

Diamond in the Rough Sprint & Olympic Tri 2025

Sprint Triathlon Overall

Race Date

July 12, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1		----- Bike -----		T2		----- Run -----		Total	
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Matthew Sarge	156	TF SOA	4	12:42.9	1:42	2:14.2	3	21:59.7	21.8	1:08.9	1	16:32.5	5:19	54:38.3
2	Stephen Schousen	201	TF SOA	5	13:28.7	1:48	1:41.9	2	21:23.0	22.4	0:55.9	2	18:41.6	6:01	56:11.3
3	Alexander Tan	130	TF SOA				14:12.6	6	22:57.2	20.9	1:05.6	7	20:53.0	6:43	59:08.6
4	Stephen Eid	90	TF SMOA	3	11:54.0	1:35	2:19.4	8	23:20.7	20.6	1:06.4	10	21:20.2	6:52	1:00:01.0
5	Michelle Christine	169	TF :F SOA	15	14:44.3	1:58	1:57.4	4	22:08.0	21.7	1:02.4	9	21:18.0	6:51	1:01:10.1
6	Blair Saunders	218	TF SMOA	13	14:37.1	1:57	2:12.4	1	19:38.2	24.4	1:12.3	24	23:49.7	7:40	1:01:29.8
7	Harrison Pestikas	221	1:M 15-19	7	14:20.5	1:55	1:59.9	7	23:19.1	20.6	1:17.3	11	21:48.5	7:01	1:02:45.5
8	Matthew Malloy	184	TF SMOA	14	14:41.3	1:58	2:45.9	9	23:53.8	20.1	1:46.6	18	22:58.4	7:24	1:06:06.2
9	Luke Puhalla	54	2:M 15-19	1	0:00.0	0:00	14:31.8	73	29:00.7	16.5	1:32.4	8	21:06.1	6:48	1:06:11.3
10	Hans Geyer	79	1:M 55-59	40	17:22.4	2:19	2:15.2	11	23:58.0	20.0	1:02.3	12	21:49.2	7:01	1:06:27.3
11	Glenn Metzler	34	1:M 30-34	22	15:26.6	2:04	2:22.8	15	25:03.3	19.2	1:07.4	21	23:12.1	7:28	1:07:12.3
12	Damon Orobona	175	1:M 45-49	35	16:42.6	2:14	2:50.1	5	22:45.0	21.1	1:44.3	29	24:01.7	7:44	1:08:03.9
13	Jocelyn Saunders	217	TF :F SOA	9	14:25.9	1:55	2:06.2	23	25:49.0	18.6	1:46.4	33	24:24.5	7:51	1:08:32.1
14	Peter Hogarty	39	1:M 60-64	19	15:18.3	2:02	2:38.6	24	25:49.4	18.6	1:24.7	23	23:29.9	7:34	1:08:41.0
15	Esther Collinetti	80	TF :F SOA	17	14:49.9	1:59	2:49.8	19	25:36.8	18.7	1:23.9	32	24:11.1	7:47	1:08:51.7
16	Jeffrey Loomis	65	2:M 55-59	43	17:38.5	2:21	3:14.7	10	23:55.9	20.1	1:38.9	17	22:47.2	7:20	1:09:15.3
17	Donald White	1	2:M 60-64	32	16:13.7	2:10	2:44.3	12	24:02.8	20.0	1:53.1	35	24:42.4	7:57	1:09:36.5
18	Kyle McGowan	20	1:M 35-39	83	20:10.6	2:41	2:30.0	13	24:03.8	19.9	1:00.4	15	22:09.9	7:08	1:09:54.8
19	Francisco Llarena Arias	124	2:M 35-39	21	15:23.3	2:03	2:46.0	28	26:12.4	18.3	1:05.0	34	24:36.2	7:55	1:10:03.1
20	Anthony Wamwea	73	3:M 35-39	71	19:35.4	2:37	3:15.4	17	25:15.9	19.0	1:50.6	5	20:42.0	6:40	1:10:39.6
21	Nick Zaremba	76	4:M 35-39	53	18:16.0	2:26	4:14.9	16	25:06.1	19.1	1:14.8	14	22:03.5	7:06	1:10:55.5
22	Emily Holcroft	2	TF :F SMOA	26	15:52.2	2:07	2:38.7	29	26:23.0	18.2	1:34.7	36	24:59.6	8:03	1:11:28.5
23	Kurt Roberts	6	2:M 45-49	11	14:28.7	1:56	3:08.9	36	26:42.5	18.0	1:47.2	55	26:47.3	8:37	1:12:54.8
24	Cassandra Vorgang	145	TF :F SMOA	10	14:26.1	1:55	2:37.5	53	27:55.1	17.2	1:28.8	50	26:32.5	8:33	1:13:00.2
25	Zoe Buzzelli	180	1:F 15-19	2	11:37.1	1:33	1:55.1	89	29:50.2	16.1	1:05.1	78	28:42.2	9:14	1:13:09.9
26	Chase Monroe	22	3:M 15-19	6	14:19.9	1:55	3:36.7	39	26:53.9	17.8	1:11.7	62	27:09.5	8:44	1:13:11.8
27	Brian Soderberg	138	1:M 1-99	42	17:32.9	2:20	3:05.1	90	29:53.4	16.1	1:37.0	13	21:57.5	7:04	1:14:06.1
28	Cynthia Li	166	1:F 30-34	39	17:21.2	2:19	3:25.1	68	28:41.1	16.7	1:13.0	28	23:59.0	7:43	1:14:39.6
29	Graham Haederle	214	1:M 25-29	48	17:58.4	2:24	2:43.4	139	33:26.4	14.4	0:44.6	4	19:52.4	6:24	1:14:45.4
30	Chris Morrisette	96	3:M 45-49	89	20:17.5	2:42	3:03.7	27	26:12.2	18.3	1:34.9	30	24:02.6	7:44	1:15:11.0
31	Tom Robinson	137	1:M 40-44	82	20:06.8	2:41	2:19.9	18	25:25.7	18.9	1:54.5	41	25:28.4	8:12	1:15:15.5
32	David Dash	141	3:M 55-59	77	19:57.5	2:40	3:30.9	21	25:42.7	18.7	2:04.1	31	24:03.2	7:45	1:15:18.6
33	Kathleen MacGregor	9	1:F 35-39	28	15:58.5	2:08	3:24.2	69	28:48.9	16.7	1:29.1	43	25:42.7	8:17	1:15:23.6

