

Diamond in the Rough Sprint & Olympic Tri 2025

Sprint Triathlon Overall Men

Race Date

July 12, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total			
				Rnk	Time		Pace	Time		Rnk	Time		Rate	Time	Rnk
1	Matthew Sarge	156	TF SOA	3	12:42.9	1:42	2:14.2	3	21:59.7	21.8	1:08.9	1	16:32.5	5:19	54:38.3
2	Stephen Schousen	201	TF SOA	4	13:28.7	1:48	1:41.9	2	21:23.0	22.4	0:55.9	2	18:41.6	6:01	56:11.3
3	Alexander Tan	130	TF SOA				14:12.6	5	22:57.2	20.9	1:05.6	7	20:53.0	6:43	59:08.6
4	Stephen Eid	90	TF SMOA	2	11:54.0	1:35	2:19.4	7	23:20.7	20.6	1:06.4	9	21:20.2	6:52	1:00:01.0
5	Blair Saunders	218	TF SMOA	9	14:37.1	1:57	2:12.4	1	19:38.2	24.4	1:12.3	22	23:49.7	7:40	1:01:29.8
6	Harrison Pestikas	221	1:M 15-19	6	14:20.5	1:55	1:59.9	6	23:19.1	20.6	1:17.3	10	21:48.5	7:01	1:02:45.5
7	Matthew Malloy	184	TF SMOA	10	14:41.3	1:58	2:45.9	8	23:53.8	20.1	1:46.6	16	22:58.4	7:24	1:06:06.2
8	Luke Puhalla	54	2:M 15-19	1	0:00.0	0:00	14:31.8	54	29:00.7	16.5	1:32.4	8	21:06.1	6:48	1:06:11.3
9	Hans Geyer	79	1:M 55-59	26	17:22.4	2:19	2:15.2	10	23:58.0	20.0	1:02.3	11	21:49.2	7:01	1:06:27.3
10	Glenn Metzler	34	1:M 30-34	15	15:26.6	2:04	2:22.8	14	25:03.3	19.2	1:07.4	19	23:12.1	7:28	1:07:12.3
11	Damon Orobona	175	1:M 45-49	24	16:42.6	2:14	2:50.1	4	22:45.0	21.1	1:44.3	26	24:01.7	7:44	1:08:03.9
12	Peter Hogarty	39	1:M 60-64	12	15:18.3	2:02	2:38.6	21	25:49.4	18.6	1:24.7	21	23:29.9	7:34	1:08:41.0
13	Jeffrey Loomis	65	2:M 55-59	29	17:38.5	2:21	3:14.7	9	23:55.9	20.1	1:38.9	15	22:47.2	7:20	1:09:15.3
14	Donald White	1	2:M 60-64	22	16:13.7	2:10	2:44.3	11	24:02.8	20.0	1:53.1	30	24:42.4	7:57	1:09:36.5
15	Kyle McGowan	20	1:M 35-39	56	20:10.6	2:41	2:30.0	12	24:03.8	19.9	1:00.4	14	22:09.9	7:08	1:09:54.8
16	Francisco Llarena Arias	124	2:M 35-39	14	15:23.3	2:03	2:46.0	25	26:12.4	18.3	1:05.0	29	24:36.2	7:55	1:10:03.1
