

Colonial Beach Sprint & Olympic Triathlon 2025

Olympic Triathlon Overall

Race Date

June 22, 2025

				----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
Place	Name	Bib No	AG Place	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Raul Delmoral	517	TF SOA	24	28:09.0	1:53	1:37.0	1	59:30.7	26.2	1:21.1	3	38:39.1	6:13	2:09:17.1
2	Joseph Shields	539	TF SOA	16	26:43.3	1:47	2:41.2	2	1:01:34.3	25.3	1:27.8	4	40:57.2	6:35	2:13:24.1
3	Cole Shugart	416	TF SOA	14	26:37.4	1:46	1:39.4	11	1:06:49.3	23.3	1:14.3	1	37:10.5	5:59	2:13:31.2
4	Nikolai Jenkins	544	TF SMOA	21	27:40.1	1:51	1:54.2	3	1:01:51.4	25.2	1:31.9	5	41:08.1	6:37	2:14:05.9
5	David Allen	323	1:M 35-39	15	26:40.3	1:47	2:02.4	12	1:07:59.0	22.9	1:29.4	2	38:35.5	6:13	2:16:46.8
6	Stephen Eid	481	TF SMOA	6	25:02.1	1:40	1:39.5	8	1:05:16.1	23.9	1:25.0	14	44:15.8	7:07	2:17:38.7
7	Sara Black	542	TF :F SOA	4	24:06.6	1:36	2:07.4	15	1:08:52.6	22.6	1:35.1	17	44:37.0	7:11	2:21:18.8
8	Tatsuhiko Osada	311	TF SMOA	3	23:50.4	1:35	2:27.2	21	1:10:03.8	22.3	1:30.1	9	43:40.8	7:02	2:21:32.4
9	Warren Schalk	510	1:M 30-34	31	29:35.0	1:58	1:52.8	6	1:04:12.9	24.3	1:22.0	23	45:53.9	7:23	2:22:56.8
10	Steve Blandino	303	2:M 35-39	22	27:44.0	1:51	1:46.6	25	1:11:06.9	21.9	1:04.8	10	43:59.7	7:05	2:25:42.1
11	Todd Shellenberger	486	1:M 55-59	12	26:26.8	1:46	2:11.2	13	1:08:08.6	22.9	1:14.7	36	48:01.6	7:44	2:26:02.9
12	Bryan Weselman	523	1:M 25-29	5	24:09.7	1:37	2:12.1	31	1:11:37.2	21.8	1:35.5	28	46:47.3	7:32	2:26:22.0
13	Erik Guercio	463	1:M 40-44	58	33:55.5	2:16	2:14.1	5	1:03:44.5	24.5	2:14.2	16	44:29.8	7:10	2:26:38.2
14	Jean Landry	376	1:M 60-64	11	26:10.0	1:45	2:00.2	14	1:08:51.9	22.7	2:00.1	33	47:40.4	7:40	2:26:42.7
15	Riley Irving	507	1:M 45-49	37	30:53.3	2:04	2:37.6	9	1:06:02.2	23.6	2:04.2	20	45:10.2	7:16	2:26:47.6
16	Gregory Long	340	2:M 40-44	28	28:46.6	1:55	2:16.0	22	1:10:25.9	22.1	2:10.7	7	43:15.1	6:58	2:26:54.4
17	Cameron Clarke	524	TF :F SOA	19	27:34.2	1:50	2:17.2	27	1:11:24.4	21.8	1:18.4	15	44:25.6	7:09	2:27:00.0
18	Justin Oliver	480	3:M 35-39	74	35:06.6	2:20	1:52.7	7	1:04:44.6	24.1	1:36.4	12	44:07.6	7:06	2:27:28.0
19	Hilary Cairns	515	TF :F SOA	18	27:19.7	1:49	2:04.1	23	1:10:28.6	22.1	2:01.0	30	47:10.7	7:36	2:29:04.2
20	Michael Vonhegel	491	2:M 30-34	65	34:26.0	2:18	1:43.3	4	1:02:17.4	25.0	1:22.9	47	49:51.0	8:01	2:29:40.7
21	Kevin Nichols	540	4:M 35-39	32	30:01.8	2:00	2:13.0	10	1:06:34.5	23.4	1:38.3	44	49:21.4	7:57	2:29:49.2
22	Cole Casey	502	1:M 15-19	35	30:42.6	2:03	2:29.7	19	1:09:37.0	22.4	1:58.9	29	47:08.0	7:35	2:31:56.4
23	Ben Graham	550	2:M 45-49	47	32:35.6	2:10	2:29.6	30	1:11:33.6	21.8	2:34.7	8	43:16.9	6:58	2:32:30.4
24	Katherine McComas	389	1:F 25-29	8	25:49.8	1:43	2:33.2	42	1:14:21.3	21.0	2:17.3	41	48:40.2	7:50	2:33:41.9
25	James Kirtley	324	1:X Non	41	31:40.1	2:07	1:54.4	32	1:11:56.3	21.7	2:21.8	25	46:10.6	7:26	2:34:03.3
26	Mark Van Kopp	485	3:M 30-34	40	31:35.2	2:06	2:57.9	40	1:13:52.1	21.1	2:28.3	19	45:05.7	7:15	2:35:59.4
27	Justin Morgan	386	1:M Male 99	79	35:29.1	2:22	2:11.4	39	1:13:51.7	21.1	2:05.5	6	42:54.9	6:54	2:36:32.7
28	Joshua Chen	449	2:M 25-29	2	23:47.9	1:35	3:01.4	41	1:13:52.4	21.1	2:31.8	73	53:34.6	8:37	2:36:48.2
29	Holly Wittsack	554	TF :F SMOA	7	25:06.5	1:40	3:04.4	57	1:16:16.8	20.5	3:15.2	57	51:28.1	8:17	2:39:11.1
30	Johan Duba	535	1:M 50-54	1	22:27.0	1:30	2:02.1	53	1:15:45.6	20.6	2:06.9	96	56:53.4	9:09	2:39:15.2
31	Gabriel Saavedra	445	2:M Male 99	91	36:46.2	2:27	2:39.9	20	1:09:50.9	22.3	1:57.4	38	48:24.5	7:47	2:39:39.0
32	Tyler Welsh	490	4:M 30-34	39	31:26.1	2:06	3:39.1	75	1:18:15.6	19.9	1:36.1	21	45:10.8	7:16	2:40:07.8
33	Justin Gravatt	508	3:M 45-49	44	31:49.6	2:07	1:50.7	28	1:11:29.0	21.8	1:49.1	68	53:25.2	8:36	2:40:23.7

