

Diamond in the Rough Sprint & Olympic Tri 2025

Olympic Triathlon Overall Women

Race Date

July 12, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Kara Rubinch	407	TF :F SOA	10	30:28.2	2:02	2:32.4	3	1:23:44.2	19.2	1:21.0	1	42:56.9	6:55	2:41:02.8
2	Jeanette Goetz	357	TF :F SOA	11	30:48.5	2:03	3:54.1	1	1:23:00.9	19.4	1:35.4	2	46:39.6	7:31	2:45:58.7
3	Bryn Burkholder	403	TF :F SOA	4	28:52.3	1:55	3:41.3	4	1:27:55.0	18.3	1:58.8	5	49:56.6	8:02	2:52:24.2
4	Laura Pappas	344	TF :F SMOA	7	29:42.2	1:59	2:06.6	5	1:29:47.5	17.9	1:18.4	3	49:43.4	8:00	2:52:38.3
5	Lindsey Seynhaeve	383	TF :F SMOA	20	34:22.1	2:17	2:38.5	2	1:23:40.7	19.2	1:17.4	7	51:48.8	8:20	2:53:47.7
6	Danielle Lombardi	390	TF :F SMOA	19	33:22.8	2:14	2:57.7	10	1:31:58.2	17.5	2:07.6	6	50:12.4	8:05	3:00:38.9
7	Alison Verbanas	372	1:F 45-49	3	28:40.5	1:55	2:42.7	21	1:35:52.8	16.8	1:24.2	9	55:01.7	8:51	3:03:42.1
8	Shannon Maguire	433	2:F 45-49	13	30:52.6	2:04	4:17.6	13	1:33:22.0	17.2	2:01.2	10	55:47.6	8:59	3:06:21.1
9	Sarah Carruth	365	3:F 45-49	6	29:30.2	1:58	2:44.7	9	1:31:29.4	17.6	1:44.8	18	1:01:12.4	9:51	3:06:41.7
10	Ella Reed	328	1:F 20-24	2	28:33.1	1:54	2:55.5	18	1:35:02.8	16.9	1:50.0	13	58:43.0	9:27	3:07:04.7
11	Jen Johnston	306	1:F 40-44	29	40:42.3	2:43	4:08.3	12	1:33:03.2	17.3	1:22.8	4	49:56.6	8:02	3:09:13.5
12	Ingrid Mercer	432	1:F 50-54	1	28:24.1	1:54	2:50.0	6	1:30:20.4	17.8	1:58.3	25	1:06:00.2	10:37	3:09:33.2
13	Heather Thompson	377	1:F 60-64	14	31:12.7	2:05	4:14.0	11	1:32:02.2	17.5	2:25.0	17	1:00:31.0	9:44	3:10:25.0
14	Caroline Tyrrell	315	1:F 25-29	8	30:06.6	2:00	3:17.1	19	1:35:04.5	16.9	2:19.6	19	1:01:47.5	9:57	3:12:35.5
15	Michelle Kim	354	4:F 45-49	12	30:52.2	2:03	2:39.2	22	1:36:36.4	16.6	2:08.7	20	1:01:58.6	9:58	3:14:15.2
16	Jill Krebs	391	5:F 45-49	17	32:27.2	2:10	4:17.2	28	1:44:52.1	15.3	1:27.4	8	52:29.7	8:27	3:15:33.8
17	Chloe Thio	360	2:F 60-64	21	34:50.7	2:19	5:14.7	20	1:35:10.9	16.9	2:22.4	12	58:16.7	9:23	3:15:55.6
18	Emily Turano	443	2:F 40-44	9	30:25.7	2:02	3:50.4	24	1:37:27.6	16.5	2:28.2	21	1:02:28.6	10:03	3:16:40.5
19	Jessica Toplin	341	3:F 40-44	33	43:14.8	2:53	4:36.6	7	1:30:37.5	17.7	2:50.0	11	56:30.6	9:06	3:17:49.6
20	Leslie Winters	440	3:F 60-64	16	32:15.3	2:09	3:20.5	14	1:33:50.4	17.1	2:23.5	27	1:07:37.5	10:53	3:19:27.4
21	Susan Monroe	311	4:F 40-44	26	39:08.2	2:37	3:14.1	8	1:30:58.2	17.7	2:52.5	22	1:03:18.7	10:11	3:19:31.9
22	Marciane Foote	302	1:F 30-34	28	39:57.9	2:40	3:48.0	17	1:35:00.2	16.9	2:19.7	14	59:22.4	9:33	3:20:28.4
23	Sarah O'Donnell	394	5:F 40-44	23	35:46.2	2:23	4:33.0	25	1:39:12.7	16.2	2:25.5	16	59:54.7	9:39	3:21:52.3
24	Kaitlyn Behr	310	1:F 35-39	22	35:21.7	2:21	4:06.2	26	1:41:51.7	15.8	2:58.3	23	1:03:47.0	10:16	3:28:05.1
25	Alayna Blazakis	324	6:F 45-49	27	39:30.7	2:38	3:41.4	16	1:34:55.9	16.9	2:15.5	28	1:07:44.4	10:54	3:28:08.1
26	Sofia Greco-Byrne	334	2:F 25-29	30	41:06.8	2:44	3:26.9	27	1:42:42.9	15.7	1:40.7	15	59:29.3	9:34	3:28:26.8
27	Louisa Glazunov	406	3:F 25-29	18	33:11.6	2:13	3:04.7	29	1:46:03.0	15.2	1:34.9	30	1:09:55.6	11:15	3:33:49.9
28	Linda Daniel	374	1:F 65-69	32	42:15.0	2:49	3:40.7	15	1:34:26.1	17.0	4:17.5	31	1:11:31.4	11:31	3:36:11.0
29	Tracy Gates	402	2:F 30-34	5	29:07.0	1:56	4:34.5	31	1:55:46.6	13.9	2:29.5	29	1:08:57.3	11:06	3:40:55.1
30	Lisa Hoffmann	300	4:F 60-64	25	37:16.5	2:29	4:32.9	23	1:36:54.6	16.6	2:31.1	33	1:21:27.4	13:07	3:42:42.5
31	Jenna Han	331	2:F 20-24	24	36:36.4	2:26	3:46.6	33	1:59:15.9	13.5	2:09.2	24	1:04:10.2	10:20	3:45:58.4
32	Amanda White	309	1:F Female	35	49:50.7	3:19	5:50.6	30	1:46:21.7	15.1	3:59.5	32	1:11:48.8	11:33	3:57:51.4
33	Jacqueline Milzman	319	2:F 35-39	31	41:57.7	2:48	4:59.5	34	2:10:26.6	12.3	1:41.0	26	1:06:08.8	10:39	4:05:13.8

*Overall place within gender

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>		<u>T1</u>		<u>Bike</u>		<u>T2</u>		<u>Run</u>		<u>Total</u>	
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Rachael Battin	367	1:F 55-59	34	43:45.8	2:55	5:38.8	32	1:56:59.3	13.7	4:30.3	34	1:24:48.4	13:39	4:15:42.8
35	Laura Gretz	381	4:F 25-29	15	31:16.8	2:05	4:36.5	35	2:18:00.0	11.7	2:32.5	35	1:38:55.7	15:55	4:35:21.6

*Overall place within gender