

Smith Mountain Lake Sprint Triathlon 2026

Race Date
May 02, 2026

Age Group Results

Sprint Aquabike

Male 99 and Under

Place		----- Swim -----				----- T1 -----		----- Bike -----		Total
Place	Overall Name	Bib	Age	Rnk	Time	Rnk	Time	Rnk	Time	Time
1 *	2 Neil Semmel	1	63	3	16:34.9	1	3:08.9	1	35:32.7	55:16.6
2 *	3 Troy Sivak	107	57	2	16:25.4	2	3:24.2	2	37:44.3	57:34.0
3 *	4 Terry Downs	21	68	1	15:55.2	3	3:51.3	3	40:00.0	59:46.6

Smith Mountain Lake Sprint Triathlon 2026

Race Date
May 02, 2026

Age Group Results

Sprint Aquabike

Female 99 and Under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib</u>	<u>Age</u>	<u>Swim</u>		<u>T1</u>		<u>Bike</u>		<u>Total</u>
					<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1 *	1	Meghan Milkowski	22	58	2	16:44.5	1	3:09.5	1	34:57.5	54:51.6
2 *	5	Jennifer Long	150	64	1	15:40.7	2	3:47.2	2	46:36.5	1:06:04.5
3 *	6	Stacy Dawson	181	52	3	17:20.5	3	5:58.4	3	57:41.7	1:21:00.8
4	7	Nancy Pope	12	70	4	26:50.6	4	5:59.2	4	1:05:17.5	1:38:07.4