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Race Date

June 22, 2025

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
34	Florent Montani	335	4:M 45-49	43	31:45.1	2:07	2:48.9	46	1:14:43.9	20.9	2:31.3	40	48:35.6	7:49	2:40:25.0
35	Jonathan Wilkinson	440	5:M 30-34	93	37:17.8	2:29	2:25.3	16	1:09:16.1	22.5	2:27.2	54	51:01.7	8:13	2:42:28.3
36	Cheryl McMurray	305	TF :F SMOA	60	34:04.8	2:16	4:12.7	18	1:09:31.1	22.4	2:10.3	66	53:09.8	8:33	2:43:08.9
37	Laura Ramos	367	TF :F SMOA	50	32:47.5	2:11	2:03.5	92	1:20:51.4	19.3	2:04.9	22	45:35.6	7:20	2:43:23.1
38	Stephan Weyers	360	2:M 50-54	94	37:21.7	2:29	2:18.6	35	1:12:39.7	21.5	2:43.1	39	48:29.1	7:48	2:43:32.3
39	Mark Orwat	399	2:M 55-59	17	26:52.8	1:48	2:55.6	34	1:12:05.8	21.6	1:59.0	122	1:00:26.7	9:44	2:44:20.1
40	Ryan Edelstein	528	3:M 25-29	20	27:38.3	1:51	3:10.6	112	1:23:05.3	18.8	1:38.4	42	49:01.6	7:53	2:44:34.5
41	Trevor Smith	464	3:M 40-44	135	40:51.1	2:43	3:06.5	37	1:13:11.8	21.3	1:51.7	26	46:19.7	7:27	2:45:20.9
42	Jenna Hager	319	2:F 25-29	89	36:19.5	2:25	2:51.2	17	1:09:20.6	22.5	2:28.8	81	54:27.1	8:46	2:45:27.4
43	Skyler McMurray	339	3:M Male 99	86	36:12.0	2:25	4:17.9	81	1:19:09.4	19.7	2:00.5	11	44:06.7	7:06	2:45:46.5
44	Andy Williams	497	5:M 35-39	130	40:34.3	2:42	2:07.4	47	1:14:48.1	20.9	1:48.4	31	47:17.4	7:37	2:46:35.8
45	Nathan Park	437	4:M 25-29	27	28:43.1	1:55	2:55.1	103	1:22:05.1	19.0	2:22.4	51	50:31.4	8:08	2:46:37.3
46	Chun-Chiao Yang	405	5:M 25-29	105	38:36.7	2:34	2:01.1	38	1:13:42.0	21.2	2:15.2	49	50:28.6	8:07	2:47:03.9
47	William Black	378	3:M 50-54	126	40:24.8	2:42	2:40.0	43	1:14:32.2	20.9	1:34.1	35	47:56.2	7:43	2:47:07.4
48	Colin Beckman	561	4:M 40-44	30	29:09.4	1:57	3:08.6	96	1:21:16.8	19.2	3:22.7	55	51:04.1	8:13	2:48:01.8
49	George Sushkoff	496	2:M 60-64	13	26:30.2	1:46	4:57.2	88	1:20:20.0	19.4	2:57.6	79	54:13.0	8:44	2:48:58.2
50	David Eidam	408	6:M 35-39	80	35:39.2	2:23	3:22.8	80	1:19:04.8	19.7	1:36.1	45	49:35.3	7:59	2:49:18.3
51	Caleb Richards	458	6:M 25-29	119	40:06.1	2:40	3:11.2	56	1:16:06.7	20.5	1:48.1	37	48:13.9	7:46	2:49:26.2
52	Scott Johnston	327	7:M 35-39	45	31:53.6	2:08	3:42.9	62	1:16:45.8	20.3	3:16.7	77	54:05.5	8:42	2:49:44.7
53	Julia Follick	424	1:F 40-44	55	33:38.5	2:15	1:54.5	87	1:20:13.9	19.4	2:06.7	59	51:59.4	8:22	2:49:53.2
54	John Edwards	509	5:M 45-49	128	40:30.9	2:42	3:19.1	77	1:18:23.7	19.9	2:12.5	24	45:56.5	7:24	2:50:22.9
55	Jillian Cantrell	474	1:F 20-24	23	27:59.4	1:52	2:09.8	109	1:22:43.7	18.9	1:48.2	90	56:09.1	9:02	2:50:50.3
56	Craig Lewandowski	499	5:M 40-44	124	40:15.4	2:41	2:20.3	60	1:16:36.6	20.4	2:03.1	46	49:41.1	8:00	2:50:56.7
57	Jacob Jackson	401	1:M 1-99	26	28:37.2	1:54	3:05.1	121	1:24:15.4	18.5	1:51.3	65	53:08.7	8:33	2:50:58.0
58	Brian Kainec	558	1:M Male 99	88	36:12.5	2:25	3:46.0	26	1:11:16.5	21.9	1:49.2	102	58:06.1	9:21	2:51:10.5
59	Abraham Martinez	465	6:M 40-44	167	45:09.1	3:01	4:17.4	59	1:16:19.8	20.4	1:45.7	18	44:48.6	7:13	2:52:20.8
60	Romain Laurent	336	6:M 30-34	95	37:24.1	2:30	3:18.7	52	1:15:22.0	20.7	2:35.1	76	54:04.2	8:42	2:52:44.2
61	Brent Depuy	459	7:M 40-44	92	36:47.1	2:27	3:27.5	36	1:12:44.4	21.4	4:07.0	87	55:55.4	9:00	2:53:01.5
62	Mary Catherine Malin	381	1:F 65-69	48	32:38.6	2:11	3:13.6	125	1:24:51.7	18.4	2:24.7	48	49:56.2	8:02	2:53:05.0
63	Andrew Hutchinson	352	6:M 45-49	145	41:44.3	2:47	3:26.1	50	1:15:20.9	20.7	2:18.7	50	50:29.2	8:08	2:53:19.3
64	Justin Sanak	536	8:M 35-39	72	35:01.6	2:20	3:38.9	54	1:15:59.7	20.5	2:04.8	94	56:37.8	9:07	2:53:23.1
65	Theodore Varns	329	8:M 40-44	77	35:23.2	2:22	2:58.4	82	1:19:12.9	19.7	2:12.7	78	54:08.8	8:43	2:53:56.0
66	Keith Hescoc	423	9:M 40-44	102	38:14.8	2:33	2:45.7	29	1:11:31.4	21.8	2:57.5	106	58:32.1	9:25	2:54:01.7