Diamond in the Rough Sprint & Olympic Tri 2025

Race Date

July 12, 2025

Sprint Triathlon Overall

			----- Swim -----		----- T1 -----		----- Bike -----		----- T2 -----		----- Run -----		----- Total -----		
Place	Name	Bib No	AG Place	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Kevin Spielman	103	1:M 50-54	80	20:03.5	2:40	2:43.0	20	25:40.1	18.7	1:22.5	42	25:38.0	8:15	1:15:27.3
35	Jacey Sheckells	69	2:F 30-34	37	17:12.4	2:18	3:03.7	61	28:18.1	17.0	1:24.5	45	25:50.0	8:19	1:15:48.9
36	Mark Sposito	163	1:M 65-69	45	17:45.2	2:22	3:05.2	33	26:39.9	18.0	2:19.9	48	26:04.0	8:23	1:15:54.4
37	Nathaniel Chirnside	211	5:M 35-39	70	19:31.1	2:36	2:29.3	38	26:52.2	17.9	1:42.5	44	25:44.2	8:17	1:16:19.6
38	Stephen Vandenberg	176	6:M 35-39	107	21:07.7	2:49	3:10.2	22	25:48.4	18.6	1:31.5	37	24:59.8	8:03	1:16:37.8
39	Michael Gordon	43	7:M 35-39	30	16:01.4	2:08	4:22.3	121	31:53.2	15.1	0:57.6	22	23:26.8	7:33	1:16:41.5
40	Baxter Burbank	109	8:M 35-39	56	18:17.9	2:26	3:25.5	14	24:39.2	19.5	2:08.4	73	28:19.1	9:07	1:16:50.3
41	Quinn McLaughlin	181	2:M 1-99	31	16:02.5	2:08	3:16.1	125	31:59.2	15.0	1:41.7	27	23:56.4	7:42	1:16:56.0
42	Daniel Murphy	150	2:M 40-44	25	15:49.4	2:07	3:53.8	44	27:22.8	17.5	2:18.0	65	27:32.5	8:52	1:16:56.7
43	Rafael Valencia	86	1:M 20-24	18	15:09.3	2:01	2:46.9	150	33:52.5	14.2	2:09.8	20	23:11.6	7:28	1:17:10.2
44	Clark Miller	146	4:M 45-49	20	15:21.2	2:03	3:09.9	64	28:26.1	16.9	1:34.6	79	28:45.8	9:15	1:17:17.8
45	Orlando Gomes	121	2:M 30-34	137	22:36.7	3:01	3:34.1	32	26:38.3	18.0	1:42.9	19	23:06.4	7:26	1:17:38.6
46	John Bushweller	50	3:M 60-64	54	18:16.5	2:26	3:07.0	34	26:40.9	18.0	1:53.7	68	27:49.3	8:57	1:17:47.5
47	Harold Harris	199	4:M 55-59	87	20:16.7	2:42	3:13.4	49	27:33.0	17.4	1:16.6	40	25:28.3	8:12	1:17:48.3
48	Chris Morea	153	3:M 40-44	59	18:43.5	2:30	3:53.9	93	30:00.0	16.0	1:37.5	26	23:56.0	7:42	1:18:11.2
