

Kinetic Sprint Triathlon 2025

Sprint Triathlon Overall Women

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Michelle Christine	1145	9	13:27.9	1:48	42:03.9				0:53.3	2	20:58.2	6:45	1:17:23.4
2	Erin Horil	1133	4	12:31.3	1:40	44:16.9				1:30.0	3	21:04.2	6:47	1:19:22.6
3	Caroline Sanders	1041	14	14:19.2	1:55	45:11.6				0:54.8	1	20:42.8	6:40	1:21:08.5
4	Elise Crane	1230	6	12:55.0	1:43	48:49.3				0:59.6	4	22:04.0	7:06	1:24:48.0
5	Christina Dorrer	1153	8	13:19.3	1:47	45:15.1				1:34.6	10	24:40.9	7:57	1:24:50.0
6	Rachel Savering	1097	10	13:30.7	1:48	49:23.8				1:11.9	5	22:08.5	7:08	1:26:15.0
7	Abbey Whipple	1085	3	12:25.1	1:39	49:49.0				1:26.8	6	22:53.6	7:22	1:26:34.6
8	Laura Bowen	1177	2	12:23.1	1:39	49:12.7				1:05.0	11	24:43.9	7:58	1:27:24.9
9	Suzanne Lewis	1080	12	14:00.0	1:52	49:13.9				1:26.1	7	23:20.8	7:31	1:28:00.9
10	Deborah Battaglia	1214	7	13:09.1	1:45	51:05.1				1:28.9	14	24:55.8	8:01	1:30:39.0
11	Olivia Prevost	1186	11	13:49.9	1:51	52:15.4				0:58.8	12	24:51.7	8:00	1:31:55.9
12	Logan Cunningham	1166	16	14:58.6	2:00	2:25.7	7	50:13.2	14.6	1:35.6	8	24:35.4	7:55	1:33:48.6
13	Deborah Chucoski	1012	21	15:32.6	2:04	49:34.1				1:24.8	22	27:19.2	8:48	1:33:50.8
14	Marciane Foote	1002	33	17:22.7	2:19	50:08.7				1:45.0	15	25:10.6	8:06	1:34:27.1
15	Emily Kontos	1158	24	16:01.4	2:08	51:24.2				1:37.0	16	25:29.8	8:12	1:34:32.5
16	Angela Redwine	1139	30	17:20.6	2:19	2:42.5	1	46:05.1	15.9	1:08.6	21	27:18.7	8:47	1:34:35.7
17	Jillian Cantrell	1196	1	12:00.9	1:36	54:21.4				1:33.9	20	26:52.5	8:39	1:34:48.8
18	Ashley Shapiro	1159	31	17:21.2	2:19	3:34.8	3	48:35.3	15.1	1:23.0	19	26:45.5	8:37	1:37:39.9
19	Mia Steis	1181	28	17:06.3	2:17	2:46.2	10	52:28.1	14.0	1:30.7	13	24:52.6	8:00	1:38:44.1
20	Bonnie Algera	1077	13	14:04.9	1:53	51:33.3				1:45.9	46	32:59.5	10:37	1:40:23.6
21	Tomomi Steincamp	1101	49	18:46.4	2:30	3:12.9	6	50:06.2	14.6	2:05.3	24	27:29.2	8:51	1:41:40.1
22	Kellyann Green	1013	25	16:27.9	2:12	3:05.0	2	46:58.7	15.6	2:09.7	52	33:28.4	10:46	1:42:09.9
23	Julie Eaton	1086	43	18:33.1	2:28	4:32.4	5	49:06.9	14.9	1:59.3	26	28:31.4	9:11	1:42:43.2
24	Alison Tebo	1149	20	15:28.9	2:04	3:26.7	23	57:12.2	12.8	1:37.8	18	26:21.1	8:29	1:44:06.9
25	Caroline Buscaglia	1005	5	12:51.5	1:43	1:00:46.7				2:21.6	28	28:49.0	9:17	1:44:48.9
26	Traci Marin	1045	22	15:48.9	2:07	3:12.7	12	53:28.9	13.7	2:14.9	37	31:53.3	10:16	1:46:38.9
27	Tava Foster	1054	35	17:42.3	2:22	3:13.3	8	50:30.2	14.5	2:15.1	55	34:02.2	10:57	1:47:43.4
28	Meagan Snyder	1193	59	21:00.5	2:48	3:25.7	4	48:47.4	15.0	2:55.7	36	31:45.8	10:13	1:47:55.2
29	Vicki McKinnon	1074	52	19:47.5	2:38	2:34.2	15	54:08.5	13.5	1:31.0	32	30:17.7	9:45	1:48:19.1
30	Jennifer Kron	1031	42	18:09.1	2:25	3:09.4	30	58:12.5	12.6	1:32.0	23	27:23.7	8:49	1:48:26.9
31	Maggie Langford	1225	15	14:58.2	2:00	3:07.5	34	59:54.5	12.2	1:43.3	27	28:48.8	9:16	1:48:32.5
32	Katharine Posner	1087	17	14:59.9	2:00	4:00.9	14	54:01.4	13.5	1:52.2	54	33:54.0	10:55	1:48:48.6
33	Marce Willard	1210	19	15:19.0	2:03	3:37.2	16	54:18.8	13.5	2:42.7	51	33:25.2	10:45	1:49:23.1