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June 22, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
				Rnk	Time		Rnk	Time		Rnk	Time	
67	Rogelio Maese	543	7:M 45-49	133	40:44.5	2:43	2:31.7	55 1:16:04.7	20.5	2:07.9	62 52:39.1	8:28 2:54:08.0
68	Kurt Kautman	530	9:M 35-39	101	37:51.2	2:31	3:56.7	64 1:16:49.5	20.3	3:18.5	61 52:33.8	8:28 2:54:29.8
69	Charles Taylor	349	10:M 40-44	110	39:07.0	2:36	2:29.3	61 1:16:44.9	20.3	2:08.0	84 54:33.5	8:47 2:55:02.9
70	Ryan Bergal	403	7:M 25-29	99	37:38.4	2:31	2:28.4	130 1:25:48.3	18.2	2:43.1	27 46:32.2	7:29 2:55:10.6
71	Ingrid Mercer	521	1:F 50-54	33	30:07.0	2:00	2:20.1	71 1:17:59.0	20.0	3:05.4	130 1:01:44.9	9:56 2:55:16.5
72	Tia Robles	363	1:F Female	125	40:22.0	2:41	4:05.2	63 1:16:46.1	20.3	2:18.0	58 51:51.5	8:21 2:55:22.9
73	Adam Foldenauer	379	4:M 50-54	52	33:02.8	2:12	3:43.3	67 1:17:39.3	20.1	2:21.7	107 58:36.0	9:26 2:55:23.3
74	Jennifer Panlilio	320	1:F 35-39	137	40:54.5	2:44	2:18.9	70 1:17:57.9	20.0	2:06.9	60 52:10.0	8:24 2:55:28.3
75	Lee Babcock	514	3:M 60-64	59	34:01.4	2:16	2:26.4	68 1:17:49.9	20.0	1:43.7	115 59:35.4	9:35 2:55:37.0
76	Carl Blake	513	5:M 50-54	84	36:04.7	2:24	2:40.8	58 1:16:19.4	20.4	2:09.6	108 58:40.0	9:26 2:55:54.6
77	Steve Vaughan	526	1:M 70-74	73	35:02.0	2:20	3:56.5	111 1:22:56.2	18.8	3:03.6	53 50:56.8	8:12 2:55:55.3
78	Gustavo Olmo	342	4:M Male 99	144	41:41.0	2:47	2:18.5	33 1:12:00.3	21.7	2:35.3	99 57:26.4	9:15 2:56:01.8
79	Will Simpson	533	8:M 25-29	64	34:21.1	2:17	3:54.3	66 1:17:35.4	20.1	2:05.1	103 58:19.3	9:23 2:56:15.5
80	V Trice	527	11:M 40-44	165	45:03.8	3:00	2:49.5	24 1:10:43.9	22.1	3:21.0	85 54:37.0	8:47 2:56:35.4
81	Mary Kauffman	322	2:F 35-39	83	36:01.0	2:24	2:50.6	84 1:19:46.2	19.6	1:51.7	91 56:18.4	9:04 2:56:48.0
82	Brent Reiffer	377	6:M 50-54	163	44:47.2	2:59	2:42.9	73 1:18:12.7	19.9	1:59.7	43 49:12.6	7:55 2:56:55.3
83	Daniel Zander	488	9:M 25-29	78	35:25.1	2:22	3:53.4	45 1:14:35.1	20.9	3:15.0	118 59:51.6	9:38 2:57:00.4
84	Tim Hughes	455	10:M 35-39	151	42:42.1	2:51	3:26.8	117 1:23:41.9	18.6	3:00.0	13 44:14.9	7:07 2:57:05.9
85	Rob Alban	555	5:M Male 99	111	39:10.4	2:37	2:18.8	49 1:15:20.7	20.7	1:58.5	104 58:25.1	9:24 2:57:13.8
86	Gavin Charboneau	487	2:M 1-99	82	35:58.5	2:24	3:42.7	91 1:20:35.9	19.4	3:23.6	74 53:42.9	8:39 2:57:23.6
87	Noah Parker	452	1:M 20-24	57	33:55.0	2:16	3:12.2	131 1:25:59.4	18.1	1:43.9	64 52:47.8	8:30 2:57:38.6
88	Brett Sandford	489	10:M 25-29	34	30:28.8	2:02	3:25.5	83 1:19:35.3	19.6	2:03.5	135 1:02:21.0	10:02 2:57:54.2
89	Michael Simpson	472	7:M 30-34	168	45:14.1	3:01	3:31.5	72 1:18:09.8	20.0	3:52.2	32 47:31.7	7:39 2:58:19.4
90	Ann Graham	549	3:F 35-39	63	34:17.2	2:17	2:18.7	99 1:21:50.5	19.1	1:47.1	105 58:26.6	9:24 2:58:40.3
91	Lee Clasby	461	8:M 45-49	25	28:37.0	1:54	3:33.6	48 1:14:50.0	20.8	3:17.7	168 1:08:59.1	11:06 2:59:17.6
92	Jorge Wong-Valle	372	4:M 60-64	42	31:40.7	2:07	3:13.1	89 1:20:24.4	19.4	3:08.0	131 1:01:49.0	9:57 3:00:15.5
93	Stephen Hanrahan	425	8:M 30-34	61	34:10.4	2:17	4:04.3	79 1:19:03.7	19.7	2:35.8	123 1:00:28.0	9:44 3:00:22.4
94	Adam Niemann	402	6:M Male 99	177	46:18.3	3:05	4:07.8	86 1:20:05.3	19.5	2:19.2	34 47:44.4	7:41 3:00:35.1
95	David Deal	413	3:M 55-59	56	33:40.2	2:15	3:32.7	44 1:14:34.1	20.9	2:17.9	158 1:06:58.5	10:47 3:01:03.6
96	Bridget Baker	473	1:F 30-34	121	40:08.7	2:41	5:03.0	104 1:22:06.7	19.0	2:18.2	67 53:10.2	8:33 3:02:47.0
97	Javier Sanchez	466	4:M 55-59	122	40:11.5	2:41	3:27.8	94 1:21:06.7	19.2	1:39.5	92 56:21.4	9:04 3:02:47.0
98	Samuel Walls	344	2:M 20-24	10	26:02.9	1:44	3:18.1	167 1:31:09.8	17.1	2:37.1	117 59:44.5	9:37 3:02:52.7
99	Michael Baumgaertner	409	5:M 55-59	46	32:01.1	2:08	7:26.6	69 1:17:57.5	20.0	4:01.3	134 1:02:03.2	9:59 3:03:29.8

