

Colonial Beach Sprint & Olympic Triathlon 2025

Race Date

June 22, 2025

Sprint Triathlon Overall

Place	Name	Bib No	AG Place	----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	David Stubbs	23	TF SOA	6	14:30.6	1:56	1:25.8	1	33:03.0	25.4	1:06.5	9	21:27.6	6:54	1:11:33.6
2	Gregory Leger	176	TF SOA	11	15:04.2	2:01	1:53.1	3	35:29.6	23.7	1:18.0	7	20:46.0	6:41	1:14:31.1
3	Jorge Andres Lizarazo Pabon	246	TF SOA	2	12:44.1	1:42	1:42.1	11	36:47.5	22.8	1:19.3	24	23:39.9	7:37	1:16:13.2
4	Angello Rodriguez	12	TF SMOA	35	17:28.2	2:20	1:40.7	2	34:03.1	24.7	1:20.6	13	21:41.0	6:59	1:16:13.7
5	Darren Leslie	11	TF SMOA	3	13:01.5	1:44	1:38.7	8	36:04.9	23.3	1:20.1	33	24:25.2	7:52	1:16:30.5
6	Tylor Brino-Dean	170	TF :F SOA	4	13:53.6	1:51	1:41.4	12	36:54.7	22.8	1:21.9	29	24:10.4	7:47	1:18:02.2
7	Ryan Davis	55	1:M 35-39	25	16:28.2	2:12	1:53.2	19	38:32.8	21.8	1:13.5	5	20:26.9	6:35	1:18:34.8
8	Robert McClintock	45	1:M 30-34	53	18:34.7	2:29	2:51.2	18	38:17.8	21.9	1:23.7	2	18:19.5	5:54	1:19:27.1
9	Jean Kleitz	194	TF :F SOA	44	18:00.3	2:24	1:59.4	10	36:36.6	22.9	1:31.8	11	21:35.4	6:57	1:19:43.7
10	Donald White	13	TF SMOA	14	15:33.9	2:05	1:38.3	5	35:48.9	23.5	1:38.1	43	25:10.9	8:06	1:19:50.3
11	Audessa Vaught	224	TF :F SOA	10	14:59.0	2:00	1:58.6	16	37:41.1	22.3	1:36.5	30	24:10.7	7:47	1:20:26.2
12	Jeffrey Loomis	166	1:M 55-59	52	18:28.5	2:28	2:09.9	6	35:55.4	23.4	1:51.7	15	22:35.0	7:16	1:21:00.7
13	Stephen Varga	110	1:M 45-49	27	16:44.6	2:14	4:07.5	14	37:25.2	22.4	1:27.4	12	21:36.7	6:57	1:21:21.6
14	Terry Dean	171	1:M 50-54	33	17:13.7	2:18	2:12.4	4	35:38.0	23.6	1:28.2	40	24:59.6	8:03	1:21:32.0
15	Ed Jordan	131	1:M 70-74	9	14:55.5	1:59	1:50.1	29	39:45.8	21.1	1:37.3	22	23:28.6	7:33	1:21:37.5
16	Leslie Knibb	92	TF :F SMOA	8	14:51.3	1:59	2:11.6	7	35:56.5	23.4	2:06.4	62	26:47.1	8:37	1:21:53.0
17	Inge Nystrom	228	1:F 35-39	37	17:35.0	2:21	2:14.4	17	38:15.8	22.0	1:23.6	16	22:37.3	7:17	1:22:06.3
18	Michelle Harburg	242	TF :F SMOA	13	15:33.7	2:04	2:12.8	31	39:55.8	21.0	1:53.2	26	23:43.9	7:38	1:23:19.5
19	Nicholas Meyer	247	1:M 25-29	47	18:20.1	2:27	2:42.3	21	38:39.1	21.7	2:09.6	14	22:26.6	7:13	1:24:17.8
20	Bill Deaton	216	2:M 55-59	29	16:52.6	2:15	1:48.6	22	38:48.3	21.6	1:46.9	54	26:15.4	8:27	1:25:32.1
21	Katherine Tromble	33	TF :F SMOA	19	15:59.3	2:08	2:04.5	43	41:17.3	20.3	2:00.3	32	24:19.7	7:50	1:25:41.3
22	Zachary Pierce	100	1:M 40-44	57	18:48.5	2:30	3:40.2	37	40:25.9	20.8	2:32.8	6	20:27.3	6:35	1:25:54.8
23	Clay Crawford	193	2:M 45-49	48	18:24.6	2:27	2:28.6	13	37:14.8	22.6	2:00.9	58	26:40.1	8:35	1:26:49.2
24	Andrew White	26	3:M 55-59	36	17:28.9	2:20	3:15.7	55	42:32.6	19.7	2:26.5	10	21:31.9	6:56	1:27:15.7
25	Clark Miller	221	3:M 45-49	32	17:08.7	2:17	2:42.1	39	40:37.3	20.7	1:31.0	46	25:25.6	8:11	1:27:24.8
26	Michael Fedryk	40	2:M 50-54	65	19:20.1	2:35	2:05.7	34	40:15.2	20.9	1:40.1	34	24:27.4	7:52	1:27:48.7
27	Eric Montalvo	180	3:M 50-54	60	18:57.9	2:32	2:32.1	15	37:31.2	22.4	1:37.6	70	27:16.6	8:47	1:27:55.5
28	Cassandra Vorgang	219	1:F 40-44	15	15:35.2	2:05	2:03.0	52	42:24.3	19.8	1:42.6	55	26:15.6	8:27	1:28:01.0
29	Kathleen MacGregor	134	2:F 35-39	22	16:21.5	2:11	2:40.9	59	42:54.1	19.6	1:52.1	38	24:47.3	7:59	1:28:36.1
30	Marc Neilson	155	4:M 55-59	61	18:58.9	2:32	1:50.6	30	39:54.9	21.0	1:27.9	57	26:31.2	8:32	1:28:43.7
31	Rebecca Newton	212	1:F 45-49	5	14:07.2	1:53	3:02.9	71	44:10.3	19.0	1:34.0	51	25:57.7	8:21	1:28:52.3
32	David Hart	187	5:M 55-59	69	19:36.7	2:37	1:59.2	41	40:58.0	20.5	2:21.5	28	24:08.2	7:46	1:29:03.8
33	Kathryn Jenks	9	1:F 20-24	17	15:44.4	2:06	2:31.9	49	42:17.1	19.9	1:36.9	63	26:53.7	8:39	1:29:04.2

