

# General Smallwood Sprint & Olympic Triathlon 2026

Race Date  
April 25, 2026

## Sprint Triathlon Overall

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Adam Heist	411	9	13:09.2	1:45	2:43.1	1	41:21.5	23.2	0:58.2	4	19:16.7	6:12	1:17:28.8
2	Sam Jager	385	4	12:05.4	1:37	2:50.2	4	43:25.3	22.1	0:53.8	6	19:33.5	6:18	1:18:48.4
3	Michelle Christine	468	25	14:31.6	1:56	2:22.8	2	42:03.8	22.8	0:49.7	10	20:09.1	6:29	1:19:57.1
4	Dan Hathorn	327	12	13:32.4	1:48	2:58.0	3	42:15.3	22.7	1:00.1	24	22:12.0	7:09	1:21:58.0
5	Shane Burkhardt	383	3	11:19.8	1:31	3:23.2	20	47:11.8	20.3	1:49.6	2	18:21.8	5:55	1:22:06.4
6	David Miller	422	21	14:14.2	1:54	2:52.4	5	43:49.3	21.9	0:50.4	12	20:57.6	6:45	1:22:44.1
7	Stephen Eid	370	2	11:19.2	1:31	3:11.7	12	45:20.4	21.2	1:02.4	29	22:25.2	7:13	1:23:19.1
8	Jonathan Reardon	325	28	14:35.7	1:57	3:24.2	21	47:46.0	20.1	0:37.5	1	18:00.8	5:48	1:24:24.4
9	Darren Leslie	349	6	12:32.8	1:40	3:17.5	10	45:00.9	21.3	1:00.5	35	22:47.0	7:20	1:24:38.9
10	Rafael Terreri	460	66	16:28.0	2:12	3:17.0	11	45:19.4	21.2	1:32.4	5	19:18.1	6:13	1:25:55.1
11	Patrick Leonard	418	29	14:40.6	1:57	3:48.8	7	43:59.1	21.8	1:45.0	28	22:25.1	7:13	1:26:38.8
12	Brooke Kessler	319	10	13:09.8	1:45	3:05.9	13	45:58.1	20.9	2:41.2	22	21:47.2	7:01	1:26:42.2
13	David Hall	413	5	12:19.6	1:39	5:14.5	6	43:53.9	21.9	2:10.3	46	23:32.6	7:35	1:27:11.1
14	Chris Simms	305	24	14:27.8	1:56	3:35.8	14	46:08.6	20.8	1:29.2	34	22:44.3	7:19	1:28:25.7
15	Joaquin C-R	374	22	14:20.3	1:55	4:14.7	25	48:53.3	19.6	2:16.3	3	19:04.1	6:08	1:28:48.9
16	Timothy Burge	472	76	16:55.4	2:15	3:54.8	8	44:06.3	21.8	1:22.5	31	22:30.0	7:15	1:28:49.2