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Place	Name	Bib No	AG Place	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
				Rnk	Time		Rnk	Time		Rnk	Time	
100	Segundo Calonje	525	7:M 50-54	70	34:47.6	2:19	2:43.2	51 1:15:21.2	20.7	1:39.2	171 1:09:15.5	11:09 3:03:46.8
101	Magali Wolfgang	371	2:F 40-44	150	42:25.5	2:50	3:14.5	78 1:18:58.6	19.8	3:45.0	86 55:27.8	8:56 3:03:51.6
102	Vince McElhinny	520	5:M 60-64	62	34:17.0	2:17	2:36.1	65 1:17:17.6	20.2	4:19.6	147 1:05:31.7	10:33 3:04:02.2
103	Sarah Jurczyk	547	3:F 25-29	9	25:51.6	1:43	2:40.4	122 1:24:19.4	18.5	2:30.0	166 1:08:52.4	11:05 3:04:14.0
104	Daniel Paschel	313	9:M 30-34	81	35:53.5	2:24	4:05.5	106 1:22:16.0	19.0	3:57.9	109 58:46.4	9:28 3:04:59.6
105	Jordan Thomas	406	6:M 55-59	117	39:55.0	2:40	3:08.1	97 1:21:25.0	19.2	2:34.5	110 58:59.8	9:30 3:06:02.6
106	Mark Henderson	308	6:M 60-64	49	32:45.7	2:11	3:24.0	95 1:21:15.1	19.2	3:00.3	155 1:06:30.6	10:42 3:06:55.8
107	Joe Thompson	328	11:M 35-39	146	41:49.7	2:47	3:53.1	102 1:22:01.3	19.0	1:58.8	100 57:49.0	9:18 3:07:32.1
108	Kristine Baekgaard	436	4:F 25-29	87	36:12.0	2:25	2:38.2	126 1:25:23.9	18.3	1:48.5	133 1:01:57.8	9:58 3:08:00.5
109	Rafael Darmas	503	7:M 55-59	129	40:33.1	2:42	2:38.0	116 1:23:40.8	18.6	2:01.0	112 59:19.7	9:33 3:08:12.8
110	Jean-Luc Leclerc	479	7:M Male 99	69	34:39.7	2:19	3:13.7	105 1:22:15.5	19.0	1:43.7	154 1:06:25.8	10:41 3:08:18.5
111	Mike Uhle	330	12:M 35-39	123	40:15.1	2:41	4:53.6	85 1:19:55.5	19.5	3:37.6	116 59:40.3	9:36 3:08:22.2
112	Steven Vadnais	556	12:M 40-44	184	47:16.4	3:09	2:58.7	76 1:18:17.3	19.9	3:17.5	98 57:10.3	9:12 3:09:00.4
113	Jeffrey Jozefski	419	13:M 35-39	54	33:24.8	2:14	4:19.9	146 1:27:50.6	17.8	2:00.7	127 1:01:29.2	9:54 3:09:05.4
114	Carrie Peterson	475	3:F 40-44	68	34:32.4	2:18	3:22.5	193 1:35:40.8	16.3	2:18.8	70 53:30.3	8:37 3:09:24.9
115	Marissa Gonzalez	394	4:F 35-39	85	36:06.9	2:24	4:47.8	150 1:28:08.7	17.7	3:52.1	95 56:43.6	9:08 3:09:39.3
116	Katie Hosteny	350	4:F 40-44	134	40:47.0	2:43	2:34.4	113 1:23:17.7	18.7	2:12.5	125 1:00:48.9	9:47 3:09:40.6
117	Nicholas Garrard	541	11:M 25-29	53	33:03.1	2:12	3:58.3	165 1:30:26.7	17.2	2:57.9	113 59:22.0	9:33 3:09:48.3
118	Matt McOmber	492	2:M Male 99	143	41:35.7	2:46	4:13.9	98 1:21:33.5	19.1	3:27.5	114 59:28.4	9:34 3:10:19.2
119	David Henderson	522	10:M 30-34	132	40:41.8	2:43	3:44.0	163 1:30:07.2	17.3	2:37.7	71 53:31.7	8:37 3:10:42.4
120	Lawson Bybee	518	11:M 30-34	158	44:05.8	2:56	3:40.8	118 1:23:46.7	18.6	2:40.2	97 57:07.5	9:12 3:11:21.2
121	Donata Povilaityte	501	2:F 50-54	157	44:03.5	2:56	3:12.5	90 1:20:29.9	19.4	2:26.2	126 1:01:14.3	9:51 3:11:26.6
122	Amber Cornett	483	5:F 40-44				39:52.0	132 1:26:12.5	18.1	3:30.8	132 1:01:51.3	9:57 3:11:26.7
123	Celeste Carano	447	5:F 35-39	38	31:15.5	2:05	2:48.0	153 1:28:47.2	17.6	2:13.7	153 1:06:25.4	10:41 3:11:29.9
124	Charles Curia	306	9:M 45-49	51	32:52.7	2:12	5:13.3	101 1:21:58.9	19.0	3:53.5	175 1:09:42.8	11:13 3:13:41.5
125	Elizabeth Gallacher	433	6:F 40-44	90	36:42.8	2:27	3:07.5	135 1:26:44.1	18.0	3:45.5	139 1:03:40.4	10:15 3:14:00.3
126	Bryan Francis	395	13:M 40-44	186	48:17.5	3:13	4:58.4	133 1:26:30.7	18.0	3:33.7	52 50:51.3	8:11 3:14:11.8
127	Katelyn Gross	334	5:F 25-29	29	29:08.5	1:57	3:07.7	172 1:31:40.1	17.0	2:06.5	164 1:08:34.7	11:02 3:14:37.7
128	Justine Yu	391	2:F 30-34	75	35:14.9	2:21	2:53.7	174 1:31:54.8	17.0	3:04.5	129 1:01:44.6	9:56 3:14:52.8
129	Tiffany O'Neal	511	7:F 40-44	171	45:34.2	3:02	3:22.9	108 1:22:40.7	18.9	3:05.0	121 1:00:22.6	9:43 3:15:05.5
130	Tad Nickerson	477	8:M 55-59	67	34:29.0	2:18	3:48.5	93 1:21:03.6	19.2	2:35.1	192 1:13:48.1	11:53 3:15:44.4
131	Megan Johnson	434	1:F 45-49	97	37:29.1	2:30	2:33.4	134 1:26:39.1	18.0	2:46.6	160 1:07:21.1	10:50 3:16:49.4
132	Terry Basham	314	1:M 65-69	153	43:16.1	2:53	2:10.8	161 1:29:53.6	17.4	2:30.7	111 59:03.9	9:30 3:16:55.2

