

# Smith Mountain Lake Sprint Triathlon 2026

Race Date  
May 02, 2026

## Sprint Triathlon Overall

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	Ian Minster	128	7	11:31.1	1:32	2:24.9	2	32:03.8	23.3	0:55.4	2	19:05.4	6:09	1:06:00.8
2	Nate Michener	190	6	11:25.3	1:31	2:19.0	3	33:05.6	22.5	0:51.3	1	18:35.1	5:59	1:06:16.5
3	Paul Rasoumoff	175	3	10:36.4	1:25	2:05.3	9	35:56.5	20.7	1:00.3	3	19:42.5	6:21	1:09:21.1
4	Blake Robinson	35	14	12:46.8	1:42	2:22.7	4	33:17.0	22.4	0:52.8	5	20:05.9	6:28	1:09:25.4
5	Ben Lawry	16	30	14:00.5	1:52	2:21.3	6	33:34.1	22.2	1:12.7	21	21:56.9	7:04	1:13:05.6
6	Owen Page	44	38	14:26.7	1:56	3:34.8	5	33:31.5	22.2	1:16.4	14	21:46.0	7:00	1:14:35.6
7	Broderick Nelson	145	2	9:55.3	1:19	2:47.9	24	38:46.9	19.2	1:07.3	23	22:12.7	7:09	1:14:50.3
8	Caleb Keatts	173	13	12:40.4	1:41	2:35.5	18	37:59.4	19.6	1:02.3	12	21:36.0	6:57	1:15:53.8
9	Luke Hottle	217	1	9:14.5	1:14						236	1:07:14.4	21:39	1:16:29.0
10	Chris Grigsby	178	20	13:30.9	1:48	2:50.9	13	36:48.3	20.3	1:24.3	19	21:54.8	7:03	1:16:29.3
11	Rachel Burks	223	22	13:36.0	1:49	3:09.3	14	36:49.5	20.2	1:11.9	20	21:55.3	7:03	1:16:42.1
12	Gavin Harrington	202	5	11:18.2	1:30	3:17.1	33	39:35.9	18.8	1:50.1	22	21:58.8	7:04	1:18:00.3
13	Stephen MacDonald	214	37	14:19.4	1:55	4:27.0	10	36:04.8	20.7	0:54.0	32	23:11.5	7:28	1:18:56.9
14	Jeffrey Loomis	112	76	15:57.4	2:08	2:21.8	15	37:37.2	19.8	2:38.0	18	21:54.3	7:03	1:20:28.8
15	Alex Rosenbower	251	67	15:37.1	2:05	3:49.0	30	39:28.1	18.9	1:48.4	4	19:55.7	6:25	1:20:38.5
16	Michael Deciantis	205	31	14:05.1	1:53	3:32.0	50	41:03.9	18.2	1:28.6	7	20:31.8	6:37	1:20:41.7
17	Theo Haast	97	43	14:44.7	1:58	3:21.7	23	38:36.6	19.3	1:29.2	26	22:36.8	7:17	1:20:49.2
18	Colleen Patterson	56	9	12:20.4	1:39	3:59.1	48	40:57.3	18.2	1:43.1	17	21:49.9	7:02	1:20:50.0
19	David Daggett	7	21	13:34.9	1:49	2:44.8	8	35:39.6	20.9	1:09.0	102	27:41.8	8:55	1:20:50.3
20	Blair Detweiler	163	48	15:06.5	2:01	2:40.8	19	38:08.9	19.5	1:52.1	35	23:38.1	7:36	1:21:26.6
21	Seth McDowell	166	24	13:46.3	1:50	3:00.2	22	38:34.4	19.3	2:01.4	44	24:13.8	7:48	1:21:36.3
22	Christopher Koppang	95	17	13:06.9	1:45	2:51.5	11	36:14.4	20.6	1:45.9	110	27:58.2	9:00	1:21:57.2
23	Colton Schnars	204	4	11:15.4	1:30	3:18.4	69	42:54.4	17.4	1:53.4	29	22:50.7	7:21	1:22:12.4
24	Tristan Pickett	233	11	12:28.0	1:40	3:04.2	45	40:42.0	18.3	2:27.9	36	23:38.1	7:36	1:22:20.4
25	Johnny Firtz	62	75	15:53.2	2:07	3:07.9	34	39:38.7	18.8	1:35.8	24	22:14.1	7:09	1:22:29.7
26	Paul Atwood	237	39	14:29.7	1:56	2:17.7	42	40:24.2	18.5	2:55.0	27	22:43.2	7:19	1:22:50.1
27	Jonathan Harris	164	85	16:17.5	2:10	4:20.2	12	36:21.8	20.5	1:52.0	43	24:12.9	7:48	1:23:04.6
28	Rachel Waleski	225	18	13:25.1	1:47	3:39.3	43	40:29.3	18.4	1:25.1	47	24:33.4	7:54	1:23:32.3
29	Scott Moir	130	94	16:33.4	2:12	3:08.4	16	37:43.2	19.8	2:32.4	40	23:59.1	7:43	1:23:56.5
30	Jason Boutwell	2	56	15:21.4	2:03	3:20.9	40	40:15.5	18.5	3:10.8	15	21:48.0	7:01	1:23:56.7
31	Aaron Goldstein	159	10	12:27.3	1:40	5:29.0	38	39:59.1	18.6	1:47.0	46	24:30.5	7:53	1:24:13.2
32	Christen King	57	12	12:37.7	1:41	3:42.4	64	42:17.6	17.6	2:04.2	33	23:37.1	7:36	1:24:19.2
33	Koen Van Winckel	93	113	17:27.4	2:20	3:35.5	7	35:35.2	21.0	2:35.6	57	25:19.1	8:09	1:24:32.9