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				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Rachel Boyce	38	1:F 25-29	67	19:26.9	2:36	2:04.6	61	42:55.3	19.6	1:39.1	18	23:16.3	7:29	1:29:22.4
35	Daniel Kalinowski	20	2:M 35-39	46	18:14.8	2:26	2:36.3	51	42:23.2	19.8	1:40.7	35	24:27.9	7:52	1:29:23.1
36	Rhys Dubin	207	2:M 30-34	101	21:18.6	2:50	2:54.9	28	39:19.4	21.4	2:25.1	23	23:31.1	7:34	1:29:29.3
37	Selena Hutchinson	14	1:F Female	74	19:47.5	2:38	2:46.5	57	42:36.2	19.7	1:48.3	27	24:03.0	7:44	1:31:01.7
38	Andrea Armstrong	136	2:F 40-44	111	21:48.2	2:54	1:52.2	40	40:38.7	20.7	1:38.4	42	25:06.9	8:05	1:31:04.6
39	John Bushweller	67	1:M 60-64	87	20:12.5	2:42	2:19.0	24	38:59.6	21.5	2:00.4	79	27:49.9	8:58	1:31:21.5
40	Andrew Nguyen	36	2:M 25-29	81	20:00.6	2:40	2:34.4	23	38:50.7	21.6	1:59.9	81	27:55.9	8:59	1:31:21.7
41	Mcreynolds Sommers	253	3:M 30-34	50	18:26.0	2:27	4:05.2	35	40:15.3	20.9	2:56.8	48	25:41.5	8:16	1:31:25.0
42	Steven Couper	218	3:M 35-39	136	23:47.1	3:10	3:03.4	25	38:59.8	21.5	1:38.2	37	24:36.4	7:55	1:32:05.0
43	Samantha Burkhart	46	2:F 25-29	55	18:36.0	2:29	3:00.2	89	45:36.7	18.4	1:40.3	19	23:19.5	7:30	1:32:12.8
44	Kelsey Mullen	208	1:F 30-34	43	17:56.9	2:24	2:52.9	67	43:28.7	19.3	2:19.6	50	25:50.1	8:19	1:32:28.4
45	Arpit Bhate	90	1:M 20-24	51	18:28.3	2:28	2:12.7	63	43:21.6	19.4	1:57.9	65	27:00.1	8:41	1:33:00.7
46	John Roche	31	4:M 35-39	72	19:44.3	2:38	2:32.0	75	44:20.0	18.9	1:37.7	41	25:00.0	8:03	1:33:14.0
47	Glenn Thomas	148	1:M 65-69	79	19:56.2	2:40	3:23.3	27	39:11.7	21.4	2:34.3	86	28:24.1	9:09	1:33:29.8
48	Megan Plummer	76	2:F 30-34	21	16:07.4	2:09	3:38.3	99	46:14.7	18.2	1:48.5	49	25:50.0	8:19	1:33:39.1
49	Mark Taylor	6	4:M 45-49	98	21:00.6	2:48	2:57.8	36	40:20.5	20.8	2:25.7	67	27:08.5	8:44	1:33:53.3
50	Anne Wildermuth	50	3:F 40-44	56	18:45.7	2:30	2:54.2	70	44:04.8	19.1	2:19.2	56	26:22.4	8:29	1:34:26.5
51	Ben Hitchings	17	6:M 55-59	88	20:14.6	2:42	2:23.7	45	41:22.0	20.3	1:40.2	91	28:46.0	9:16	1:34:26.7
52	Matthew Maravas	179	2:M 40-44	77	19:54.8	2:39	4:50.0	50	42:19.0	19.8	2:14.7	44	25:20.3	8:09	1:34:39.2
53	Chad Rinard	198	5:M 45-49	30	16:53.6	2:15	3:47.9	73	44:16.0	19.0	2:26.5	72	27:22.1	8:49	1:34:46.4
54	Kaeli Yuen	209	3:F 35-39	28	16:48.1	2:14	2:38.1	90	45:44.0	18.4	1:58.1	78	27:42.2	8:55	1:34:50.8
55	Anna Wells	18	3:F 30-34	7	14:42.5	1:58	3:02.5	78	44:40.4	18.8	2:27.3	109	30:08.4	9:42	1:35:01.2
56	Thomas Poole	239	3:M 25-29	12	15:25.0	2:03	2:31.1	135	49:22.8	17.0	2:15.9	53	26:10.3	8:25	1:35:45.2
57	Wendy Ray	65	1:F 50-54	91	20:33.9	2:45	3:03.6	76	44:23.9	18.9	2:27.3	47	25:35.6	8:14	1:36:04.5
58	Michael Taylor	127	3:M 40-44	23	16:24.5	2:11	4:02.0	130	48:52.9	17.2	2:28.0	36	24:29.9	7:53	1:36:17.6
59	Lauren Fassler	78	2:F 50-54	109	21:41.4	2:54	3:15.0	56	42:32.7	19.7	2:11.3	68	27:15.6	8:46	1:36:56.1
60	Billy Rutherford	120	4:M 30-34	68	19:31.6	2:36	5:38.9	86	45:23.3	18.5	2:54.3	25	23:43.1	7:38	1:37:11.3
61	Nathaniel Pelz	112	5:M 30-34	168	26:32.3	3:32	2:49.4	83	45:17.2	18.5	1:13.6	8	21:18.9	6:52	1:37:11.5
62	Robert Reger	82	1:M Male 99	73	19:47.4	2:38	2:28.2	44	41:20.9	20.3	2:09.3	125	31:30.9	10:09	1:37:16.9
63	Ezekiel White	25	2:M 20-24	75	19:49.6	2:39	3:27.9	103	46:43.6	18.0	2:03.3	45	25:20.9	8:10	1:37:25.4
64	Dakota Staren	153	4:F 30-34	138	24:07.2	3:13	3:09.0	38	40:27.1	20.8	2:47.6	64	26:57.3	8:41	1:37:28.4
65	David Boyd	174	2:M 60-64	113	21:53.7	2:55	3:00.6	26	39:10.4	21.4	2:48.7	120	30:40.8	9:53	1:37:34.4
66	Colin Ormsby	51	5:M 35-39	16	15:42.3	2:06	4:03.8	93	45:58.9	18.3	1:26.8	114	30:28.7	9:49	1:37:40.7