*Overall place within gender

Kinetic Sprint Triathlon 2025

Sprint Triathlon Overall Women

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Nicole Phillips	1075	65	21:38.7	2:53	2:27.2	35	1:00:10.8	12.2	0:52.2	9	24:39.7	7:56	1:49:48.7
35	Lismarie Hernandez	1208	46	18:36.1	2:29	3:01.2	17	54:38.8	13.4	1:56.9	40	32:01.6	10:19	1:50:14.8
36	Hannah Mont	1164	58	20:59.7	2:48	3:56.3	11	52:37.4	13.9	2:14.0	33	30:31.4	9:49	1:50:18.9
37	Marybeth Esquirell	1010	67	22:15.7	2:58	2:33.2	20	56:53.5	12.9	1:09.0	25	28:24.2	9:09	1:51:15.8
38	Virginia Cosentino	1176	40	17:47.5	2:22	3:55.6	21	56:59.2	12.8	1:49.3	34	31:07.2	10:01	1:51:39.0
39	Yvonne Parker	1172	48	18:44.2	2:30	5:00.3	9	51:33.7	14.2	2:18.0	56	34:32.3	11:07	1:52:08.7
40	Jennifer Romano	1121	57	20:34.9	2:45	3:19.7	19	56:53.2	12.9	2:26.0	29	29:08.2	9:23	1:52:22.1
41	Liz Winn	1119	54	20:00.2	2:40	3:47.4	25	57:20.3	12.8	1:51.3	30	29:29.2	9:29	1:52:28.6
42	Lisa Carlisle	1060	27	17:03.9	2:17	3:48.0	22	57:01.6	12.8	2:56.3	39	31:57.3	10:17	1:52:47.3
43	Stephanie Deraymond	1057	45	18:35.1	2:29	4:24.2	50	1:04:06.5	11.4	1:06.2	17	25:33.6	8:14	1:53:45.7
44	Kelsey Karr	1011	39	17:46.8	2:22	3:07.6	18	56:18.3	13.0	1:15.9	58	35:40.2	11:29	1:54:09.1
45	Kelly Gauger	1228	56	20:16.7	2:42	3:42.6	29	58:12.0	12.6	2:01.2	35	31:40.4	10:12	1:55:53.1
46	Jenna Hamra	1014	18	15:07.8	2:01	4:12.5	44	1:02:37.9	11.7	1:34.3	42	32:36.2	10:30	1:56:08.8
47	Lisa MacKem	1029	69	22:28.0	3:00	4:48.7	13	53:47.0	13.6	3:41.8	38	31:57.0	10:17	1:56:42.6
48	Maggie Bartlett	1220	23	15:54.3	2:07	4:57.2	24	57:16.0	12.8	2:16.9	61	36:19.6	11:42	1:56:44.1
49	Maia Heyck-Merlin	1067	32	17:22.2	2:19	4:19.7	43	1:02:02.1	11.8	2:17.6	48	33:06.2	10:39	1:59:07.9
50	Julia Kadison	1039	44	18:33.2	2:28	5:06.3	39	1:00:53.4	12.0	2:22.1	41	32:22.2	10:25	1:59:17.5
51	Christine Lesando	1211	37	17:45.4	2:22	6:37.8	27	58:00.0	12.6	3:41.8	49	33:12.9	10:41	1:59:18.1
52	Abby Gwaltney	1116	51	19:10.0	2:33	4:10.2	36	1:00:34.6	12.1	2:06.4	53	33:37.7	10:49	1:59:39.1
53	Julie Dawley	1167	36	17:42.8	2:22	4:10.0	33	59:46.0	12.2	2:14.6	64	37:33.6	12:05	2:01:27.2
54	Tracye Howard	1017	79	24:14.6	3:14	4:03.6	37	1:00:46.6	12.0	2:38.3	31	30:07.1	9:42	2:01:50.3
55	Kim Biddle	1068	38	17:45.6	2:22	4:33.0	40	1:01:11.9	12.0	2:38.4	59	35:42.0	11:29	2:01:51.2
56	Melissa Czarnecki	1094	47	18:41.0	2:29	3:21.5	32	59:29.8	12.3	2:30.5	65	37:52.5	12:11	2:01:55.4
57	Ami Lanterman	1138	41	18:07.1	2:25	5:18.9	48	1:03:36.2	11.5	3:02.4	44	32:45.6	10:33	2:02:50.3
58	Eileen McConkie	1148	55	20:15.0	2:42	4:25.5	26	57:45.2	12.7	2:22.2	66	38:06.2	12:16	2:02:54.2
59	Amanda Basinger	1113	53	19:54.6	2:39	3:47.2	51	1:04:25.8	11.4	1:39.4	50	33:13.6	10:42	2:03:00.7
60	Rachel Karunaratne	1063	60	21:00.6	2:48	4:00.4	52	1:04:41.4	11.3	2:34.9	43	32:42.5	10:32	2:04:59.9
61	Cathy Waldron	1215	70	23:01.2	3:04	4:31.2	47	1:03:28.2	11.5	3:04.5	47	33:00.3	10:37	2:07:05.6
62	Brittany Moralez	1127	64	21:25.3	2:51	5:26.8	41	1:01:12.0	12.0	3:36.8	60	35:56.1	11:34	2:07:37.1
63	Bonnie McCready	1160	66	21:47.8	2:54	4:34.9	38	1:00:47.3	12.0	2:16.8	67	38:37.3	12:26	2:08:04.4
64	Heide Kaser	1079	72	23:17.2	3:06	4:50.4	31	58:55.2	12.4	2:40.8	69	39:09.8	12:36	2:08:53.7
65	Vennette Gonzalez	1171	34	17:31.6	2:20	4:58.9	42	1:01:52.0	11.8	3:21.6	73	41:26.4	13:20	2:09:10.7
66	Rachel Hester	1183	63	21:23.7	2:51	5:16.6	49	1:03:49.1	11.5	3:13.0	63	36:37.8	11:47	2:10:20.4

