

General Smallwood Sprint & Olympic Triathlon 2026

Sprint Triathlon Overall Women

Race Date

April 25, 2026

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Michelle Christine	468	10	14:31.6	1:56	2:22.8	1	42:03.8	22.8	0:49.7	1	20:09.1	6:29	1:19:57.1
2	Brooke Kessler	319	2	13:09.8	1:45	3:05.9	2	45:58.1	20.9	2:41.2	2	21:47.2	7:01	1:26:42.2
3	Lauren Thomas	381	3	13:19.5	1:47	4:04.2	3	46:55.1	20.5	1:25.5	8	23:18.2	7:30	1:29:02.7
4	Mia Mikowski	492	6	13:56.1	1:51	3:25.1	4	49:23.8	19.4	0:56.6	6	22:51.9	7:22	1:30:33.6
5	Laura Whitney	405	4	13:47.6	1:50	3:20.5	5	50:09.9	19.1	1:30.4	4	22:26.1	7:13	1:31:14.6
6	Micah Savarese	491	14	14:50.7	1:59	4:09.5	11	52:35.9	18.3	1:02.2	3	22:20.1	7:11	1:34:58.6
7	Emerson Eatough	489	20	15:22.3	2:03	3:57.2	6	50:15.2	19.1	1:26.4	20	25:52.0	8:20	1:36:53.3
8	Ariana Burge	473	12	14:42.5	1:58	3:57.2	7	50:40.4	18.9	1:07.6	30	27:55.2	8:59	1:38:23.1
9	Kelly Lefler	423	21	15:46.4	2:06	4:21.1	13	54:00.7	17.8	1:07.8	7	23:14.6	7:29	1:38:30.8
10	Dana Rodriguez	433	17	15:08.0	2:01	3:20.1	18	55:33.8	17.3	1:13.7	11	24:27.4	7:52	1:39:43.2
11	Marciane Foote	301	37	18:40.2	2:29	4:16.3	8	50:48.9	18.9	1:33.8	15	25:08.6	8:06	1:40:27.9
12	Anna Wells	450	1	12:55.3	1:43	4:37.7	20	56:08.9	17.1	1:59.1	16	25:17.7	8:09	1:40:58.9
13	Erin Obrien	464	25	16:15.5	2:10	5:39.6	10	51:43.6	18.6	2:18.7	17	25:23.5	8:10	1:41:21.1
14	Noa Munn	466	11	14:35.6	1:57	3:59.8	15	54:14.6	17.7	1:33.1	27	27:03.6	8:43	1:41:26.8
15	Victoria Black	339	26	16:17.2	2:10	4:27.5	14	54:14.2	17.7	1:29.2	14	25:06.7	8:05	1:41:35.0
16	Samantha Sagen	338	39	18:54.3	2:31	5:21.7	17	54:20.0	17.7	1:39.0	5	22:42.4	7:19	1:42:57.6
