

Colonial Beach Sprint & Olympic Triathlon 2025

Sprint Triathlon Overall Women

Race Date

June 22, 2025

Place	Name	Bib No	AG Place	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Tylor Brino-Dean	170	TF :F SOA	2	13:53.6	1:51	1:41.4	3	36:54.7	22.8	1:21.9	9	24:10.4	7:47	1:18:02.2
2	Jean Kleitz	194	TF :F SOA	23	18:00.3	2:24	1:59.4	2	36:36.6	22.9	1:31.8	1	21:35.4	6:57	1:19:43.7
3	Audessa Vaught	224	TF :F SOA	6	14:59.0	2:00	1:58.6	4	37:41.1	22.3	1:36.5	10	24:10.7	7:47	1:20:26.2
4	Leslie Knibb	92	TF :F SMOA	5	14:51.3	1:59	2:11.6	1	35:56.5	23.4	2:06.4	22	26:47.1	8:37	1:21:53.0
5	Inge Nystrom	228	1:F 35-39	18	17:35.0	2:21	2:14.4	5	38:15.8	22.0	1:23.6	2	22:37.3	7:17	1:22:06.3
6	Michelle Harburg	242	TF :F SMOA	7	15:33.7	2:04	2:12.8	6	39:55.8	21.0	1:53.2	7	23:43.9	7:38	1:23:19.5
7	Katherine Tromble	33	TF :F SMOA	10	15:59.3	2:08	2:04.5	9	41:17.3	20.3	2:00.3	11	24:19.7	7:50	1:25:41.3
8	Cassandra Vorgang	219	1:F 40-44	8	15:35.2	2:05	2:03.0	12	42:24.3	19.8	1:42.6	19	26:15.6	8:27	1:28:01.0
9	Kathleen MacGregor	134	2:F 35-39	12	16:21.5	2:11	2:40.9	16	42:54.1	19.6	1:52.1	12	24:47.3	7:59	1:28:36.1
10	Rebecca Newton	212	1:F 45-49	3	14:07.2	1:53	3:02.9	23	44:10.3	19.0	1:34.0	17	25:57.7	8:21	1:28:52.3
11	Kathryn Jenks	9	1:F 20-24	9	15:44.4	2:06	2:31.9	11	42:17.1	19.9	1:36.9	23	26:53.7	8:39	1:29:04.2
12	Rachel Boyce	38	1:F 25-29	30	19:26.9	2:36	2:04.6	18	42:55.3	19.6	1:39.1	4	23:16.3	7:29	1:29:22.4
13	Selena Hutchinson	14	1:F Female	31	19:47.5	2:38	2:46.5	14	42:36.2	19.7	1:48.3	8	24:03.0	7:44	1:31:01.7
14	Andrea Armstrong	136	2:F 40-44	50	21:48.2	2:54	1:52.2	8	40:38.7	20.7	1:38.4	13	25:06.9	8:05	1:31:04.6
15	Samantha Burkhart	46	2:F 25-29	25	18:36.0	2:29	3:00.2	30	45:36.7	18.4	1:40.3	5	23:19.5	7:30	1:32:12.8
16	Kelsey Mullen	208	1:F 30-34	22	17:56.9	2:24	2:52.9	20	43:28.7	19.3	2:19.6	16	25:50.1	8:19	1:32:28.4
17	Megan Plummer	76	2:F 30-34	11	16:07.4	2:09	3:38.3	32	46:14.7	18.2	1:48.5	15	25:50.0	8:19	1:33:39.1
18	Anne Wildermuth	50	3:F 40-44	26	18:45.7	2:30	2:54.2	22	44:04.8	19.1	2:19.2	20	26:22.4	8:29	1:34:26.5
19	Kaeli Yuen	209	3:F 35-39	15	16:48.1	2:14	2:38.1	31	45:44.0	18.4	1:58.1	30	27:42.2	8:55	1:34:50.8
20	Anna Wells	18	3:F 30-34	4	14:42.5	1:58	3:02.5	25	44:40.4	18.8	2:27.3	49	30:08.4	9:42	1:35:01.2
21	Wendy Ray	65	1:F 50-54	36	20:33.9	2:45	3:03.6	24	44:23.9	18.9	2:27.3	14	25:35.6	8:14	1:36:04.5
22	Lauren Fassler	78	2:F 50-54	48	21:41.4	2:54	3:15.0	13	42:32.7	19.7	2:11.3	26	27:15.6	8:46	1:36:56.1
23	Dakota Staren	153	4:F 30-34	62	24:07.2	3:13	3:09.0	7	40:27.1	20.8	2:47.6	24	26:57.3	8:41	1:37:28.4
24	Linda Kennedy	167	1:F 65-69	21	17:53.7	2:23	3:04.3	28	45:24.2	18.5	2:24.2	40	29:26.2	9:29	1:38:12.8
25	Jennifer Shunfenthal	244	4:F 35-39	38	20:52.2	2:47	2:49.4	15	42:53.2	19.6	1:50.8	48	30:06.3	9:41	1:38:32.1
26	Ashley Hart	183	1:F 55-59	45	21:33.3	2:52	2:20.1	17	42:55.1	19.6	2:14.5	43	29:36.4	9:32	1:38:39.5
27	Stacy Crawford	192	2:F 45-49	40	20:59.2	2:48	2:44.7	10	41:30.3	20.2	2:07.7	58	32:16.3	10:23	1:39:38.4
28	Emily McNeill	22	1:F 1-99	14	16:43.4	2:14	3:05.5	65	51:40.4	16.3	1:17.9	38	28:38.8	9:13	1:41:26.2
29	Lexi Harrison	128	5:F 35-39	35	20:33.4	2:44	3:23.9	54	49:51.4	16.8	1:35.1	18	26:08.8	8:25	1:41:32.9
30	Jenna Buto	165	3:F 25-29	28	19:15.6	2:34	4:03.3	74	53:11.8	15.8	2:05.8	6	23:28.1	7:33	1:42:04.7
31	Ilana Sadholz	71	4:F 25-29	55	22:33.3	3:00	4:00.2	37	47:39.9	17.6	1:44.6	21	26:40.6	8:35	1:42:38.8
32	Kylee Sessions	35	2:F 20-24	1	11:58.4	1:36	2:03.2	104	1:03:37.1	13.2	1:55.2	3	23:04.8	7:26	1:42:38.8
33	Kirby Bilyeu	37	5:F 25-29	19	17:38.6	2:21	2:50.1	49	49:25.5	17.0	3:22.0	41	29:34.5	9:31	1:42:50.8

