

Smith Mountain Lake Sprint Triathlon 2026

Sprint Triathlon Overall Women

Race Date

May 02, 2026

<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	Rachel Burks	223	6	13:36.0	1:49	3:09.3	1	36:49.5	20.2	1:11.9	2	21:55.3	7:03	1:16:42.1
2	Colleen Patterson	56	2	12:20.4	1:39	3:59.1	5	40:57.3	18.2	1:43.1	1	21:49.9	7:02	1:20:50.0
3	Rachel Waleski	225	5	13:25.1	1:47	3:39.3	4	40:29.3	18.4	1:25.1	5	24:33.4	7:54	1:23:32.3
4	Christen King	57	3	12:37.7	1:41	3:42.4	8	42:17.6	17.6	2:04.2	3	23:37.1	7:36	1:24:19.2
5	Cortney Martin	189	13	15:22.1	2:03	2:38.8	3	39:29.7	18.9	1:19.3	15	26:05.1	8:24	1:24:55.2
6	Lauren Weber	255	34	17:55.2	2:23	3:07.0	2	37:58.0	19.6	1:15.8	12	25:45.5	8:17	1:26:01.6
7	Carter Corlett	144	7	13:47.8	1:50	3:32.2	11	44:31.7	16.7	1:22.5	11	25:25.1	8:11	1:28:39.5
8	Amy Talmadge	241	9	13:51.7	1:51	3:23.0	22	47:08.3	15.8	1:21.4	4	23:41.8	7:38	1:29:26.4
9	Megan Read	63	24	16:45.4	2:14	3:40.4	9	43:03.9	17.3	1:46.9	10	25:21.8	8:10	1:30:38.5
10	Rachel Clayton	168	29	17:23.7	2:19	4:36.2	6	41:01.4	18.2	1:47.1	17	26:20.7	8:29	1:31:09.3
11	Parisa Farhi	216	26	17:02.8	2:16	2:39.4	19	46:30.4	16.0	0:56.8	6	24:35.0	7:55	1:31:44.6
12	Jennifer Csapo	254	8	13:48.4	1:50	3:33.4	13	45:02.4	16.6	1:45.7	28	27:55.2	8:59	1:32:05.3
13	Beth Brant	174	17	15:45.5	2:06	4:55.6	7	41:19.3	18.0	2:05.2	34	29:42.9	9:34	1:33:48.7
14	Riley Carl	151	15	15:28.0	2:04	2:52.8	10	43:54.1	17.0	1:30.0	37	30:22.0	9:46	1:34:07.0
15	Chelsea So	64	12	15:14.1	2:02	4:23.2	25	47:35.5	15.7	2:23.5	13	25:56.8	8:21	1:35:33.2
16	Connie Glueck	31	25	16:57.1	2:16	3:07.0	12	44:42.1	16.7	3:12.0	27	27:53.1	8:59	1:35:51.4
17	Whitney Davis	230	23	16:41.1	2:13	4:39.0	15	45:12.4	16.5	1:49.6	26	27:50.1	8:58	1:36:12.5
18	Sarah Kate Harrell	40	33	17:48.7	2:22	4:10.1	24	47:19.8	15.8	0:50.5	19	26:34.1	8:33	1:36:43.4
19	Ava Grau	152	27	17:19.0	2:19	4:15.6	21	47:03.0	15.8	1:22.9	25	27:46.2	8:56	1:37:46.9
20	Becky Harrell	38	21	16:27.5	2:12	3:27.1	37	50:35.2	14.7	0:44.4	29	28:11.3	9:04	1:39:25.6
21	Jessica Rehmann	176	45	19:46.8	2:38	4:34.8	16	45:44.3	16.3	2:31.5	20	27:03.3	8:43	1:39:41.0
22	Elizabeth Petrey	117	36	18:39.6	2:29	3:10.3	32	49:37.7	15.0	0:53.0	24	27:44.7	8:56	1:40:05.5
23	Ariel Brooks	264	44	19:30.4	2:36	3:51.9	14	45:11.8	16.5	2:23.5	36	29:49.8	9:36	1:40:47.6
24	Marcie Dawson	46	39	18:54.7	2:31	3:40.3	23	47:15.5	15.8	2:13.5	35	29:49.5	9:36	1:41:53.7
25	Chelsea Patterson	6	54	21:13.5	2:50	6:37.1	18	46:07.9	16.2	2:47.6	7	25:07.8	8:05	1:41:54.1
26	Jodi Huston	167	49	20:36.0	2:45	5:37.0	27	47:57.8	15.5	2:03.0	14	25:58.3	8:22	1:42:12.3
27	Gabrielle Richards	194	20	16:15.9	2:10	3:59.4	35	50:16.3	14.8	1:25.6	41	31:29.7	10:08	1:43:27.1
28	Monnivor Morrow	20	14	15:23.3	2:03	4:28.8	31	49:28.2	15.1	2:52.4	44	31:47.9	10:14	1:44:00.8
29	Rebekah Boring	206	30	17:25.5	2:19	4:14.7	29	48:51.6	15.3	1:39.0	47	32:03.0	10:19	1:44:14.0
30	Madelyn Mauck	126	48	20:25.8	2:43	3:09.3	44	52:16.7	14.3	1:31.4	23	27:19.9	8:48	1:44:43.3
31	Madison Sanders	260	28	17:20.3	2:19	3:03.1	42	51:52.5	14.4	1:38.9	46	31:48.3	10:14	1:45:43.3
32	Maria Denunzio	229	56	21:54.6	2:55	4:40.9	17	46:06.1	16.2	1:40.1	42	31:36.5	10:10	1:45:58.3
33	Katie Walker	242	19	16:14.8	2:10	4:38.9	39	51:19.8	14.5	1:44.9	51	32:31.3	10:28	1:46:29.8