17	Kat Andrews	376	5	13:50.8	1:51	5:18.6	22	56:49.8	16.9	1:22.9	18	25:38.1	8:15	1:43:00.4
18	Stephanie Nebenzahl	328	24	16:07.3	2:09	5:12.9	27	57:57.5	16.6	1:25.1	9	23:50.7	7:41	1:44:33.7
19	Rachel Keane	448	15	14:51.5	1:59	3:51.8	32	1:00:06.9	16.0	0:58.5	13	25:04.4	8:04	1:44:53.3
20	Lesley Osterberg	389	40	19:00.1	2:32	6:00.2	12	53:53.0	17.8	2:31.9	10	24:04.0	7:45	1:45:29.4
21	Danielle Keller	324	31	16:54.3	2:15	3:44.6	19	55:51.4	17.2	1:34.2	29	27:25.2	8:50	1:45:29.9
22	Elizabeth Calabro	369	45	19:32.4	2:36	4:46.1	9	51:11.9	18.8	1:30.1	35	29:02.0	9:21	1:46:02.7
23	Martha Huizenga	343	7	13:57.6	1:52	6:33.8	25	57:47.1	16.6	2:06.7	22	26:19.3	8:28	1:46:44.6
24	Ella Kiley	378	29	16:43.2	2:14	4:40.9	28	58:29.5	16.4	1:07.4	21	25:56.4	8:21	1:46:57.6
25	Aimee Tukey	479	28	16:35.5	2:13	5:06.5	35	1:00:18.0	15.9	1:11.6	12	24:29.0	7:53	1:47:40.7
26	Debra Stroiney	453	42	19:18.2	2:34	5:04.1	16	54:16.1	17.7	2:28.5	34	28:07.1	9:03	1:49:14.2
27	Virginia Cosentino	490	27	16:26.6	2:12	6:12.6	30	58:58.9	16.3	1:46.1	31	27:56.9	9:00	1:51:21.2
28	Beatriz Sampaio	346	34	17:19.3	2:19	6:27.1	34	1:00:10.2	16.0	1:31.3	25	26:44.3	8:36	1:52:12.3
29	Anelise Zimmer	476	18	15:22.2	2:03	5:00.4	33	1:00:07.2	16.0	1:44.0	38	30:01.4	9:40	1:52:15.5
30	Mackenzie Curtin	367	9	14:22.2	1:55	4:38.2	39	1:01:45.7	15.5	1:54.1	42	30:44.5	9:54	1:53:24.8
31	Suzanne Brown	332	35	17:48.5	2:22	5:58.6	24	57:46.9	16.6	2:01.3	37	29:59.3	9:39	1:53:34.8
32	Isla Bartosevich	407	23	16:06.8	2:09	4:31.8	46	1:05:04.3	14.8	0:54.6	28	27:15.8	8:47	1:53:53.4
33	Rebecca Zaidins	440	41	19:15.0	2:34	4:36.0	40	1:02:27.8	15.4	2:10.3	19	25:41.5	8:16	1:54:10.8