*Overall place within gender

Colonial Beach Sprint & Olympic Triathlon 2025

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Race Date

June 22, 2025

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	-----	<u>Swim</u>	-----	<u>T1</u>	-----	<u>Bike</u>	-----	<u>T2</u>	-----	<u>Run</u>	-----	<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Elizabeth Barre	94	3:F 20-24	53	22:02.1	2:56	4:25.3	27	45:21.1	18.5	2:48.0	35	28:20.1	9:07	1:42:56.7
35	Carlie Owen	21	5:F 30-34	51	21:48.5	2:54	3:03.1	52	49:46.5	16.9	1:35.0	29	27:38.8	8:54	1:43:52.1
36	Alexandra Saccente	79	6:F 25-29	46	21:38.6	2:53	4:15.1	36	47:08.4	17.8	3:00.8	34	28:13.6	9:05	1:44:16.6
37	Miriam Bonney	238	4:F 20-24	44	21:31.4	2:52	3:05.5	53	49:50.6	16.9	1:50.9	36	28:34.0	9:12	1:44:52.4
38	Alana Morro	121	6:F 35-39	66	24:31.8	3:16	5:08.2	29	45:28.1	18.5	2:32.8	27	27:16.4	8:47	1:44:57.5
39	Mary Beth Spencer	202	1:F Female	41	21:17.4	2:50	3:13.7	48	49:21.9	17.0	2:37.9	44	29:39.9	9:33	1:46:11.0
40	Moriah Balingit	4	4:F 40-44	27	18:56.3	2:32	2:41.5	46	48:56.1	17.2	2:38.7	63	33:00.5	10:37	1:46:13.3
41	Leah Coates	252	6:F 30-34	64	24:25.7	3:15	3:38.6	40	47:53.4	17.5	1:39.9	39	29:05.8	9:22	1:46:43.5
42	Kathryn Morcom	58	5:F 40-44	89	29:53.1	3:59	2:44.3	26	44:40.8	18.8	2:25.9	25	27:00.7	8:42	1:46:45.0
43	Katherine Schaffer	104	7:F 30-34	87	29:29.9	3:56	2:16.6	19	43:27.2	19.3	2:30.9	47	29:43.4	9:34	1:47:28.2
44	Madelyn Wilson	106	7:F 25-29	13	16:27.9	2:12	5:11.9	47	48:58.1	17.2	7:12.0	46	29:42.9	9:34	1:47:33.1
45	Caroline Boulton	201	8:F 30-34	29	19:15.7	2:34	3:45.8	39	47:52.0	17.5	2:26.9	73	34:35.6	11:08	1:47:56.1
46	Mina Itabashi	103	9:F 30-34	34	20:18.5	2:42	4:08.3	69	52:05.3	16.1	1:37.7	53	30:40.1	9:52	1:48:50.1
47	Nicole Pandak	203	10:F 30-34	49	21:43.0	2:54	4:00.7	61	50:50.6	16.5	1:54.0	51	30:22.5	9:47	1:48:51.0
48	Michelle Bushrow	91	1:F 60-64	74	25:36.8	3:25	3:14.2	41	48:06.7	17.5	2:26.5	45	29:41.1	9:33	1:49:05.6