*Overall place within gender

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Sprint Triathlon Overall Women

Place	Name	Bib No	----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
			Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
34	Laura Wixon	104	51	20:41.6	2:46	4:56.5	33	49:52.1	15.0	2:11.8	30	28:49.5	9:17	1:46:31.7
35	Allie Murphy	188	4	12:49.0	1:43	5:25.7	62	59:03.9	12.6	0:59.6	32	29:30.0	9:30	1:47:48.4
36	Mellita Bruce	110	67	23:53.8	3:11	6:40.1	34	50:01.2	14.9	2:26.0	9	25:08.4	8:06	1:48:09.6
37	Sydney Gossler	101	53	20:50.9	2:47	5:29.8	52	54:56.3	13.6	2:18.8	18	26:30.5	8:32	1:50:06.5
38	Kimberly Silverman	207	47	20:23.7	2:43	5:23.5	46	52:20.0	14.2	2:35.8	33	29:34.9	9:31	1:50:18.0
39	Carly Hunt	267	11	14:39.3	1:57	5:39.1	53	55:48.3	13.4	1:16.9	54	33:44.5	10:52	1:51:08.3
40	Carly Csapo	252	10	14:35.4	1:57	6:26.9	55	56:19.2	13.2	2:08.7	45	31:48.1	10:14	1:51:18.4
41	Jennifer Litchfield	148	22	16:30.2	2:12	7:26.1	45	52:19.6	14.2	3:39.6	40	31:29.5	10:08	1:51:25.2
42	Jennifer Rohler	33	18	16:06.0	2:09	4:48.1	49	54:00.8	13.8	2:13.4	58	35:01.5	11:16	1:52:10.0
43	Lauren Arledge	19	40	19:16.5	2:34	4:31.7	57	57:56.4	12.9	1:03.4	31	29:22.1	9:27	1:52:10.3
44	Rebecca Barkett	119	38	18:53.7	2:31	5:40.4	28	48:23.1	15.4	2:41.1	65	37:26.2	12:03	1:53:04.7
45	Grace Kowal	29	1	11:48.7	1:35	13:38.8	58	58:00.7	12.9	2:20.7	22	27:16.8	8:47	1:53:06.0
46	Erika Smith	8	81	28:07.0	3:45	8:43.9	20	46:41.8	16.0	3:29.5	16	26:09.3	8:25	1:53:11.7
47	Emma Zhu	218	66	23:43.9	3:10	4:04.5	63	59:07.1	12.6	1:23.3	8	25:08.1	8:05	1:53:27.0
48	Natalie Moyer	122	64	23:21.7	3:07	5:19.6	41	51:40.6	14.4	1:52.5	39	31:20.7	10:05	1:53:35.4
49	Julie Koppang	96	73	24:55.8	3:19	5:02.9	30	49:10.2	15.2	2:54.1	48	32:04.5	10:19	1:54:07.6
50	Abigail Crawford	86	16	15:39.1	2:05	4:17.4	59	58:15.7	12.8	1:15.4	57	34:57.5	11:15	1:54:25.2
51	Miranda Thomasson	53	70	24:25.6	3:15	5:08.4	43	52:01.3	14.3	1:19.0	43	31:45.9	10:13	1:54:40.4
52	Elsie Smyth	134	58	22:04.8	2:57	4:33.7	65	59:36.4	12.5	1:22.2	21	27:03.7	8:43	1:54:41.0
53	Jenn Reed	114	46	19:51.9	2:39	4:00.1	36	50:26.3	14.8	2:08.9	73	41:15.4	13:17	1:57:42.7
54	Nancy Fulford	198	50	20:36.2	2:45	5:15.5	56	56:22.9	13.2	3:37.9	55	33:45.2	10:52	1:59:37.9
55	Amaris Pope	137	32	17:47.5	2:22	7:06.3	70	1:00:46.5	12.3	1:45.8	52	32:47.6	10:33	2:00:13.9
56	Jorah Pope	136	31	17:46.8	2:22	7:08.5	69	1:00:43.1	12.3	1:47.7	53	32:47.8	10:33	2:00:14.0
57	Heather Rappold	161	60	22:25.2	2:59	5:38.0	47	52:47.8	14.1	2:44.3	67	38:43.2	12:28	2:02:18.7
58	Margaret Madsen	17	59	22:24.1	2:59	6:28.8	54	55:51.6	13.3	2:54.6	61	36:00.2	11:35	2:03:39.6
59	Brynna Gossler	102	55	21:23.7	2:51	5:33.6	73	1:03:15.6	11.8	1:14.9	50	32:26.6	10:27	2:03:54.6
60	Sarah Mathis	49	61	22:57.7	3:04	5:38.3	61	58:34.3	12.7	1:59.8	59	35:12.2	11:20	2:04:22.5
61	Elizabeth Williams	154	72	24:50.5	3:19	5:58.9	38	51:09.7	14.6	3:28.0	69	38:57.8	12:32	2:04:25.0
62	Carlee Beckham	88	37	18:52.9	2:31	6:15.4	75	1:04:08.3	11.6	1:38.2	56	34:42.6	11:10	2:05:37.5
63	Jennifer Ballard	74	77	27:09.4	3:37	7:02.0	40	51:28.9	14.5	3:01.6	64	37:12.8	11:59	2:05:55.0
64	Emily Valencia	156	79	27:42.1	3:42	5:24.3	68	1:00:42.7	12.3	1:10.5	38	31:02.5	9:59	2:06:02.3
65	Casey Bowles	52	43	19:24.0	2:35	5:12.7	71	1:02:29.4	11.9	1:53.2	68	38:44.8	12:28	2:07:44.2
66	Jessica Weaver	195	75	25:41.0	3:25	4:49.5	64	59:16.7	12.6	2:01.0	63	36:32.8	11:46	2:08:21.3

