     | 140     | Jenna Hamra        | 1014   | 28  | 2                | 15:07.8 | 2:01 | 4:12.5  | 3                | 1:02:37.9 | 11.7 | 1:34.3 | 4               | 32:36.2 | 10:30 | 1:56:08.8 |
| 5     | 164     | Rachel Karunaratne | 1063   | 26  | 5                | 21:00.6 | 2:48 | 4:00.4  | 4                | 1:04:41.4 | 11.3 | 2:34.9 | 5               | 32:42.5 | 10:32 | 2:04:59.9 |
| 6     | 198     | Jenny Cox          | 1028   | 27  | 7                | 24:03.0 | 3:12 | 6:19.1  | 5                | 1:25:26.7 | 8.57 | 2:29.8 | 6               | 41:42.5 | 13:25 | 2:40:01.3 |
| 7     | 203     | Sanjana Garg       | 1136   | 26  | 6                | 23:22.8 | 3:07 | 5:32.8  | 6                | 1:45:44.0 | 6.92 | 2:28.5 | 7               | 46:06.7 | 14:51 | 3:03:15.0 |

Race Date  
May 11, 2025

# Kinetic Sprint Triathlon 2025

## Age Group Results

### Female 30 to 34

| Place |         |                    | ----- Swim ----- |     |     | T1      |      | ----- Bike ----- |     |           | T2   |        | ----- Run ----- |         |       | Total     |
|-------|---------|--------------------|------------------|-----|-----|---------|------|------------------|-----|-----------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name               | Bib No           | Age | Rnk | Time    | Pace | Time             | Rnk | Time      | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 55      | Marciane Foote     | 1002             | 34  | 4   | 17:22.7 | 2:19 | 50:08.7          |     |           |      | 1:45.0 | 1               | 25:10.6 | 8:06  | 1:34:27.1 |
| 2 *   | 96      | Caroline Buscaglia | 1005             | 30  | 1   | 12:51.5 | 1:43 | 1:00:46.7        |     |           |      | 2:21.6 | 4               | 28:49.0 | 9:17  | 1:44:48.9 |
| 3 *   | 109     | Maggie Langford    | 1225             | 34  | 2   | 14:58.2 | 2:00 | 3:07.5           | 2   | 59:54.5   | 12.2 | 1:43.3 | 3               | 28:48.8 | 9:16  | 1:48:32.5 |
| 4     | 121     | Marybeth Esquirell | 1010             | 33  | 8   | 22:15.7 | 2:58 | 2:33.2           | 1   | 56:53.5   | 12.9 | 1:09.0 | 2               | 28:24.2 | 9:09  | 1:51:15.8 |
| 5     | 161     | Amanda Basinger    | 1113             | 34  | 5   | 19:54.6 | 2:39 | 3:47.2           | 5   | 1:04:25.8 | 11.4 | 1:39.4 | 5               | 33:13.6 | 10:42 | 2:03:00.7 |
| 6     | 168     | Brittany Morales   | 1127             | 34  | 7   | 21:25.3 | 2:51 | 5:26.8           | 3   | 1:01:12.0 | 12.0 | 3:36.8 | 6               | 35:56.1 | 11:34 | 2:07:37.1 |
| 7     | 175     | Rachel Hester      | 1183             | 30  | 6   | 21:23.7 | 2:51 | 5:16.6           | 4   | 1:03:49.1 | 11.5 | 3:13.0 | 7               | 36:37.8 | 11:47 | 2:10:20.4 |
| 8     | 180     | Abby Basham        | 1142             | 30  | 3   | 17:09.7 | 2:17 | 3:44.1           | 6   | 1:08:03.7 | 10.8 | 2:23.3 | 8               | 43:30.1 | 14:00 | 2:14:51.1 |
| 9     | 196     | Jerilyn Hoover     | 1180             | 34  | 9   | 23:59.9 | 3:12 | 4:37.0           | 7   | 1:16:06.6 | 9.62 | 3:43.3 | 10              | 48:20.2 | 15:34 | 2:36:47.2 |
| 10    | 202     | Taylor Owens       | 1034             | 30  | 10  | 33:49.3 | 4:31 | 10:57.5          | 8   | 1:19:12.1 | 9.24 | 3:12.7 | 9               | 45:46.0 | 14:44 | 2:52:57.8 |