49	Bonnie Stoeckl	203	TF :F SMOA	128	22:13.3	2:58	2:38.5	40	27:01.4	17.8	1:28.1	38	25:11.9	8:07	1:18:33.4
50	Rachel Miller	152	1:F 45-49	67	19:23.8	2:35	3:09.9	51	27:49.0	17.3	1:41.9	51	26:37.8	8:34	1:18:42.5
51	Juliet Jones	60	2:F 45-49	104	20:59.5	2:48	2:35.8	41	27:07.3	17.7	1:42.3	49	26:24.2	8:30	1:18:49.2
52	John Scott Beale	106	5:M 45-49	130	22:17.6	2:58	3:30.6	42	27:16.2	17.6	1:01.3	39	25:17.4	8:08	1:19:23.4
53	Todd Roth	149	9:M 35-39	129	22:14.4	2:58	3:08.9	25	25:56.7	18.5	2:08.4	47	25:58.1	8:22	1:19:26.6
54	Juli Ingram	164	1:F 60-64	60	18:48.7	2:31	3:59.8	31	26:28.5	18.1	2:10.4	70	27:59.7	9:01	1:19:27.3
55	Frank Bohn	11	3:M 30-34	36	17:08.7	2:17	3:16.5	92	29:57.5	16.0	1:23.2	67	27:44.4	8:56	1:19:30.5
56	Onur Yoruk	133	10:M 35-39	86	20:16.6	2:42	2:36.2	48	27:32.3	17.4	1:26.0	71	28:04.3	9:02	1:19:55.5
57	Kim McDonough	195	1:F 50-54	93	20:29.7	2:44	2:45.1	71	28:51.1	16.6	1:29.1	53	26:46.6	8:37	1:20:21.8
58	Linda Kennedy	64	1:F 65-69	24	15:30.6	2:04	3:23.7	80	29:27.6	16.3	2:28.7	95	29:47.9	9:35	1:20:38.6
59	Timothy Jock	216	2:M 50-54	68	19:27.1	2:36	3:56.1	50	27:37.6	17.4	2:12.1	66	27:34.0	8:52	1:20:47.1
60	Joseph Martin	12	6:M 45-49	33	16:21.5	2:11	3:11.4	43	27:19.6	17.6	2:36.3	110	31:27.7	10:08	1:20:56.7
61	Michael Batakis	191	11:M 35-39	62	18:50.2	2:31	4:38.1	46	27:30.3	17.5	2:41.0	64	27:22.1	8:49	1:21:02.0
62	Jonathan Regules	173	3:M 1-99	125	22:04.3	2:57	2:59.4	156	34:26.1	13.9	1:21.4	6	20:50.1	6:42	1:21:41.5
63	Seth Lepley	190	4:M 40-44	8	14:24.0	1:55	3:17.3	129	32:40.6	14.7	1:51.3	91	29:35.0	9:31	1:21:48.3
64	Matt Uebele	127	7:M 45-49	84	20:11.4	2:42	3:47.8	66	28:38.8	16.8	2:28.9	57	26:52.3	8:39	1:21:59.3
65	Michael Harris	110	5:M 55-59	72	19:36.0	2:37	3:43.5	30	26:25.6	18.2	2:22.2	96	29:55.1	9:38	1:22:02.6
66	Lisa Jurist	131	2:F 60-64	66	19:16.2	2:34	3:00.9	65	28:29.9	16.8	2:27.5	80	28:56.2	9:19	1:22:10.9