*Overall place within gender

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			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	April Hartsook	335	49	20:05.6	2:41	5:08.5	21	56:15.2	17.1	2:03.4	47	31:39.9	10:12	1:55:12.8
35	Nikki Hamon	416	61	24:41.7	3:18	3:46.0	26	57:48.4	16.6	2:14.5	26	26:48.6	8:38	1:55:19.4
36	Lilly Fant	404	16	14:59.1	2:00	5:27.6	29	58:41.0	16.4	3:51.2	55	32:34.9	10:29	1:55:34.0
37	Camille Ingram	323	8	14:11.4	1:54	6:05.5	44	1:04:57.7	14.8	1:15.5	41	30:34.1	9:50	1:57:04.5
38	Mackenzie Walker	449	19	15:22.3	2:03	4:39.3	48	1:05:32.2	14.6	1:59.0	40	30:33.2	9:50	1:58:06.2
39	Fiona McClure	463	32	17:07.6	2:17	7:09.8	31	59:36.9	16.1	2:30.2	50	31:58.6	10:18	1:58:23.2
40	Elizabeth Carroll	303	46	19:43.7	2:38	6:53.6	23	57:20.3	16.7	2:09.4	56	32:46.8	10:33	1:58:54.0
41	Brooke Cardwell	373	38	18:42.6	2:30	5:31.5	41	1:03:07.8	15.2	5:18.6	24	26:39.9	8:35	1:59:20.6
42	Lismarie Hernandez	313	50	20:09.2	2:41	4:45.7	37	1:01:28.1	15.6	1:34.8	48	31:48.1	10:14	1:59:46.0
43	Andi Haubach	392	48	19:47.8	2:38	5:27.4	45	1:05:01.1	14.8	2:04.1	32	28:01.6	9:01	2:00:22.1
44	Bethany Pousinho	329	57	23:24.7	3:07	5:29.0	36	1:00:25.0	15.9	2:51.9	36	29:50.3	9:36	2:02:01.0
45	Shauwea Hamilton	379	53	21:48.6	2:54	5:11.9	47	1:05:09.8	14.7	2:17.0	58	33:07.0	10:40	2:07:34.5
46	Michaela Whearty	414	36	18:39.9	2:29	8:14.1	51	1:12:44.1	13.2	1:18.0	23	26:38.6	8:35	2:07:35.0
47	Shannon Gay	397	60	24:31.8	3:16	10:24.6	38	1:01:42.4	15.6	3:55.6	33	28:02.4	9:02	2:08:36.9
48	Chelsea English	382	62	25:09.0	3:21	6:33.1	42	1:03:18.1	15.2	3:15.4	52	32:10.3	10:21	2:10:26.1
49	Asha Silva	364	52	20:21.4	2:43	9:32.5	50	1:06:56.0	14.3	3:02.3	49	31:53.6	10:16	2:11:45.9
50	Keira Loftus	331	51	20:10.5	2:41	5:54.7	53	1:14:31.4	12.9	2:48.6	53	32:18.8	10:24	2:15:44.1
51	Paige McAleer	330	33	17:14.6	2:18	8:52.5	54	1:15:17.1	12.8	2:05.5	54	32:19.0	10:24	2:15:48.9
52	Bonnie McCready	428	56	22:59.4	3:04	6:18.5	49	1:06:50.4	14.4	2:34.7	62	37:30.6	12:04	2:16:13.7
53	Madeleine Murphy	398	22	15:54.1	2:07	7:38.7	55	1:17:58.8	12.3	2:21.7	60	34:22.5	11:04	2:18:16.0
54	Elena Murphy	342	66	31:26.9	4:12	9:12.2	43	1:03:38.7	15.1	5:04.5	51	31:58.9	10:18	2:21:21.5
55	Sarah Pankratz	487	13	14:49.3	1:59	5:23.0	57	1:24:57.3	11.3	2:13.1	61	34:29.5	11:06	2:21:52.4
56	Catherine Gernes	427	64	29:09.0	3:53	6:09.2	56	1:18:40.0	12.2	1:22.3	39	30:22.7	9:47	2:25:43.3
57	Elyse Braner	429	59	24:08.8	3:13	6:30.7	52	1:13:18.1	13.1	3:17.5	63	38:50.4	12:30	2:26:05.7
58	Katie Frailer	322	44	19:29.4	2:36	7:16.3	61	1:28:50.2	10.8	2:06.6	44	30:47.3	9:55	2:28:30.1
59	Emily Cowie	320	43	19:26.8	2:36	7:26.3	58	1:26:51.1	11.1	4:04.3	43	30:47.3	9:55	2:28:35.9
60	Cameron Saunders	321	30	16:43.4	2:14	10:01.9	59	1:27:02.2	11.0	4:04.2	45	30:48.9	9:55	2:28:40.8
61	Sophia Zainullina	493	55	22:58.1	3:04	5:52.1	62	1:31:16.4	10.5	4:11.1	59	34:00.6	10:57	2:38:18.6
62	Nao Gamo	357	63	25:19.2	3:23	10:19.5	63	1:33:14.1	10.3	3:22.0	46	31:34.4	10:10	2:43:49.4
63	Visha Benitez	358	65	30:13.4	4:02	7:33.6	64	1:37:10.2	9.88	1:52.7	57	32:47.3	10:33	2:49:37.4
64	Rebecca Pankratz	488	58	23:25.2	3:07	6:48.3	65	1:57:26.8	8.17	1:05.9	65	47:33.4	15:18	3:16:19.7
DQ	Kyoko Kawai	361	47	19:47.1	2:38	6:48.7	DQ	1:04:03.4	15.0	2:19.6		35:01.6	11:16	2:08:00.6

*Overall place within gender