# Smith Mountain Lake Sprint Triathlon 2026

## Sprint Triathlon Overall

Race Date

May 02, 2026

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
34	Cortney Martin	189	57	15:22.1	2:03	2:38.8	31	39:29.7	18.9	1:19.3	69	26:05.1	8:24	1:24:55.2
35	Kevin Gehsmann	247	60	15:26.4	2:04	3:11.9	36	39:42.1	18.8	1:33.3	53	25:07.9	8:05	1:25:01.8
36	Evan Winograd	257	50	15:11.2	2:01	5:38.6	47	40:47.3	18.3	2:09.6	10	21:21.5	6:52	1:25:08.4
37	Joey Richardson	142	26	13:48.0	1:50	3:47.4	41	40:20.5	18.5	1:24.9	67	25:58.0	8:21	1:25:19.0
38	Robbie Knott	191	227	27:31.3	3:40	4:03.0	1	24:49.6	30.0	1:51.7	89	27:06.9	8:44	1:25:22.7
39	Daniel McFeeters	70	33	14:09.6	1:53	4:27.9	57	41:29.5	18.0	0:54.0	49	24:46.3	7:58	1:25:47.5
40	Lauren Weber	255	126	17:55.2	2:23	3:07.0	17	37:58.0	19.6	1:15.8	62	25:45.5	8:17	1:26:01.6
41	Luke Johnston	228	93	16:32.2	2:12	4:03.3	60	41:54.1	17.8	2:16.8	11	21:26.7	6:54	1:26:13.3
42	Daniel Elliott	266	89	16:25.4	2:11	3:10.4	91	45:14.0	16.5	1:01.1	6	20:23.6	6:34	1:26:14.6
43	Dylan Weber	127	32	14:06.0	1:53	3:42.1	55	41:19.6	18.0	1:47.5	58	25:20.6	8:09	1:26:16.0
44	Graham Day	227	102	17:00.7	2:16	3:18.1	59	41:53.4	17.8	1:13.0	30	22:54.7	7:22	1:26:20.0
45	Donald White	41	44	14:48.5	1:58	2:57.4	27	38:59.9	19.1	1:46.5	113	28:04.4	9:02	1:26:36.8
46	Brent Reiffer	239	143	18:54.9	2:31	3:59.8	35	39:41.5	18.8	1:48.1	25	22:32.1	7:15	1:26:56.7
47	J Pearce Beissinger	23	117	17:35.3	2:21	4:21.3	20	38:09.9	19.5	2:01.6	50	24:48.4	7:59	1:26:56.8
48	Sage Bittinger-Esser	72	47	15:04.8	2:01	3:48.4	75	43:55.6	17.0	0:52.7	45	24:14.1	7:48	1:27:55.8
49	Ben Hitchings	124	127	17:56.2	2:24	3:07.4	21	38:26.0	19.4	1:20.7	90	27:09.7	8:45	1:28:00.2
50	Hugo Rodriguez	14	70	15:40.7	2:05	3:53.6	46	40:42.5	18.3	2:19.8	61	25:25.3	8:11	1:28:02.0
51	Thomas Gross	186	131	18:08.0	2:25	4:01.5	26	38:55.9	19.2	1:32.5	64	25:53.2	8:20	1:28:31.3
52	Nicholas Goggins	36	41	14:37.3	1:57	3:06.2	62	42:03.7	17.7	1:11.7	98	27:33.1	8:52	1:28:32.2
53	Carter Corlett	144	25	13:47.8	1:50	3:32.2	80	44:31.7	16.7	1:22.5	60	25:25.1	8:11	1:28:39.5
54	Shane Lilly	48	186	21:34.0	2:53	4:33.9	39	40:09.3	18.6	1:22.4	8	21:05.0	6:47	1:28:44.8
55	James Jones	30	161	19:49.4	2:39	4:45.2	28	39:02.5	19.1	2:35.7	28	22:49.5	7:21	1:29:02.4
56	Hunter Ward	140	79	16:00.3	2:08	5:16.4	77	44:01.1	16.9	2:16.7	13	21:37.1	6:58	1:29:11.9
57	Amy Talmadge	241	28	13:51.7	1:51	3:23.0	115	47:08.3	15.8	1:21.4	38	23:41.8	7:38	1:29:26.4
58	Joshua Foster	91	137	18:45.7	2:30	4:19.9	58	41:29.7	18.0	1:17.2	39	23:53.9	7:42	1:29:46.5
59	Zach Van Blaricom	177	176	20:44.6	2:46	3:37.8	25	38:53.3	19.2	1:03.5	70	26:07.6	8:25	1:30:27.0
60	Megan Read	63	98	16:45.4	2:14	3:40.4	71	43:03.9	17.3	1:46.9	59	25:21.8	8:10	1:30:38.5
61	Brian Harrell	184	36	14:16.3	1:54	4:11.7	82	44:41.1	16.7	0:52.0	80	26:37.8	8:34	1:30:39.0
62	Brandon Biagi	87	78	16:00.0	2:08	4:50.9	37	39:54.3	18.7	1:22.0	120	28:44.9	9:15	1:30:52.1
63	David Pape	61	63	15:29.3	2:04	4:08.4	66	42:50.1	17.4	1:29.8	84	27:01.8	8:42	1:30:59.6
64	Rachel Clayton	168	110	17:23.7	2:19	4:36.2	49	41:01.4	18.2	1:47.1	74	26:20.7	8:29	1:31:09.3
65	Parisa Farhi	216	103	17:02.8	2:16	2:39.4	105	46:30.4	16.0	0:56.8	48	24:35.0	7:55	1:31:44.6
66	Stephen Delli Priscoli	79	99	16:48.7	2:15	5:36.3	85	44:55.5	16.6	3:21.7	9	21:20.2	6:52	1:32:02.6