Diamond in the Rough Sprint & Olympic Tri 2025

Race Date

July 12, 2025

Sprint Triathlon Overall

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
67	Deb Hicks	81	2:F 50-54	65	19:07.0	2:33	3:33.9	163	35:48.3	13.4	1:14.9	16	22:34.3	7:16	1:22:18.6
68	Hunter Kennedy	53	1:M Male 99	111	21:21.6	2:51	3:19.7	84	29:33.0	16.2	1:16.9	63	27:14.5	8:46	1:22:45.9
69	John Bank	67	1:M 70-74	94	20:30.4	2:44	3:44.7	45	27:27.7	17.5	1:30.8	93	29:41.3	9:33	1:22:55.2
70	Michael Villacarlos	208	2:M Male 99	44	17:39.1	2:21	2:58.4	70	28:50.1	16.6	1:08.2	120	32:38.8	10:30	1:23:14.8
71	Katherine Chirnside	192	3:F 30-34	73	19:37.8	2:37	4:27.3	67	28:39.8	16.7	2:16.0	76	28:24.9	9:09	1:23:26.1
72	Tina Reed	49	3:F 50-54	139	22:37.2	3:01	3:17.5	81	29:29.2	16.3	1:31.4	52	26:44.5	8:36	1:23:40.0
73	Rebecca Wolf	186	3:F 45-49	112	21:30.3	2:52	3:49.4	87	29:42.4	16.2	1:50.0	59	26:57.3	8:41	1:23:49.6
74	Bryce Beech	51	2:M 20-24	134	22:27.0	3:00	3:31.5	60	28:14.4	17.0	2:40.2	60	26:58.9	8:41	1:23:52.2
75	Ethan Shipley	193	4:M 30-34	81	20:05.7	2:41	4:28.9	62	28:20.3	16.9	2:43.0	75	28:20.6	9:07	1:23:58.7
76	Kiersten Hollis	55	1:F 25-29	12	14:28.7	1:56	4:09.4	110	31:11.4	15.4	1:43.4	121	32:42.4	10:32	1:24:15.5
77	Robert Reger	85	1:M Male 99	57	18:28.9	2:28	3:31.8	52	27:53.8	17.2	1:44.3	124	32:46.6	10:33	1:24:25.7
78	Andrew Smith	98	5:M 30-34	85	20:13.9	2:42	4:34.4	147	33:41.9	14.2	2:04.7	25	23:52.6	7:41	1:24:27.7
79	Laurel Redding	212	1:F 40-44	92	20:24.8	2:43	5:10.5	102	30:27.5	15.8	1:38.2	54	26:47.1	8:37	1:24:28.2
80	Jonathan Rosero	185	2:M 25-29	144	22:53.9	3:03	4:03.4	37	26:45.4	17.9	1:56.4	83	29:03.6	9:21	1:24:42.9
81	Bernard Tran	91	8:M 45-49	47	17:48.6	2:22	3:31.2	75	29:08.6	16.5	2:47.6	111	31:29.6	10:08	1:24:45.8
82	J.p. McDonough	196	3:M 50-54	121	21:58.6	2:56	3:39.0	55	27:58.0	17.2	2:10.1	84	29:06.4	9:22	1:24:52.2
83	Leana Wen Walker	120	2:F 40-44	120	21:55.8	2:55	3:30.4	54	27:57.0	17.2	1:34.8	98	30:16.1	9:45	1:25:14.4
84	Andrew Briner	78	5:M 40-44	41	17:31.5	2:20	3:03.9	79	29:20.7	16.4	2:36.8	125	32:46.7	10:33	1:25:19.7
85	Sarah Martin	160	1:F 20-24	103	20:58.5	2:48	2:38.1	134	33:01.7	14.5	1:08.8	72	28:18.5	9:07	1:26:05.7
86	Keileigh Mese-Jones	161	1:F 1-99	58	18:38.2	2:29	4:31.3	47	27:32.0	17.4	1:57.3	134	33:29.4	10:47	1:26:08.4
87	Elizabeth Harraka	200	4:F 30-34	124	22:04.0	2:57	3:26.5	114	31:28.2	15.3	2:10.4	61	27:02.9	8:42	1:26:12.1
88	Austin Knight	151	3:M Male 99	150	23:59.7	3:12	5:36.5	78	29:14.0	16.4	1:39.9	46	25:55.0	8:21	1:26:25.4
89	Lori Wojcik	84	4:F 50-54	126	22:09.1	2:57	3:07.8	109	31:05.0	15.4	2:03.7	74	28:20.5	9:07	1:26:46.2
90	Kristina Sanders	155	4:F 45-49	119	21:54.0	2:55	3:15.0	82	29:30.6	16.3	1:44.4	102	30:27.3	9:48	1:26:51.5
91	Andrew Halladay	129	4:M 50-54	64	19:02.5	2:32	4:48.1	100	30:16.3	15.9	2:27.4	101	30:24.7	9:47	1:26:59.2
92	Juergen Habner	17	2:M 65-69	46	17:46.0	2:22	4:17.5	58	28:11.5	17.0	2:38.2	141	34:18.1	11:02	1:27:11.5
93	Anne Hofmann	170	5:F 45-49	34	16:30.3	2:12	3:34.8	124	31:58.8	15.0	2:30.3	127	32:53.0	10:35	1:27:27.5
94	Joe Lee	95	3:M 65-69	155	24:33.2	3:16	4:24.3	35	26:41.3	18.0	1:53.7	97	30:02.4	9:40	1:27:35.1
95	David Davis	63	6:M 55-59	110	21:19.4	2:51	3:40.4	56	28:02.4	17.1	1:54.5	122	32:42.6	10:32	1:27:39.5
96	Charles Conrad	116	5:M 50-54	149	23:50.1	3:11	3:28.8	91	29:57.4	16.0	1:15.3	88	29:20.1	9:27	1:27:51.8
97	Steven Burke	134	12:M 35-39	98	20:41.8	2:46	4:38.1	104	30:32.9	15.7	2:49.6	89	29:25.5	9:28	1:28:08.1
98	Don Snyder	75	7:M 55-59	116	21:43.3	2:54	4:18.1	99	30:15.9	15.9	2:17.5	94	29:42.0	9:34	1:28:17.0
99	April Hartsook	70	1:F 55-59	97	20:40.8	2:45	2:53.7	57	28:03.6	17.1	2:38.3	139	34:07.8	10:59	1:28:24.3