17	Jeffrey Loomis	356	48	15:39.0	2:05	3:52.4	17	46:57.5	20.4	1:53.2	11	20:37.9	6:38	1:29:00.2
18	Lauren Thomas	381	11	13:19.5	1:47	4:04.2	16	46:55.1	20.5	1:25.5	42	23:18.2	7:30	1:29:02.7
19	William Deaton	326	36	15:02.3	2:00	3:20.8	18	47:00.8	20.4	1:13.4	44	23:22.6	7:31	1:30:00.2
20	Mia Mikowski	492	16	13:56.1	1:51	3:25.1	26	49:23.8	19.4	0:56.6	36	22:51.9	7:22	1:30:33.6
21	Laura Whitney	405	14	13:47.6	1:50	3:20.5	33	50:09.9	19.1	1:30.4	30	22:26.1	7:13	1:31:14.6
22	Orlando Boff Rodrigues Gomes	403	67	16:31.9	2:12	4:59.4	19	47:02.6	20.4	1:20.6	26	22:15.2	7:10	1:32:09.9
23	Nick Weir	377	88	17:23.9	2:19	4:04.0	22	47:51.8	20.1	1:28.3	25	22:13.0	7:09	1:33:01.2
24	Christophe Wassmer	362	90	17:28.8	2:20	3:38.1	29	50:02.9	19.2	0:46.1	17	21:16.9	6:51	1:33:13.0
25	Samuel Walls	470	1	11:16.3	1:30	4:04.9	57	53:08.3	18.1	2:00.0	37	23:03.8	7:25	1:33:33.5
26	Micah Savarese	491	32	14:50.7	1:59	4:09.5	50	52:35.9	18.3	1:02.2	27	22:20.1	7:11	1:34:58.6
27	Diego Turo	337	94	17:36.7	2:21	4:00.6	32	50:08.5	19.1	1:39.9	21	21:37.3	6:58	1:35:03.1
28	Isaac Gilgoff	454	68	16:32.5	2:12	3:51.0	47	52:09.3	18.4	1:25.5	16	21:14.7	6:50	1:35:13.2
29	Nathan Ferrara	455	108	18:22.8	2:27	4:12.1	15	46:15.0	20.8	1:45.9	55	24:47.5	7:59	1:35:23.5
30	Richard Ballinger	304	37	15:02.7	2:00	5:03.2	24	48:24.3	19.8	2:32.3	68	25:34.0	8:14	1:36:36.6
31	Sammy Baunoch	452	101	17:49.8	2:23	4:50.8	55	53:01.0	18.1	1:02.1	9	19:55.3	6:25	1:36:39.1
32	Ben Uecker	451	34	14:56.7	2:00	4:29.9	28	49:55.7	19.2	2:05.5	64	25:12.7	8:07	1:36:40.6
33	Aidan Ball	435	54	16:03.6	2:08	4:12.8	59	53:30.5	17.9	1:23.3	20	21:34.2	6:57	1:36:44.6

