

Lums Pond Sprint and Olympic Triathlon 2025

Sprint Triathlon Overall Women

Race Date

August 03, 2025

Place	Name	Bib No	AG Place	----- Swim -----		T1	----- Bike -----		T2	----- Run -----		Total
				Rnk	Time		Rnk	Time		Rnk	Time	
1	Nieve Keitel	56	1:F SOA	1	11:52.7	1:35	29	32:56.6	18.2	1	20:47.3	6:41 1:08:28.7
2	Meredith Miller	236	1:F SOA	34	17:38.4	2:21	2	27:31.4	21.8	4	24:23.1	7:51 1:12:58.4
3	Ryan Hartmann	275	2:F SOA	2	13:02.8	1:44	26	31:55.9	18.8	13	27:24.2	8:49 1:15:06.1
4	Mary Drost	111	1:F 15-19	24	16:37.5	2:13	15	31:02.1	19.3	2	22:52.0	7:22 1:15:13.8
5	Maria Paredes	162	1:F SMOA	77	21:10.0	2:49	1	27:15.6	22.0	3	23:31.3	7:34 1:16:31.0
6	Marissa Civatte	273	2:F 20-24	3	13:55.1	1:51	16	31:08.6	19.3	9	26:47.1	8:37 1:17:31.1
7	Marciane Foote	2	2:F 30-34	38	18:04.6	2:25	4	29:15.0	20.5	8	26:43.0	8:36 1:18:30.4
8	Kalina Cochran	195	1:F 20-24	10	15:25.4	2:03	10	29:49.7	20.1	32	29:37.5	9:32 1:18:33.2
9	Paula Pels	284	1:F SMOA	7	15:14.6	2:02	17	31:21.2	19.1	21	28:39.9	9:14 1:19:46.0
10	Trish Henwood	260	1:F SMOA	37	18:00.6	2:24	3	29:06.9	20.6	35	30:20.5	9:46 1:20:35.3
11	Deb Hicks	158	3:F 50-54	26	17:03.0	2:16	50	35:07.6	17.1	5	25:09.2	8:06 1:21:03.2
12	Bonnie Stoeckl	235	1:F 65-69	72	20:50.3	2:47	6	29:21.3	20.4	11	27:17.4	8:47 1:21:12.3
13	Elayne Dell	234	1:F 50-54	28	17:12.7	2:18	7	29:31.1	20.3	16	28:21.1	9:08 1:21:32.2
14	Tara Overfield	125	3:F 40-44	46	18:47.2	2:30	21	31:30.2	19.0	20	28:34.1	9:12 1:22:44.5
15	Kimberly Webster	178	5:F 40-44	70	20:43.9	2:46	11	30:00.5	20.0	17	28:23.8	9:08 1:22:55.5
16	Nicole Davidow	17	4:F 30-34	15	15:48.4	2:06	54	35:20.0	17.0	10	27:01.3	8:42 1:23:01.7
17	Carolyn Sigman	204	3:F 30-34	51	19:00.2	2:32	22	31:46.1	18.9	15	28:02.9	9:02 1:23:18.4
18	Maria Van Hamersveld	97	4:F 55-59	29	17:15.8	2:18	12	30:33.6	19.6	31	29:32.3	9:30 1:23:25.8
19	Jennifer Kozlowski	112	4:F 40-44	41	18:18.5	2:26	23	31:48.7	18.9	29	29:14.8	9:25 1:23:43.7
20	Mary Lishewski	3	1:F 60-64	57	19:53.5	2:39	13	30:37.7	19.6	23	28:53.3	9:18 1:23:58.4
21	Monnivor Morrow	32	1:F 25-29	23	16:33.3	2:12	41	34:14.1	17.5	24	28:58.5	9:20 1:25:22.4
22	Victoria Smith	257	1:F 1-99	6	14:54.3	1:59	92	39:17.6	15.3	7	26:27.3	8:31 1:25:23.6
23	Nikki Sabol-Perschy	22	2:F 45-49	44	18:41.5	2:30	24	31:50.1	18.8	39	31:46.9	10:14 1:26:17.5
24	Audrey Dudek	71	2:F 35-39	53	19:25.7	2:35	32	33:29.1	17.9	12	27:20.6	8:48 1:26:37.0
25	Katharine Posner	66	1:F Female	18	16:04.4	2:09	8	29:44.0	20.2	71	35:55.4	11:34 1:26:39.4
26	Megan Carlson	201	6:F 25-29	69	20:39.1	2:45	78	36:52.5	16.3	6	25:48.2	8:18 1:27:04.5
27	Jaymi Light	121	1:F 35-39	5	14:36.9	1:57	42	34:18.4	17.5	51	33:24.4	10:45 1:27:16.8
28	April Hartsook	227	2:F 55-59	52	19:13.6	2:34	5	29:19.9	20.5	68	35:13.1	11:20 1:27:23.5
29	Marisa Newcomer	48	8:F 40-44	47	18:50.6	2:31	52	35:19.0	17.0	27	28:59.8	9:20 1:27:52.7
30	Kiersten Pels	283	3:F 25-29	20	16:13.6	2:10	46	34:41.9	17.3	38	30:40.2	9:52 1:27:56.5
31	Jennifer Zanni	258	2:F 50-54	50	18:57.4	2:32	20	31:30.2	19.0	54	33:55.1	10:55 1:27:57.0
32	Megan Morgan	67	6:F 30-34	107	24:01.2	3:12	25	31:50.6	18.8	18	28:26.6	9:09 1:28:13.3
33	Mary Claire Lewis	266	2:F 25-29	11	15:27.9	2:04	57	35:45.3	16.8	41	32:21.0	10:25 1:28:14.0