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Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
67	Matthew Patterson	9	23	13:42.1	1:50	4:06.0	96	45:30.9	16.4	1:33.1	91	27:11.7	8:45	1:32:03.9
68	Jennifer Csapo	254	27	13:48.4	1:50	3:33.4	86	45:02.4	16.6	1:45.7	108	27:55.2	8:59	1:32:05.3
69	Jeremiah St Clair	200	51	15:12.1	2:02	5:15.6	95	45:29.8	16.4	1:06.3	51	25:04.6	8:04	1:32:08.6
70	Charan Alemlaseril	106	81	16:11.7	2:10	5:26.1	61	41:55.1	17.8	2:57.0	63	25:48.6	8:18	1:32:18.7
71	John Gregory	120	112	17:26.8	2:20	3:52.7	53	41:16.8	18.1	2:13.8	100	27:33.8	8:52	1:32:24.1
72	David Ryan	121	61	15:27.6	2:04	4:15.1	65	42:32.2	17.5	2:35.3	104	27:46.0	8:56	1:32:36.3
73	Ridge Bell	250	134	18:33.6	2:28	3:58.2	92	45:18.0	16.5	1:11.6	42	24:00.5	7:44	1:33:02.1
74	Daniel Guarino	224	59	15:25.9	2:03	5:01.0	79	44:13.9	16.9	2:06.9	72	26:14.4	8:27	1:33:02.3
75	Chuck Weidner	131	86	16:19.6	2:11	4:41.8	67	42:51.9	17.4	2:16.7	83	27:00.1	8:41	1:33:10.2
76	Jack Fassino	197	71	15:43.1	2:06	4:11.0	70	42:57.2	17.4	1:40.3	123	29:01.2	9:20	1:33:32.9
77	Beth Brant	174	73	15:45.5	2:06	4:55.6	54	41:19.3	18.0	2:05.2	134	29:42.9	9:34	1:33:48.7
78	Forrest Hare	170	148	19:14.4	2:34	5:18.2	29	39:25.3	18.9	1:55.1	109	27:57.6	9:00	1:33:50.7
79	Micah Harrell	42	82	16:13.8	2:10	3:16.2	141	49:45.3	15.0	0:47.3	41	23:59.4	7:43	1:34:02.1
80	Thomas Perez	45	116	17:33.5	2:20	4:57.4	44	40:30.7	18.4	2:35.1	119	28:28.5	9:10	1:34:05.4
81	Riley Carl	151	62	15:28.0	2:04	2:52.8	74	43:54.1	17.0	1:30.0	140	30:22.0	9:46	1:34:07.0
82	Elian Pope	139	34	14:13.7	1:54	4:56.1	98	45:54.2	16.2	1:11.4	111	28:01.7	9:01	1:34:17.4
83	Sean Larkin	58	19	13:28.6	1:48	4:17.5	78	44:12.0	16.9	2:21.6	138	30:06.2	9:41	1:34:26.0
84	Ryan Sullivan	54	145	19:01.1	2:32	5:05.6	110	46:57.2	15.9	0:41.3	31	22:59.2	7:24	1:34:44.5
85	Christopher Poulos	155	128	17:56.6	2:24	3:22.0	63	42:07.4	17.7	1:13.2	144	30:48.3	9:55	1:35:27.7
86	Chelsea So	64	52	15:14.1	2:02	4:23.2	124	47:35.5	15.7	2:23.5	65	25:56.8	8:21	1:35:33.2
87	Connie Glueck	31	101	16:57.1	2:16	3:07.0	83	44:42.1	16.7	3:12.0	107	27:53.1	8:59	1:35:51.4
88	Trevor Gumbrell	265	64	15:29.6	2:04	4:54.6	107	46:37.7	16.0	2:13.2	82	26:40.2	8:35	1:35:55.5
89	Whitney Davis	230	97	16:41.1	2:13	4:39.0	90	45:12.4	16.5	1:49.6	106	27:50.1	8:58	1:36:12.5
90	Todd Creswick	47	46	14:59.4	2:00	3:17.4	94	45:24.8	16.4	2:02.8	145	30:54.6	9:57	1:36:39.2
91	Andrew Harrell	39	118	17:46.3	2:22	4:12.0	118	47:18.7	15.8	0:51.2	79	26:34.8	8:33	1:36:43.2
92	Sarah Kate Harrell	40	123	17:48.7	2:22	4:10.1	119	47:19.8	15.8	0:50.5	78	26:34.1	8:33	1:36:43.4
93	Steve Brockman	116	95	16:38.1	2:13	5:12.3	51	41:04.7	18.2	2:09.0	157	31:40.2	10:12	1:36:44.5
94	Erno Csatos	157	163	19:53.2	2:39	6:27.0	32	39:31.0	18.9	3:52.6	93	27:15.8	8:47	1:36:59.8
95	David Szymanski	172	100	16:49.9	2:15	4:11.8	84	44:46.3	16.7	2:40.9	125	29:11.7	9:24	1:37:40.7
96	Ava Grau	152	107	17:19.0	2:19	4:15.6	113	47:03.0	15.8	1:22.9	105	27:46.2	8:56	1:37:46.9
97	Mark Dunne	253	132	18:09.2	2:25	4:20.5	81	44:34.8	16.7	1:59.3	124	29:01.5	9:21	1:38:05.4
98	Jordan Thomas	169	139	18:50.6	2:31	4:45.3	87	45:06.8	16.5	2:03.9	97	27:25.0	8:49	1:38:11.8
99	Matthew Stolte	123	35	14:15.6	1:54	5:24.4	112	47:00.0	15.9	2:08.9	128	29:25.3	9:28	1:38:14.4