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Place	Name	Bib No	Swim			T1	Bike			T2	Run			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Emerson Eatough	489	45	15:22.3	2:03	3:57.2	34	50:15.2	19.1	1:26.4	74	25:52.0	8:20	1:36:53.3
35	Colin Ball	436	96	17:39.7	2:21	4:43.3	44	51:44.2	18.6	1:35.5	23	21:49.8	7:02	1:37:32.6
36	Daniel Kalinowski	430	50	15:43.0	2:06	4:41.4	74	54:48.0	17.5	1:11.7	15	21:13.6	6:50	1:37:37.8
37	Stuart Mallon	388	26	14:35.0	1:57	4:28.9	83	56:15.2	17.1	0:50.5	19	21:30.8	6:55	1:37:40.6
38	Jason Israel	380	40	15:11.4	2:02	4:59.9	76	55:05.8	17.4	1:24.7	13	21:00.4	6:46	1:37:42.4
39	Daniel Hoefert	340	8	12:55.8	1:43	5:31.2	27	49:36.6	19.4	2:13.7	94	27:52.4	8:58	1:38:09.9
40	David Zaidins	441	19	13:58.4	1:52	4:48.7	60	53:32.0	17.9	2:18.2	47	23:36.1	7:36	1:38:13.5
41	Georg Neumann	347	97	17:39.9	2:21	4:21.1	42	51:39.1	18.6	0:56.0	48	23:44.8	7:39	1:38:21.1
42	Ariana Burge	473	30	14:42.5	1:58	3:57.2	37	50:40.4	18.9	1:07.6	96	27:55.2	8:59	1:38:23.1
43	Kelly Lefler	423	51	15:46.4	2:06	4:21.1	65	54:00.7	17.8	1:07.8	39	23:14.6	7:29	1:38:30.8
44	Ben Ghatan	442	42	15:18.2	2:02	5:42.3	72	54:32.7	17.6	1:58.6	14	21:12.9	6:50	1:38:44.8
45	Edward Ruzek	317	85	17:16.9	2:18	4:05.3	54	52:56.8	18.1	1:41.5	43	23:18.3	7:30	1:39:19.1
46	Dana Rodriguez	433	39	15:08.0	2:01	3:20.1	78	55:33.8	17.3	1:13.7	51	24:27.4	7:52	1:39:43.2
47	Joseph Alfera	459	61	16:18.5	2:10	4:28.5	75	54:49.7	17.5	1:50.7	32	22:31.9	7:15	1:39:59.5
48	Marciane Foote	301	114	18:40.2	2:29	4:16.3	38	50:48.9	18.9	1:33.8	62	25:08.6	8:06	1:40:27.9
49	Gabe Ognek	445	38	15:03.2	2:00	5:47.3	109	59:01.2	16.3	1:05.1	8	19:38.4	6:19	1:40:35.3
50	Anna Wells	450	7	12:55.3	1:43	4:37.7	82	56:08.9	17.1	1:59.1	66	25:17.7	8:09	1:40:58.9
51	Grey Holdorf	444	13	13:44.4	1:50	4:08.1	105	58:37.1	16.4	1:32.5	40	23:16.0	7:29	1:41:18.3
52	Erin Obrien	464	58	16:15.5	2:10	5:39.6	43	51:43.6	18.6	2:18.7	67	25:23.5	8:10	1:41:21.1
53	Noa Munn	466	27	14:35.6	1:57	3:59.8	68	54:14.6	17.7	1:33.1	86	27:03.6	8:43	1:41:26.8
54	Victoria Black	339	60	16:17.2	2:10	4:27.5	67	54:14.2	17.7	1:29.2	60	25:06.7	8:05	1:41:35.0
55	Joseph Haber	391	106	18:13.5	2:26	4:18.0	30	50:05.6	19.2	1:35.1	91	27:25.4	8:50	1:41:37.7
56	Peter Cosentino	482	80	16:59.4	2:16	5:34.4	35	50:36.8	19.0	1:52.6	78	26:39.3	8:35	1:41:42.6
57	Mark Sposito	474	46	15:24.7	2:03	4:51.2	63	53:57.9	17.8	2:03.7	73	25:50.6	8:19	1:42:08.3
58	Daniel Curtin	354	63	16:23.4	2:11	4:14.7	53	52:56.5	18.1	1:50.4	82	26:47.8	8:38	1:42:12.9
59	Samantha Sagen	338	117	18:54.3	2:31	5:21.7	70	54:20.0	17.7	1:39.0	33	22:42.4	7:19	1:42:57.6
60	Kat Andrews	376	15	13:50.8	1:51	5:18.6	89	56:49.8	16.9	1:22.9	70	25:38.1	8:15	1:43:00.4
61	Justin Milligan	477	95	17:39.3	2:21	7:06.4	66	54:10.8	17.7	3:52.9	18	21:18.3	6:51	1:44:07.9
62	Emanuele Tosi	412	93	17:34.3	2:21	5:43.4	45	51:49.6	18.5	1:51.2	89	27:25.2	8:50	1:44:23.8
63	Brandon Woodland	384	18	13:58.4	1:52	5:58.3	51	52:40.5	18.2	3:15.0	105	28:33.8	9:12	1:44:26.1
64	Robert Reger	486	79	16:57.1	2:16	4:18.7	49	52:24.5	18.3	1:06.1	118	29:45.2	9:35	1:44:31.7
65	Stephanie Nebenzahl	328	56	16:07.3	2:09	5:12.9	101	57:57.5	16.6	1:25.1	49	23:50.7	7:41	1:44:33.7
66	Joshua Ingle	307	142	21:18.6	2:50	4:03.7	58	53:20.5	18.0	1:04.6	56	24:51.7	8:00	1:44:39.3