17	Anthony Wamwea	73	3:M 35-39	48	19:35.4	2:37	3:15.4	16	25:15.9	19.0	1:50.6	5	20:42.0	6:40	1:10:39.6
18	Nick Zaremba	76	4:M 35-39	37	18:16.0	2:26	4:14.9	15	25:06.1	19.1	1:14.8	13	22:03.5	7:06	1:10:55.5
19	Kurt Roberts	6	2:M 45-49	8	14:28.7	1:56	3:08.9	31	26:42.5	18.0	1:47.2	40	26:47.3	8:37	1:12:54.8
20	Chase Monroe	22	3:M 15-19	5	14:19.9	1:55	3:36.7	34	26:53.9	17.8	1:11.7	45	27:09.5	8:44	1:13:11.8
21	Brian Soderberg	138	1:M 1-99	28	17:32.9	2:20	3:05.1	63	29:53.4	16.1	1:37.0	12	21:57.5	7:04	1:14:06.1
22	Graham Haederle	214	1:M 25-29	34	17:58.4	2:24	2:43.4	92	33:26.4	14.4	0:44.6	4	19:52.4	6:24	1:14:45.4
23	Chris Morrisette	96	3:M 45-49	62	20:17.5	2:42	3:03.7	24	26:12.2	18.3	1:34.9	27	24:02.6	7:44	1:15:11.0
24	Tom Robinson	137	1:M 40-44	55	20:06.8	2:41	2:19.9	17	25:25.7	18.9	1:54.5	34	25:28.4	8:12	1:15:15.5
25	David Dash	141	3:M 55-59	51	19:57.5	2:40	3:30.9	19	25:42.7	18.7	2:04.1	28	24:03.2	7:45	1:15:18.6
26	Kevin Spielman	103	1:M 50-54	53	20:03.5	2:40	2:43.0	18	25:40.1	18.7	1:22.5	35	25:38.0	8:15	1:15:27.3
27	Mark Sposito	163	1:M 65-69	31	17:45.2	2:22	3:05.2	28	26:39.9	18.0	2:19.9	39	26:04.0	8:23	1:15:54.4
28	Nathaniel Chirnside	211	5:M 35-39	47	19:31.1	2:36	2:29.3	33	26:52.2	17.9	1:42.5	36	25:44.2	8:17	1:16:19.6
29	Stephen Vandenberg	176	6:M 35-39	69	21:07.7	2:49	3:10.2	20	25:48.4	18.6	1:31.5	31	24:59.8	8:03	1:16:37.8
30	Michael Gordon	43	7:M 35-39	20	16:01.4	2:08	4:22.3	80	31:53.2	15.1	0:57.6	20	23:26.8	7:33	1:16:41.5
31	Baxter Burbank	109	8:M 35-39	39	18:17.9	2:26	3:25.5	13	24:39.2	19.5	2:08.4	54	28:19.1	9:07	1:16:50.3
32	Quinn McLaughlin	181	2:M 1-99	21	16:02.5	2:08	3:16.1	81	31:59.2	15.0	1:41.7	25	23:56.4	7:42	1:16:56.0
33	Daniel Murphy	150	2:M 40-44	17	15:49.4	2:07	3:53.8	37	27:22.8	17.5	2:18.0	48	27:32.5	8:52	1:16:56.7