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	-----	<u>Swim</u>	-----	<u>T1</u>	-----	<u>Bike</u>	-----	<u>T2</u>	-----	<u>Run</u>	-----	<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
67	Jack Bailey	185	4:M 40-44	178	27:42.4	3:42	3:17.8	92	45:51.0	18.3	1:38.5	3	19:22.7	6:14	1:37:52.6
68	Linda Kennedy	167	1:F 65-69	42	17:53.7	2:23	3:04.3	87	45:24.2	18.5	2:24.2	96	29:26.2	9:29	1:38:12.8
69	Jennifer Shunfenthal	244	4:F 35-39	94	20:52.2	2:47	2:49.4	58	42:53.2	19.6	1:50.8	108	30:06.3	9:41	1:38:32.1
70	Brad Metcalf	241	1:M 75-79	58	18:52.4	2:31	3:06.4	74	44:16.4	19.0	3:28.5	92	28:54.8	9:18	1:38:38.8
71	Ashley Hart	183	1:F 55-59	106	21:33.3	2:52	2:20.1	60	42:55.1	19.6	2:14.5	100	29:36.4	9:32	1:38:39.5
72	Stacy Crawford	192	2:F 45-49	97	20:59.2	2:48	2:44.7	46	41:30.3	20.2	2:07.7	133	32:16.3	10:23	1:39:38.4
73	Dennis Barr	172	2:M 70-74	128	22:55.9	3:03	2:23.3	32	40:01.7	21.0	1:51.6	139	32:34.0	10:29	1:39:46.7
74	Brett Hysinger	68	6:M 45-49	49	18:25.2	2:27	3:58.9	94	45:59.6	18.3	2:08.3	97	29:31.6	9:30	1:40:03.8
75	Thomas Yabroff	206	6:M 30-34	127	22:54.1	3:03	3:09.9	47	42:11.0	19.9	2:37.8	105	29:46.3	9:35	1:40:39.3
76	Gene Bachman	43	3:M 70-74	129	23:06.2	3:05	2:39.2	53	42:32.2	19.7	2:46.2	110	30:11.2	9:43	1:41:15.3
77	Emily McNeill	22	1:F 1-99	26	16:43.4	2:14	3:05.5	164	51:40.4	16.3	1:17.9	90	28:38.8	9:13	1:41:26.2
78	Lexi Harrison	128	5:F 35-39	90	20:33.4	2:44	3:23.9	142	49:51.4	16.8	1:35.1	52	26:08.8	8:25	1:41:32.9
79	Nicholas Wilson	118	4:M 25-29	155	25:27.0	3:24	6:16.0	116	47:45.9	17.6	2:57.9	4	19:25.0	6:15	1:41:52.0
80	Jenna Buto	165	3:F 25-29	63	19:15.6	2:34	4:03.3	177	53:11.8	15.8	2:05.8	21	23:28.1	7:33	1:42:04.7
81	Frederick Storey	229	7:M 55-59	142	24:27.8	3:16	3:09.6	48	42:15.8	19.9	1:34.3	122	30:47.3	9:55	1:42:15.0
82	Michael Villacarlos	249	1:M Male 99	82	20:01.6	2:40	2:21.6	91	45:46.1	18.4	1:21.2	141	32:58.0	10:37	1:42:28.6
83	Ian Thurbon	16	8:M 55-59	99	21:03.9	2:49	3:26.2	77	44:31.1	18.9	1:56.2	126	31:38.0	10:11	1:42:35.6
84	Tim Walkawicz	19	4:M 50-54	18	15:59.1	2:08	4:04.3	20	38:34.7	21.8	2:23.7	194	41:34.6	13:23	1:42:36.5
85	Ilana Sadholz	71	4:F 25-29	121	22:33.3	3:00	4:00.2	115	47:39.9	17.6	1:44.6	59	26:40.6	8:35	1:42:38.8
86	Kylee Sessions	35	2:F 20-24	1	11:58.4	1:36	2:03.2	223	1:03:37.1	13.2	1:55.2	17	23:04.8	7:26	1:42:38.8
87	Ramon Paris	248	9:M 55-59	204	31:01.2	4:08	3:05.2	42	41:09.9	20.4	2:31.0	39	24:53.4	8:01	1:42:40.8
88	Kirby Bilyeu	37	5:F 25-29	38	17:38.6	2:21	2:50.1	136	49:25.5	17.0	3:22.0	98	29:34.5	9:31	1:42:50.8
89	Elizabeth Barre	94	3:F 20-24	119	22:02.1	2:56	4:25.3	85	45:21.1	18.5	2:48.0	85	28:20.1	9:07	1:42:56.7
90	Brian Fell	77	5:M 50-54	173	27:02.8	3:36	3:08.7	54	42:32.6	19.7	2:57.4	71	27:17.9	8:47	1:42:59.6
91	Brendan Seifert	231	7:M 45-49	157	25:57.0	3:28	2:59.0	64	43:21.8	19.4	1:42.2	95	29:23.8	9:28	1:43:24.1
92	Lee Griffith	95	2:M 75-79	39	17:43.0	2:22	3:27.3	81	44:59.8	18.7	3:00.4	160	34:20.7	11:03	1:43:31.5
93	Carlie Owen	21	5:F 30-34	112	21:48.5	2:54	3:03.1	139	49:46.5	16.9	1:35.0	77	27:38.8	8:54	1:43:52.1
94	John Petrillo	69	10:M 55-59	78	19:55.5	2:39	3:49.8	72	44:12.8	19.0	3:13.7	143	33:00.8	10:38	1:44:12.7
95	Alexandra Saccente	79	6:F 25-29	107	21:38.6	2:53	4:15.1	111	47:08.4	17.8	3:00.8	84	28:13.6	9:05	1:44:16.6
96	Miriam Bonney	238	4:F 20-24	105	21:31.4	2:52	3:05.5	141	49:50.6	16.9	1:50.9	87	28:34.0	9:12	1:44:52.4
97	Alana Morro	121	6:F 35-39	144	24:31.8	3:16	5:08.2	88	45:28.1	18.5	2:32.8	69	27:16.4	8:47	1:44:57.5
98	David Guion	240	8:M 45-49	132	23:31.2	3:08	3:57.7	98	46:13.5	18.2	2:12.7	93	29:05.6	9:22	1:45:00.8
99	Kevin O'Connor	233	2:M 65-69	163	26:19.7	3:31	2:28.1	65	43:22.8	19.4	1:51.0	127	31:40.3	10:12	1:45:42.0