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
100	Jonathan Carlin	258	69	15:40.4	2:05	4:32.1	111	46:57.5	15.9	1:49.0	126	29:17.2	9:26	1:38:16.4
101	Michael Sigmon	113	109	17:21.2	2:19	6:18.6	76	43:56.7	17.0	2:56.4	121	28:46.1	9:16	1:39:19.2
102	Becky Harrell	38	90	16:27.5	2:12	3:27.1	150	50:35.2	14.7	0:44.4	115	28:11.3	9:04	1:39:25.6
103	Javier Zapata	98	164	19:58.3	2:40	4:29.0	52	41:09.1	18.1	2:31.1	151	31:23.4	10:06	1:39:30.9
104	Jessica Rehmann	176	160	19:46.8	2:38	4:34.8	97	45:44.3	16.3	2:31.5	85	27:03.3	8:43	1:39:41.0
105	Eric Barkett	118	184	21:21.5	2:51	5:42.7	108	46:40.0	16.0	2:31.4	37	23:39.9	7:37	1:39:55.7
106	Ben Ruth	143	105	17:06.2	2:17	3:47.0	122	47:23.3	15.7	1:43.5	137	29:57.0	9:38	1:39:57.2
107	Elizabeth Petrey	117	136	18:39.6	2:29	3:10.3	140	49:37.7	15.0	0:53.0	103	27:44.7	8:56	1:40:05.5
108	Ariel Brooks	264	156	19:30.4	2:36	3:51.9	88	45:11.8	16.5	2:23.5	136	29:49.8	9:36	1:40:47.6
109	Pablo Ruiz	71	222	25:32.6	3:24	4:54.6	72	43:20.2	17.2	0:44.2	75	26:24.4	8:30	1:40:56.0
110	Colin Walker	243	66	15:36.8	2:05	4:14.7	121	47:21.0	15.7	2:13.9	155	31:31.3	10:09	1:40:57.8
111	Christopher Bosco	82	29	13:52.0	1:51	3:17.0	146	50:13.7	14.8	2:42.9	146	30:56.1	9:57	1:41:01.9
112	Kirk Baumbach	183	106	17:08.6	2:17	5:53.0	130	48:34.6	15.3	2:30.4	92	27:13.7	8:46	1:41:20.5
113	Jason Alcon	211	192	22:11.1	2:57	3:30.8	89	45:12.2	16.5	2:25.4	117	28:23.0	9:08	1:41:42.7
114	Enrique Valenzuela	103	114	17:29.6	2:20	4:25.5	68	42:54.4	17.4	2:03.0	187	34:50.2	11:13	1:41:42.8
115	Marcie Dawson	46	142	18:54.7	2:31	3:40.3	117	47:15.5	15.8	2:13.5	135	29:49.5	9:36	1:41:53.7
116	Chelsea Patterson	6	183	21:13.5	2:50	6:37.1	104	46:07.9	16.2	2:47.6	52	25:07.8	8:05	1:41:54.1
117	Jodi Huston	167	170	20:36.0	2:45	5:37.0	126	47:57.8	15.5	2:03.0	68	25:58.3	8:22	1:42:12.3
118	Sami Amad	73	45	14:53.2	1:59	7:47.7	131	48:41.7	15.3	2:47.7	112	28:02.5	9:02	1:42:12.9
119	Michael Mason	262	158	19:36.3	2:37	4:44.7	106	46:31.7	16.0	2:26.3	133	29:36.0	9:32	1:42:55.0
120	Rob Bohr	115	129	18:04.2	2:25	4:54.7	123	47:27.8	15.7	2:20.6	139	30:07.8	9:42	1:42:55.3
121	Bob Kollm	187	144	18:59.5	2:32	7:47.7	101	46:04.2	16.2	3:28.4	81	26:39.1	8:35	1:42:59.1
122	Andrew Clark	171	49	15:10.9	2:01	3:23.7	142	49:47.7	15.0	1:24.5	176	33:26.7	10:46	1:43:13.7
123	Gabrielle Richards	194	84	16:15.9	2:10	3:59.4	147	50:16.3	14.8	1:25.6	154	31:29.7	10:08	1:43:27.1
124	Michael Gossler	100	146	19:09.8	2:33	5:00.9	93	45:18.3	16.5	1:50.5	170	32:12.1	10:22	1:43:31.8
125	Monnivon Morrow	20	58	15:23.3	2:03	4:28.8	138	49:28.2	15.1	2:52.4	159	31:47.9	10:14	1:44:00.8
126	Rebekah Boring	206	111	17:25.5	2:19	4:14.7	134	48:51.6	15.3	1:39.0	167	32:03.0	10:19	1:44:14.0
127	Brian Boring	208	149	19:16.1	2:34	3:52.0	152	51:05.4	14.6	1:45.1	116	28:16.1	9:06	1:44:14.9
128	Micah Lenox	65	77	15:58.7	2:08	4:52.7	73	43:52.5	17.0	4:44.6	188	34:53.1	11:14	1:44:21.8
129	Madelyn Mauck	126	167	20:25.8	2:43	3:09.3	163	52:16.7	14.3	1:31.4	96	27:19.9	8:48	1:44:43.3
130	Leon Chichester	51	175	20:43.6	2:46	6:07.1	114	47:07.2	15.8	4:23.1	87	27:04.5	8:43	1:45:25.7
131	Madison Sanders	260	108	17:20.3	2:19	3:03.1	160	51:52.5	14.4	1:38.9	161	31:48.3	10:14	1:45:43.3
132	Maria Denunzio	229	189	21:54.6	2:55	4:40.9	102	46:06.1	16.2	1:40.1	156	31:36.5	10:10	1:45:58.3