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			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
67	Marc Pirner	417	122	19:12.6	2:34	6:04.8	36	50:37.8	19.0	2:03.2	80	26:40.7	8:35	1:44:39.4
68	Rachel Keane	448	33	14:51.5	1:59	3:51.8	112	1:00:06.9	16.0	0:58.5	59	25:04.4	8:04	1:44:53.3
69	Nate Holdorf	443	143	21:39.2	2:53	4:06.9	48	52:13.2	18.4	1:32.4	69	25:37.8	8:15	1:45:09.8
70	Scott Cassidy	432	49	15:39.1	2:05	4:57.7	77	55:14.8	17.4	1:39.7	92	27:41.1	8:55	1:45:12.7
71	Lesley Osterberg	389	119	19:00.1	2:32	6:00.2	62	53:53.0	17.8	2:31.9	50	24:04.0	7:45	1:45:29.4
72	Danielle Keller	324	75	16:54.3	2:15	3:44.6	79	55:51.4	17.2	1:34.2	90	27:25.2	8:50	1:45:29.9
73	Greg Ordun	462	74	16:53.9	2:15	4:08.5	41	51:28.8	18.6	1:53.4	136	31:14.1	10:03	1:45:38.9
74	Boris Bourget	471	86	17:18.6	2:18	4:56.1	90	57:08.2	16.8	1:35.7	54	24:46.9	7:59	1:45:45.8
75	Reuel Zinn	395	121	19:08.5	2:33	4:21.4	23	47:53.9	20.0	2:48.0	142	31:49.0	10:14	1:46:01.1
76	Elizabeth Calabro	369	128	19:32.4	2:36	4:46.1	40	51:11.9	18.8	1:30.1	109	29:02.0	9:21	1:46:02.7
77	Nicholas English	394	59	16:16.0	2:10	5:12.3	73	54:35.2	17.6	1:35.5	106	28:42.2	9:14	1:46:21.4
78	Martha Huizenga	343	17	13:57.6	1:52	6:33.8	97	57:47.1	16.6	2:06.7	76	26:19.3	8:28	1:46:44.6
79	Brendan Fleming	352	107	18:20.4	2:27	5:06.0	91	57:15.1	16.8	0:56.6	61	25:07.2	8:05	1:46:45.4
80	Nathan Her	481	64	16:24.2	2:11	4:58.0	117	1:00:19.3	15.9	1:49.2	41	23:16.9	7:30	1:46:47.7
81	Ella Kiley	378	70	16:43.2	2:14	4:40.9	104	58:29.5	16.4	1:07.4	75	25:56.4	8:21	1:46:57.6
82	Aimee Tukey	479	69	16:35.5	2:13	5:06.5	116	1:00:18.0	15.9	1:11.6	52	24:29.0	7:53	1:47:40.7
83	Clark Miller	424	41	15:13.2	2:02	5:25.5	95	57:40.1	16.6	1:50.3	93	27:44.2	8:56	1:47:53.5
84	Robbie Li	456	112	18:33.6	2:28	5:58.7	56	53:02.1	18.1	3:10.6	87	27:14.9	8:46	1:48:00.1
85	Ethan Hann	480	78	16:56.0	2:15	4:19.1	120	1:00:48.2	15.8	1:31.5	53	24:31.3	7:54	1:48:06.2
86	Andrew Compton	409	147	22:52.6	3:03	5:14.4	31	50:08.4	19.1	1:41.3	103	28:16.9	9:06	1:48:13.7
87	Phares Horman	341	141	21:11.7	2:50	4:43.7	39	50:51.0	18.9	2:02.3	114	29:28.8	9:29	1:48:17.7
88	Scott Salinger	425	62	16:21.5	2:11	5:06.6	100	57:52.9	16.6	1:09.4	97	27:55.3	8:59	1:48:25.9
89	William Fish	402	83	17:07.8	2:17	6:06.1	61	53:37.7	17.9	2:20.6	110	29:13.7	9:24	1:48:26.0
90	Shane Young	344	105	18:10.6	2:25	4:41.5	71	54:23.2	17.7	2:00.6	117	29:41.6	9:33	1:48:57.8
91	Matthew Lubas	437	57	16:14.1	2:10	4:27.9	94	57:34.8	16.7	2:35.3	102	28:14.1	9:05	1:49:06.4
92	Debra Stroiney	453	125	19:18.2	2:34	5:04.1	69	54:16.1	17.7	2:28.5	101	28:07.1	9:03	1:49:14.2
93	Alex Hatala	446	116	18:43.9	2:30	6:33.5	102	58:00.6	16.5	1:01.5	63	25:12.1	8:07	1:49:31.7
94	Quinlan Ballou	431	109	18:26.2	2:28	6:52.2	138	1:04:02.9	15.0	0:56.7	7	19:35.5	6:18	1:49:53.7
95	John Bank	316	53	15:56.7	2:08	4:08.4	93	57:22.2	16.7	3:09.7	115	29:33.5	9:31	1:50:10.6
96	Ian Murray	406	132	20:04.6	2:41	5:32.5	81	56:05.3	17.1	1:53.5	84	26:49.8	8:38	1:50:25.9
97	Andrew Plank	350	77	16:55.9	2:15	4:53.5	141	1:04:51.7	14.8	1:02.5	45	23:28.9	7:33	1:51:12.7
98	Virginia Cosentino	490	65	16:26.6	2:12	6:12.6	108	58:58.9	16.3	1:46.1	98	27:56.9	9:00	1:51:21.2
99	Beatriz Sampaio	346	87	17:19.3	2:19	6:27.1	114	1:00:10.2	16.0	1:31.3	81	26:44.3	8:36	1:52:12.3