### Female 35 to 39

| Place |         |                    |        | ----- Swim ----- |     |         | T1   | ----- Bike ----- |     |           | T2   | ----- Run ----- |     |         | Total |           |
|-------|---------|--------------------|--------|------------------|-----|---------|------|------------------|-----|-----------|------|-----------------|-----|---------|-------|-----------|
| Place | Overall | Name               | Bib No | Age              | Rnk | Time    | Pace | Time             | Rnk | Time      | Rate | Time            | Rnk | Time    | Pace  | Time      |
| 1 *   | 43      | Olivia Prevost     | 1186   | 39               | 1   | 13:49.9 | 1:51 | 52:15.4          |     |           |      | 0:58.8          | 1   | 24:51.7 | 8:00  | 1:31:55.9 |
| 2 *   | 57      | Angela Redwine     | 1139   | 38               | 3   | 17:20.6 | 2:19 | 2:42.5           | 1   | 46:05.1   | 15.9 | 1:08.6          | 3   | 27:18.7 | 8:47  | 1:34:35.7 |
| 3 *   | 89      | Alison Tebo        | 1149   | 38               | 2   | 15:28.9 | 2:04 | 3:26.7           | 4   | 57:12.2   | 12.8 | 1:37.8          | 2   | 26:21.1 | 8:29  | 1:44:06.9 |
| 4     | 122     | Virginia Cosentino | 1176   | 37               | 5   | 17:47.5 | 2:22 | 3:55.6           | 3   | 56:59.2   | 12.8 | 1:49.3          | 4   | 31:07.2 | 10:01 | 1:51:39.0 |
| 5     | 136     | Kelsey Karr        | 1011   | 36               | 4   | 17:46.8 | 2:22 | 3:07.6           | 2   | 56:18.3   | 13.0 | 1:15.9          | 5   | 35:40.2 | 11:29 | 1:54:09.1 |
| 6     | 187     | Lauren Ball        | 1083   | 37               | 7   | 26:27.6 | 3:32 | 9:15.1           | 6   | 1:03:13.2 | 11.6 | 4:14.8          | 7   | 39:23.4 | 12:41 | 2:22:34.2 |
| 7     | 188     | Nikki Dye          | 1082   | 36               | 6   | 26:27.4 | 3:32 | 9:18.6           | 5   | 1:03:04.0 | 11.6 | 4:20.9          | 6   | 39:23.3 | 12:41 | 2:22:34.3 |

Race Date  
May 11, 2025

# Kinetic Sprint Triathlon 2025

## Age Group Results

### Female 40 to 44

| Place |         |                    |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |           | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|--------------------|--------|-----|------------------|---------|------|---------|------------------|-----------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name               | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time      | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 33      | Laura Bowen        | 1177   | 42  | 1                | 12:23.1 | 1:39 | 49:12.7 |                  |           |      | 1:05.0 | 1               | 24:43.9 | 7:58  | 1:27:24.9 |
| 2 *   | 50      | Deborah Chucoski   | 1012   | 40  | 2                | 15:32.6 | 2:04 | 49:34.1 |                  |           |      | 1:24.8 | 3               | 27:19.2 | 8:48  | 1:33:50.8 |
| 3 *   | 68      | Ashley Shapiro     | 1159   | 40  | 3                | 17:21.2 | 2:19 | 3:34.8  | 1                | 48:35.3   | 15.1 | 1:23.0 | 2               | 26:45.5 | 8:37  | 1:37:39.9 |
| 4     | 118     | Lismarie Hernandez | 1208   | 44  | 5                | 18:36.1 | 2:29 | 3:01.2  | 2                | 54:38.8   | 13.4 | 1:56.9 | 5               | 32:01.6 | 10:19 | 1:50:14.8 |
| 5     | 128     | Liz Winn           | 1119   | 40  | 6                | 20:00.2 | 2:40 | 3:47.4  | 3                | 57:20.3   | 12.8 | 1:51.3 | 4               | 29:29.2 | 9:29  | 1:52:28.6 |
| 6     | 157     | Kim Biddle         | 1068   | 43  | 4                | 17:45.6 | 2:22 | 4:33.0  | 4                | 1:01:11.9 | 12.0 | 2:38.4 | 7               | 35:42.0 | 11:29 | 2:01:51.2 |
| 7     | 178     | Molly Redmond      | 1058   | 41  | 7                | 23:47.1 | 3:10 | 4:09.0  | 5                | 1:06:01.0 | 11.1 | 2:43.8 | 6               | 34:51.2 | 11:13 | 2:11:32.2 |