*Overall place within gender

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				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Rafael Valencia	86	1:M 20-24	11	15:09.3	2:01	2:46.9	99	33:52.5	14.2	2:09.8	18	23:11.6	7:28	1:17:10.2
35	Clark Miller	146	4:M 45-49	13	15:21.2	2:03	3:09.9	50	28:26.1	16.9	1:34.6	56	28:45.8	9:15	1:17:17.8
36	Orlando Gomes	121	2:M 30-34	86	22:36.7	3:01	3:34.1	27	26:38.3	18.0	1:42.9	17	23:06.4	7:26	1:17:38.6
37	John Bushweller	50	3:M 60-64	38	18:16.5	2:26	3:07.0	29	26:40.9	18.0	1:53.7	51	27:49.3	8:57	1:17:47.5
38	Harold Harris	199	4:M 55-59	60	20:16.7	2:42	3:13.4	41	27:33.0	17.4	1:16.6	33	25:28.3	8:12	1:17:48.3
39	Chris Morea	153	3:M 40-44	41	18:43.5	2:30	3:53.9	66	30:00.0	16.0	1:37.5	24	23:56.0	7:42	1:18:11.2
40	John Scott Beale	106	5:M 45-49	82	22:17.6	2:58	3:30.6	35	27:16.2	17.6	1:01.3	32	25:17.4	8:08	1:19:23.4
41	Todd Roth	149	9:M 35-39	81	22:14.4	2:58	3:08.9	22	25:56.7	18.5	2:08.4	38	25:58.1	8:22	1:19:26.6
42	Frank Bohn	11	3:M 30-34	25	17:08.7	2:17	3:16.5	65	29:57.5	16.0	1:23.2	50	27:44.4	8:56	1:19:30.5
43	Onur Yoruk	133	10:M 35-39	59	20:16.6	2:42	2:36.2	40	27:32.3	17.4	1:26.0	53	28:04.3	9:02	1:19:55.5
44	Timothy Jock	216	2:M 50-54	46	19:27.1	2:36	3:56.1	42	27:37.6	17.4	2:12.1	49	27:34.0	8:52	1:20:47.1
45	Joseph Martin	12	6:M 45-49	23	16:21.5	2:11	3:11.4	36	27:19.6	17.6	2:36.3	75	31:27.7	10:08	1:20:56.7
46	Michael Batakis	191	11:M 35-39	43	18:50.2	2:31	4:38.1	39	27:30.3	17.5	2:41.0	47	27:22.1	8:49	1:21:02.0
47	Jonathan Regules	173	3:M 1-99	80	22:04.3	2:57	2:59.4	103	34:26.1	13.9	1:21.4	6	20:50.1	6:42	1:21:41.5
48	Seth Lepley	190	4:M 40-44	7	14:24.0	1:55	3:17.3	85	32:40.6	14.7	1:51.3	63	29:35.0	9:31	1:21:48.3
49	Matt Uebele	127	7:M 45-49	57	20:11.4	2:42	3:47.8	51	28:38.8	16.8	2:28.9	42	26:52.3	8:39	1:21:59.3
50	Michael Harris	110	5:M 55-59	49	19:36.0	2:37	3:43.5	26	26:25.6	18.2	2:22.2	67	29:55.1	9:38	1:22:02.6
51	Hunter Kennedy	53	1:M Male 99	73	21:21.6	2:51	3:19.7	61	29:33.0	16.2	1:16.9	46	27:14.5	8:46	1:22:45.9
52	John Bank	67	1:M 70-74	64	20:30.4	2:44	3:44.7	38	27:27.7	17.5	1:30.8	65	29:41.3	9:33	1:22:55.2
53	Michael Villacarlos	208	2:M Male 99	30	17:39.1	2:21	2:58.4	52	28:50.1	16.6	1:08.2	82	32:38.8	10:30	1:23:14.8
54	Bryce Beech	51	2:M 20-24	84	22:27.0	3:00	3:31.5	48	28:14.4	17.0	2:40.2	44	26:58.9	8:41	1:23:52.2
55	Ethan Shipley	193	4:M 30-34	54	20:05.7	2:41	4:28.9	49	28:20.3	16.9	2:43.0	55	28:20.6	9:07	1:23:58.7
56	Robert Reger	85	1:M Male 99	40	18:28.9	2:28	3:31.8	43	27:53.8	17.2	1:44.3	84	32:46.6	10:33	1:24:25.7
57	Andrew Smith	98	5:M 30-34	58	20:13.9	2:42	4:34.4	97	33:41.9	14.2	2:04.7	23	23:52.6	7:41	1:24:27.7
58	Jonathan Rosero	185	2:M 25-29	91	22:53.9	3:03	4:03.4	32	26:45.4	17.9	1:56.4	57	29:03.6	9:21	1:24:42.9
59	Bernard Tran	91	8:M 45-49	33	17:48.6	2:22	3:31.2	56	29:08.6	16.5	2:47.6	76	31:29.6	10:08	1:24:45.8
60	J.p. McDonough	196	3:M 50-54	79	21:58.6	2:56	3:39.0	44	27:58.0	17.2	2:10.1	58	29:06.4	9:22	1:24:52.2
61	Andrew Briner	78	5:M 40-44	27	17:31.5	2:20	3:03.9	59	29:20.7	16.4	2:36.8	85	32:46.7	10:33	1:25:19.7
62	Austin Knight	151	3:M Male 99	95	23:59.7	3:12	5:36.5	58	29:14.0	16.4	1:39.9	37	25:55.0	8:21	1:26:25.4
63	Andrew Halladay	129	4:M 50-54	45	19:02.5	2:32	4:48.1	70	30:16.3	15.9	2:27.4	70	30:24.7	9:47	1:26:59.2
64	Juergen Habner	17	2:M 65-69	32	17:46.0	2:22	4:17.5	46	28:11.5	17.0	2:38.2	91	34:18.1	11:02	1:27:11.5
65	Joe Lee	95	3:M 65-69	98	24:33.2	3:16	4:24.3	30	26:41.3	18.0	1:53.7	68	30:02.4	9:40	1:27:35.1
66	David Davis	63	6:M 55-59	72	21:19.4	2:51	3:40.4	45	28:02.4	17.1	1:54.5	83	32:42.6	10:32	1:27:39.5