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Place	Name	Bib No	AG Place	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
100	Luis Franco	237	9:M 45-49	83	20:04.1	2:41	3:55.9	96	46:11.2	18.2	4:02.1	128	31:49.2	10:15	1:46:02.6
101	Mary Beth Spencer	202	1:F Female	100	21:17.4	2:50	3:13.7	134	49:21.9	17.0	2:37.9	101	29:39.9	9:33	1:46:11.0
102	Moriah Balingit	4	4:F 40-44	59	18:56.3	2:32	2:41.5	131	48:56.1	17.2	2:38.7	142	33:00.5	10:37	1:46:13.3
103	Rishi Nangia	214	6:M 50-54	115	21:57.4	2:56	3:36.0	145	50:02.8	16.8	3:28.8	76	27:35.8	8:53	1:46:40.9
104	Leah Coates	252	6:F 30-34	141	24:25.7	3:15	3:38.6	121	47:53.4	17.5	1:39.9	94	29:05.8	9:22	1:46:43.5
105	Kathryn Morcom	58	5:F 40-44	193	29:53.1	3:59	2:44.3	79	44:40.8	18.8	2:25.9	66	27:00.7	8:42	1:46:45.0
106	Shay Nangia	215	1:M 0-14	114	21:54.8	2:55	3:42.3	147	50:04.8	16.8	3:28.5	75	27:35.4	8:53	1:46:46.0
107	Trevor Day	75	5:M 25-29	118	22:01.6	2:56	3:48.6	128	48:34.0	17.3	1:20.8	124	31:19.7	10:05	1:47:04.7
108	Katherine Schaffer	104	7:F 30-34	189	29:29.9	3:56	2:16.6	66	43:27.2	19.3	2:30.9	104	29:43.4	9:34	1:47:28.2
109	Madelyn Wilson	106	7:F 25-29	24	16:27.9	2:12	5:11.9	132	48:58.1	17.2	7:12.0	103	29:42.9	9:34	1:47:33.1
110	Jeremy Kraisser	234	3:M 20-24	154	25:27.0	3:24	2:49.2	114	47:13.6	17.8	2:06.1	106	29:59.2	9:39	1:47:35.3
111	Richard Anderson	52	5:M 40-44	130	23:15.2	3:06	4:12.7	109	47:03.6	17.8	2:39.4	116	30:34.2	9:50	1:47:45.3
112	Caroline Boulton	201	8:F 30-34	64	19:15.7	2:34	3:45.8	118	47:52.0	17.5	2:26.9	163	34:35.6	11:08	1:47:56.1
113	Ryan Giallonardo	230	6:M 25-29	158	26:04.5	3:29	3:01.0	100	46:16.5	18.2	2:42.7	117	30:35.8	9:51	1:48:40.8
114	Mina Itabashi	103	9:F 30-34	89	20:18.5	2:42	4:08.3	169	52:05.3	16.1	1:37.7	119	30:40.1	9:52	1:48:50.1
115	Nicole Pandak	203	10:F 30-34	110	21:43.0	2:54	4:00.7	156	50:50.6	16.5	1:54.0	113	30:22.5	9:47	1:48:51.0
116	Michelle Bushrow	91	1:F 60-64	156	25:36.8	3:25	3:14.2	123	48:06.7	17.5	2:26.5	102	29:41.1	9:33	1:49:05.6
117	Gabriela Morales	53	7:F 35-39	125	22:46.2	3:02	3:33.1	170	52:11.8	16.1	2:28.2	82	28:08.7	9:04	1:49:08.1
118	Mark Van Kirk	205	3:M 65-69	54	18:36.0	2:29	3:43.4	97	46:12.5	18.2	2:10.6	186	39:14.0	12:38	1:49:56.6
119	Amanda Elliott	108	8:F 25-29	161	26:10.6	3:29	4:55.7	155	50:50.2	16.5		83	28:10.1	9:04	1:50:06.7
120	Alexandria Smith	161	11:F 30-34	45	18:11.8	2:26	3:52.2	185	54:06.3	15.5	1:52.0	131	32:16.1	10:23	1:50:18.5
121	Preston Toepke	236	2:M Male 99	187	29:14.9	3:54	3:56.1	104	46:49.2	17.9	3:08.3	74	27:31.8	8:52	1:50:40.4
122	Donna Hoy	102	2:F 60-64	147	24:40.8	3:17	3:01.3	69	43:48.8	19.2	2:05.7	176	37:08.7	11:57	1:50:45.4
123	Minami Furukawa	152	1:F 15-19	40	17:44.7	2:22	2:48.7	150	50:12.7	16.7	2:17.8	181	37:56.6	12:13	1:51:00.7
124	Andreas Huthoefer	10	11:M 55-59	116	22:00.1	2:56	4:07.2	33	40:09.0	20.9	3:49.9	193	41:16.3	13:17	1:51:22.7
125	Christine Lesando	142	3:F 50-54	80	19:57.6	2:40	5:45.8	146	50:03.8	16.8	3:20.9	135	32:27.5	10:27	1:51:35.8
126	Kaelyn Gurka	139	9:F 25-29	96	20:55.8	2:47	4:48.8	168	52:01.0	16.1	3:15.8	118	30:38.9	9:52	1:51:40.3
127	Maxwell Blakeney	199	3:M Male 99	139	24:18.9	3:15	4:11.5	9	36:24.6	23.1	3:18.8	206	43:40.1	14:03	1:51:54.0
128	Myra Francisco	145	10:F 25-29	149	24:57.5	3:20	4:18.9	126	48:25.1	17.3	3:02.7	123	31:12.6	10:03	1:51:57.0
129	Kaitlynn Butler	105	12:F 30-34	146	24:35.8	3:17	5:36.4	154	50:42.2	16.6	3:59.8	73	27:24.0	8:49	1:52:18.5
130	Brant Landreth	168	2:M Male 99	20	16:06.8	2:09	3:40.9	102	46:37.4	18.0	2:29.4	203	43:24.8	13:58	1:52:19.5
131	Jacques Keet	226	7:M 30-34	76	19:51.7	2:39	5:44.2	108	47:00.1	17.9	2:45.3	180	37:45.9	12:09	1:53:07.5
132	Esterien Keet	225	11:F 25-29	117	22:01.5	2:56	3:39.7	106	46:58.2	17.9	2:49.6	179	37:38.5	12:07	1:53:07.7