Diamond in the Rough Sprint & Olympic Tri 2025

Race Date

July 12, 2025

Sprint Triathlon Overall

Place	Name	Bib No	AG Place	----- Swim -----			T1		----- Bike -----		T2		----- Run -----		Total
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	
100	Robbie Li	167	6:M 30-34	108	21:10.2	2:49	4:19.3	74	29:02.4	16.5	2:45.1	107	31:10.2	10:02	1:28:27.4
101	Rowena Watson	219	2:F 55-59	132	22:22.7	2:59	3:15.7	122	31:53.4	15.1	1:44.6	87	29:18.9	9:26	1:28:35.6
102	Rachel Cessna	154	6:F 45-49	51	18:09.6	2:25	3:26.2	96	30:08.2	15.9	2:06.5	145	34:45.2	11:11	1:28:35.8
103	Wendy Robinson	220	5:F 50-54	101	20:51.7	2:47	4:00.2	86	29:42.0	16.2	3:27.0	105	30:35.8	9:51	1:28:37.0
104	Mark Hollis	56	8:M 55-59	29	15:59.1	2:08	4:49.5	112	31:16.5	15.3	2:17.8	142	34:18.8	11:03	1:28:42.0
105	Gary Moore	182	9:M 45-49	117	21:50.1	2:55	3:53.3	77	29:13.1	16.4	2:09.1	113	31:40.7	10:12	1:28:46.4
106	Christopher Gordon	42	13:M 35-39	76	19:49.2	2:39	4:21.7	85	29:36.4	16.2	2:19.9	126	32:47.1	10:33	1:28:54.4
107	Erin Lyman	32	7:F 45-49	55	18:16.6	2:26	5:27.5	113	31:18.7	15.3	1:59.2	115	32:12.5	10:22	1:29:14.7
108	Cary Jacobson	165	8:F 45-49	127	22:11.7	2:58	2:49.4	153	33:59.6	14.1	1:11.7	85	29:09.4	9:23	1:29:21.9
109	Connor Buckley	58	3:M 25-29	79	20:00.2	2:40	4:28.6	149	33:49.8	14.2	3:19.7	69	27:49.7	8:57	1:29:28.1
110	Carolyn Kapus	29	3:F 55-59	49	18:06.6	2:25	5:09.1	95	30:02.7	16.0	2:56.5	131	33:14.4	10:42	1:29:29.5
111	Megan Morgan	35	5:F 30-34	165	26:08.6	3:29	2:55.0	97	30:08.5	15.9	1:24.1	81	28:57.6	9:19	1:29:34.0
112	Lauren Gifford	100	3:F 40-44	75	19:46.9	2:38	4:14.8	123	31:57.1	15.0	1:28.1	118	32:18.8	10:24	1:29:45.9
113	Tony Gover	4	6:M 50-54	23	15:28.6	2:04	3:36.8	155	34:14.2	14.0	1:29.9	150	34:57.8	11:15	1:29:47.5
114	Sadie Cutler	144	2:F 1-99	74	19:44.1	2:38	3:49.9	76	29:13.0	16.4	2:01.5	151	34:59.9	11:16	1:29:48.6
115	Philip Pie	52	2:M 70-74	153	24:15.5	3:14	4:19.8	72	29:00.5	16.5	2:33.2	92	29:40.4	9:33	1:29:49.6
116	Lisa Dignazio	118	3:F 60-64	78	19:57.8	2:40	4:54.8	108	30:54.7	15.5	2:37.3	114	31:41.5	10:12	1:30:06.3
117	Jennifer Pettorossi	66	6:F 50-54	115	21:41.6	2:54	3:10.1	88	29:50.0	16.1	1:48.4	136	33:39.0	10:50	1:30:09.2
118	Victoria Reed	74	4:F 40-44	131	22:22.2	2:59	4:07.9	63	28:23.1	16.9	2:24.8	133	33:29.1	10:47	1:30:47.3
119	Brendan Delgatto	179	7:M 30-34	167	26:27.4	3:32	4:06.9	59	28:11.5	17.0	2:28.9	90	29:34.1	9:31	1:30:49.0
120	Sarah Ceponis	126	2:F 35-39	95	20:38.0	2:45	4:03.5	101	30:27.3	15.8	2:18.3	132	33:28.8	10:47	1:30:56.2
121	Joni Payne	3	2:F 65-69	69	19:30.3	2:36	4:01.0	111	31:13.8	15.4	1:38.5	148	34:51.9	11:13	1:31:15.7
122	David Rotstein	71	9:M 55-59	88	20:16.9	2:42	4:06.4	140	33:26.9	14.4	1:59.2	112	31:37.2	10:11	1:31:26.7
123	Harrison Brooke	92	8:M 30-34	109	21:18.7	2:50	5:26.1	126	32:05.9	15.0	2:10.7	103	30:27.6	9:48	1:31:29.2
124	Lauren Lynch	142	3:F 35-39	38	17:19.1	2:19	5:26.9	159	35:04.5	13.7	2:54.2	108	31:11.1	10:02	1:31:56.0
125	Sarah Chan	159	6:F 30-34	146	22:59.5	3:04	3:29.7	144	33:39.5	14.3	1:28.4	99	30:19.1	9:46	1:31:56.4
126	Daniel King	44	2:M Male 99	141	22:44.1	3:02	5:59.4	107	30:53.4	15.5	3:30.6	86	29:10.1	9:23	1:32:17.8
127	Phil Grove	105	6:M 40-44	52	18:14.8	2:26	5:08.7	157	34:32.3	13.9	1:59.3	119	32:29.8	10:28	1:32:25.1
128	Carolyn Migliori	207	4:F 55-59	140	22:37.8	3:01	3:25.9	151	33:54.3	14.2	2:05.9	104	30:27.7	9:48	1:32:31.8
129	Daniel Shear	188	9:M 30-34	99	20:48.6	2:46	4:27.2	152	33:54.4	14.2	2:01.4	109	31:26.1	10:07	1:32:37.9
130	Adam Massenburg	198	3:M Male 99	102	20:56.6	2:48	4:55.4	105	30:34.4	15.7	2:04.9	140	34:17.1	11:02	1:32:48.6
131	Joe Hall	77	7:M 40-44	173	28:01.6	3:44	3:57.8	106	30:51.0	15.6	3:20.3	58	26:54.4	8:40	1:33:05.3
132	Brendan Lees	28	7:M 50-54	27	15:56.5	2:08	4:19.9	117	31:45.4	15.1	3:41.8	161	37:24.1	12:02	1:33:08.0