*Overall place within gender

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				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
67	Charles Conrad	116	5:M 50-54	94	23:50.1	3:11	3:28.8	64	29:57.4	16.0	1:15.3	60	29:20.1	9:27	1:27:51.8
68	Steven Burke	134	12:M 35-39	66	20:41.8	2:46	4:38.1	72	30:32.9	15.7	2:49.6	61	29:25.5	9:28	1:28:08.1
69	Don Snyder	75	7:M 55-59	76	21:43.3	2:54	4:18.1	69	30:15.9	15.9	2:17.5	66	29:42.0	9:34	1:28:17.0
70	Robbie Li	167	6:M 30-34	70	21:10.2	2:49	4:19.3	55	29:02.4	16.5	2:45.1	73	31:10.2	10:02	1:28:27.4
71	Mark Hollis	56	8:M 55-59	19	15:59.1	2:08	4:49.5	76	31:16.5	15.3	2:17.8	92	34:18.8	11:03	1:28:42.0
72	Gary Moore	182	9:M 45-49	77	21:50.1	2:55	3:53.3	57	29:13.1	16.4	2:09.1	78	31:40.7	10:12	1:28:46.4
73	Christopher Gordon	42	13:M 35-39	50	19:49.2	2:39	4:21.7	62	29:36.4	16.2	2:19.9	86	32:47.1	10:33	1:28:54.4
74	Connor Buckley	58	3:M 25-29	52	20:00.2	2:40	4:28.6	98	33:49.8	14.2	3:19.7	52	27:49.7	8:57	1:29:28.1
75	Tony Gover	4	6:M 50-54	16	15:28.6	2:04	3:36.8	102	34:14.2	14.0	1:29.9	96	34:57.8	11:15	1:29:47.5
76	Philip Pie	52	2:M 70-74	97	24:15.5	3:14	4:19.8	53	29:00.5	16.5	2:33.2	64	29:40.4	9:33	1:29:49.6
77	Brendan Delgatto	179	7:M 30-34	103	26:27.4	3:32	4:06.9	47	28:11.5	17.0	2:28.9	62	29:34.1	9:31	1:30:49.0
78	David Rotstein	71	9:M 55-59	61	20:16.9	2:42	4:06.4	93	33:26.9	14.4	1:59.2	77	31:37.2	10:11	1:31:26.7
79	Harrison Brooke	92	8:M 30-34	71	21:18.7	2:50	5:26.1	82	32:05.9	15.0	2:10.7	71	30:27.6	9:48	1:31:29.2
80	Daniel King	44	2:M Male 99	88	22:44.1	3:02	5:59.4	75	30:53.4	15.5	3:30.6	59	29:10.1	9:23	1:32:17.8
81	Phil Grove	105	6:M 40-44	36	18:14.8	2:26	5:08.7	104	34:32.3	13.9	1:59.3	81	32:29.8	10:28	1:32:25.1
82	Daniel Shear	188	9:M 30-34	67	20:48.6	2:46	4:27.2	100	33:54.4	14.2	2:01.4	74	31:26.1	10:07	1:32:37.9
83	Adam Massenburg	198	3:M Male 99	68	20:56.6	2:48	4:55.4	73	30:34.4	15.7	2:04.9	90	34:17.1	11:02	1:32:48.6
84	Joe Hall	77	7:M 40-44	106	28:01.6	3:44	3:57.8	74	30:51.0	15.6	3:20.3	43	26:54.4	8:40	1:33:05.3
85	Brendan Lees	28	7:M 50-54	18	15:56.5	2:08	4:19.9	78	31:45.4	15.1	3:41.8	102	37:24.1	12:02	1:33:08.0
86	Justin Muhl	183	8:M 40-44	74	21:35.5	2:53	3:45.3	88	33:00.9	14.5	1:45.8	87	33:01.7	10:38	1:33:09.4
87	Daniel Tillemans	47	3:M 70-74	75	21:38.5	2:53	4:32.3	68	30:15.0	15.9	2:48.5	93	34:32.9	11:07	1:33:47.5
88	Cooper Ayling	117	4:M 15-19	78	21:51.3	2:55	3:15.3	77	31:39.6	15.2	1:35.5	98	35:34.2	11:27	1:33:56.2
89	Tom Sisson	19	10:M 30-34	35	18:08.3	2:25	4:51.4	83	32:11.2	14.9	4:20.8	95	34:55.3	11:14	1:34:27.2
90	Matthew MacFadden	168	10:M 45-49	90	22:50.7	3:03	5:23.2	71	30:29.8	15.7	2:28.1	88	33:37.3	10:49	1:34:49.3
91	Marc Hartstein	33	4:M 60-64	63	20:23.2	2:43	5:23.4	106	35:30.0	13.5	2:57.0	72	30:45.8	9:54	1:34:59.6
92	Casey Nichols	136	14:M 35-39	108	28:41.5	3:50	4:09.4	67	30:01.9	16.0	2:27.1	69	30:22.3	9:47	1:35:42.4
93	Samuel Thomas	202	4:M 1-99	83	22:24.6	2:59	5:18.5	90	33:20.6	14.4	3:35.4	80	32:13.5	10:22	1:36:52.8
94	Joseph Thomas	204	5:M 60-64	87	22:37.0	3:01	5:14.3	91	33:22.2	14.4	3:33.0	79	32:12.8	10:22	1:36:59.5
95	Kobie Flowers	83	8:M 50-54	105	27:20.5	3:39	4:01.3	60	29:32.9	16.2	3:16.5	89	33:47.7	10:53	1:37:59.2
96	Jonathan Parsons	174	9:M 50-54	85	22:30.3	3:00	4:01.2	87	32:55.3	14.6	3:22.1	100	37:11.6	11:58	1:40:00.6
97	Alec Belsky	8	10:M 50-54	110	33:26.9	4:28	4:53.2	95	33:32.5	14.3	1:43.1	41	26:49.9	8:38	1:40:25.8
98	Bruce McNew	5	4:M 70-74	89	22:48.4	3:02	5:12.2	84	32:37.0	14.7	2:12.3	104	38:55.1	12:32	1:41:45.0
99	Jonathan Viccary	41	15:M 35-39	96	24:02.6	3:12	4:30.9	101	34:02.4	14.1	2:34.4	101	37:15.2	11:59	1:42:25.7