Colonial Beach Sprint & Olympic Triathlon 2025

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June 22, 2025

Sprint Triathlon Overall

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
133	Isabelle Blazey	151	5:F 20-24	167	26:25.9	3:31	3:32.0	127	48:26.7	17.3	2:30.3	134	32:26.2	10:26	1:53:21.3
134	Mike Callan	34	4:M 70-74	180	27:57.9	3:44	5:38.5	107	46:59.0	17.9	2:36.4	112	30:21.9	9:46	1:53:33.8
135	David Krehbiel	15	3:M Male 99	205	32:20.8	4:19	3:26.3	82	45:03.2	18.6	2:25.8	115	30:32.4	9:50	1:53:48.8
136	Ashley McNeill	27	4:F 50-54	171	26:40.9	3:33	3:32.7	184	54:01.5	15.5	1:48.6	80	27:53.9	8:59	1:53:57.8
137	Alix Ware	49	8:F 35-39	120	22:17.7	2:58	3:08.5	183	53:58.1	15.6	1:38.1	147	33:15.5	10:42	1:54:18.0
138	Meghan Van Dam	109	3:F 45-49	140	24:22.5	3:15	5:13.5	125	48:20.4	17.4	2:32.8	156	33:52.7	10:54	1:54:22.0
139	Carrie Miller	62	5:F 50-54	195	30:06.1	4:01	3:01.8	105	46:49.2	17.9	2:27.8	136	32:28.5	10:27	1:54:53.6
140	Paul Stuart	222	3:M 60-64	93	20:42.7	2:46	3:36.2	120	47:52.2	17.5	2:05.1	191	40:58.9	13:11	1:55:15.3
141	Daniel Carroll	99	4:M 60-64	200	30:45.0	4:06	5:10.6	119	47:52.2	17.5	2:57.9	89	28:35.7	9:12	1:55:21.6
142	Larry Atkins	124	3:M 75-79	194	30:01.4	4:00	3:29.5	68	43:40.4	19.2	3:01.4	167	35:28.7	11:25	1:55:41.5
143	Casey Lauer	159	7:M 25-29	126	22:49.4	3:03	5:12.1	113	47:10.1	17.8	3:53.7	173	36:36.3	11:47	1:55:41.7
144	Liam Arbeiter	130	8:M 25-29	153	25:17.6	3:22	5:13.0	112	47:09.2	17.8	4:09.0	162	34:29.1	11:06	1:56:18.1
145	Addison Garrard	220	12:F 25-29	206	32:28.5	4:20	4:09.8	137	49:35.7	16.9	1:46.9	88	28:35.2	9:12	1:56:36.3
146	Sage Riddick	132	13:F 30-34	31	16:53.7	2:15	4:52.0	138	49:35.7	16.9	3:42.7	196	41:44.6	13:26	1:56:48.9
147	Jordan Sehestedt	126	6:F 40-44	34	17:20.6	2:19	4:24.5	212	59:05.2	14.2	2:07.1	155	33:51.7	10:54	1:56:49.3
148	Thomas Johnson	173	8:M 30-34	191	29:44.1	3:58	3:42.6	124	48:09.0	17.4	3:07.8	138	32:33.7	10:29	1:57:17.2
149	Colin Stamper	85	9:M 30-34	85	20:06.4	2:41	5:38.5	182	53:51.0	15.6	3:29.8	159	34:20.4	11:03	1:57:26.3
150	Alexis Franklin	81	13:F 25-29	143	24:30.5	3:16	4:07.1	194	54:54.8	15.3	1:50.0	130	32:06.8	10:20	1:57:29.4
151	John Sener	181	5:M 70-74	164	26:23.6	3:31	3:27.9	84	45:18.0	18.5	2:56.8	188	39:26.8	12:42	1:57:33.4
152	Julian Whitlock	184	10:M 45-49	182	28:12.9	3:46	3:45.6	151	50:13.2	16.7	2:11.1	152	33:33.4	10:48	1:57:56.3
153	Carla Opoku	84	7:F 40-44	185	29:07.2	3:53	3:04.6	157	51:02.4	16.5	2:13.6	140	32:38.5	10:30	1:58:06.5
154	Nick Hearne	140	12:M 55-59	188	29:20.5	3:55	3:47.7	110	47:04.1	17.8	3:00.6	165	35:00.1	11:16	1:58:13.2
155	Manu Krishnamurthy	135	14:F 25-29	104	21:30.0	2:52	3:57.3	190	54:33.1	15.4	2:34.2	170	35:54.3	11:33	1:58:29.1
156	Riley Wilson	80	2:F Female	160	26:10.4	3:29	3:19.2	188	54:16.8	15.5	1:28.7	148	33:15.9	10:42	1:58:31.1
157	Christa Chiao	210	14:F 30-34	131	23:15.9	3:06	3:50.4	148	50:05.2	16.8	2:12.1	187	39:25.2	12:41	1:58:49.0
158	Cole Irving	182	2:M 0-14	134	23:34.1	3:09	3:07.6	210	58:45.1	14.3	1:11.6	145	33:03.5	10:38	1:59:42.0
159	Margaret Black	72	4:F 45-49	103	21:28.9	2:52	3:47.8	193	54:52.5	15.3	2:18.9	177	37:16.0	12:00	1:59:44.5
160	Carolyn MacDonald	160	15:F 25-29	177	27:39.3	3:41	3:47.2	175	53:08.6	15.8	2:00.4	151	33:27.3	10:46	2:00:02.9
161	Karin Lehnigk	129	15:F 30-34	207	32:32.6	4:20	3:47.3	117	47:49.5	17.6	3:51.5	132	32:16.1	10:23	2:00:17.3
162	Ryan Steele	123	9:M 25-29	172	26:45.2	3:34	6:10.7	174	52:41.0	15.9	2:59.9	129	31:52.6	10:16	2:00:29.5
163	Kyle Kraisser	235	10:M 25-29	124	22:40.2	3:01	3:21.2	122	47:56.0	17.5	3:07.2	204	43:25.3	13:59	2:00:30.1
164	April Mullane	223	16:F 30-34	92	20:38.0	2:45	3:46.5	200	55:48.7	15.1	2:29.2	182	38:07.2	12:16	2:00:49.8
165	Miranda Summers Lowe	60	2:F Female	162	26:14.9	3:30	4:08.9	165	51:42.0	16.2	4:15.9	164	35:00.0	11:16	2:01:21.9