*Overall place within gender

Lums Pond Sprint and Olympic Triathlon 2025

Sprint Triathlon Overall Women

Race Date

August 03, 2025

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Swim Time</u>	<u>Pace</u>	<u>T1 Time</u>	<u>Rnk</u>	<u>Bike Time</u>	<u>Rate</u>	<u>T2 Time</u>	<u>Rnk</u>	<u>Run Time</u>	<u>Pace</u>	<u>Total Time</u>
34	Margaret Harlow	16	2:F Female	17	16:01.4	2:08	3:38.0	14	30:42.8	19.5	2:08.8	73	36:05.0	11:37	1:28:36.2
35	Alison Falck	230	3:F 55-59	33	17:34.9	2:21	3:48.7	9	29:46.7	20.1	3:12.4	58	34:14.4	11:01	1:28:37.3
36	Lia Melvin	274	3:F 1-99	42	18:24.9	2:27	3:10.0	79	37:06.1	16.2	1:04.1	26	28:59.7	9:20	1:28:45.0
37	Lori Wojcik	164	4:F 50-54	65	20:23.8	2:43	2:56.9	34	33:37.8	17.8	1:47.1	33	30:04.6	9:41	1:28:50.4
38	Lindsey Civatte	79	2:F 15-19	4	14:30.5	1:56	3:48.0	75	36:40.4	16.4	1:33.0	42	32:31.0	10:28	1:29:03.1
39	Elizabeth Modaressi	238	10:F 40-44	86	21:31.1	2:52	3:19.9	48	35:02.8	17.1	1:23.2	14	27:49.6	8:57	1:29:06.7
40	Michelle Donaldson	113	3:F 35-39	93	21:51.0	2:55	3:53.9	27	32:24.8	18.5	2:27.6	22	28:44.9	9:15	1:29:22.4
41	Marcie Lenaghan	256	6:F 40-44	31	17:26.5	2:20	3:25.6	33	33:35.9	17.9	1:18.8	61	34:19.9	11:03	1:30:06.9
42	Jennifer Murphy	132	2:F 40-44	14	15:40.8	2:05	2:50.5	38	33:59.8	17.6	2:48.5	64	34:48.0	11:12	1:30:07.7
43	Lauren Hosford	215	6:F 35-39	68	20:38.2	2:45	3:53.9	47	34:54.7	17.2	1:44.8	25	28:58.5	9:20	1:30:10.4
44	Jordan McConnell	94	3:F 1-99	12	15:29.5	2:04	4:03.0	44	34:40.7	17.3	1:17.5	63	34:44.8	11:11	1:30:15.8
45	Caroline Roe	4	1:F Female	58	20:01.4	2:40	3:03.7	37	33:59.0	17.7	1:19.0	40	31:57.8	10:17	1:30:21.1
46	Ashley Coyle	99	4:F 35-39	13	15:40.6	2:05	3:30.4	94	39:26.4	15.2	1:16.9	37	30:29.1	9:49	1:30:23.6
47	Katie Murphy	88	9:F 30-34	22	16:22.3	2:11	4:11.9	95	39:28.1	15.2	1:46.0	30	29:32.1	9:30	1:31:20.5
48	Jessica Bremseth	155	5:F 30-34	48	18:52.7	2:31	2:55.2	53	35:19.7	17.0	0:57.2	50	33:21.3	10:44	1:31:26.3