49	Gabriela Morales	53	7:F 35-39	57	22:46.2	3:02	3:33.1	70	52:11.8	16.1	2:28.2	32	28:08.7	9:04	1:49:08.1
50	Amanda Elliott	108	8:F 25-29	76	26:10.6	3:29	4:55.7	60	50:50.2	16.5		33	28:10.1	9:04	1:50:06.7
51	Alexandria Smith	161	11:F 30-34	24	18:11.8	2:26	3:52.2	80	54:06.3	15.5	1:52.0	56	32:16.1	10:23	1:50:18.5
52	Donna Hoy	102	2:F 60-64	69	24:40.8	3:17	3:01.3	21	43:48.8	19.2	2:05.7	81	37:08.7	11:57	1:50:45.4
53	Minami Furukawa	152	1:F 15-19	20	17:44.7	2:22	2:48.7	57	50:12.7	16.7	2:17.8	85	37:56.6	12:13	1:51:00.7
54	Christine Lesando	142	3:F 50-54	32	19:57.6	2:40	5:45.8	55	50:03.8	16.8	3:20.9	60	32:27.5	10:27	1:51:35.8
55	Kaelyn Gurka	139	9:F 25-29	39	20:55.8	2:47	4:48.8	68	52:01.0	16.1	3:15.8	52	30:38.9	9:52	1:51:40.3
56	Myra Francisco	145	10:F 25-29	71	24:57.5	3:20	4:18.9	43	48:25.1	17.3	3:02.7	54	31:12.6	10:03	1:51:57.0
57	Kaitlynn Butler	105	12:F 30-34	68	24:35.8	3:17	5:36.4	59	50:42.2	16.6	3:59.8	28	27:24.0	8:49	1:52:18.5
58	Esterien Keet	225	11:F 25-29	52	22:01.5	2:56	3:39.7	35	46:58.2	17.9	2:49.6	84	37:38.5	12:07	1:53:07.7
59	Isabelle Blazey	151	5:F 20-24	78	26:25.9	3:31	3:32.0	44	48:26.7	17.3	2:30.3	59	32:26.2	10:26	1:53:21.3
60	Ashley McNeill	27	4:F 50-54	80	26:40.9	3:33	3:32.7	79	54:01.5	15.5	1:48.6	31	27:53.9	8:59	1:53:57.8
61	Alix Ware	49	8:F 35-39	54	22:17.7	2:58	3:08.5	78	53:58.1	15.6	1:38.1	64	33:15.5	10:42	1:54:18.0
62	Meghan Van Dam	109	3:F 45-49	63	24:22.5	3:15	5:13.5	42	48:20.4	17.4	2:32.8	70	33:52.7	10:54	1:54:22.0
63	Carrie Miller	62	5:F 50-54	90	30:06.1	4:01	3:01.8	34	46:49.2	17.9	2:27.8	61	32:28.5	10:27	1:54:53.6
64	Addison Garrard	220	12:F 25-29	95	32:28.5	4:20	4:09.8	50	49:35.7	16.9	1:46.9	37	28:35.2	9:12	1:56:36.3
65	Sage Riddick	132	13:F 30-34	16	16:53.7	2:15	4:52.0	51	49:35.7	16.9	3:42.7	93	41:44.6	13:26	1:56:48.9
66	Jordan Sehestedt	126	6:F 40-44	17	17:20.6	2:19	4:24.5	98	59:05.2	14.2	2:07.1	69	33:51.7	10:54	1:56:49.3

