

Lums Pond Sprint and Olympic Triathlon 2025

Olympic Triathlon Overall Women

Race Date

August 03, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
				Rnk	Time		Rnk	Time		Rnk	Time	
1	Sara Black	433	1:F SOA	1	24:41.6	1:39	2:06.7	1 1:00:38.0	22.8	1:11.6	4 50:24.6	8:07 2:19:02.6
2	Kylie Bigler	423	2:F SOA	2	26:50.2	1:47	2:12.3	2 1:01:21.2	22.5	1:14.3	2 48:55.3	7:52 2:20:33.4
3	Grace Tinkey	301	1:F SOA	13	30:26.4	2:02	2:06.6	3 1:04:26.6	21.4	1:28.0	1 44:09.4	7:06 2:22:37.3
4	Laura Ramos	468	1:F SMOA	11	29:25.7	1:58	2:14.7	8 1:08:29.4	20.1	1:41.0	5 50:54.4	8:12 2:32:45.2
5	Mckenzie Bowling	379	1:F 30-34	3	27:12.6	1:49	3:36.5	9 1:08:41.6	20.1	1:42.8	8 52:32.6	8:27 2:33:46.2
6	Natalia Szlarb	491	3:F 30-34	39	36:31.5	2:26	2:37.2	5 1:06:25.8	20.8	1:24.2	3 48:57.6	7:53 2:35:56.6
7	Samantha Decapua	334	2:F 30-34	28	34:39.5	2:19	2:36.4	4 1:06:07.8	20.9	1:27.4	6 51:38.0	8:19 2:36:29.3
8	Madelyn Lowe	342	1:F 1-99	6	28:38.4	1:55	2:05.9	33 1:16:17.3	18.1	0:55.7	9 53:00.6	8:32 2:40:58.1
9	Lauren Burkholder	478	1:F 25-29	8	28:49.5	1:55	3:24.1	15 1:11:12.0	19.4	1:34.2	12 56:16.2	9:03 2:41:16.3
10	Isabelle Miller	306	1:F 20-24	10	29:24.9	1:58	2:33.3	20 1:12:46.5	19.0	1:49.7	10 55:00.3	8:51 2:41:34.9
11	Sarah Larose	384	4:F 20-24	44	37:17.1	2:29	2:11.8	14 1:10:41.2	19.5	1:00.5	7 52:06.0	8:23 2:43:16.7
12	Renee Loll	387	2:F SMOA	31	34:57.6	2:20	2:26.7	12 1:09:40.3	19.8	1:47.8	11 56:05.0	9:02 2:44:57.6
13	Mical Honigfort	385	2:F SMOA	19	32:33.7	2:10	2:59.4	11 1:09:22.3	19.9	1:32.9	21 58:44.5	9:27 2:45:13.0
14	Marisol Hernandez	443	3:F 20-24	4	28:04.2	1:52	2:34.3	39 1:17:59.9	17.7	0:59.4	16 57:29.8	9:15 2:47:07.7
15	Rose Smith	420	4:F 30-34	27	34:17.2	2:17	2:35.3	10 1:08:57.3	20.0	0:57.4	26 1:01:38.0	9:55 2:48:25.4
16	Dana Rodriguez	369	3:F 40-44	16	31:04.6	2:04	2:26.3	24 1:14:56.5	18.4	1:32.5	18 58:28.4	9:25 2:48:28.5
17	Ann Graham	489	3:F 35-39	22	33:10.9	2:13	2:26.4	18 1:12:04.3	19.1	1:13.6	23 1:00:01.4	9:40 2:48:56.8
18	Dina Beatty	415	1:F 50-54	26	34:00.7	2:16	2:30.0	7 1:07:53.6	20.3	1:20.8	32 1:04:05.0	10:19 2:49:50.2
19	Madelyn Bactor	350	5:F 20-24	18	31:36.8	2:06	3:00.8	32 1:16:09.6	18.1	1:29.5	20 58:39.0	9:26 2:50:55.9
20	Andrea Hohler	333	1:F 40-44	7	28:40.9	1:55	2:37.9	6 1:07:24.6	20.5	1:26.0	49 1:10:53.7	11:25 2:51:03.3
21	Aliya Curran	344	2:F 20-24	5	28:05.2	1:52	3:24.4	26 1:15:13.5	18.3	2:08.9	28 1:02:35.1	10:04 2:51:27.3
22	Jodi Walsh	431	1:F 55-59	23	33:33.6	2:14	3:25.9	16 1:11:25.0	19.3	1:38.5	37 1:05:06.0	10:29 2:55:09.2
23	Emily Lopez	354	6:F 20-24	30	34:55.9	2:20	2:41.7	35 1:17:03.9	17.9	2:21.4	17 58:14.9	9:22 2:55:17.9
24	Melissa Gomez De La Fuente	437	3:F 45-49	29	34:52.4	2:19	3:31.0	27 1:15:17.4	18.3	2:52.1	22 58:55.5	9:29 2:55:28.6
25	Melanie Sudetic	311	5:F 30-34	32	34:59.1	2:20	2:51.2	19 1:12:30.4	19.0	1:37.2	33 1:04:47.8	10:26 2:56:45.9
26	Michala Davis	328	2:F 25-29	14	30:38.7	2:03	2:53.1	31 1:16:00.7	18.2	1:33.1	40 1:06:56.4	10:46 2:58:02.2
27	Allison Dever	422	3:F 25-29	38	36:27.9	2:26	3:43.7	21 1:13:01.3	18.9	1:35.6	31 1:03:36.5	10:14 2:58:25.1
28	Jennifer Kron	348	3:F 50-54	35	35:52.5	2:24	2:43.6	36 1:17:04.7	17.9	1:11.6	27 1:02:00.2	9:59 2:58:52.8
29	Jessica Heckman	421	4:F 40-44	17	31:27.6	2:06	3:22.0	23 1:14:02.4	18.6	1:57.7	45 1:09:01.5	11:07 2:59:51.3
30	Sandy Duplicki	487	2:F 50-54	15	31:04.2	2:04	3:35.8	25 1:15:05.2	18.4	2:47.2	41 1:07:40.7	10:54 3:00:13.3
31	Danielle Hirt	413	5:F 35-39	36	36:12.6	2:25	3:20.6	38 1:17:50.4	17.7	2:15.7	24 1:00:53.6	9:48 3:00:33.0
32	Emily Panhuise	455	7:F 40-44	25	33:56.6	2:16	3:54.1	57 1:25:34.4	16.1	1:14.6	13 56:17.7	9:04 3:00:57.5
33	Alexandra Kelley	321	7:F 20-24	40	36:40.3	2:27	4:08.8	30 1:15:33.9	18.3	2:06.7	34 1:04:52.2	10:26 3:03:22.1