49	Alexandra Bray	89	5:F 55-59	62	20:13.6	2:42	2:50.2	28	32:25.8	18.5	1:59.2	56	34:04.1	10:58	1:31:33.0
50	Elizabeth Carroll	82	1:F 70-74	64	20:18.0	2:42	3:01.8	18	31:26.0	19.1	1:48.0	70	35:54.0	11:33	1:32:28.0
51	Beth Ann Larson	186	7:F 30-34	40	18:12.8	2:26	3:42.3	70	36:28.0	16.5	2:08.0	43	32:38.6	10:30	1:33:09.8
52	Kate McCorkle	100	3:F 45-49	27	17:04.4	2:17	3:14.2	49	35:05.9	17.1	2:04.9	72	36:04.1	11:37	1:33:33.7
53	April Gucciardi	58	3:F Female	21	16:14.7	2:10	3:01.9	30	33:04.9	18.1	2:07.3	88	39:12.9	12:37	1:33:41.9
54	Grace Marburger	60	2:F 1-99	49	18:55.2	2:31	4:17.5	51	35:13.4	17.0	2:09.0	49	33:11.0	10:41	1:33:46.4
55	Liese Rothkopf	173	7:F 40-44	19	16:06.9	2:09	3:46.7	56	35:40.9	16.8	1:58.1	79	36:53.3	11:52	1:34:26.1
56	Tracye Howard	8	5:F 50-54	99	22:31.3	3:00	3:25.0	62	36:02.0	16.7	2:12.1	36	30:20.6	9:46	1:34:31.2
57	Sophie Dietrich	217	5:F 25-29	8	15:18.6	2:02	5:16.6	91	39:17.5	15.3	2:04.3	46	32:43.0	10:32	1:34:40.2
58	Erin Savidge	116	11:F 30-34	25	16:41.9	2:14	4:43.2	102	42:19.3	14.2	2:08.2	28	29:03.7	9:21	1:34:56.4
59	Keira Hart	69	5:F 45-49	102	23:10.6	3:05	3:55.3	35	33:40.6	17.8	1:41.6	44	32:40.8	10:31	1:35:09.1
60	Carol Downing	157	2:F 70-74	91	21:47.1	2:54	3:28.1	39	34:00.3	17.6	1:25.4	65	34:50.2	11:13	1:35:31.2
61	Katherine Sye	24	4:F Female	96	21:59.6	2:56	3:12.1	19	31:29.0	19.1	2:03.8	77	36:48.6	11:51	1:35:33.4
62	Katy Drost	110	4:F 45-49	74	20:54.8	2:47	3:37.8	64	36:06.1	16.6	1:10.3	55	33:58.9	10:56	1:35:48.1
63	Caitlin Mullan	154	5:F 35-39	89	21:39.0	2:53	3:19.4	36	33:58.0	17.7	2:12.4	66	34:55.3	11:14	1:36:04.2
64	Allison Houck	228	13:F 40-44	79	21:11.4	2:50	4:09.5	72	36:29.8	16.4	1:40.1	45	32:41.0	10:31	1:36:12.0
65	Pamela Wat	163	5:F Female	84	21:29.0	2:52	3:49.7	31	33:05.0	18.1	3:07.4	62	34:44.4	11:11	1:36:15.8
66	Sara Lane	65	6:F 55-59	92	21:47.4	2:54	3:14.1	65	36:07.9	16.6	2:17.4	53	33:32.4	10:48	1:36:59.3

