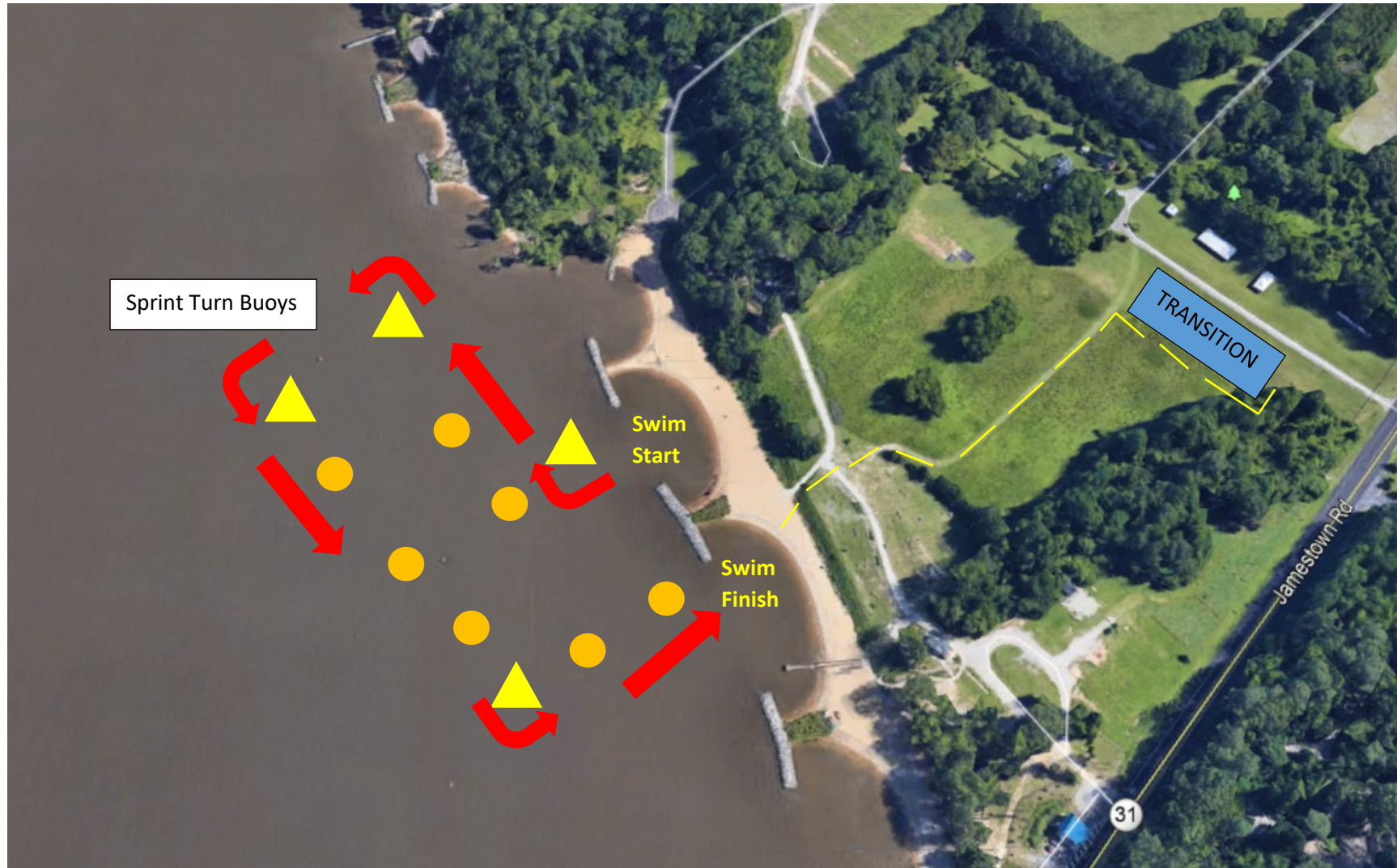


Patriots Triathlon Swim Course 750 Meters

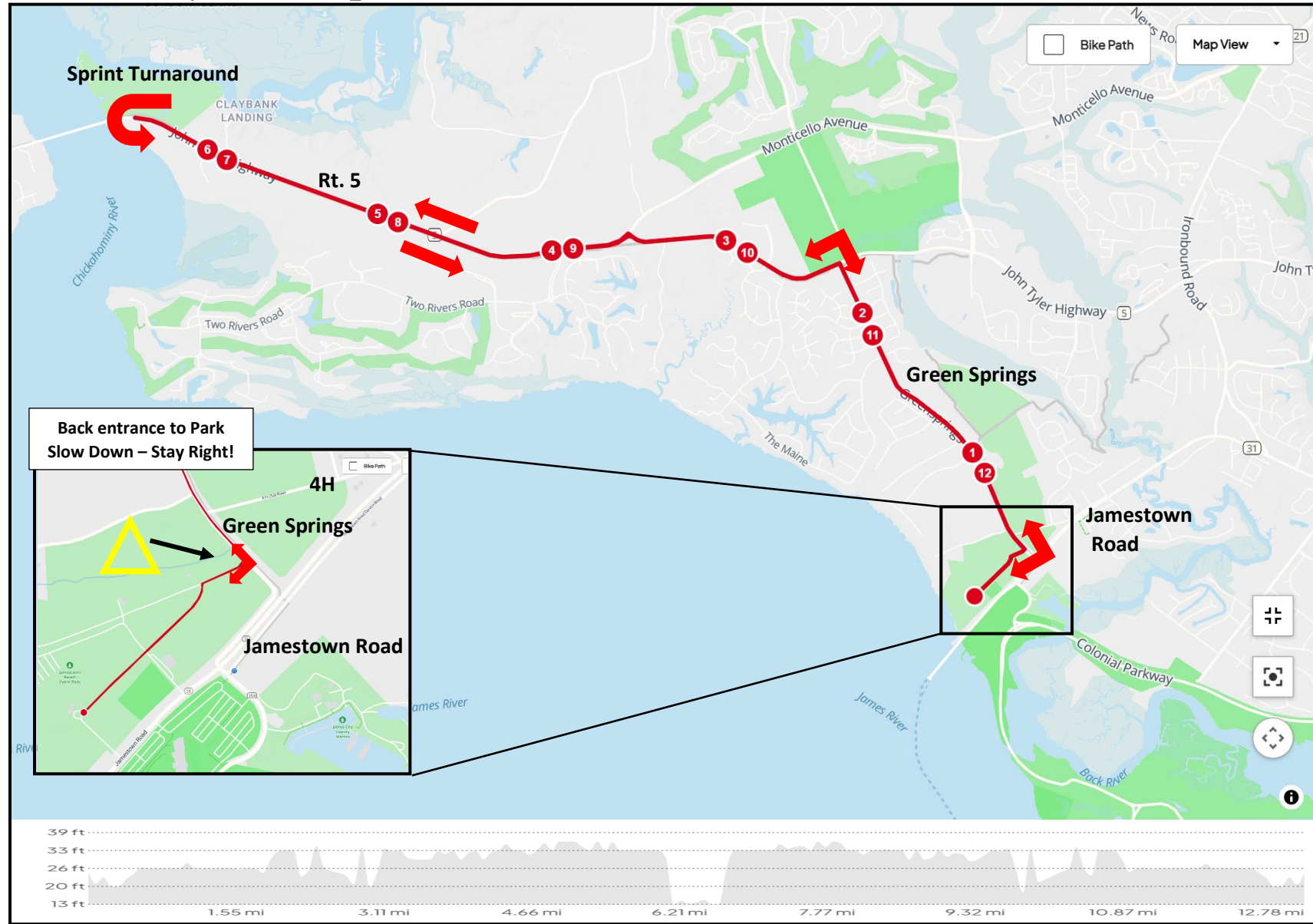


Water is brackish and shallow. If you need assistance, roll on your back and flag one of our lifeguards. Or, swim towards shore and stand up.