*Overall place within gender

Lums Pond Sprint and Olympic Triathlon 2025

Olympic Triathlon Overall Women

Race Date

August 03, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1		----- Bike -----		Rate	T2		----- Run -----		Total
				Rnk	Time	Pace	Time	Rnk	Time		Time	Rnk	Time	Pace	Time
34	Alexandra Le Blanc	470	2:F 1-99	24	33:44.6	2:15	4:50.9	59	1:27:33.0	15.8	2:29.1	14	56:55.3	9:10	3:05:33.2
35	Kimberly Coleman	498	5:F 40-44	12	30:06.7	2:00	3:14.4	51	1:23:24.0	16.5	0:55.9	43	1:07:59.5	10:57	3:05:40.7
36	Hannah Claggett	482	9:F 20-24	45	37:25.8	2:30	3:07.2	55	1:25:08.4	16.2	1:35.0	19	58:31.0	9:25	3:05:47.6
37	Abigail Bremseth	407	8:F 20-24	33	35:38.6	2:23	2:52.6	46	1:21:14.1	17.0	1:40.3	38	1:05:11.0	10:29	3:06:36.8
38	Linda Daniel	461	1:F 65-69	52	40:44.8	2:43	3:22.0	13	1:10:24.9	19.6	3:12.7	47	1:09:32.3	11:11	3:07:17.0
39	Marin Beal	371	4:F 25-29	51	39:24.3	2:38	3:37.1	56	1:25:29.6	16.1	2:04.3	15	57:01.9	9:11	3:07:37.3
40	Victoria Reed	404	6:F 40-44	60	43:27.3	2:54	4:50.2	22	1:13:48.8	18.7	2:44.2	29	1:03:15.1	10:11	3:08:05.8
41	Alleabelle Bradshaw	441	7:F 30-34	59	43:12.8	2:53	3:54.3	29	1:15:18.4	18.3	2:07.9	30	1:03:34.7	10:14	3:08:08.3
42	Susan Lamont	481	2:F 55-59	48	38:01.2	2:32	3:00.5	54	1:24:13.9	16.4	1:57.7	25	1:01:03.7	9:50	3:08:17.3
43	Amy Kelley	320	4:F 35-39	20	32:56.1	2:12	3:52.4	45	1:19:59.3	17.3	2:40.3	46	1:09:04.4	11:07	3:08:32.6
44	Jessica Lucas-Judy	312	5:F 50-54	41	36:42.0	2:27	3:49.4	49	1:21:36.4	16.9	2:20.6	39	1:05:53.7	10:36	3:10:22.3
45	Jamilyn Smyser	426	1:F 60-64	43	37:04.0	2:28	4:04.4	17	1:11:29.0	19.3	2:22.7	56	1:17:16.4	12:26	3:12:16.7
46	Lisa Gallicchio	357	4:F 45-49	54	42:26.6	2:50	3:45.8	42	1:19:23.2	17.4	3:03.8	35	1:04:53.5	10:27	3:13:33.0
47	Rebecca Zaidins	378	6:F 30-34	50	39:18.3	2:37	3:44.6	37	1:17:30.2	17.8	3:05.3	48	1:10:11.6	11:18	3:13:50.2
48	Debbie Booz	390	3:F 60-64	57	42:56.3	2:52	3:20.9	41	1:18:19.0	17.6	2:10.8	42	1:07:53.9	10:56	3:14:41.2
49	Jocelyn Roberts	453	4:F 50-54	42	36:45.3	2:27	2:39.6	44	1:19:58.2	17.3	1:19.6	54	1:16:22.0	12:17	3:17:04.9
50	Britton Elwood	364	10:F 40-44	62	45:22.2	3:01	3:17.8	50	1:23:13.7	16.6	1:35.8	36	1:04:55.4	10:27	3:18:25.1
51	Janel Fritz	382	2:F Female	55	42:37.6	2:51	3:54.2	28	1:15:17.7	18.3	2:12.6	57	1:17:25.0	12:28	3:21:27.2