Colonial Beach Sprint & Olympic Triathlon 2025

Olympic Triathlon Overall

Race Date

June 22, 2025

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>-----</u>	<u>Swim</u>	<u>-----</u>	<u>T1</u>	<u>-----</u>	<u>Bike</u>	<u>-----</u>	<u>T2</u>	<u>-----</u>	<u>Run</u>	<u>-----</u>	<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
133	Stefan Evers	397	14:M 40-44	196	49:54.9	3:20	5:49.4	115	1:23:38.4	18.7	5:00.3	63	52:40.0	8:29	3:17:03.1
134	Caroline Sealander	552	3:F 30-34	112	39:34.7	2:38	4:26.0	199	1:36:59.7	16.1	2:42.0	75	54:03.0	8:42	3:17:45.6
135	Oscar Dominguez	469	8:M 50-54	183	46:57.9	3:08	3:00.9	168	1:31:09.9	17.1	2:28.4	83	54:32.9	8:47	3:18:10.2
136	Anne Grady	421	2:F 20-24	113	39:34.9	2:38	3:43.6	203	1:37:27.1	16.0	2:02.6	89	56:08.0	9:02	3:18:56.4
137	Rylan Raines	384	2:M 15-19	197	50:05.2	3:20	4:50.4	141	1:27:26.5	17.8	3:07.5	69	53:29.1	8:36	3:18:58.9
138	Alexander Rand	420	3:M 20-24	148	42:08.9	2:49	3:18.8	107	1:22:17.6	19.0	2:38.7	167	1:08:52.6	11:05	3:19:16.8
139	Estrella Peinado Vara	410	3:F 50-54	199	50:31.0	3:22	3:30.3	157	1:29:08.0	17.5	2:39.7	72	53:33.9	8:37	3:19:23.1
140	Juene Rader	460	2:F Female	206	53:14.9	3:33	2:38.9	119	1:23:47.6	18.6	1:49.8	101	58:00.3	9:20	3:19:31.5
141	William Buchanan	553	14:M 35-39	190	48:45.1	3:15	6:01.5	140	1:27:13.2	17.9	4:19.7	80	54:25.8	8:46	3:20:45.5
142	Christophe Vandenbussche	444	15:M 40-44	76	35:20.8	2:21	5:15.9	138	1:27:04.6	17.9	4:08.0	169	1:09:09.1	11:08	3:20:58.7
143	Daniel Hurley	315	12:M 25-29	173	45:35.4	3:02	4:15.2	185	1:34:43.9	16.5	2:29.5	82	54:29.5	8:46	3:21:33.8
144	Marciane Foote	302	4:F 30-34	191	48:57.1	3:16	3:03.3	100	1:21:57.9	19.0	2:45.2	146	1:05:21.6	10:31	3:22:05.3
145	Alice Duhaut	453	8:F 40-44	120	40:08.5	2:41	5:07.3	169	1:31:25.1	17.1	4:07.8	128	1:01:32.2	9:54	3:22:21.0
146	Dan Shenk-Evans	415	9:M 55-59	98	37:36.9	2:30	6:47.6	127	1:25:36.0	18.2	2:42.7	174	1:09:40.0	11:13	3:22:23.5
147	Aaron Tait	346	15:M 35-39	149	42:21.2	2:49	4:34.5	147	1:27:51.2	17.8	4:22.8	142	1:04:10.5	10:20	3:23:20.3