### Female 45 to 49

| Place |         |                   |        |     | ----- Swim ----- |         | T1   |         | ----- Bike ----- |           | T2   |        | ----- Run ----- |         | Total |           |
|-------|---------|-------------------|--------|-----|------------------|---------|------|---------|------------------|-----------|------|--------|-----------------|---------|-------|-----------|
| Place | Overall | Name              | Bib No | Age | Rnk              | Time    | Pace | Time    | Rnk              | Time      | Rate | Time   | Rnk             | Time    | Pace  | Time      |
| 1 *   | 78      | Bonnie Algera     | 1077   | 49  | 1                | 14:04.9 | 1:53 | 51:33.3 |                  |           |      | 1:45.9 | 2               | 32:59.5 | 10:37 | 1:40:23.6 |
| 2 *   | 105     | Meagan Snyder     | 1193   | 48  | 9                | 21:00.5 | 2:48 | 3:25.7  | 1                | 48:47.4   | 15.0 | 2:55.7 | 1               | 31:45.8 | 10:13 | 1:47:55.2 |
| 3 *   | 111     | Katharine Posner  | 1087   | 47  | 2                | 14:59.9 | 2:00 | 4:00.9  | 3                | 54:01.4   | 13.5 | 1:52.2 | 5               | 33:54.0 | 10:55 | 1:48:48.6 |
| 4     | 126     | Yvonne Parker     | 1172   | 46  | 6                | 18:44.2 | 2:30 | 5:00.3  | 2                | 51:33.7   | 14.2 | 2:18.0 | 6               | 34:32.3 | 11:07 | 1:52:08.7 |
| 5     | 146     | Maia Heyck-Merlin | 1067   | 48  | 4                | 17:22.2 | 2:19 | 4:19.7  | 6                | 1:02:02.1 | 11.8 | 2:17.6 | 3               | 33:06.2 | 10:39 | 1:59:07.9 |
| 6     | 150     | Abby Gwaltney     | 1116   | 45  | 8                | 19:10.0 | 2:33 | 4:10.2  | 4                | 1:00:34.6 | 12.1 | 2:06.4 | 4               | 33:37.7 | 10:49 | 1:59:39.1 |
| 7     | 172     | Vennette Gonzalez | 1171   | 46  | 5                | 17:31.6 | 2:20 | 4:58.9  | 5                | 1:01:52.0 | 11.8 | 3:21.6 | 8               | 41:26.4 | 13:20 | 2:09:10.7 |
| 8     | 184     | Brooke Hopper     | 1055   | 48  | 11               | 24:40.4 | 3:17 | 5:36.9  | 7                | 1:04:51.6 | 11.3 | 2:59.9 | 7               | 39:09.3 | 12:36 | 2:17:18.3 |
| 9     | 186     | Kristen Koch      | 1112   | 47  | 7                | 19:09.6 | 2:33 | 4:44.1  | 8                | 1:06:13.4 | 11.1 | 2:05.6 | 11              | 47:22.8 | 15:15 | 2:19:35.7 |
| 10    | 192     | Holly Taylor      | 1090   | 47  | 10               | 23:12.4 | 3:06 | 6:16.6  | 9                | 1:10:30.3 | 10.4 | 3:26.7 | 9               | 41:38.1 | 13:24 | 2:25:04.2 |
| 11    | 195     | Leigh-Ann Hlywak  | 1033   | 45  | 3                | 16:51.0 | 2:15 | 3:54.9  | 10               | 1:23:40.9 | 8.75 | 1:51.2 | 10              | 43:36.0 | 14:02 | 2:29:54.3 |