Diamond in the Rough Sprint & Olympic Tri 2025

Sprint Triathlon Overall

Race Date

July 12, 2025

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>-----</u>	<u>Swim</u>	<u>-----</u>	<u>T1</u>	<u>-----</u>	<u>Bike</u>	<u>-----</u>	<u>T2</u>	<u>-----</u>	<u>Run</u>	<u>-----</u>	<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
133	Justin Muhl	183	8:M 40-44	113	21:35.5	2:53	3:45.3	133	33:00.9	14.5	1:45.8	129	33:01.7	10:38	1:33:09.4
134	Daniel Tillemans	47	3:M 70-74	114	21:38.5	2:53	4:32.3	98	30:15.0	15.9	2:48.5	143	34:32.9	11:07	1:33:47.5
135	Rebecca Tillemans	45	9:F 45-49	91	20:23.8	2:43	4:25.3	118	31:48.6	15.1	1:35.6	156	35:42.0	11:29	1:33:55.5
136	Cooper Ayling	117	4:M 15-19	118	21:51.3	2:55	3:15.3	115	31:39.6	15.2	1:35.5	155	35:34.2	11:27	1:33:56.2
137	Tom Sisson	19	10:M 30-34	50	18:08.3	2:25	4:51.4	127	32:11.2	14.9	4:20.8	149	34:55.3	11:14	1:34:27.2
138	Matthew MacFadden	168	10:M 45-49	143	22:50.7	3:03	5:23.2	103	30:29.8	15.7	2:28.1	135	33:37.3	10:49	1:34:49.3
139	Marc Hartstein	33	4:M 60-64	90	20:23.2	2:43	5:23.4	162	35:30.0	13.5	2:57.0	106	30:45.8	9:54	1:34:59.6
140	Casey Nichols	136	14:M 35-39	177	28:41.5	3:50	4:09.4	94	30:01.9	16.0	2:27.1	100	30:22.3	9:47	1:35:42.4
141	Samuel Thomas	202	4:M 1-99	133	22:24.6	2:59	5:18.5	137	33:20.6	14.4	3:35.4	117	32:13.5	10:22	1:36:52.8
142	Joseph Thomas	204	5:M 60-64	138	22:37.0	3:01	5:14.3	138	33:22.2	14.4	3:33.0	116	32:12.8	10:22	1:36:59.5
143	Lynne Regules	171	3:F 1-99	16	14:47.2	1:58	5:52.9	180	40:56.3	11.7	3:12.2	130	33:04.1	10:39	1:37:52.9
144	Maria Mager	101	4:F 60-64	122	22:00.5	2:56	4:05.8	135	33:04.0	14.5	3:34.2	152	35:09.3	11:19	1:37:54.0
145	Kobie Flowers	83	8:M 50-54	170	27:20.5	3:39	4:01.3	83	29:32.9	16.2	3:16.5	137	33:47.7	10:53	1:37:59.2
146	Sandra Pagnotti	132	5:F 60-64	123	22:00.8	2:56	3:59.0	116	31:39.6	15.2	2:10.0	163	38:46.4	12:29	1:38:36.0
147	Jessica Chin	158	7:F 50-54	178	29:00.2	3:52	4:00.7	119	31:49.8	15.1	1:43.3	123	32:44.4	10:32	1:39:18.6