148	Steven Glazerman	478	10:M 55-59	114	39:41.5	2:39	3:47.4	120	1:23:54.1	18.6	2:57.3	191	1:13:29.2	11:50	3:23:49.7
149	Julia Brodsky	470	2:F 45-49	141	41:13.6	2:45	4:30.9	110	1:22:50.4	18.8	5:55.8	173	1:09:26.1	11:10	3:23:57.0
150	Daniel Carayiannis	301	2:M 65-69	176	45:55.9	3:04	3:30.6	129	1:25:40.8	18.2	3:21.3	148	1:05:38.5	10:34	3:24:07.2
151	Leroy Brace	365	7:M 60-64	204	52:16.0	3:29	2:29.4	123	1:24:24.3	18.5	3:26.4	136	1:02:26.2	10:03	3:25:02.6
152	Pip Wilson	537	9:F 40-44	106	38:38.1	2:35	2:54.7	184	1:33:50.3	16.6	2:10.6	163	1:07:33.2	10:52	3:25:07.1
153	Tyler Piel	439	13:M 25-29	179	46:29.9	3:06	4:11.2	176	1:32:21.7	16.9	2:35.5	119	1:00:07.3	9:41	3:25:45.7
154	Andrew Hall	427	16:M 40-44	200	51:04.0	3:24	3:28.5	201	1:37:20.8	16.0	2:41.1	56	51:27.2	8:17	3:26:01.7
155	Rylee Boyd	366	6:F 25-29	136	40:53.7	2:44	4:56.0	144	1:27:36.1	17.8	2:58.5	178	1:10:21.1	11:19	3:26:45.6
156	Stephen Magill	387	10:M 45-49	107	38:48.3	2:35	4:53.7	180	1:33:32.4	16.7	6:42.9	140	1:03:49.0	10:16	3:27:46.4
157	Michael Watts	430	9:M 50-54	100	37:45.9	2:31	3:02.7	158	1:29:20.6	17.5	3:28.5	200	1:15:18.1	12:07	3:28:56.0
158	Christopher Cage	337	17:M 40-44	142	41:34.8	2:46	3:31.2	124	1:24:33.7	18.4	3:15.8	207	1:17:37.5	12:30	3:30:33.1
159	Brian Astrove	451	16:M 35-39	155	43:36.6	2:54	4:32.5	187	1:34:45.7	16.5	3:46.3	143	1:04:31.9	10:23	3:31:13.2
160	Delaney McOmber	494	3:F 20-24	71	34:54.8	2:20	2:38.2	216	1:39:49.7	15.6	2:37.4	180	1:11:23.2	11:29	3:31:23.5
161	Brian Hawkins	309	10:M 50-54	209	54:29.1	3:38	2:48.0	114	1:23:34.2	18.7	2:00.4	170	1:09:09.5	11:08	3:32:01.4
162	Michael Angel	506	8:M 60-64	214	57:41.5	3:51	6:52.3	143	1:27:31.7	17.8	4:05.2	93	56:37.0	9:07	3:32:47.8
163	Amy Hooper	390	10:F 40-44	140	40:59.4	2:44	3:07.4	219	1:40:37.4	15.5	2:13.8	150	1:06:05.9	10:38	3:33:04.1
164	Katie Spicer-Byers	450	11:F 40-44	66	34:28.3	2:18	2:29.0	189	1:34:51.4	16.4	2:37.0	209	1:18:56.4	12:42	3:33:22.3
165	Arthur Crain	504	3:M 65-69	159	44:06.0	2:56	3:36.8	74	1:18:13.9	19.9	3:40.6	218	1:23:51.0	13:30	3:33:28.5