*Overall place within gender

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Race Date

August 03, 2025

Place	Name	Bib No	AG Place	----- Swim -----			T1		----- Bike -----			T2		----- Run -----		Total
				Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time	
67	Claire Wanzer	192	7:F 25-29	97	22:26.9	3:00	3:37.7	61	36:01.2	16.7	1:29.4	52	33:27.8	10:46	1:37:03.2	
68	Debbie Weyl	95	12:F 40-44	75	20:56.9	2:48	4:22.1	69	36:20.9	16.5	1:55.6	60	34:17.2	11:02	1:37:52.8	
69	Kelly Clark	188	2:F Female	56	19:50.2	2:39	4:41.3	104	43:30.0	13.8	1:22.9	19	28:33.4	9:12	1:37:57.9	
70	Ellen Davis	165	8:F 30-34	32	17:30.2	2:20	3:11.8	87	38:16.0	15.7	1:59.4	81	37:05.2	11:56	1:38:02.8	
71	Mckelden Miller	264	3:F 15-19	9	15:22.5	2:03	3:33.5	99	40:46.0	14.7	1:42.9	80	37:02.4	11:55	1:38:27.5	
72	Ada Cornell	225	11:F 40-44	66	20:28.6	2:44	3:53.9	76	36:42.9	16.3	1:22.8	76	36:32.3	11:46	1:39:00.7	
73	Nikki Kassab	123	9:F 35-39	85	21:29.7	2:52	4:22.1	86	38:02.9	15.8	1:53.1	57	34:05.1	10:58	1:39:53.1	
74	Kristine Cronin	47	15:F 40-44	45	18:46.1	2:30	6:41.1	81	37:25.7	16.0	3:55.3	48	33:06.3	10:39	1:39:54.6	
75	Jennifer McConnell	93	6:F 45-49	100	22:46.4	3:02	3:59.5	45	34:40.9	17.3	2:13.8	75	36:26.1	11:44	1:40:06.8	
76	Eileen Corrigan	145	2:F 65-69	60	20:08.4	2:41	2:55.1	43	34:27.2	17.4	1:26.1	97	41:15.6	13:17	1:40:12.6	
77	Colleen Kirk	167	4:F 60-64	63	20:14.8	2:42	4:17.4	74	36:37.5	16.4	1:50.7	84	37:31.8	12:05	1:40:32.3	
78	Julia Orchinik	106	8:F 35-39	82	21:14.0	2:50	4:27.7	67	36:15.8	16.5	2:15.0	78	36:52.3	11:52	1:41:04.9	
79	Stephanie Smith	245	18:F 40-44	111	26:10.2	3:29	3:25.5	80	37:20.4	16.1	1:38.5	47	32:56.0	10:36	1:41:30.7	
80	Sarah Graham	272	8:F 25-29	67	20:30.8	2:44	4:30.0	83	37:40.4	15.9	2:03.7	83	37:31.8	12:05	1:42:17.0	
81	Kristine Blakely	142	7:F 55-59	95	21:59.1	2:56	3:41.2	93	39:25.8	15.2	1:59.0	67	35:11.8	11:20	1:42:17.2	
82	Brittany Powell	83	9:F 40-44	35	17:38.9	2:21	4:16.8	55	35:31.0	16.9	2:30.9	103	42:28.1	13:40	1:42:25.7	
83	Kathleen Luckner	214	10:F 30-34	43	18:38.2	2:29	4:49.4	89	38:39.7	15.5	2:17.8	86	38:01.1	12:14	1:42:26.4	
84	Louise Allen	90	3:F 60-64	54	19:42.4	2:38	4:09.0	58	35:56.3	16.7	2:11.2	95	40:47.7	13:08	1:42:46.8	
85	Renee Reyher	209	3:F Female	110	25:10.9	3:21	5:00.7	101	41:24.6	14.5	1:13.0	34	30:20.0	9:46	1:43:09.5	
86	Madison Heiges	55	9:F 25-29	39	18:10.8	2:25	4:13.1	109	45:17.6	13.2	1:26.1	59	34:17.0	11:02	1:43:24.7	
87	Leah Orchinik	105	14:F 40-44	80	21:12.4	2:50	3:54.3	77	36:51.4	16.3	2:13.7	89	39:43.6	12:47	1:43:55.6	
88	Camryn Walsh	59	4:F 25-29	81	21:13.1	2:50	4:15.1	40	34:07.7	17.6	2:30.5	101	41:57.7	13:30	1:44:04.3	
89	Brooke Hopper	127	8:F 45-49	106	23:49.8	3:11	3:42.8	60	36:00.9	16.7	2:23.3	92	40:20.8	12:59	1:46:17.8	
90	Meghan Heffernan	124	7:F 35-39	59	20:04.1	2:41	5:18.4	68	36:18.4	16.5	2:40.4	102	42:04.1	13:32	1:46:25.5	
91	Susan Krebs-Smith	53	3:F 70-74	71	20:47.7	2:46	4:35.5	84	37:40.4	15.9	2:26.2	96	40:57.0	13:11	1:46:27.0	
92	Laura Strutz	76	2:F 60-64	36	17:51.0	2:23	3:11.4	73	36:30.5	16.4	1:49.5	111	47:08.1	15:10	1:46:30.7	
93	Ella Civatte	81	4:F 15-19	30	17:16.1	2:18	4:44.6	110	46:35.7	12.9	0:51.0	85	37:44.8	12:09	1:47:12.4	
94	Rebecca Miller	166	7:F 45-49	90	21:46.6	2:54	4:23.8	71	36:28.5	16.4	4:26.3	94	40:42.3	13:06	1:47:47.7	
95	Beth Pendergast	92	4:F 65-69	83	21:14.5	2:50	4:46.2	82	37:36.2	16.0	2:33.0	99	41:51.5	13:28	1:48:01.6	
96	Patty Hagel	177	10:F 25-29	101	23:10.2	3:05	4:00.3	106	44:40.2	13.4	1:40.9	69	35:13.4	11:20	1:48:45.2	
97	Elizabeth Severson-Irby	51	17:F 40-44	55	19:45.9	2:38	6:37.0	96	39:35.6	15.2	2:31.5	91	40:16.7	12:58	1:48:46.9	
98	Elizabeth Borja	61	6:F Female	73	20:54.5	2:47	3:52.5	100	40:56.7	14.7	2:10.5	104	42:37.6	13:43	1:50:32.0	
99	Rachel Sacher	117	10:F 35-39	103	23:11.1	3:05	4:08.1	108	45:09.2	13.3	2:02.2	74	36:07.2	11:38	1:50:38.0	