148	Amy Singer	122	2:F 25-29	159	25:23.7	3:23	3:13.9	158	34:46.1	13.8	2:41.1	138	33:51.4	10:54	1:39:56.5
149	Jonathan Parsons	174	9:M 50-54	136	22:30.3	3:00	4:01.2	132	32:55.3	14.6	3:22.1	159	37:11.6	11:58	1:40:00.6
150	Alec Belsky	8	10:M 50-54	184	33:26.9	4:28	4:53.2	142	33:32.5	14.3	1:43.1	56	26:49.9	8:38	1:40:25.8
151	Bruce McNew	5	4:M 70-74	142	22:48.4	3:02	5:12.2	128	32:37.0	14.7	2:12.3	164	38:55.1	12:32	1:41:45.0
152	Kelly O'Shea	48	4:F 35-39	161	25:25.9	3:23	6:32.8	145	33:40.4	14.3	1:53.1	146	34:47.3	11:12	1:42:19.6
153	Jonathan Viccary	41	15:M 35-39	151	24:02.6	3:12	4:30.9	154	34:02.4	14.1	2:34.4	160	37:15.2	11:59	1:42:25.7
154	Anne Joos	87	8:F 50-54	160	25:25.1	3:23	4:06.2	148	33:42.8	14.2	3:18.8	157	35:53.6	11:33	1:42:26.7
155	Jessica Baccin	189	3:F 25-29	180	30:28.5	4:04	4:33.2	174	37:16.1	12.9	2:31.2	77	28:29.9	9:10	1:43:19.1
156	Alison Fong	215	7:F 30-34	168	26:36.4	3:33	5:06.8	168	36:35.7	13.1	2:07.5	128	32:54.1	10:35	1:43:20.8
157	Jd Snyder	135	16:M 35-39	164	26:05.4	3:29	5:19.1	131	32:50.6	14.6	2:28.2	158	36:40.4	11:48	1:43:23.8
158	David Kass	157	6:M 60-64	158	25:21.5	3:23	5:03.2	136	33:08.7	14.5	2:05.0	162	37:49.1	12:10	1:43:27.8
159	Elizabeth Gewur Ramirez	107	10:F 45-49	100	20:49.1	2:47	5:12.4	160	35:07.0	13.7	2:43.1	167	39:52.5	12:50	1:43:44.4
160	Bob Helwig	10	4:M 65-69	61	18:49.1	2:31	4:38.2	141	33:31.2	14.3	4:25.9	178	42:43.5	13:45	1:44:08.1
161	Chris Oshea	46	5:M 65-69	163	26:01.3	3:28	5:57.8	161	35:15.8	13.6	2:40.3	154	35:17.9	11:22	1:45:13.4
162	Olivia Negus	123	8:F 30-34	154	24:15.7	3:14	4:27.6	179	40:54.1	11.7	1:59.9	147	34:50.2	11:13	1:46:27.6
163	Trevor Lyle	162	5:M 70-74	145	22:56.9	3:04	4:06.0	167	36:25.8	13.2	2:32.2	171	40:30.3	13:02	1:46:31.5
164	Tarra Maeshima	15	9:F 50-54	135	22:28.6	3:00	4:26.1	143	33:34.5	14.3	2:57.7	180	43:25.6	13:59	1:46:52.7
165	Garrett Marcum	31	4:M 25-29	96	20:39.8	2:45	18:53.4	186	44:12.3	10.9	3:52.3	3	19:51.0	6:23	1:47:29.1