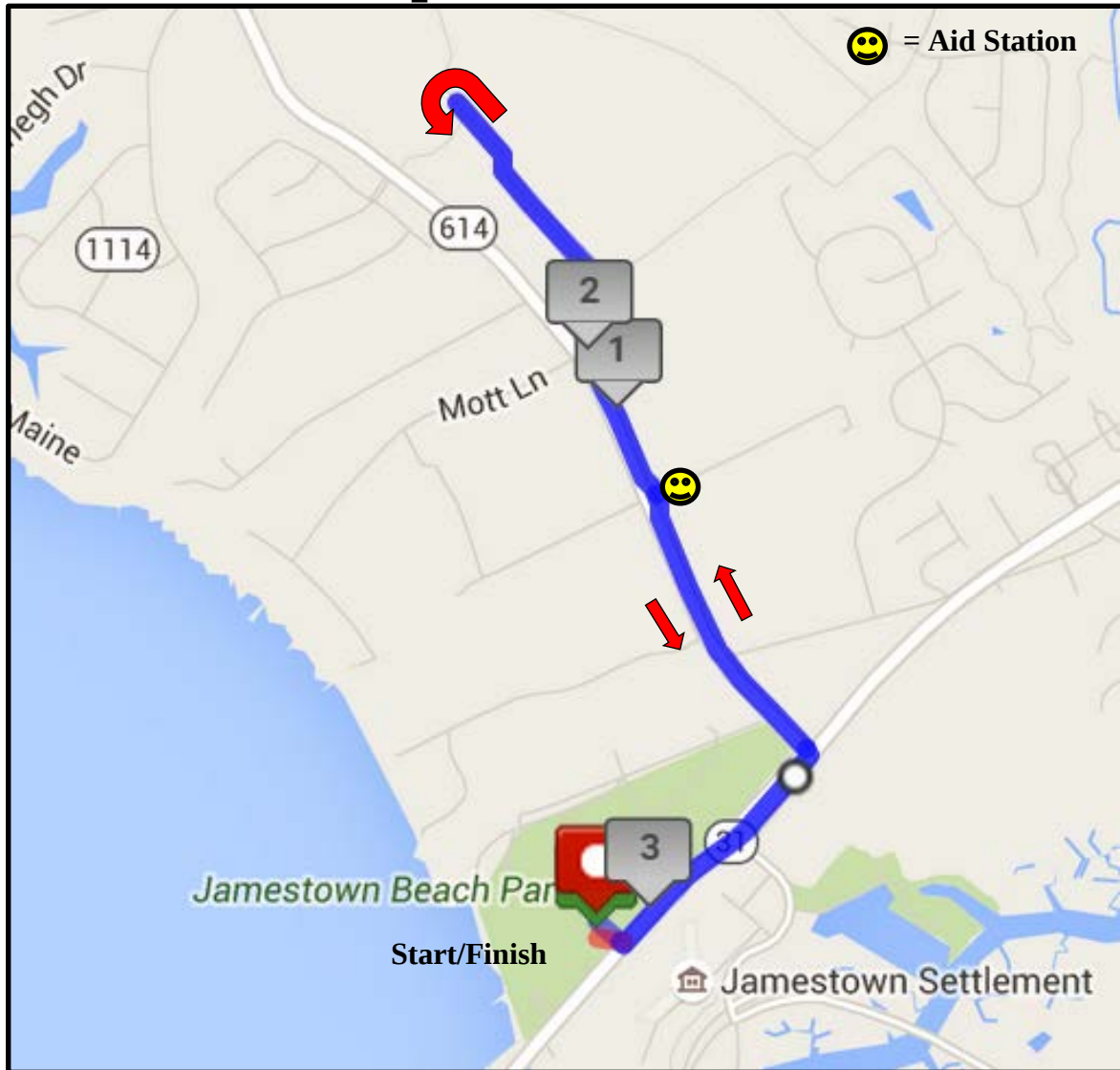
Route may be reversed due to currents



Patriots Triathlon Sprint Bike Course_12.8 Miles



Patriots Triathlon Run Course_3.1 Miles



Jamestown / Patriots Triathlon Site Layout