Female 50 to 54

| Place        |                |                   |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-------------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>       | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 81             | Tomomi Steincamp  | 1101          | 54         | 7                | 18:46.4     | 2:30        | 3:12.9      | 2                | 50:06.2     | 14.6        | 2:05.3      | 2               | 27:29.2     | 8:51        | 1:41:40.1   |
| 2 *          | 85             | Julie Eaton       | 1086          | 53         | 5                | 18:33.1     | 2:28        | 4:32.4      | 1                | 49:06.9     | 14.9        | 1:59.3      | 3               | 28:31.4     | 9:11        | 1:42:43.2   |
| 3 *          | 101            | Traci Marin       | 1045          | 53         | 1                | 15:48.9     | 2:07        | 3:12.7      | 4                | 53:28.9     | 13.7        | 2:14.9      | 7               | 31:53.3     | 10:16       | 1:46:38.9   |
| 4            | 104            | Tava Foster       | 1054          | 50         | 2                | 17:42.3     | 2:22        | 3:13.3      | 3                | 50:30.2     | 14.5        | 2:15.1      | 9               | 34:02.2     | 10:57       | 1:47:43.4   |
| 5            | 107            | Vicki McKinnon    | 1074          | 50         | 8                | 19:47.5     | 2:38        | 2:34.2      | 5                | 54:08.5     | 13.5        | 1:31.0      | 6               | 30:17.7     | 9:45        | 1:48:19.1   |
| 6            | 108            | Jennifer Kron     | 1031          | 52         | 4                | 18:09.1     | 2:25        | 3:09.4      | 8                | 58:12.5     | 12.6        | 1:32.0      | 1               | 27:23.7     | 8:49        | 1:48:26.9   |
| 7            | 127            | Jennifer Romano   | 1121          | 54         | 9                | 20:34.9     | 2:45        | 3:19.7      | 6                | 56:53.2     | 12.9        | 2:26.0      | 4               | 29:08.2     | 9:23        | 1:52:22.1   |
| 8            | 148            | Christine Lesando | 1211          | 52         | 3                | 17:45.4     | 2:22        | 6:37.8      | 7                | 58:00.0     | 12.6        | 3:41.8      | 8               | 33:12.9     | 10:41       | 1:59:18.1   |
| 9            | 156            | Tracye Howard     | 1017          | 51         | 11               | 24:14.6     | 3:14        | 4:03.6      | 10               | 1:00:46.6   | 12.0        | 2:38.3      | 5               | 30:07.1     | 9:42        | 2:01:50.3   |
| 10           | 158            | Melissa Czarnecki | 1094          | 53         | 6                | 18:41.0     | 2:29        | 3:21.5      | 9                | 59:29.8     | 12.3        | 2:30.5      | 10              | 37:52.5     | 12:11       | 2:01:55.4   |
| 11           | 189            | Joyce Thomas      | 1134          | 53         | 10               | 21:01.1     | 2:48        | 5:47.9      | 11               | 1:08:21.5   | 10.7        | 4:10.6      | 11              | 43:16.0     | 13:56       | 2:22:37.3   |

Female 55 to 59

| Place        |                |                     |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|---------------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>         | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 34             | Suzanne Lewis       | 1080          | 56         | 2                | 14:00.0     | 1:52        | 49:13.9     |                  |             |             | 1:26.1      | 1               | 23:20.8     | 7:31        | 1:28:00.9   |
| 2 *          | 40             | Deborah Battaglia   | 1214          | 58         | 1                | 13:09.1     | 1:45        | 51:05.1     |                  |             |             | 1:28.9      | 2               | 24:55.8     | 8:01        | 1:30:39.0   |
| 3 *          | 82             | Kellyann Green      | 1013          | 56         | 3                | 16:27.9     | 2:12        | 3:05.0      | 1                | 46:58.7     | 15.6        | 2:09.7      | 8               | 33:28.4     | 10:46       | 1:42:09.9   |
| 4            | 130            | Lisa Carlisle       | 1060          | 59         | 4                | 17:03.9     | 2:17        | 3:48.0      | 3                | 57:01.6     | 12.8        | 2:56.3      | 6               | 31:57.3     | 10:17       | 1:52:47.3   |
| 5            | 132            | Stephanie Deraymond | 1057          | 59         | 6                | 18:35.1     | 2:29        | 4:24.2      | 7                | 1:04:06.5   | 11.4        | 1:06.2      | 3               | 25:33.6     | 8:14        | 1:53:45.7   |
| 6            | 139            | Kelly Gauger        | 1228          | 56         | 7                | 20:16.7     | 2:42        | 3:42.6      | 4                | 58:12.0     | 12.6        | 2:01.2      | 4               | 31:40.4     | 10:12       | 1:55:53.1   |
| 7            | 142            | Lisa MacKem         | 1029          | 55         | 9                | 22:28.0     | 3:00        | 4:48.7      | 2                | 53:47.0     | 13.6        | 3:41.8      | 5               | 31:57.0     | 10:17       | 1:56:42.6   |
| 8            | 159            | Ami Lanterman       | 1138          | 56         | 5                | 18:07.1     | 2:25        | 5:18.9      | 6                | 1:03:36.2   | 11.5        | 3:02.4      | 7               | 32:45.6     | 10:33       | 2:02:50.3   |
| 9            | 169            | Bonnie McCready     | 1160          | 57         | 8                | 21:47.8     | 2:54        | 4:34.9      | 5                | 1:00:47.3   | 12.0        | 2:16.8      | 9               | 38:37.3     | 12:26       | 2:08:04.4   |