*Overall place within gender

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<u>Place</u>	<u>Name</u>	<u>Bib No</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
67	Turia Pope	138	71	24:36.2	3:17	8:39.2	74	1:03:18.3	11.8	2:07.0	49	32:11.7	10:22	2:10:52.6
68	Riley Wilson	83	65	23:23.1	3:07	6:23.3	66	59:59.7	12.4	3:43.5	66	38:32.6	12:24	2:12:02.3
69	Brooke Hopper	153	63	23:16.1	3:06	7:12.9	50	54:02.7	13.8	4:04.7	77	43:46.8	14:06	2:12:23.4
70	Oneida Huntington	259	35	18:38.5	2:29	9:02.5	76	1:06:23.0	11.2	2:03.6	62	36:16.9	11:41	2:12:24.7
71	Jessika Roney	11	62	23:13.9	3:06	5:03.8	67	1:00:35.3	12.3	3:09.0	74	41:56.3	13:30	2:13:58.5
72	Ryleigh Engel	25	82	28:16.4	3:46	6:31.2	51	54:51.5	13.6	3:27.0	72	41:01.2	13:12	2:14:07.4
73	Barb Hopper	141	76	26:25.9	3:31	5:34.6	60	58:18.8	12.8	2:11.0	75	42:50.5	13:47	2:15:20.9
74	Suzanne Weidner	132	78	27:38.1	3:41	5:43.6	48	53:56.4	13.8	1:48.6	80	46:59.1	15:07	2:16:06.0
75	Makiah Smith	90	52	20:42.2	2:46	5:55.6	77	1:07:28.4	11.1	2:27.2	71	40:39.9	13:05	2:17:13.4
76	Kylee Karczewski	236	68	24:08.4	3:13	3:29.0	81	1:12:01.8	10.4	2:27.0	60	35:41.3	11:29	2:17:47.7
77	Maggie House	10	69	24:18.6	3:14	6:08.8	72	1:03:12.8	11.8	1:57.4	76	43:36.8	14:02	2:19:14.6
78	Hadleigh Sanders	27	42	19:20.2	2:35	7:00.0	79	1:10:08.4	10.6	2:42.5	79	45:20.8	14:36	2:24:32.0
79	Leah Sanders	26	41	19:19.9	2:35	7:06.6	78	1:10:02.3	10.6	2:43.5	78	45:19.6	14:35	2:24:32.2
80	Lisa Williams	180	74	24:57.6	3:20	8:04.5	84	1:13:34.4	10.1	1:46.8	70	39:37.5	12:45	2:28:01.0
81	Shayla Garcia	149	57	22:02.5	2:56	7:15.2	82	1:12:17.4	10.3	2:40.6	81	48:45.7	15:42	2:33:01.5
82	Katharine Cusack	5	80	27:49.4	3:43	10:55.3	80	1:11:15.4	10.5	1:44.2	82	52:18.7	16:50	2:44:03.1
DQ	Meghan Palmer	199				0:06.9	26	47:38.8	15.6	1:05.0		31:12.7	10:03	1:20:03.5
DQ	Lindsay Salmons	179	DQ	23:43.5	3:10	9:09.1	83	1:13:03.3	10.2	2:24.6		39:34.3	12:44	2:27:55.1

*Overall place within gender