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			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
100	Anelise Zimmer	476	43	15:22.2	2:03	5:00.4	113	1:00:07.2	16.0	1:44.0	121	30:01.4	9:40	1:52:15.5
101	Maxwell Fontaine	312	120	19:03.1	2:32	4:56.3	122	1:01:25.8	15.6	2:03.3	57	24:57.5	8:02	1:52:26.2
102	Bradley Guest	401	72	16:46.7	2:14	7:32.4	86	56:35.5	17.0	2:09.4	112	29:24.1	9:28	1:52:28.3
103	Mackenzie Curtin	367	23	14:22.2	1:55	4:38.2	127	1:01:45.7	15.5	1:54.1	127	30:44.5	9:54	1:53:24.8
104	Suzanne Brown	332	98	17:48.5	2:22	5:58.6	96	57:46.9	16.6	2:01.3	120	29:59.3	9:39	1:53:34.8
105	Isla Bartosevich	407	55	16:06.8	2:09	4:31.8	147	1:05:04.3	14.8	0:54.6	88	27:15.8	8:47	1:53:53.4
106	Rebecca Zaidins	440	123	19:15.0	2:34	4:36.0	130	1:02:27.8	15.4	2:10.3	72	25:41.5	8:16	1:54:10.8
107	James Neal	371	91	17:29.5	2:20	6:41.5	99	57:52.6	16.6	1:53.9	134	30:49.6	9:55	1:54:47.3
108	Joshua Coker	375	81	17:03.8	2:17	7:01.9	107	58:42.6	16.4	2:30.0	116	29:33.6	9:31	1:54:52.2
109	Scott Cotoia	419	92	17:30.2	2:20	6:40.8	131	1:02:43.7	15.3	0:56.2	85	27:02.8	8:42	1:54:53.8
110	April Hartsook	335	133	20:05.6	2:41	5:08.5	84	56:15.2	17.1	2:03.4	140	31:39.9	10:12	1:55:12.8
111	Nikki Hamon	416	156	24:41.7	3:18	3:46.0	98	57:48.4	16.6	2:14.5	83	26:48.6	8:38	1:55:19.4
112	Michael Angel	461	118	18:57.1	2:32	10:58.7	87	56:40.5	16.9	3:27.5	65	25:16.3	8:08	1:55:20.4
113	Evans Rohrbaugh	315	174	31:54.1	4:15	6:16.9	9	44:59.2	21.3	1:59.2	123	30:13.1	9:44	1:55:22.7
114	Lilly Fant	404	35	14:59.1	2:00	5:27.6	106	58:41.0	16.4	3:51.2	152	32:34.9	10:29	1:55:34.0
115	Robert Fritz	421	140	20:55.2	2:47	9:30.2	103	58:15.2	16.5	2:18.3	58	25:03.2	8:04	1:56:02.3
116	Caleb Crain	469	99	17:49.3	2:23	5:52.3	119	1:00:28.4	15.9	2:39.1	122	30:02.8	9:40	1:56:52.2
117	Camille Ingram	323	20	14:11.4	1:54	6:05.5	143	1:04:57.7	14.8	1:15.5	126	30:34.1	9:50	1:57:04.5
118	Michael Curley	309	111	18:31.5	2:28	7:08.9	80	55:59.7	17.1	3:25.1	147	32:04.4	10:19	1:57:09.8
119	Kyle Gable	426	135	20:09.9	2:41	6:04.1	136	1:03:41.1	15.1	1:44.1	71	25:39.8	8:16	1:57:19.1
120	Mackenzie Walker	449	44	15:22.3	2:03	4:39.3	149	1:05:32.2	14.6	1:59.0	125	30:33.2	9:50	1:58:06.2
121	Fiona McClure	463	82	17:07.6	2:17	7:09.8	110	59:36.9	16.1	2:30.2	145	31:58.6	10:18	1:58:23.2
122	David Rotstein	355	100	17:49.6	2:23	5:25.5	142	1:04:56.2	14.8	1:53.2	107	28:46.5	9:16	1:58:51.2
123	Elizabeth Carroll	303	129	19:43.7	2:38	6:53.6	92	57:20.3	16.7	2:09.4	153	32:46.8	10:33	1:58:54.0
124	Brooke Cardwell	373	115	18:42.6	2:30	5:31.5	133	1:03:07.8	15.2	5:18.6	79	26:39.9	8:35	1:59:20.6
125	Stephen Bieschke	306	160	25:38.4	3:25	5:36.4	52	52:55.9	18.1	1:54.8	157	33:21.0	10:44	1:59:26.5
126	Hasni Bachir	410	169	28:47.1	3:50	6:25.7	111	1:00:03.1	16.0	1:07.0	38	23:13.2	7:28	1:59:36.2
127	Lismarie Hernandez	313	134	20:09.2	2:41	4:45.7	123	1:01:28.1	15.6	1:34.8	141	31:48.1	10:14	1:59:46.0
128	Craig Kullmann	387	164	27:27.4	3:40	6:18.2	64	54:00.1	17.8	2:55.4	113	29:24.6	9:28	2:00:06.0
129	John Sener	393	102	17:52.0	2:23	7:18.6	129	1:02:05.4	15.5	2:19.6	128	30:44.7	9:54	2:00:20.5
130	Andi Haubach	392	131	19:47.8	2:38	5:27.4	145	1:05:01.1	14.8	2:04.1	99	28:01.6	9:01	2:00:22.1
131	Alan Warburton	359	103	17:59.6	2:24	6:09.7	124	1:01:34.1	15.6	2:37.6	156	33:07.5	10:40	2:01:28.6
132	Michael Dilsaver	314	163	26:52.9	3:35	7:49.9	85	56:25.1	17.0	2:16.6	104	28:25.1	9:09	2:01:49.8