# Smith Mountain Lake Sprint Triathlon 2026

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May 02, 2026

## Sprint Triathlon Overall

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
133	Spencer Wiegard	133	124	17:52.1	2:23	6:29.1	99	45:57.3	16.2	3:48.0	166	32:00.9	10:18	1:46:07.5
134	Katie Walker	242	83	16:14.8	2:10	4:38.9	155	51:19.8	14.5	1:44.9	173	32:31.3	10:28	1:46:29.8
135	Laura Wixon	104	173	20:41.6	2:46	4:56.5	143	49:52.1	15.0	2:11.8	122	28:49.5	9:17	1:46:31.7
136	Matt Bell	32	53	15:15.7	2:02	4:11.9	135	49:01.6	15.2	2:41.3	195	35:41.4	11:29	1:46:52.1
137	Neal Hogge	13	187	21:38.2	2:53	4:38.6	116	47:13.7	15.8	1:49.4	163	31:53.9	10:16	1:47:14.0
138	Austen Bander	261	125	17:53.6	2:23	5:28.5	194	57:09.8	13.0	0:59.6	66	25:57.6	8:21	1:47:29.3
139	Allie Murphy	188	15	12:49.0	1:43	5:25.7	204	59:03.9	12.6	0:59.6	131	29:30.0	9:30	1:47:48.4
140	Kurt Gehsmann	248	196	22:31.3	3:00	7:55.9	120	47:19.9	15.8	2:34.9	101	27:38.1	8:54	1:48:00.5
141	Danny Tu	59	195	22:26.8	3:00	5:09.8	103	46:06.3	16.2	1:57.2	172	32:27.7	10:27	1:48:07.9
142	Mellita Bruce	110	209	23:53.8	3:11	6:40.1	144	50:01.2	14.9	2:26.0	55	25:08.4	8:06	1:48:09.6
143	Clayton Marks	108	65	15:35.5	2:05	5:38.4	202	58:41.6	12.7	0:58.8	99	27:33.6	8:52	1:48:28.1
144	Tyler Stack	43	207	23:47.8	3:10	4:00.5	168	52:48.3	14.1	1:01.0	88	27:05.3	8:43	1:48:43.1
145	Ken Martin	111	208	23:49.8	3:11	7:10.4	56	41:26.1	18.0	2:52.7	177	33:28.7	10:47	1:48:47.8
146	Grady Horrell	226	157	19:32.8	2:36	4:56.8	184	55:14.0	13.5	1:23.0	118	28:24.4	9:09	1:49:31.2
147	Seth Cook	219	74	15:47.5	2:06	5:32.3	181	54:41.2	13.6	1:36.9	165	32:00.7	10:18	1:49:38.7
148	Jackson Cook	222	120	17:47.1	2:22	6:13.3	208	59:32.6	12.5	0:52.8	56	25:14.0	8:07	1:49:39.9
149	Sydney Gossler	101	177	20:50.9	2:47	5:29.8	183	54:56.3	13.6	2:18.8	77	26:30.5	8:32	1:50:06.5
150	Tommy Field	34	115	17:31.5	2:20	5:03.8	185	55:35.8	13.4	0:59.7	148	31:02.7	10:00	1:50:13.7
151	Kimberly Silverman	207	166	20:23.7	2:43	5:23.5	165	52:20.0	14.2	2:35.8	132	29:34.9	9:31	1:50:18.0
152	Jack Lietz	67	210	23:59.4	3:12	7:04.8	179	54:25.4	13.7	3:02.2	16	21:49.2	7:01	1:50:21.3
153	John Tansey	18	169	20:33.9	2:45	5:44.3	100	45:59.9	16.2	4:27.9	184	34:11.3	11:00	1:50:57.5
154	Carly Hunt	267	42	14:39.3	1:57	5:39.1	188	55:48.3	13.4	1:16.9	181	33:44.5	10:52	1:51:08.3
155	Aric Lawrence	60	55	15:18.1	2:02	5:56.1	207	59:27.5	12.5	2:19.3	114	28:10.9	9:04	1:51:12.0
156	Trent Parry	84	72	15:43.7	2:06	7:32.4	133	48:50.9	15.3	5:27.2	179	33:39.3	10:50	1:51:13.7
157	Carly Csapo	252	40	14:35.4	1:57	6:26.9	191	56:19.2	13.2	2:08.7	160	31:48.1	10:14	1:51:18.4
158	Jennifer Litchfield	148	91	16:30.2	2:12	7:26.1	164	52:19.6	14.2	3:39.6	153	31:29.5	10:08	1:51:25.2
159	Greg Lamont	3	133	18:13.3	2:26	4:52.5	128	48:13.7	15.5	3:14.1	203	36:57.6	11:54	1:51:31.3
160	Jackson Barksdale	66	16	12:59.5	1:44	5:08.9	170	53:13.6	14.0	1:01.6	212	39:10.7	12:37	1:51:34.5
161	Billy Weber	256	54	15:16.0	2:02	3:41.7	230	1:07:52.9	11.0	1:34.9	34	23:37.4	7:36	1:52:03.1
162	Jennifer Rohler	33	80	16:06.0	2:09	4:48.1	175	54:00.8	13.8	2:13.4	190	35:01.5	11:16	1:52:10.0
163	Lauren Arledge	19	150	19:16.5	2:34	4:31.7	195	57:56.4	12.9	1:03.4	127	29:22.1	9:27	1:52:10.3
164	Michael Dugan	232	121	17:47.3	2:22	9:21.0	139	49:29.2	15.1	3:46.9	162	31:53.6	10:16	1:52:18.2
165	Oliver Hogan	231	159	19:42.5	2:38	5:37.3	187	55:39.0	13.4	1:10.7	142	30:38.2	9:52	1:52:47.9