*Overall place within gender

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			----- Swim -----			T1		----- Bike -----			T2		----- Run -----		Total
Place	Name	Bib No	AG Place	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
67	Alexis Franklin	81	13:F 25-29	65	24:30.5	3:16	4:07.1	88	54:54.8	15.3	1:50.0	55	32:06.8	10:20	1:57:29.4
68	Carla Opoku	84	7:F 40-44	85	29:07.2	3:53	3:04.6	62	51:02.4	16.5	2:13.6	62	32:38.5	10:30	1:58:06.5
69	Manu Krishnamurthy	135	14:F 25-29	43	21:30.0	2:52	3:57.3	84	54:33.1	15.4	2:34.2	77	35:54.3	11:33	1:58:29.1
70	Riley Wilson	80	2:F Female	75	26:10.4	3:29	3:19.2	82	54:16.8	15.5	1:28.7	65	33:15.9	10:42	1:58:31.1
71	Christa Chiao	210	14:F 30-34	58	23:15.9	3:06	3:50.4	56	50:05.2	16.8	2:12.1	88	39:25.2	12:41	1:58:49.0
72	Margaret Black	72	4:F 45-49	42	21:28.9	2:52	3:47.8	87	54:52.5	15.3	2:18.9	82	37:16.0	12:00	1:59:44.5
73	Carolyn MacDonald	160	15:F 25-29	83	27:39.3	3:41	3:47.2	73	53:08.6	15.8	2:00.4	68	33:27.3	10:46	2:00:02.9
74	Karin Lehnigk	129	15:F 30-34	96	32:32.6	4:20	3:47.3	38	47:49.5	17.6	3:51.5	57	32:16.1	10:23	2:00:17.3
75	April Mullane	223	16:F 30-34	37	20:38.0	2:45	3:46.5	92	55:48.7	15.1	2:29.2	86	38:07.2	12:16	2:00:49.8
76	Miranda Summers Lowe	60	2:F Female	77	26:14.9	3:30	4:08.9	66	51:42.0	16.2	4:15.9	74	35:00.0	11:16	2:01:21.9
77	Brittany Moralez	200	3:F Female	59	23:32.0	3:08	6:43.9	58	50:15.1	16.7	4:41.1	79	36:40.0	11:48	2:01:52.3
78	Kim Pham	59	3:F 60-64	72	24:59.2	3:20	5:12.0	83	54:19.8	15.5	2:27.1	75	35:01.5	11:16	2:01:59.9
79	Sarah Baxter	107	16:F 25-29	99	35:35.5	4:45	3:00.7	67	51:59.7	16.2	2:19.5	42	29:36.2	9:32	2:02:31.9
80	Abby Basham	162	4:F Female	33	20:10.9	2:41	3:58.4	72	52:25.7	16.0	2:48.7	101	45:26.1	14:37	2:04:49.9
81	Shira Yoffe	48	2:F 55-59	60	23:41.0	3:09	3:49.2	63	51:15.5	16.4	4:06.1	96	42:59.6	13:50	2:05:51.7
82	Carolyn Harrison	61	5:F 45-49	79	26:36.7	3:33	4:36.1	45	48:38.5	17.3	4:45.9	92	41:36.5	13:24	2:06:13.8
83	Melissa Gilden	125	9:F 35-39	70	24:51.8	3:19	5:27.5	93	55:53.9	15.0	2:43.1	87	38:16.8	12:19	2:07:13.3
84	Marianne Curren	188	3:F 55-59	81	27:03.3	3:36	3:58.8	33	46:27.1	18.1	4:40.6	99	45:06.6	14:31	2:07:16.6
85	Elizabeth Gewur Ramirez	300	6:F 45-49	67	24:34.5	3:17	5:51.0	75	53:22.1	15.7	3:03.3	90	40:49.1	13:08	2:07:40.1
86	Erika Berg	146	7:F 45-49	88	29:53.1	3:59	3:51.1	97	58:32.6	14.3	2:00.7	72	34:24.5	11:05	2:08:42.1
87	Adrienne Will	197	8:F 40-44	86	29:12.7	3:54	5:53.6	85	54:36.7	15.4	3:28.9	80	37:04.5	11:56	2:10:16.7
88	Ariel Kramervitz	217	17:F 25-29	100	36:43.8	4:54	4:22.7	64	51:23.6	16.3	2:41.6	76	35:31.5	11:26	2:10:43.4
89	Kathy Lineburg	101	4:F 55-59	97	35:01.7	4:40	5:44.6	71	52:22.8	16.0	3:50.9	71	34:14.4	11:01	2:11:14.6
90	Megan Jackson	47	18:F 25-29	73	25:14.3	3:22	4:41.7	100	1:00:15.5	13.9	4:43.8	83	37:22.5	12:02	2:12:18.0
91	Rachel McNeal	133	3:F Female	47	21:40.0	2:53	4:14.5	103	1:03:04.6	13.3	2:25.7	97	43:21.8	13:57	2:14:46.9
92	Becca Baumgaertner	98	17:F 30-34	103	39:34.5	5:17	4:30.2	91	55:46.2	15.1	2:15.0	67	33:24.5	10:45	2:15:30.5
93	Maitreyi Sistla	196	18:F 30-34	91	30:31.8	4:04	4:44.4	95	56:43.1	14.8	4:07.0	89	40:40.1	13:05	2:16:46.7
94	Alejandra Aguilar	114	4:F Female	92	30:41.6	4:06	4:22.5	76	53:26.9	15.7	3:15.5	100	45:14.6	14:34	2:17:01.2
95	Tara Overfield	7	9:F 40-44	56	22:35.6	3:01	2:42.4	106	1:20:04.6	10.5	2:10.5	50	30:15.5	9:44	2:17:48.8
96	Melissa Gatti	56	5:F Female	94	30:53.2	4:07	6:56.8	77	53:32.8	15.7	4:48.3	98	43:37.4	14:02	2:19:48.7
97	Tracy Nantz	191	10:F 40-44	98	35:28.1	4:44	4:42.7	81	54:11.9	15.5	3:45.5	94	42:16.6	13:36	2:20:24.9
98	Katherine Arthur	8	11:F 40-44	104	40:08.0	5:21	10:30.3	86	54:42.2	15.4	2:21.8	66	33:20.3	10:44	2:21:02.8
99	Renee Herzer	141	19:F 30-34	82	27:29.1	3:40	5:34.9	96	57:37.9	14.6	3:41.8	103	46:51.0	15:05	2:21:14.9