*Overall place within gender

Race Date
May 11, 2025

Kinetic Sprint Triathlon 2025

Sprint Triathlon Overall Women

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
67	Julia Madaras	1173	62	21:12.9	2:50	5:38.3	28	58:05.3	12.6	3:22.1	76	42:26.6	13:40	2:10:45.4
68	Molly Redmond	1058	76	23:47.1	3:10	4:09.0	54	1:06:01.0	11.1	2:43.8	57	34:51.2	11:13	2:11:32.2
69	Abby Basham	1142	29	17:09.7	2:17	3:44.1	56	1:08:03.7	10.8	2:23.3	78	43:30.1	14:00	2:14:51.1
70	Brooke Hopper	1055	80	24:40.4	3:17	5:36.9	53	1:04:51.6	11.3	2:59.9	68	39:09.3	12:36	2:17:18.3
71	Jayna Weber	1233	73	23:20.4	3:07	6:44.2	61	1:12:12.8	10.1	2:22.0	45	32:55.7	10:36	2:17:35.2
72	Kristen Koch	1112	50	19:09.6	2:33	4:44.1	55	1:06:13.4	11.1	2:05.6	82	47:22.8	15:15	2:19:35.7
73	Lauren Ball	1083	82	26:27.6	3:32	9:15.1	46	1:03:13.2	11.6	4:14.8	71	39:23.4	12:41	2:22:34.2
74	Nikki Dye	1082	81	26:27.4	3:32	9:18.6	45	1:03:04.0	11.6	4:20.9	70	39:23.3	12:41	2:22:34.3
75	Joyce Thomas	1134	61	21:01.1	2:48	5:47.9	57	1:08:21.5	10.7	4:10.6	77	43:16.0	13:56	2:22:37.3
76	Nicole Levesque	1008	68	22:27.1	3:00	10:53.3	58	1:09:14.1	10.6	2:54.7	72	39:32.2	12:44	2:25:01.5
77	Holly Taylor	1090	71	23:12.4	3:06	6:16.6	60	1:10:30.3	10.4	3:26.7	74	41:38.1	13:24	2:25:04.2
78	Leigh-Ann Hlywak	1033	26	16:51.0	2:15	3:54.9	64	1:23:40.9	8.75	1:51.2	79	43:36.0	14:02	2:29:54.3
79	Jerilyn Hoover	1180	77	23:59.9	3:12	4:37.0	62	1:16:06.6	9.62	3:43.3	83	48:20.2	15:34	2:36:47.2
80	Jenny Cox	1028	78	24:03.0	3:12	6:19.1	65	1:25:26.7	8.57	2:29.8	75	41:42.5	13:25	2:40:01.3
81	Jesse Pittard	1105	74	23:22.1	3:07	3:05.8	66	1:35:22.5	7.67	2:30.8	62	36:27.0	11:44	2:40:48.4
82	Kindy French	1184	83	27:13.0	3:38	7:39.8	59	1:09:19.9	10.6	7:12.6	84	51:16.8	16:30	2:42:42.2
83	Taylor Owens	1034	84	33:49.3	4:31	10:57.5	63	1:19:12.1	9.24	3:12.7	80	45:46.0	14:44	2:52:57.8
84	Sanjana Garg	1136	75	23:22.8	3:07	5:32.8	67	1:45:44.0	6.92	2:28.5	81	46:06.7	14:51	3:03:15.0

*Overall place within gender