# General Smallwood Sprint & Olympic Triathlon 2026

Race Date  
April 25, 2026

## Sprint Triathlon Overall

Place	Name	Bib No	Swim			T1	Bike			T2	Run			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
133	Bethany Pousinho	329	151	23:24.7	3:07	5:29.0	118	1:00:25.0	15.9	2:51.9	119	29:50.3	9:36	2:02:01.0
134	Jason Holler	318	139	20:35.0	2:45	7:06.1	115	1:00:17.2	15.9	3:23.7	138	31:22.9	10:06	2:02:45.1
135	Duncan Hill	372	110	18:27.2	2:28	5:00.1	155	1:09:53.6	13.7	1:32.6	108	28:59.6	9:20	2:03:53.3
136	Owen Cunningham	351	89	17:26.9	2:20	6:25.6	146	1:05:02.5	14.8	2:00.8	158	33:35.4	10:49	2:04:31.4
137	Larry Novelo	302	144	21:43.1	2:54	7:12.1	132	1:03:06.7	15.2	2:00.3	135	31:11.3	10:02	2:05:13.8
138	Richard Kiley	390	150	23:13.1	3:06	6:19.2	137	1:03:57.9	15.0	1:32.7	137	31:19.1	10:05	2:06:22.2
139	Donald White	333	47	15:37.7	2:05	14:26.7	154	1:08:38.7	14.0	0:48.3	95	27:53.7	8:59	2:07:25.1
140	Shauwea Hamilton	379	145	21:48.6	2:54	5:11.9	148	1:05:09.8	14.7	2:17.0	155	33:07.0	10:40	2:07:34.5
141	Michaela Whearty	414	113	18:39.9	2:29	8:14.1	159	1:12:44.1	13.2	1:18.0	77	26:38.6	8:35	2:07:35.0
142	John Righter	386	165	27:44.4	3:42	7:29.1	125	1:01:35.3	15.6	1:40.8	111	29:17.6	9:26	2:07:47.4
143	Shannon Gay	397	155	24:31.8	3:16	10:24.6	126	1:01:42.4	15.6	3:55.6	100	28:02.4	9:02	2:08:36.9
144	Jomar Tollinchi	485	171	29:36.3	3:57	7:03.3	46	51:57.1	18.5	3:21.0	165	37:57.0	12:13	2:09:54.9
145	Chelsea English	382	157	25:09.0	3:21	6:33.1	134	1:03:18.1	15.2	3:15.4	148	32:10.3	10:21	2:10:26.1
146	Matthew Fox	457	153	23:32.5	3:08	8:35.4	140	1:04:26.4	14.9	3:22.7	129	30:44.9	9:54	2:10:42.0
147	Asha Silva	364	138	20:21.4	2:43	9:32.5	151	1:06:56.0	14.3	3:02.3	143	31:53.6	10:16	2:11:45.9
148	Dorian Miller	363	137	20:13.1	2:42	9:47.1	152	1:07:01.4	14.3	2:57.3	144	31:54.3	10:16	2:11:53.4