Colonial Beach Sprint & Olympic Triathlon 2025

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Sprint Triathlon Overall

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
166	Kerry Tomasetti	66	11:M 25-29	166	26:25.7	3:31	5:05.6	186	54:11.7	15.5	2:14.4	153	33:41.3	10:51	2:01:39.0
167	Michael Newton	211	4:M Male 99	71	19:42.2	2:38	3:09.7	143	49:53.1	16.8	1:57.3	218	47:04.5	15:09	2:01:47.0
168	Brittany Morales	200	3:F Female	133	23:32.0	3:08	6:43.9	152	50:15.1	16.7	4:41.1	174	36:40.0	11:48	2:01:52.3
169	Kim Pham	59	3:F 60-64	150	24:59.2	3:20	5:12.0	189	54:19.8	15.5	2:27.1	166	35:01.5	11:16	2:01:59.9
170	Sarah Baxter	107	16:F 25-29	212	35:35.5	4:45	3:00.7	167	51:59.7	16.2	2:19.5	99	29:36.2	9:32	2:02:31.9
171	Robert Boyce	39	6:M 70-74	102	21:25.9	2:51	3:02.8	62	43:17.8	19.4	3:41.0	224	51:10.5	16:28	2:02:38.2
172	Justin Valentine	157	5:M Male 99	123	22:38.3	3:01	8:40.1	163	51:27.4	16.3	4:38.7	172	36:08.6	11:38	2:03:33.3
173	Benjamin Higgins	175	12:M 25-29	41	17:53.2	2:23	4:02.0	228	1:15:53.7	11.1	2:46.3	20	23:24.5	7:32	2:03:59.9
174	Andrew Sheldon	177	7:M 70-74	165	26:24.1	3:31	8:28.4	196	55:03.4	15.3	3:35.5	121	30:45.4	9:54	2:04:17.0
175	Abby Basham	162	4:F Female	86	20:10.9	2:41	3:58.4	173	52:25.7	16.0	2:48.7	211	45:26.1	14:37	2:04:49.9
176	Chris White	24	6:M Male 99	95	20:55.7	2:47	4:02.0	95	46:09.1	18.2	5:10.9	219	48:47.4	15:42	2:05:05.3
177	Shira Yoffe	48	2:F 55-59	135	23:41.0	3:09	3:49.2	161	51:15.5	16.4	4:06.1	201	42:59.6	13:50	2:05:51.7
178	Carolyn Harrison	61	5:F 45-49	170	26:36.7	3:33	4:36.1	129	48:38.5	17.3	4:45.9	195	41:36.5	13:24	2:06:13.8
179	Brad Kirley	1	1:M 80-84	184	28:57.9	3:52	3:53.8	171	52:13.8	16.1	3:07.4	184	38:37.3	12:26	2:06:50.4
180	Evan Darwin	113	10:M 30-34	151	25:09.4	3:21	5:18.6	224	1:04:07.8	13.1	2:18.7	107	30:02.4	9:40	2:06:57.0
181	Warren Connell	213	11:M 45-49	196	30:19.9	4:03	5:07.6	176	53:10.2	15.8	2:49.3	169	35:38.6	11:28	2:07:05.7
182	Melissa Gilden	125	9:F 35-39	148	24:51.8	3:19	5:27.5	202	55:53.9	15.0	2:43.1	183	38:16.8	12:19	2:07:13.3
183	Marianne Curren	188	3:F 55-59	174	27:03.3	3:36	3:58.8	101	46:27.1	18.1	4:40.6	208	45:06.6	14:31	2:07:16.6
184	Adam Holbrook	232	4:M Male 99	216	37:38.4	5:01	4:30.0	140	49:48.1	16.9	2:22.3	146	33:10.0	10:41	2:07:29.0
185	Halis Bora Keskin	115	7:M 50-54	218	39:26.8	5:16	7:32.7	80	44:49.9	18.7	3:10.9	137	32:32.8	10:29	2:07:33.3
186	Elizabeth Gewur Ramirez	300	6:F 45-49	145	24:34.5	3:17	5:51.0	178	53:22.1	15.7	3:03.3	190	40:49.1	13:08	2:07:40.1
187	Raymond Tung	116	5:M Male 99	222	42:44.9	5:42	3:11.1	166	51:46.4	16.2	3:16.6	60	26:42.6	8:36	2:07:41.7
188	Erika Berg	146	7:F 45-49	192	29:53.1	3:59	3:51.1	209	58:32.6	14.3	2:00.7	161	34:24.5	11:05	2:08:42.1
189	Tomonari Furukawa	150	13:M 55-59	62	19:07.1	2:33	3:10.4	229	1:18:46.3	10.7	3:24.1	31	24:17.1	7:49	2:08:45.2
190	Brian Sands	73	5:M 60-64	70	19:41.3	2:38	9:01.7	158	51:03.2	16.5	4:59.2	210	45:23.2	14:37	2:10:08.8
191	Adrienne Will	197	8:F 40-44	186	29:12.7	3:54	5:53.6	191	54:36.7	15.4	3:28.9	175	37:04.5	11:56	2:10:16.7
192	Ariel Kramervitz	217	17:F 25-29	214	36:43.8	4:54	4:22.7	162	51:23.6	16.3	2:41.6	168	35:31.5	11:26	2:10:43.4
193	Kathy Lineburg	101	4:F 55-59	210	35:01.7	4:40	5:44.6	172	52:22.8	16.0	3:50.9	158	34:14.4	11:01	2:11:14.6
194	Peter Roche	32	4:M 20-24	213	35:49.1	4:47	4:30.1	198	55:35.8	15.1	2:31.5	154	33:45.8	10:52	2:12:12.4
195	Megan Jackson	47	18:F 25-29	152	25:14.3	3:22	4:41.7	215	1:00:15.5	13.9	4:43.8	178	37:22.5	12:02	2:12:18.0
196	Russell Gage	88	6:M 60-64	225	46:09.2	6:09	5:13.5	227	1:10:37.6	11.9	3:59.1	1	7:00.5	2:15	2:13:00.0
197	Rachel McNeal	133	3:F Female	108	21:40.0	2:53	4:14.5	222	1:03:04.6	13.3	2:25.7	202	43:21.8	13:57	2:14:46.9
198	Becca Baumgaertner	98	17:F 30-34	219	39:34.5	5:17	4:30.2	199	55:46.2	15.1	2:15.0	150	33:24.5	10:45	2:15:30.5