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Kinetic Sprint Triathlon 2025  
Age Group Results

Female 60 to 64

| Place        |                |                 |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-----------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 114            | Marce Willard   | 1210          | 60         | 1                | 15:19.0     | 2:03        | 3:37.2      | 1                | 54:18.8     | 13.5        | 2:42.7      | 2               | 33:25.2     | 10:45       | 1:49:23.1   |
| 2 *          | 147            | Julia Kadison   | 1039          | 62         | 2                | 18:33.2     | 2:28        | 5:06.3      | 3                | 1:00:53.4   | 12.0        | 2:22.1      | 1               | 32:22.2     | 10:25       | 1:59:17.5   |
| 3 *          | 176            | Julia Madaras   | 1173          | 61         | 3                | 21:12.9     | 2:50        | 5:38.3      | 2                | 58:05.3     | 12.6        | 3:22.1      | 4               | 42:26.6     | 13:40       | 2:10:45.4   |
| 4            | 191            | Nicole Levesque | 1008          | 63         | 4                | 22:27.1     | 3:00        | 10:53.3     | 4                | 1:09:14.1   | 10.6        | 2:54.7      | 3               | 39:32.2     | 12:44       | 2:25:01.5   |

Female 65 to 69

| Place        |                |                 |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-----------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 155            | Julie Dawley    | 1167          | 68         | 1                | 17:42.8     | 2:22        | 4:10.0      | 3                | 59:46.0     | 12.2        | 2:14.6      | 2               | 37:33.6     | 12:05       | 2:01:27.2   |
| 2 *          | 160            | Eileen McConkie | 1148          | 66         | 2                | 20:15.0     | 2:42        | 4:25.5      | 1                | 57:45.2     | 12.7        | 2:22.2      | 3               | 38:06.2     | 12:16       | 2:02:54.2   |
| 3 *          | 167            | Cathy Waldron   | 1215          | 65         | 3                | 23:01.2     | 3:04        | 4:31.2      | 4                | 1:03:28.2   | 11.5        | 3:04.5      | 1               | 33:00.3     | 10:37       | 2:07:05.6   |
| 4            | 171            | Heide Kaser     | 1079          | 66         | 4                | 23:17.2     | 3:06        | 4:50.4      | 2                | 58:55.2     | 12.4        | 2:40.8      | 4               | 39:09.8     | 12:36       | 2:08:53.7   |

Female 70 to 74

| Place        |                |                 |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-----------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>     | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 143            | Maggie Bartlett | 1220          | 71         | 1                | 15:54.3     | 2:07        | 4:57.2      | 1                | 57:16.0     | 12.8        | 2:16.9      | 1               | 36:19.6     | 11:42       | 1:56:44.1   |

Female 75 to 79

| Place        |                |             |               |            | ----- Swim ----- |             | T1          |             | ----- Bike ----- |             | T2          |             | ----- Run ----- |             | Total       |             |
|--------------|----------------|-------------|---------------|------------|------------------|-------------|-------------|-------------|------------------|-------------|-------------|-------------|-----------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u> | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u> | <u>Rnk</u>       | <u>Time</u> | <u>Rate</u> | <u>Time</u> | <u>Rnk</u>      | <u>Time</u> | <u>Pace</u> | <u>Time</u> |

Race Date  
May 11, 2025

Kinetic Sprint Triathlon 2025  
Age Group Results

Female 75 to 79

| Place        |                |              |               |            | ----- Swim ----- |             | T1          | ----- Bike ----- |            | T2          | ----- Run ----- |             | Total      |             |             |             |
|--------------|----------------|--------------|---------------|------------|------------------|-------------|-------------|------------------|------------|-------------|-----------------|-------------|------------|-------------|-------------|-------------|
| <u>Place</u> | <u>Overall</u> | <u>Name</u>  | <u>Bib No</u> | <u>Age</u> | <u>Rnk</u>       | <u>Time</u> | <u>Pace</u> | <u>Time</u>      | <u>Rnk</u> | <u>Time</u> | <u>Rate</u>     | <u>Time</u> | <u>Rnk</u> | <u>Time</u> | <u>Pace</u> | <u>Time</u> |
| 1 *          | 200            | Kindy French | 1184          | 78         | 1                | 27:13.0     | 3:38        | 7:39.8           | 1          | 1:09:19.9   | 10.6            | 7:12.6      | 1          | 51:16.8     | 16:30       | 2:42:42.2   |