

**Schedule of Events – USPC Women’s Collegiate Triathlon East Coast National Qualifier & NTDR**  
**Lake Norman State Park**  
**Race Day Saturday October 25, 2025**

**Friday**

1400 – Race Site Open for Course Preview  
1500 – 1700 – Athlete Check-In  
1530 – 1630 – Guarded Pre-Swim  
1715 – Race Site Closed

**Saturday (Race Day) – All Races Draft Legal, Lap Out Rule Enforced**

0630 – Park Opens  
0630 - 0730 – Athlete Check-In  
**0800 – 0845 – NTDR Super Sprint Race (Men), Roads closed**  
**0900 – 0945 – NTDR Super Sprint Race (Women), Roads closed**  
**1000 – 1115 – Women’s Collegiate Triathlon - Heat 1, Roads closed**  
1130 – 1140 – NTDR Awards  
**1200 – 1315 – Women’s Collegiate Triathlon – Heat 2, Roads closed**  
1415 – 1445 - Awards Ceremony  
1800 – Park Closes

**Please Note:**

**-Draft Legal Races need closed bike and run courses, no cars on course while athletes are racing.**  
**-Drivers must stay with their cars/vans if in the entry lane awaiting access to park.**