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199	Kyalo Kibua	28	8:M 50-54	179	27:51.1	3:43	5:10.3	201	55:51.5	15.0	4:35.8	199	42:18.1	13:37	2:15:47.0
200	Malcolm Cooke	147	7:M Male 99	208	33:18.8	4:27	4:54.6	133	49:16.7	17.0	4:30.2	207	44:27.3	14:19	2:16:27.9
201	Matt Strain	96	9:M 50-54	197	30:24.1	4:03	5:13.0	160	51:15.0	16.4	3:22.0	214	46:30.9	14:58	2:16:45.1
202	Maitreyi Sistla	196	18:F 30-34	198	30:31.8	4:04	4:44.4	204	56:43.1	14.8	4:07.0	189	40:40.1	13:05	2:16:46.7
203	Alejandra Aguilar	114	4:F Female	199	30:41.6	4:06	4:22.5	179	53:26.9	15.7	3:15.5	209	45:14.6	14:34	2:17:01.2
204	Tara Overfield	7	9:F 40-44	122	22:35.6	3:01	2:42.4	230	1:20:04.6	10.5	2:10.5	111	30:15.5	9:44	2:17:48.8
205	Kevin Perlak	156	6:M Male 99	224	45:10.8	6:01	5:25.1	153	50:40.5	16.6	3:21.0	157	33:57.7	10:56	2:18:35.2
206	Zachary Gage	87	11:M 30-34	203	31:00.2	4:08	4:39.1	219	1:01:29.1	13.7	2:52.4	185	38:38.1	12:26	2:18:39.0
207	Melissa Gatti	56	5:F Female	202	30:53.2	4:07	6:56.8	180	53:32.8	15.7	4:48.3	205	43:37.4	14:02	2:19:48.7
208	Tracy Nantz	191	10:F 40-44	211	35:28.1	4:44	4:42.7	187	54:11.9	15.5	3:45.5	197	42:16.6	13:36	2:20:24.9
209	Joshua King	190	8:M Male 99	84	20:06.1	2:41	20:04.8	181	53:43.3	15.6	4:18.3	198	42:16.7	13:37	2:20:29.5
210	Jan Gerber	158	13:M 25-29	66	19:26.8	2:36	3:47.6	232	1:28:34.1	9.48	2:18.7	61	26:45.4	8:37	2:20:52.9
211	Katherine Arthur	8	11:F 40-44	220	40:08.0	5:21	10:30.3	192	54:42.2	15.4	2:21.8	149	33:20.3	10:44	2:21:02.8
212	Nicholas Herzer	144	7:M Male 99	176	27:30.2	3:40	5:35.5	206	57:37.0	14.6	3:41.0	215	46:50.7	15:05	2:21:14.6
213	Renee Herzer	141	19:F 30-34	175	27:29.1	3:40	5:34.9	207	57:37.9	14.6	3:41.8	216	46:51.0	15:05	2:21:14.9
214	Catherine Bukowski	163	6:F Female	201	30:47.3	4:06	4:01.3	221	1:01:57.1	13.6	2:28.2	200	42:32.4	13:42	2:21:46.5
215	Theresa Fung	117	12:F 40-44	217	37:41.6	5:02	6:24.7	213	59:07.6	14.2	3:22.3	171	36:03.9	11:37	2:22:40.2
216	Albert Morin	169	14:M 55-59	181	28:09.0	3:45	7:30.5	205	57:22.9	14.6	5:55.0	213	46:20.2	14:55	2:25:17.9