Colonial Beach Sprint & Olympic Triathlon 2025

Olympic Triathlon Overall

Race Date

June 22, 2025

			----- Swim -----		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		----- Total -----		
Place	Name	Bib No	AG Place	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
166	Sean Welch	331	11:M 50-54	174	45:49.8	3:03	6:37.2	137	1:27:04.3	17.9	4:14.1	176	1:09:47.1	11:14	3:33:32.7
167	Joey Abbott	354	9:M 60-64	208	54:14.4	3:37	3:24.3	166	1:30:42.2	17.2	2:31.9	137	1:02:49.5	10:07	3:33:42.6
168	Maria Koutlas	332	7:F 25-29	152	42:54.5	2:52	4:46.5	213	1:39:02.7	15.8	3:16.9	141	1:04:04.2	10:19	3:34:05.0
169	Laurie Rogers	325	1:F 55-59	116	39:45.0	2:39	4:00.1	175	1:32:00.8	17.0	3:08.7	199	1:15:16.0	12:07	3:34:10.8
170	Allison Thomas	414	4:F 50-54	154	43:32.2	2:54	4:18.4	173	1:31:42.8	17.0	3:16.1	182	1:11:36.6	11:31	3:34:26.3
171	Caitlin Kennedy	374	6:F 35-39	162	44:37.7	2:59	3:16.5	210	1:38:28.0	15.8	2:58.7	145	1:05:16.3	10:30	3:34:37.4
172	Kate Wall	317	5:F 30-34	118	40:03.4	2:40	6:01.1	206	1:37:52.1	15.9	3:30.0	161	1:07:25.7	10:51	3:34:52.5
173	Jillian Smith	441	8:F 25-29	103	38:21.2	2:33	3:42.9	214	1:39:29.1	15.7	1:45.1	181	1:11:36.2	11:31	3:34:54.7
174	Laura Povlich	310	12:F 40-44	175	45:54.1	3:04	5:30.5	177	1:33:02.6	16.8	4:01.3	156	1:06:31.4	10:42	3:35:00.2
175	Mitchell Lafave	359	12:M 30-34	192	49:36.0	3:18	5:26.2	160	1:29:25.9	17.4	3:35.3	162	1:07:28.1	10:51	3:35:31.6
176	Maggie Zerr	358	9:F 25-29	194	49:41.2	3:19	5:33.6	159	1:29:23.3	17.5	4:34.6	152	1:06:23.0	10:41	3:35:35.7
177	Jeanna Buck-Simpson	471	7:F 35-39	198	50:28.3	3:22	5:39.9	181	1:33:43.0	16.6	2:24.3	138	1:03:32.1	10:14	3:35:47.8
178	Brooke Kowalski	546	4:F 20-24	104	38:24.7	2:34	3:56.0	171	1:31:39.4	17.0	3:06.4	210	1:18:56.7	12:42	3:36:03.5
179	Ernest Wittich	351	10:M 60-64	195	49:44.6	3:19	5:47.3	156	1:28:58.5	17.5	4:45.4	157	1:06:54.9	10:46	3:36:10.9
180	Rebecca Kern	551	8:F 35-39	127	40:27.8	2:42	4:03.8	204	1:37:37.0	16.0	2:49.8	190	1:12:57.7	11:45	3:37:56.3
181	Roberto Anguizola	557	12:M 50-54	172	45:35.0	3:02	4:32.0	164	1:30:18.3	17.3	5:06.1	188	1:12:52.1	11:44	3:38:23.7
182	Kate Kaufer	505	5:F 50-54	131	40:41.7	2:43	3:53.7	196	1:35:54.9	16.3	3:17.8	197	1:15:09.0	12:06	3:38:57.2
183	Chloe Waterman	422	9:F 35-39	202	51:39.1	3:27	3:33.5	190	1:35:02.0	16.4	3:39.7	144	1:05:08.5	10:29	3:39:03.0
184	Hamza Shaban	370	17:M 35-39	109	38:59.9	2:36	5:20.8	202	1:37:22.4	16.0	4:59.9	186	1:12:27.1	11:40	3:39:10.3
185	Danielle Cossey	375	1:F Female	205	52:40.7	3:31	3:44.3	162	1:29:55.6	17.3	2:11.9	179	1:10:39.6	11:22	3:39:12.3
186	Catherine Boudreau	382	6:F 30-34	178	46:21.6	3:05	3:14.4	200	1:37:01.7	16.1	3:18.9	172	1:09:16.9	11:09	3:39:13.6
187	Sonja Seward	417	6:F 50-54	203	51:40.6	3:27	2:36.3	212	1:38:41.8	15.8	1:56.3	149	1:05:47.0	10:35	3:40:42.3
188	Rebekah Lawrence	347	3:F 45-49	180	46:41.5	3:07	4:22.2	178	1:33:20.2	16.7	3:31.4	189	1:12:57.3	11:44	3:40:52.9
189	Mariah Shriner	318	7:F 30-34	164	44:52.7	3:00	3:20.1	205	1:37:43.6	16.0	3:13.4	183	1:11:50.4	11:34	3:41:00.4
190	Caroline Barrow	338	8:F 30-34	222	1:00:45.7	4:03	3:49.1	149	1:28:00.8	17.7	2:50.5	151	1:06:13.1	10:39	3:41:39.3
191	Michael Caraballo	343	18:M 40-44	115	39:43.9	2:39	3:45.2	229	1:58:05.2	13.2	4:19.9	88	55:57.6	9:00	3:41:51.9
192	Kimberly Larkin	435	10:F 35-39	211	55:31.1	3:42	4:36.3	142	1:27:26.7	17.8	3:24.9	184	1:11:56.2	11:35	3:42:55.3
193	Eran Goudes	411	11:M 45-49	188	48:28.7	3:14	2:50.8	170	1:31:35.0	17.0	3:41.8	203	1:16:31.8	12:19	3:43:08.4
194	Katie Wimsatt	373	10:F 25-29	36	30:45.2	2:03	4:14.6	225	1:48:21.2	14.4	3:56.3	206	1:16:42.6	12:21	3:44:00.0
195	Sarah Mossburg	407	4:F 45-49	213	57:02.8	3:48	6:14.4	197	1:36:01.1	16.2	4:59.8	124	1:00:42.5	9:46	3:45:00.7
196	John Jackson	400	13:M 50-54	166	45:06.4	3:00	4:26.7	211	1:38:33.5	15.8	2:56.8	193	1:14:01.7	11:55	3:45:05.3
197	Daniel Zaldivar	468	19:M 40-44	226	1:05:10.0	4:21	2:58.2	148	1:27:58.9	17.7	2:01.2	165	1:08:35.1	11:02	3:46:43.6
198	Elena Kapp	333	9:F 30-34	108	38:51.7	2:35	3:55.2	198	1:36:48.6	16.1	3:23.2	219	1:24:20.3	13:34	3:47:19.1