52	Judy Fong	401	8:F 40-44	56	42:50.1	2:51	3:53.7	43	1:19:34.5	17.3	1:56.9	52	1:14:44.9	12:02	3:23:00.2
53	Jamie McNatt	376	6:F 45-49	68	49:43.1	3:19	3:35.9	47	1:21:24.1	17.0	1:44.0	44	1:08:01.3	10:57	3:24:28.6
54	Nora Judd	460	2:F 60-64	34	35:48.7	2:23	6:02.2	48	1:21:35.4	16.9	4:10.9	58	1:17:32.6	12:29	3:25:09.9
55	Barbara Clarke	397	2:F 65-69	63	45:28.6	3:02	4:22.5	34	1:16:51.2	18.0	2:22.9	60	1:18:36.2	12:39	3:27:41.6
56	Erin Jacobs	346	9:F 40-44	47	37:50.0	2:31	3:44.0	61	1:29:39.5	15.4	1:05.1	53	1:15:37.8	12:10	3:27:56.6
57	Peggy Costello	451	6:F 35-39	46	37:35.0	2:30	3:58.4	63	1:31:08.7	15.1	2:23.7	51	1:14:20.1	11:58	3:29:26.1
58	Leah Hebert	359	11:F 40-44	49	38:40.0	2:35	9:13.5	60	1:27:59.4	15.7	6:56.4	50	1:12:07.7	11:36	3:34:57.2
59	Emily Olin	383	10:F 20-24	53	42:24.7	2:50	5:29.7	40	1:18:08.4	17.7	2:37.2	64	1:29:04.5	14:20	3:37:44.7
60	Nicole Hall	435	7:F 45-49	66	48:53.3	3:16	3:32.9	58	1:27:26.3	15.8	2:58.9	59	1:18:09.2	12:35	3:41:00.8
61	Melissa Boctor	349	5:F 45-49	61	45:03.3	3:00	3:42.5	53	1:24:13.3	16.4	2:15.9	62	1:26:28.2	13:55	3:41:43.4
62	Virginia Carrnick	485	12:F 40-44	58	42:57.6	2:52	4:48.4	62	1:30:35.8	15.2	4:04.9	61	1:20:16.2	12:55	3:42:43.1
63	Amanda Cooper	438	7:F 35-39	65	48:15.8	3:13	4:59.9	52	1:23:59.6	16.4	3:14.9	65	1:31:18.0	14:42	3:51:48.5
64	Daionna Wright	307	5:F 25-29	67	49:11.9	3:17	4:33.8	65	1:31:49.6	15.0	1:47.3	63	1:27:50.4	14:08	3:55:13.2
65	Christine Tagayun	416	13:F 40-44	70	51:28.4	3:26	4:47.6	67	1:39:33.2	13.9	2:47.5	55	1:17:04.1	12:24	3:55:40.8
66	Karen Glanz	449	1:F 70-74	64	45:50.3	3:03	6:24.6				1:32:06.2	67	1:38:46.5	15:54	4:03:07.7

*Overall place within gender

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Olympic Triathlon Overall Women

Race Date

August 03, 2025

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
				<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
DQ	Emily Holcroft	368	DQ:F 50-54	9	29:15.6	1:57	2:15.9	DQ	48:54.3	28.2	2:49.4		54:31.4	8:46	2:17:46.7
DQ	Nola Melvin	500	DQ:F 1-99	21	33:00.5	2:12	3:07.9	DQ	55:22.9	24.9	1:37.4		1:01:42.9	9:56	2:34:51.8
DQ	Mariah Trigo Lee	327	DQ:F 25-29	69	51:12.3	3:25	5:02.9	64	1:31:37.5	15.1	2:17.5	DQ	47:40.6	7:40	3:17:51.0

*Overall place within gender