# Smith Mountain Lake Sprint Triathlon 2026

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## Sprint Triathlon Overall

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
166	Rebecca Barkett	119	141	18:53.7	2:31	5:40.4	129	48:23.1	15.4	2:41.1	206	37:26.2	12:03	1:53:04.7
167	Grace Kowal	29	8	11:48.7	1:35	13:38.8	197	58:00.7	12.9	2:20.7	94	27:16.8	8:47	1:53:06.0
168	Erika Smith	8	232	28:07.0	3:45	8:43.9	109	46:41.8	16.0	3:29.5	71	26:09.3	8:25	1:53:11.7
169	Mitch McMahon	28	138	18:46.7	2:30	6:46.3	196	57:58.7	12.9	2:23.3	95	27:17.6	8:47	1:53:12.8
170	Emma Zhu	218	206	23:43.9	3:10	4:04.5	205	59:07.1	12.6	1:23.3	54	25:08.1	8:05	1:53:27.0
171	Natalie Moyer	122	204	23:21.7	3:07	5:19.6	158	51:40.6	14.4	1:52.5	150	31:20.7	10:05	1:53:35.4
172	Peter Huryk	220	182	21:08.6	2:49	8:53.7	149	50:26.8	14.8	2:23.2	149	31:05.9	10:01	1:53:58.4
173	Julie Koppang	96	217	24:55.8	3:19	5:02.9	137	49:10.2	15.2	2:54.1	168	32:04.5	10:19	1:54:07.6
174	Clay Carter	75	180	21:00.6	2:48	6:09.5	176	54:01.9	13.8	3:43.3	130	29:27.7	9:29	1:54:23.0
175	Phillip Hedrick	76	179	21:00.1	2:48	6:09.2	174	53:59.7	13.8	3:47.4	129	29:27.2	9:29	1:54:23.7
176	Abigail Crawford	86	68	15:39.1	2:05	4:17.4	198	58:15.7	12.8	1:15.4	189	34:57.5	11:15	1:54:25.2
177	David Knaus	185	92	16:30.8	2:12	6:53.6	156	51:22.1	14.5	3:14.7	200	36:27.7	11:44	1:54:29.1
178	Miranda Thomasson	53	214	24:25.6	3:15	5:08.4	162	52:01.3	14.3	1:19.0	158	31:45.9	10:13	1:54:40.4
179	Elsie Smyth	134	191	22:04.8	2:57	4:33.7	209	59:36.4	12.5	1:22.2	86	27:03.7	8:43	1:54:41.0
180	Maxwell Moody	129	168	20:27.2	2:44	7:10.4	127	48:01.0	15.5	3:08.2	196	35:55.9	11:34	1:54:43.0
181	Marcus Pope	135	104	17:05.4	2:17	8:38.8	159	51:42.7	14.4	3:06.3	185	34:36.8	11:08	1:55:10.2
182	Sandeepkumar Gupta	158	203	23:17.2	3:06	6:44.0	136	49:07.8	15.2	1:29.4	191	35:08.3	11:19	1:55:46.9
183	Westin Smith	89	147	19:09.8	2:33	6:22.0	219	1:02:55.6	11.8	1:17.4	76	26:26.5	8:31	1:56:11.4
184	John Foli	78	165	20:03.5	2:40	8:44.9	145	50:11.4	14.9	2:11.5	198	36:06.3	11:37	1:57:17.7
185	Andrew Moroz	245	199	22:58.4	3:04	3:57.1	203	58:42.4	12.7	1:06.0	141	30:37.2	9:51	1:57:21.4
186	Daven Madsen	15	188	21:49.0	2:55	5:57.5	169	52:51.7	14.1	1:22.7	193	35:31.4	11:26	1:57:32.4
187	Jenn Reed	114	162	19:51.9	2:39	4:00.1	148	50:26.3	14.8	2:08.9	217	41:15.4	13:17	1:57:42.7
188	Robert Ibarra	146	88	16:24.0	2:11	6:08.2	151	50:55.4	14.6	2:41.4	221	42:09.5	13:34	1:58:18.7
189	Ezra Richards	193	155	19:30.2	2:36	4:05.8	154	51:10.6	14.6	2:09.7	218	41:32.6	13:22	1:58:29.1
190	Bryan Canada	162	218	24:57.2	3:20	4:33.4	190	55:54.9	13.3	1:38.7	152	31:27.4	10:08	1:58:31.9
191	Nancy Fulford	198	171	20:36.2	2:45	5:15.5	192	56:22.9	13.2	3:37.9	182	33:45.2	10:52	1:59:37.9
192	Kevin Dawson	182	223	25:40.2	3:25	5:22.2	193	56:54.3	13.1	1:18.6	143	30:38.9	9:52	1:59:54.5
193	Amaris Pope	137	122	17:47.5	2:22	7:06.3	214	1:00:46.5	12.3	1:45.8	174	32:47.6	10:33	2:00:13.9
194	Jorah Pope	136	119	17:46.8	2:22	7:08.5	213	1:00:43.1	12.3	1:47.7	175	32:47.8	10:33	2:00:14.0
195	Jack Fleming	234	130	18:04.5	2:25	4:40.7	216	1:02:17.8	12.0	1:21.4	183	33:50.1	10:53	2:00:14.7
196	Matthew Gart	238	172	20:39.9	2:45	6:36.7	178	54:07.9	13.8	2:17.9	202	36:40.1	11:48	2:00:22.7
197	Heather Rappold	161	194	22:25.2	2:59	5:38.0	167	52:47.8	14.1	2:44.3	209	38:43.2	12:28	2:02:18.7
198	Allan Mailloux	37	220	25:28.7	3:24	6:24.7	171	53:26.2	14.0	3:33.0	178	33:37.7	10:49	2:02:30.5