149	Elijah Porter	475	167	28:45.7	3:50	7:15.6	139	1:04:19.5	14.9	2:21.3	130	30:45.2	9:54	2:13:27.5
150	Keira Loftus	331	136	20:10.5	2:41	5:54.7	161	1:14:31.4	12.9	2:48.6	150	32:18.8	10:24	2:15:44.1
151	Paige McAleer	330	84	17:14.6	2:18	8:52.5	163	1:15:17.1	12.8	2:05.5	151	32:19.0	10:24	2:15:48.9
152	Bonnie McCready	428	149	22:59.4	3:04	6:18.5	150	1:06:50.4	14.4	2:34.7	164	37:30.6	12:04	2:16:13.7
153	Madeleine Murphy	398	52	15:54.1	2:07	7:38.7	164	1:17:58.8	12.3	2:21.7	160	34:22.5	11:04	2:18:16.0
154	Daniel Caldwell	408	104	18:10.1	2:25	8:03.7	153	1:07:06.8	14.3	3:24.1	167	41:43.6	13:26	2:18:28.4
155	Patrick Talsania	368	124	19:16.9	2:34	9:27.1	158	1:12:14.3	13.3	3:20.9	163	36:37.0	11:47	2:20:56.4
156	Elena Murphy	342	173	31:26.9	4:12	9:12.2	135	1:03:38.7	15.1	5:04.5	146	31:58.9	10:18	2:21:21.5
157	Sarah Pankratz	487	31	14:49.3	1:59	5:23.0	166	1:24:57.3	11.3	2:13.1	161	34:29.5	11:06	2:21:52.4
158	Frederick McCullough	415	168	28:46.1	3:50	8:10.9	157	1:11:54.3	13.4	3:21.7	149	32:18.3	10:24	2:24:31.5
159	Jacob Kelly	345	166	28:13.0	3:46	8:25.3	88	56:41.1	16.9	3:21.1	171	48:07.2	15:29	2:24:48.0
160	Catherine Gernes	427	170	29:09.0	3:53	6:09.2	165	1:18:40.0	12.2	1:22.3	124	30:22.7	9:47	2:25:43.3
161	Elyse Braner	429	154	24:08.8	3:13	6:30.7	160	1:13:18.1	13.1	3:17.5	166	38:50.4	12:30	2:26:05.7
162	Keoni Cheffens	439	161	25:39.9	3:25	10:13.8	121	1:01:09.4	15.7	3:20.2	169	46:45.9	15:03	2:27:09.3
163	Enrique Navarrete	465	162	26:16.9	3:30	8:31.5	162	1:15:15.1	12.8	1:59.2	162	35:47.4	11:31	2:27:50.3
164	Katie Frailer	322	127	19:29.4	2:36	7:16.3	171	1:28:50.2	10.8	2:06.6	132	30:47.3	9:55	2:28:30.1
165	Emily Cowie	320	126	19:26.8	2:36	7:26.3	167	1:26:51.1	11.1	4:04.3	131	30:47.3	9:55	2:28:35.9