217	Daniel Rivera	97	4:M 65-69	190	29:34.4	3:57	3:26.8	211	58:56.8	14.2	3:52.0	222	50:44.7	16:20	2:26:34.8
218	Neil Carrington	186	15:M 55-59	159	26:09.4	3:29	6:15.6	220	1:01:47.5	13.6	4:10.9	220	48:59.7	15:46	2:27:23.1
219	Sarah Rutherford	119	10:F 35-39	137	23:47.3	3:10	16:23.1	217	1:01:18.6	13.7	5:03.0	192	41:09.4	13:15	2:27:41.6
220	Suzanne McWilliams	3	1:F 75-79	183	28:43.7	3:50	6:03.0	203	56:41.5	14.8	5:36.8	223	50:51.8	16:22	2:27:57.0
221	David Petrillo	70	16:M 55-59	169	26:34.4	3:33	7:24.1	214	59:29.4	14.1	4:17.9	226	53:19.2	17:10	2:31:05.2
222	Trey Eckels	195	10:M 50-54	223	42:59.3	5:44	5:40.9	159	51:09.9	16.4	5:25.0	217	46:54.3	15:06	2:32:09.6
223	Orion Hogan	178	12:M 30-34	209	35:00.4	4:40	5:50.3	216	1:00:52.9	13.8	3:33.4	221	50:08.2	16:08	2:35:25.3
224	Ursula Pfeil	204	5:F 55-59	226	48:14.0	6:26	4:30.2	197	55:12.4	15.2	3:28.8	212	45:56.2	14:47	2:37:21.7
225	Gilbert Ramos	250	6:M 35-39	227	55:52.7	7:27	12:14.3	218	1:01:27.6	13.7	3:55.3	144	33:00.8	10:38	2:46:30.9
226	Patricia Meyerson	57	4:F 60-64	215	37:17.3	4:58	7:43.4	226	1:09:21.9	12.1	3:39.5	225	51:20.6	16:32	2:49:22.9
227	Jeremiah Stamper	86	7:M 35-39	221	40:45.9	5:26	6:55.6	231	1:23:12.1	10.1	2:55.8	227	1:18:07.1	25:09	3:31:56.7
DQ	Johnathon Garcia	44	DQ:M 25-29	DQ	7:51.9	1:03	5:45.2	144	49:57.3	16.8	1:40.9		25:00.7	8:03	1:30:16.2
DQ	Spencer Strittmatter	29	DQ:M 35-39	DQ	6:55.6	0:55	4:45.2	208	58:30.8	14.4	2:22.2		31:46.2	10:14	1:44:20.2
DQ	Coleman Burke	143	DQ:M 25-29	DQ	13:39.9	1:49	5:28.6	149	50:11.5	16.7	6:22.6		39:37.6	12:45	1:55:20.5
DQ	Melanie Anne Taylor	5	DQ:F 60-64	DQ	31:55.5	4:15	3:56.5	195	54:59.2	15.3	2:22.2		34:31.4	11:07	2:07:45.0

Colonial Beach Sprint & Olympic Triathlon 2025

Race Date

June 22, 2025

Sprint Triathlon Overall

				----- Swim -----			T1		----- Bike -----			T2		----- Run -----		Total
<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	
DQ	Austin Gage	89	DQ:M 35-39	DQ	20:06.0	2:41	5:55.1	225	1:09:21.3	12.1	2:03.9		37:27.9	12:04	2:14:54.4	