Diamond in the Rough Sprint & Olympic Tri 2025

Race Date

July 12, 2025

Sprint Triathlon Overall

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>----- Swim -----</u>			<u>T1</u>	<u>----- Bike -----</u>			<u>T2</u>	<u>----- Run -----</u>			<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
166	Steve Banovic	21	11:M 50-54	186	34:50.4	4:39	5:07.6	120	31:51.9	15.1	1:40.7	144	34:33.8	11:08	1:48:04.6
167	Meredith Pepin	59	2:F 20-24	187	35:09.2	4:41	5:23.3	171	37:02.1	13.0	1:58.5	82	28:59.4	9:20	1:48:32.6
168	Jonathan Jeffress	205	12:M 50-54	157	25:13.6	3:22	6:08.9	166	36:15.5	13.2		173	41:03.7	13:13	1:48:41.8
169	Michele Gagnon	114	5:F 55-59	166	26:16.6	3:30	7:33.6	130	32:49.4	14.6	2:38.7	168	40:05.2	12:54	1:49:23.6
170	Cathy Witter	13	3:F 65-69	105	21:05.6	2:49	5:20.9	164	35:57.0	13.4	3:47.4	182	44:18.4	14:16	1:50:29.5
171	Abigail Soderberg	139	4:F 1-99	183	32:03.3	4:16	4:20.5	169	36:55.3	13.0	2:27.3	153	35:15.1	11:21	1:51:01.7
172	Ilene Lees	26	10:F 50-54	156	24:39.5	3:17	5:14.3	175	37:59.1	12.6	3:07.6	169	40:07.6	12:55	1:51:08.2
173	Adam Carballo	61	11:M 45-49	147	23:15.6	3:06	4:38.3	176	39:21.4	12.2	2:13.2	176	42:25.3	13:39	1:51:53.9
174	Gregory Brunn	104	4:M Male 99	63	18:54.6	2:31	5:07.1	146	33:41.8	14.2	3:38.2	186	50:33.9	16:17	1:51:55.8
175	Jacquelyn Weih	7	5:F 40-44	162	25:56.3	3:28	4:59.2	170	36:57.8	13.0	2:16.9	179	43:06.9	13:53	1:53:17.3
176	Lauren Hollis	57	3:F 20-24	152	24:07.6	3:13	4:40.1	183	42:32.5	11.3	2:04.6	170	40:11.5	12:56	1:53:36.5
177	Tarra Rea	38	5:F 35-39	174	28:02.4	3:44	4:55.0	173	37:14.0	12.9	1:47.7	177	42:28.3	13:40	1:54:27.6
178	Jennifer Eisenberg	119	11:F 50-54	179	29:40.6	3:57	4:16.0	172	37:08.2	12.9	2:47.5	175	41:29.9	13:21	1:55:22.4
179	Sarabrynn Hudgins	128	6:F 35-39	172	28:01.1	3:44	4:30.5	181	41:51.5	11.5	2:16.9	166	39:31.3	12:43	1:56:11.5
180	Jonathan Copley	40	4:M Male 99	176	28:23.8	3:47	5:10.0	182	42:06.2	11.4	2:04.5	165	39:07.1	12:35	1:56:51.8
181	Katherine Roberts	206	11:F 45-49	181	30:32.8	4:04	4:21.0	178	40:13.6	11.9	3:03.6	174	41:15.7	13:17	1:59:26.8
182	Johana Reed	125	4:F 65-69	175	28:18.8	3:47	8:09.9	177	39:29.8	12.2	2:42.4	172	40:50.1	13:09	1:59:31.1
183	Paul Fink	27	17:M 35-39	169	27:14.2	3:38	4:24.5	188	49:24.8	9.71	1:40.1	184	45:43.0	14:43	2:08:26.8
184	Edward Foley	140	6:M 70-74	182	30:53.6	4:07	6:39.8	165	36:15.2	13.2	1:53.6	188	53:21.4	17:10	2:09:03.7
185	Jacklyn Hendrix	97	7:F 35-39	106	21:06.5	2:49	6:43.7	190	54:43.9	8.77	2:29.7	183	45:21.5	14:36	2:10:25.5
186	Julia Skinner	115	6:F 40-44	171	27:28.7	3:40	7:46.6	184	43:54.6	10.9	3:36.4	185	47:39.5	15:20	2:10:26.0
187	Kristin Phillips-Marcum	30	1:F Female	185	33:45.4	4:30	6:01.7	185	44:07.2	10.9	2:50.8	181	43:53.8	14:08	2:10:39.0
188	Jennifer Matis	99	8:F 35-39	148	23:25.3	3:07	7:04.7	187	45:59.6	10.4	4:01.4	187	52:02.6	16:45	2:12:33.8
DQ	Kristian Lunz	210	DQ:F 35-39				13:22.6	DQ	35:59.9	13.3	1:44.4		30:43.2	9:53	1:21:50.2
DQ	Mitchel Wynnyk	172	DQ:M 35-39	DQ	26:49.7	3:35	3:48.9	26	26:03.2	18.4	1:07.8		26:27.5	8:31	1:24:17.3
DQ	Charles Barber	23	DQ:M 45-49				12:17.9	DQ	40:45.1	11.8	2:25.0		31:09.2	10:02	1:26:37.2
DQ	Jason Votta	72	DQ:M 40-44				15:47.5	DQ	44:29.7	10.8	5:43.1		37:29.7	12:04	1:43:30.0
DQ	Elizabeth Baker	37	DQ:F Female				22:52.5	DQ	31:52.4	15.1	22:42.4		53:31.4	17:14	2:10:58.8
DQ	Kristina Roberts	36	DQ:F Female	DQ	14:48.5	1:58	8:11.2	189	50:22.1	9.53	4:15.4		53:31.3	17:14	2:11:08.8
DQ	Grace Parfitt	18	DQ:F 30-34	DQ	23:08.9	3:05	7:33.6	191	1:03:35.9	7.55	2:52.9		39:27.8	12:42	2:16:39.2