Colonial Beach Sprint & Olympic Triathlon 2025

Olympic Triathlon Overall

Race Date

June 22, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
				Rnk	Time		Rnk	Time		Rnk	Time	
199	Melissa Pelligrino	345	13:F 40-44	138	40:55.9	2:44	5:52.9	195 1:35:53.0	16.3	3:28.0	214 1:21:27.6	13:07 3:47:37.5
200	Kristen Willett	429	14:F 40-44	216	57:43.5	3:51	3:44.7	136 1:26:44.2	18.0	3:45.5	204 1:16:34.1	12:19 3:48:32.1
201	Andres Virgen	438	18:M 35-39	212	55:34.4	3:42	4:47.4	128 1:25:37.2	18.2	6:36.4	205 1:16:37.9	12:20 3:49:13.6
202	Patrick Greene	519	19:M 35-39	207	54:08.3	3:37	8:06.6	207 1:37:52.2	15.9	9:09.8	120 1:00:08.3	9:41 3:49:25.3
203	Gerald Meyerle	545	12:M 45-49	170	45:21.4	3:01	7:24.0	155 1:28:58.4	17.5	3:59.8	220 1:24:25.0	13:35 3:50:08.8
204	Eric Black	392	20:M 35-39	161	44:31.7	2:58	7:30.7	217 1:40:00.8	15.6	3:32.1	196 1:15:00.6	12:04 3:50:36.0
205	Latonya Simon	534	10:F 30-34	217	57:45.8	3:51	4:57.3	179 1:33:21.6	16.7	2:45.1	185 1:12:14.3	11:38 3:51:04.3
206	Denitsa Apostolova	412	5:F 45-49	224	1:02:57.8	4:12	4:23.8	139 1:27:07.6	17.9	2:34.5	194 1:14:10.8	11:56 3:51:14.7
207	Stephanie Theofanos	364	2:F 55-59	139	40:57.8	2:44	3:45.8	186 1:34:44.2	16.5	4:30.2	224 1:27:49.3	14:08 3:51:47.4
208	Joanne David Velagala	446	11:F 30-34	225	1:03:55.7	4:16	4:45.9	188 1:34:50.4	16.4	3:20.0	159 1:07:07.3	10:48 3:53:59.5
209	Elise Serbaroli	361	15:F 40-44	219	58:11.9	3:53	2:37.7	192 1:35:29.1	16.3	2:36.7	202 1:15:52.9	12:13 3:54:48.4
210	Erin Willett	428	11:F 35-39	193	49:39.0	3:19	4:18.8	152 1:28:44.0	17.6	4:24.0	225 1:28:24.1	14:14 3:55:30.2
211	Nathan Pinto	467	13:M 45-49	187	48:24.3	3:14	3:17.6	154 1:28:48.7	17.6	3:08.7	226 1:31:54.1	14:47 3:55:33.5
212	Mark Clifford	476	21:M 35-39	169	45:19.8	3:01	4:55.6	208 1:38:25.5	15.8	5:04.5	216 1:22:35.0	13:17 3:56:20.5
213	Mae Salvaggio	548	12:F 30-34	156	43:57.0	2:56	4:59.3	224 1:47:14.7	14.5	4:28.9	201 1:15:49.2	12:12 3:56:29.3
214	Eric Worsnup	462	14:M 45-49	189	48:42.2	3:15	7:47.5	182 1:33:45.1	16.6	3:23.0	221 1:25:22.7	13:44 3:59:00.8
215	Julia Whelan	431	11:F 25-29	210	55:00.9	3:40	6:17.2	222 1:42:32.9	15.2	2:52.4	187 1:12:31.8	11:40 3:59:15.3
216	Janine Moses	493	12:F 25-29	220	58:42.4	3:55	4:05.3	220 1:41:55.1	15.3	2:13.6	198 1:15:10.9	12:06 4:02:07.3
217	Whit Clements	454	3:M Male 99	221	1:00:07.6	4:01	5:03.7	145 1:27:48.9	17.8	2:36.5	223 1:26:48.5	13:58 4:02:25.4
218	Bryan Sookhoo	498	8:M Male 99	215	57:41.6	3:51	5:49.1	194 1:35:45.7	16.3	4:19.8	212 1:19:13.5	12:45 4:02:49.9
219	Faten Saliba	418	12:F 35-39	147	42:02.1	2:48	5:59.0	227 1:53:55.3	13.7	3:13.1	211 1:19:04.4	12:44 4:04:14.1
220	Eileen McConkie	355	2:F 65-69	181	46:53.7	3:08	7:01.9	183 1:33:48.8	16.6	3:06.1	228 1:33:37.0	15:04 4:04:27.7
221	Sarah Dijulio	388	7:F 50-54	227	1:08:02.0	4:32	7:31.4	191 1:35:10.8	16.4	3:58.4	177 1:09:56.7	11:15 4:04:39.5
222	Claire Gini	442	16:F 40-44	160	44:23.1	2:58	7:53.0	226 1:51:00.0	14.1	3:00.8	208 1:18:28.3	12:38 4:04:45.4
223	Patrick McGroarty	512	11:M 60-64	96	37:29.0	2:30	8:51.8	151 1:28:14.0	17.7	6:33.9	230 1:45:14.8	16:56 4:06:23.7
224	Heidi Sleasman	348	8:F 50-54	182	46:57.6	3:08	7:11.8	218 1:40:34.2	15.5	6:45.4	222 1:25:58.5	13:50 4:07:27.6
225	Christopher Lee	362	4:M Male 99	201	51:38.6	3:27	4:13.3	215 1:39:48.2	15.6	3:19.9	227 1:32:33.6	14:54 4:11:33.8
226	Katie McCrystal	432	2:F Female	185	47:26.8	3:10	6:29.0	209 1:38:26.5	15.8	6:03.5	229 1:34:21.5	15:11 4:12:47.5
227	Amanda Kitson	482	3:F Female	218	58:03.2	3:52	3:34.9	228 1:54:24.5	13.6	2:07.8	213 1:21:25.7	13:06 4:19:36.4
228	Karin Villarroel	448	13:F 35-39	229	1:20:13.2	5:21	4:59.7	221 1:42:24.4	15.2	4:42.5	195 1:14:27.8	11:59 4:26:47.7
229	Louis Perwien	357	20:M 40-44	228	1:14:18.5	4:57	4:40.1	223 1:45:47.7	14.7	3:10.9	215 1:21:27.8	13:07 4:29:25.2
230	Sam Blumenthal	560	13:M 30-34	223	1:02:44.2	4:11	5:19.5	230 1:58:43.3	13.1	3:40.8	217 1:23:46.6	13:29 4:34:14.7
DQ	Gladys Chi	456	DQ:F 40-44				31:04.5	DQ 1:43:16.6	15.1	11:06.1	58:39.9	9:26 3:24:07.3