# General Smallwood Sprint & Olympic Triathlon 2026

## Sprint Triathlon Overall

Race Date

April 25, 2026

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
166	Cameron Saunders	321	71	16:43.4	2:14	10:01.9	168	1:27:02.2	11.0	4:04.2	133	30:48.9	9:55	2:28:40.8
167	Calvin Zug	420	73	16:48.3	2:14	10:07.1	172	1:28:57.0	10.8		172	1:46:02.1	34:08	2:29:45.1
168	Sophia Zainullina	493	148	22:58.1	3:04	5:52.1	173	1:31:16.4	10.5	4:11.1	159	34:00.6	10:57	2:38:18.6
169	Nao Gamo	357	158	25:19.2	3:23	10:19.5	174	1:33:14.1	10.3	3:22.0	139	31:34.4	10:10	2:43:49.4
170	Jaelynn King	334	146	22:13.6	2:58	8:23.0	169	1:27:13.6	11.0	3:01.2	168	46:02.4	14:49	2:46:53.9
171	Visha Benitez	358	172	30:13.4	4:02	7:33.6	175	1:37:10.2	9.88	1:52.7	154	32:47.3	10:33	2:49:37.4
172	Jacob Nostrand	447	159	25:24.6	3:23	7:51.2	177	2:03:01.4	7.80		173	2:22:05.2	45:44	3:13:15.6
173	Rebecca Pankratz	488	152	23:25.2	3:07	6:48.3	176	1:57:26.8	8.17	1:05.9	170	47:33.4	15:18	3:16:19.7
DQ	Kyoko Kawai	361	130	19:47.1	2:38	6:48.7	DQ	1:04:03.4	15.0	2:19.6		35:01.6	11:16	2:08:00.6
DQ	Jeffrey Seyfried	396	DQ	8:19.8	1:07	26:26.2	128	1:01:46.3	15.5	3:51.6		28:08.2	9:03	2:08:32.3
DQ	Eric Ellingsen	458	DQ	10:25.5	1:23	21:34.4	144	1:04:59.4	14.8	2:48.6		30:44.2	9:54	2:10:32.3
DQ	Sergio Olivares Nieto	348	DQ	14:35.9	1:57	11:46.6	156	1:10:28.7	13.6	3:46.7		29:58.4	9:39	2:10:36.6
DQ	Ashay Srivastava	467	DQ	17:57.0	2:24	7:41.6	170	1:27:24.1	11.0	1:06.5		32:26.5	10:27	2:26:35.9