*Overall place within gender

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Place	Name	Bib No	AG Place	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
100	Catherine Bukowski	163	6:F Female	93	30:47.3	4:06	4:01.3	102	1:01:57.1	13.6	2:28.2	95	42:32.4	13:42	2:21:46.5	
101	Theresa Fung	117	12:F 40-44	102	37:41.6	5:02	6:24.7	99	59:07.6	14.2	3:22.3	78	36:03.9	11:37	2:22:40.2	
102	Sarah Rutherford	119	10:F 35-39	61	23:47.3	3:10	16:23.1	101	1:01:18.6	13.7	5:03.0	91	41:09.4	13:15	2:27:41.6	
103	Suzanne McWilliams	3	1:F 75-79	84	28:43.7	3:50	6:03.0	94	56:41.5	14.8	5:36.8	104	50:51.8	16:22	2:27:57.0	
104	Ursula Pfeil	204	5:F 55-59	105	48:14.0	6:26	4:30.2	90	55:12.4	15.2	3:28.8	102	45:56.2	14:47	2:37:21.7	
105	Patricia Meyerson	57	4:F 60-64	101	37:17.3	4:58	7:43.4	105	1:09:21.9	12.1	3:39.5	105	51:20.6	16:32	2:49:22.9	
DQ	Melanie Anne Taylor	5	DQ:F 60-64	DQ	31:55.5	4:15	3:56.5	89	54:59.2	15.3	2:22.2		34:31.4	11:07	2:07:45.0	

*Overall place within gender