*Overall place within gender

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Sprint Triathlon Overall Women

Race Date

August 03, 2025

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>AG Place</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>
100	Meghan Burns	220	16:F 40-44	109	24:31.0	3:16	4:26.0	59	35:58.6	16.7	2:25.5	106	43:41.2	14:04	1:51:02.5
101	Tasha Trusty	249	7:F 50-54	116	32:02.6	4:16	4:10.3	63	36:06.0	16.6	2:00.4	82	37:20.7	12:01	1:51:40.1
102	Elaine Bowser	139	3:F 65-69	78	21:10.8	2:49	4:32.5	66	36:08.0	16.6	2:43.8	113	48:03.6	15:28	1:52:39.0
103	Deborah May	218	6:F 60-64	98	22:27.0	3:00	5:31.9	103	42:37.3	14.1	2:30.4	90	40:01.5	12:53	1:53:08.4
104	Anna Sachs	254	10:F 45-49	112	27:08.8	3:37	3:59.1	98	40:45.0	14.7	2:50.6	87	38:27.3	12:23	1:53:11.0
105	Sarah Sanderson	261	9:F 45-49	61	20:09.6	2:41	4:31.5	113	47:01.3	12.8	1:38.4	105	43:13.3	13:55	1:56:34.3
106	Dawn Traub	143	5:F 60-64	108	24:11.7	3:14	3:23.1	88	38:32.6	15.6	2:20.4	114	48:39.2	15:40	1:57:07.1
107	Maria Anderson	43	11:F 25-29	94	21:55.1	2:55	3:20.6	115	47:17.3	12.7	1:11.5	108	44:50.0	14:26	1:58:34.6
108	Joyce Thomas	150	6:F 50-54	105	23:37.4	3:09	5:49.8	97	39:53.8	15.0	3:05.5	112	47:15.5	15:13	1:59:42.1
109	Rachel Frebert	160	12:F 25-29	87	21:31.2	2:52	5:02.3	114	47:06.6	12.7	2:14.4	109	46:09.7	14:51	2:02:04.4
110	Mary Boctor	50	4:F 1-99	76	21:06.9	2:49	7:24.9	111	46:54.8	12.8	3:37.3	107	44:24.5	14:18	2:03:28.5
111	Alyssa Marek	21	13:F 25-29	114	30:29.1	4:04	4:38.7	112	46:56.0	12.8	1:46.4	93	40:40.7	13:06	2:04:31.2
112	Mary Meholic	45	19:F 40-44	117	34:58.4	4:40	5:41.0	90	39:16.9	15.3	3:15.2	98	41:23.2	13:19	2:04:34.8
113	Ellie Tillotson	184	1:F Female	104	23:19.1	3:07	6:15.0	85	37:42.0	15.9	5:06.7	116	54:50.6	17:39	2:07:13.6
114	Robyn Stegman	259	8:F Female	88	21:31.3	2:52	6:25.6	107	45:02.9	13.3	1:44.0	115	52:32.7	16:55	2:07:16.6
115	Abigail Sanderson	262	5:F 1-99	113	28:07.4	3:45	4:07.8	117	54:21.3	11.0	1:32.5	100	41:55.6	13:30	2:10:04.8
116	Jenny Biener	12	7:F Female	16	15:50.5	2:07	5:38.3	116	50:58.1	11.8	1:54.0	117	55:45.3	17:57	2:10:06.3
117	Pam Cox	62	8:F 55-59	115	30:39.8	4:05	5:47.7	105	43:46.1	13.7	3:48.1	110	46:42.0	15:02	2:10:43.8

*Overall place within gender