# Smith Mountain Lake Sprint Triathlon 2026

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## Sprint Triathlon Overall

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
199	Brendan Brustle	263	181	21:07.9	2:49	5:38.0	218	1:02:36.6	11.9	1:52.7	164	31:58.3	10:17	2:03:13.7
200	Riley Brown	69	87	16:20.9	2:11	5:36.7	215	1:01:24.4	12.1	2:08.7	207	37:56.7	12:13	2:03:27.5
201	Margaret Madsen	17	193	22:24.1	2:59	6:28.8	189	55:51.6	13.3	2:54.6	197	36:00.2	11:35	2:03:39.6
202	Brynna Gossler	102	185	21:23.7	2:51	5:33.6	222	1:03:15.6	11.8	1:14.9	171	32:26.6	10:27	2:03:54.6
203	Sarah Mathis	49	198	22:57.7	3:04	5:38.3	201	58:34.3	12.7	1:59.8	192	35:12.2	11:20	2:04:22.5
204	Elizabeth Williams	154	216	24:50.5	3:19	5:58.9	153	51:09.7	14.6	3:28.0	211	38:57.8	12:32	2:04:25.0
205	Andrew Brown	68	96	16:40.9	2:13	6:02.4	200	58:31.5	12.7	1:35.7	222	42:23.7	13:39	2:05:14.4
206	Carlee Beckham	88	140	18:52.9	2:31	6:15.4	226	1:04:08.3	11.6	1:38.2	186	34:42.6	11:10	2:05:37.5
207	Jennifer Ballard	74	226	27:09.4	3:37	7:02.0	157	51:28.9	14.5	3:01.6	204	37:12.8	11:59	2:05:55.0
208	Emily Valencia	156	229	27:42.1	3:42	5:24.3	212	1:00:42.7	12.3	1:10.5	147	31:02.5	9:59	2:06:02.3
209	Aaron Scheinman	201	213	24:19.3	3:15	6:15.0	186	55:38.6	13.4	2:36.9	205	37:17.5	12:00	2:06:07.4
210	Casey Bowles	52	154	19:24.0	2:35	5:12.7	217	1:02:29.4	11.9	1:53.2	210	38:44.8	12:28	2:07:44.2
211	Jessica Weaver	195	224	25:41.0	3:25	4:49.5	206	59:16.7	12.6	2:01.0	201	36:32.8	11:46	2:08:21.3
212	David Griffith	192	235	29:40.3	3:57	6:59.4	221	1:03:15.4	11.8	3:16.7	73	26:15.2	8:27	2:09:27.2
213	Stanislav Yanev	94	231	27:58.8	3:44	5:21.4	132	48:50.6	15.3	4:10.3	228	43:47.1	14:06	2:10:08.4
214	Joel Kees	196	151	19:18.8	2:35	4:27.9	234	1:11:38.5	10.4	1:29.5	180	33:40.8	10:50	2:10:35.7
215	Turia Pope	138	215	24:36.2	3:17	8:39.2	223	1:03:18.3	11.8	2:07.0	169	32:11.7	10:22	2:10:52.6
216	Gregory Gehsmann	249	197	22:37.1	3:01	8:01.1	172	53:38.2	13.9	5:46.2	219	41:51.3	13:28	2:11:54.1
217	Riley Wilson	83	205	23:23.1	3:07	6:23.3	210	59:59.7	12.4	3:43.5	208	38:32.6	12:24	2:12:02.3
218	Brooke Hopper	153	202	23:16.1	3:06	7:12.9	177	54:02.7	13.8	4:04.7	227	43:46.8	14:06	2:12:23.4
219	Oneida Huntington	259	135	18:38.5	2:29	9:02.5	227	1:06:23.0	11.2	2:03.6	199	36:16.9	11:41	2:12:24.7