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				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
100	Jd Snyder	135	16:M 35-39	102	26:05.4	3:29	5:19.1	86	32:50.6	14.6	2:28.2	99	36:40.4	11:48	1:43:23.8
101	David Kass	157	6:M 60-64	100	25:21.5	3:23	5:03.2	89	33:08.7	14.5	2:05.0	103	37:49.1	12:10	1:43:27.8
102	Bob Helwig	10	4:M 65-69	42	18:49.1	2:31	4:38.2	94	33:31.2	14.3	4:25.9	109	42:43.5	13:45	1:44:08.1
103	Chris Oshea	46	5:M 65-69	101	26:01.3	3:28	5:57.8	105	35:15.8	13.6	2:40.3	97	35:17.9	11:22	1:45:13.4
104	Trevor Lyle	162	5:M 70-74	92	22:56.9	3:04	4:06.0	109	36:25.8	13.2	2:32.2	106	40:30.3	13:02	1:46:31.5
105	Garrett Marcum	31	4:M 25-29	65	20:39.8	2:45	18:53.4	112	44:12.3	10.9	3:52.3	3	19:51.0	6:23	1:47:29.1
106	Steve Banovic	21	11:M 50-54	111	34:50.4	4:39	5:07.6	79	31:51.9	15.1	1:40.7	94	34:33.8	11:08	1:48:04.6
107	Jonathan Jeffress	205	12:M 50-54	99	25:13.6	3:22	6:08.9	108	36:15.5	13.2		107	41:03.7	13:13	1:48:41.8
108	Adam Carballo	61	11:M 45-49	93	23:15.6	3:06	4:38.3	110	39:21.4	12.2	2:13.2	108	42:25.3	13:39	1:51:53.9
109	Gregory Brunn	104	4:M Male 99	44	18:54.6	2:31	5:07.1	96	33:41.8	14.2	3:38.2	111	50:33.9	16:17	1:51:55.8
110	Jonathan Copley	40	4:M Male 99	107	28:23.8	3:47	5:10.0	111	42:06.2	11.4	2:04.5	105	39:07.1	12:35	1:56:51.8
111	Paul Fink	27	17:M 35-39	104	27:14.2	3:38	4:24.5	113	49:24.8	9.71	1:40.1	110	45:43.0	14:43	2:08:26.8
112	Edward Foley	140	6:M 70-74	109	30:53.6	4:07	6:39.8	107	36:15.2	13.2	1:53.6	112	53:21.4	17:10	2:09:03.7
DQ	Mitchel Wynnyk	172	DQ:M 35-39	DQ	26:49.7	3:35	3:48.9	23	26:03.2	18.4	1:07.8		26:27.5	8:31	1:24:17.3
DQ	Charles Barber	23	DQ:M 45-49				12:17.9	DQ	40:45.1	11.8	2:25.0		31:09.2	10:02	1:26:37.2
DQ	Jason Votta	72	DQ:M 40-44				15:47.5	DQ	44:29.7	10.8	5:43.1		37:29.7	12:04	1:43:30.0

*Overall place within gender