220	Jessika Roney	11	201	23:13.9	3:06	5:03.8	211	1:00:35.3	12.3	3:09.0	220	41:56.3	13:30	2:13:58.5
221	Ryleigh Engel	25	233	28:16.4	3:46	6:31.2	182	54:51.5	13.6	3:27.0	215	41:01.2	13:12	2:14:07.4
222	William Travis Engel	24	234	28:18.1	3:46	6:42.3	180	54:37.6	13.6	3:28.5	216	41:01.3	13:12	2:14:07.9
223	Barb Hopper	141	225	26:25.9	3:31	5:34.6	199	58:18.8	12.8	2:11.0	223	42:50.5	13:47	2:15:20.9
224	Suzanne Weidner	132	228	27:38.1	3:41	5:43.6	173	53:56.4	13.8	1:48.6	231	46:59.1	15:07	2:16:06.0
225	David Hunter	235	178	20:55.5	2:47	6:47.8	224	1:03:30.8	11.7	1:29.4	226	43:37.2	14:02	2:16:20.8
226	Makiah Smith	90	174	20:42.2	2:46	5:55.6	229	1:07:28.4	11.1	2:27.2	214	40:39.9	13:05	2:17:13.4
227	Kylee Karczewski	236	211	24:08.4	3:13	3:29.0	236	1:12:01.8	10.4	2:27.0	194	35:41.3	11:29	2:17:47.7
228	Maggie House	10	212	24:18.6	3:14	6:08.8	220	1:03:12.8	11.8	1:57.4	225	43:36.8	14:02	2:19:14.6
229	Hadleigh Sanders	27	153	19:20.2	2:35	7:00.0	232	1:10:08.4	10.6	2:42.5	230	45:20.8	14:36	2:24:32.0
230	Leah Sanders	26	152	19:19.9	2:35	7:06.6	231	1:10:02.3	10.6	2:43.5	229	45:19.6	14:35	2:24:32.2
231	Lisa Williams	180	219	24:57.6	3:20	8:04.5	239	1:13:34.4	10.1	1:46.8	213	39:37.5	12:45	2:28:01.0

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Race Date

May 02, 2026

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
232	Zachary Edwards	80	200	23:01.1	3:04	6:35.2	240	1:17:22.6	9.64	2:19.6	224	43:02.6	13:51	2:32:21.3
233	Shayla Garcia	149	190	22:02.5	2:56	7:15.2	237	1:12:17.4	10.3	2:40.6	232	48:45.7	15:42	2:33:01.5
234	Anthony Garcia	147	221	25:29.4	3:24	4:13.3	235	1:11:52.4	10.4	2:40.7	233	48:45.9	15:42	2:33:01.9
235	Zachary Cassou	4	236	35:49.3	4:47	6:48.9	228	1:07:21.2	11.1	2:39.8	234	51:23.7	16:33	2:44:03.0
236	Katharine Cusack	5	230	27:49.4	3:43	10:55.3	233	1:11:15.4	10.5	1:44.2	235	52:18.7	16:50	2:44:03.1
DQ	Meghan Palmer	199				0:06.9	125	47:38.8	15.6	1:05.0		31:12.7	10:03	1:20:03.5
DQ	Sean Silverman	209	DQ	20:23.9	2:43	5:24.7	166	52:25.7	14.2	2:28.8		29:43.0	9:34	1:50:26.2
DQ	Jose Barrios	244	DQ	19:04.0	2:33	4:57.4	161	51:57.2	14.4	3:04.9		45:37.4	14:41	2:04:41.0
DQ	Scott Swenson	92	DQ	17:39.2	2:21	7:17.3	225	1:03:50.9	11.7	5:46.7		37:32.2	12:05	2:12:06.4
DQ	Lindsay Salmons	179	DQ	23:43.5	3:10	9:09.1	238	1:13:03.3	10.2	2:24.6		39:34.3	12:44	2:27:55.1